Margarita Acero • Malda Alami • Daniela Aloi-Timeus Hernandez • Maria Cristina Alvarado Torija • Andrea Antillon Goni • Pietro Antonelli • Jonathan Archer • Pierre-Alexandre Aucoin • Michelle Baillargeon • Robert Baillargeon • Fabiola Barraza Buelna • Karla Barrutieta • Nicolas Bauer • Chantal Bedard • Ryan Bedard • Eastlyn Bellamy • Félix Boissé • Elric Boisvert • Swann Boisvert • Emiliano Bonilla Monterrubio • Santiago Bonilla Monterrubio • Jesus Antonio Bonilla Vazquez • Tom Boulanger • Simon-Pierre Boulos • Amira Buchholz • Jordan Buck Thompson • Denbigh Burrows • Maxime Cadrin • Flavia Calvar Ripoll • Carlos Jesus Camarena Villa • Lyanne Carruthers • Thomas Castle • Tse-Ming (Jethro) Chang • Hung-Hao (Hank) Chen • Alexandre Clermont • James Cloutier • Ann Fernanda Coindreau • Justin Coon • Jennifer Corriveau • Jean-Samuel Couture • Jason Cowen • Catharina Czech • Jean-Philippe Daigle • Maximilian Daniel • Spencer De La Bruere • Robyn Diamond • Janine Diamond-Erless • Fernanda Diaz Tijerina • Christopher Dossou • Elvis Doyari Yarisson • Blanche Du Sault • Zhouying Duan • Patrick James Earle • Amanda Eberhardt • Daniel Escaravage • Daniel Farca Fernandez • Gabrielle Fleming • Frederick Fleurquin • Kelly Foran • Anthony Fortugno • Sean Fry • Kasey Gallagher-Brackett • Emilie Gamache • Samuel Garneau-Labrecque • Charly Natalya Gilpin • Julia Gilpin • Alfonso Gonzalez De Cossio Diaz • Ney Manuel Gonzalez Mejia • Enrique Gonzalez Saravia Gavito • Liam Gribbon • Ann Gutierrez Velazquez • Mbali Gwamanda • Kody Halikas • Wyatt Kimball Hamby • Colleen Hamilton • Corey Hamilton • Joseph Douglas Harvey • Emma Elizabeth Hinton • Christopher-Michel Hodge • Ching (Jacob) Huang • Tiffany Huang • Jose Abraham Iza Pepping • Andrew Jean • Fabrice Joseph • Anand Kantharoup • Sophia Maria Kattenbusch • Yu Jin (Cynthia) Kim • Kevin Koschitzki • Raphael Lacerte • Olivier Lalonde • Benedict Lang • Estelle Larrivée • Félix Larrivée • Noemie Larrivée • Vincent Lecompte Noel • In Won Lee • Shin Wey (Rose) Lee • Shin-Hann (Alex) Lee • Shin-Haw (Frank) Lee • Sarah Lefort • Loïk Lessard • Michele Lessard • Sarah Lessard • Olivier Létourneau • Chi-Hong Lin • Yuan Liu • James Lively • Nicole Lizarraga De Anzorena • Arthur Lloyd • Marco Maldonado Ramirez • Chelsy Martin • Meghan Martin • Spencer Martin • Madina Martineau • David Marx • Dumas Maugile • Nicolas Meeus-Defoin • Paul Miller • Carla Maria Moises Mena • Valeria Murillo Trujano • Hailey Nadeau • Dawn Namagoose • Jasmine Namagoose • Chor-Yu (Charlie) Ng • Andrew Norris • Emily Norris • Jordan Norris • Anchi Bih Numfor • Juliet Anchi-Ngum Numfor • Ngwa Achuachua Numfor • Sara O'connor • Lucia Ortega Sampson • DanielaOrtiz Cortes • Alyssa Palmer-Dixon • Anthony Pasquale • Kuan-Hua (Roger) Peng • Frida Picazo Cisneros • Maxie Plante • Ann-Sophie Plinkert • Natasha Podd • Fernanda Politanski • Catherine Quirion • Pietro Rizzuto • Francois Roberge • Paul Roberge • Matthew Robertson • Crisanta Roel Echevarrieta • Maxime Ruel • Marc-Olivier Sauriol • Christopher Savory • JamesSavory • Étienne Scraire • Sean Scribner • Luisa Sofia Sepulveda Castaneda • Brittany Sharman • Ryan Smith • Ana Paola Solorzano Bernal • Carl St-Jean • Gabriel St-Pierre • Madyson St-Pierre • Yueh-Chang (Charlie) Su • Adrian Tame Jacobo • Ming Yi Tang • Jessica Tomeo • Jonathan Trembley • Elliot Vaillancourt-Girard • Abigale Vanluvender • James Vassilakis • Jose Luis Villar Murrieta • Kayhla Violano • Lei (Rock) Wang • Wei-Hsun (Felix) Wang • Yu-Ying (Vivien) Wang • ThomasWenzel • Annik Williams • Campbell Wolfe • David Wood-Downey • Malcolm Wood-Downey • Zi Qing Yang • Zi Yao Yang • Maria Teresa Yarza Ruenes • David Zal • Lucas Zwaagstra

STANSTEAD COLLEGE

SANITAS SAPIENTIA RELIGIO

2010





Stanstead College



2009-2010

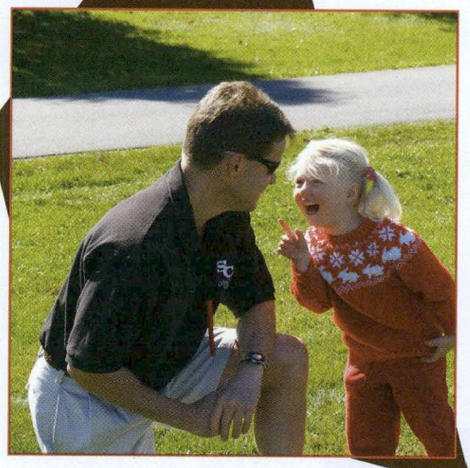
Published in Canada Printed in USA



HEADMASTER'S MESSAGE

You may have heard the old saying "Anything worth doing is worth doing well." I'd like to challenge you today by using another old saying that seems to be the opposite and that is: "If a thing is worth doing, it is worth doing badly."

G.K. Chesterton wrote that line 100 years ago in 1910 in his book What's Wrong with the World. That little quotation contains an important insight which is that, when something deserves to be done, it deserves a less than perfect attempt so that we can learn how to do it better. We might wish we could wait to begin until we had gotten really good at it, but that's usually impossible in the real world. Usually we have to do the best we can at any given moment, knowing full well that the quality of our work will leave something to be desired.



As much as we'd like one, there is no shortcut to getting good at something. It's practice that makes perfect. If you aren't willing to make the effort and to devote the time to being a beginner for at least a little while anyway you'll never be anything more than that. The quickest path to becoming an expert is almost always through the frustration and embarrassment of being a beginner.

Maybe it's because we have a tendency to only try things that we think we can do well. We're afraid to fail. We're afraid of making mistakes and looking bad in front of our friends and family.

It's not untypical to have that feeling. We're all anxious about being exposed as inadequate. As a result, we do the things that we're good at over and over. We convince ourselves that we don't really care about the things that we don't do so well.

Let's face it, the fear of embarrassment and humiliation is real. If you try something you're not good at, there are big risks. If you try out for a team, you might get cut. If you risk asking someone out on a date, you could get turned down. It's not much fun to think about the possibility of failure. In fact, it's a bit depressing. The experience of falling flat on your face isn't one that we're anxious to add to our resume. Failure is something we try to avoid at all costs.

These kinds of fears cause some people to be paralyzed. They retreat into themselves and never risk anything. If you don't try out for the team, you won't have to worry about being cut. If you don't ask that person you're interested out, you don't have to be concerned about getting "no" for an answer. If you don't set high goals in the classroom, you don't have to fear not doing well.

But if you think about it, success is kind of boring in an odd sort of way. Failure is a lot more interesting to read about, to study and for sure to work on. It's a universal experience that we can all relate to.

"If a thing is worth doing it is worth doing poorly" means that there are risks in life that are worth taking and that require real courage. Even though there is the risk of failure and embarrassment, it may still be worth trying.

Don't be afraid then to go all out, to try really hard at something that you may not have a natural talent for. Don't let that stop you from trying, learning and contributing.

To take that a step further, let's apply it to friendship. To give you an example, it's easy to ignore people, even classmates, whose personalities and backgrounds, whose interests, culture, language and colour are different from your own. It takes no effort at all to just turn your back and forget about even trying to get to know them. There's no courage involved in that and it happens all the time.

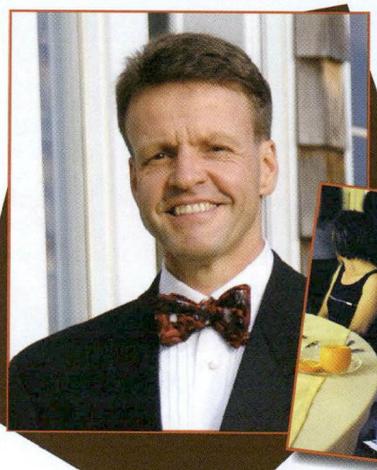
It does take courage to reach out to somebody who is different from you. It requires courage because it's risky. You just might get rejected. You may end up feeling stupid.

When I think of the Class of 2010, I see a close-knit group of young men and women. I see friendships that have stood the test of early morning assemblies, communal bathrooms, bunk beds, hours, road trips, bag lunches and exams. These are friendships that will last a lifetime. But how many of your classmates did you know when you first came to this school?

Everyday you have an opportunity to show courage. Something will happen that will require you to make a choice you can reach out and choose to take a worthwhile risk or you can choose to run away from the situation.

We hope that you'll have the courage to avoid dumb risks and the courage to take worthwhile ones. The important question is not whether you will fail, but when and above all, what will happen next.

- Headmaster Michael Wolfe





EDITOR'S MESSAGE

This year has gone by so fast; I can so easily remember the beginning when I was trying to decide if I should be the yearbook editor. I went back and forth for a while, not knowing if it would be too much of a commitment, and it definitely was a huge one, but I can say without a doubt that I'm so happy I chose to do it.

The reason you hold this yearbook in your hands is solely because of the work of the Spectrum Team. Even if it did get a little crazy and ridiculous, thanks for all the hard work; it really paid off. There are too many to name, but thank you to anyone and everyone who had a hand in making this yearbook, other than the Thursday crew - truly everything helped along the way.

Mr. Murray, I'm not sure how to say how thankful I am for all that you've done with this yearbook. At the beginning when I didn't really know what I was doing you showed me the ropes and then near the end when everything got overwhelming and everyone decided SBS and their snacks were way better than yearbook, you were always there to take over and tell me not to worry because everything would work out and that we had time. I've learned so much from this experience, in huge part because of you.

So now, to the Class of 2010; whether you're sitting on the football field with old friends at Homecoming, or this has been mailed to you over in Ottawa, Vancouver, or Taiwan, let this yearbook be a reminder of all that Stanstead has done for you and can do for you in the future. Take advantage of the fact that Stanstead is unique in the way that we always have a home we can come back to and be welcomed with open arms.

Wherever you may be or where ever you are going, remember all that Stanstead has taught you and all the great memories it has left you with. Whether it's remembering Ryan's imitations at all the prefect assemblies, or Dumas' giggle, or Ngwa dunking and the gym going wild, and then Fabrice doing it again the next game, or your great experiences at CAIS, for soccer or rugby, or just being in the student centre at night, spending time with your friends. Think back to your first day at Stanstead at orientation; remember how nervous you might have been - with no idea of what your time at Stanstead might be like. Now think of the friends and memories you made during your time here, and think of all that you have accomplished. Most importantly, don't let fear hold you back from anything, and know that you'll always have Stanstead to come back to and remind you of all that you are capable of.

Congratulations to the Class of 2010 and good luck to the future classes at Stanstead. Enjoy your time, because I promise, you will miss it.

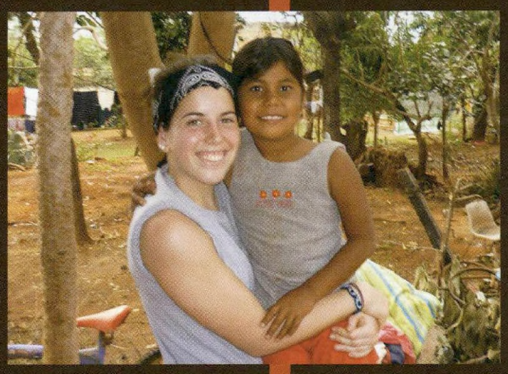
Gabie Fleming

"Don't cry because it's over. Smile because it happened."
-Dr. Seuss











Teachers



(Front left to right) Mrs. Telling, Mr. Elliot, Mr Simard, Mr Wells, Headmaster Wolfe, Mr. Telling, Mr. Grenier, Mr. Williams, Ms. Campbell, (middle) Mrs. May, Mme Maurice, Ms Grawehr, Ms. Jenss, Mrs. Corcoran, Mr. Corcoran, Mrs. Elliot, Ms. Hessian, Mme Boudreau, Mrs. Carruthers, Ms. Crothers,, (rear) Mr. Chandler, Mrs. Smith, Mr. Rioux, M Foster, Mr. Nesbitt, Mr. Van Dyke, M Prevost, Mr. Planetta, Mr. McDouall, Dr. Standage, M Belair, Ms. Reynolds. Missing: Mme Chartrand, Ms. Getty, Ms. Gittens, Mr. LaPerle

Board of Directors 2009-2010

Georges Beaubien - Chairman
Liselyn Adams
Jonathan Cowen
Eric Fafard
Marie-Pier Germain
Ian Jackson
Sylvie MacIsaacAli Martin-Mayer
Karen Moffat
John Moses
Franç ois Paradis
Matteo Pasquale
Matthew Price-Gallagher
Yvan Ronsse
Ron Spaulding

Council of Trustees 2009-2010

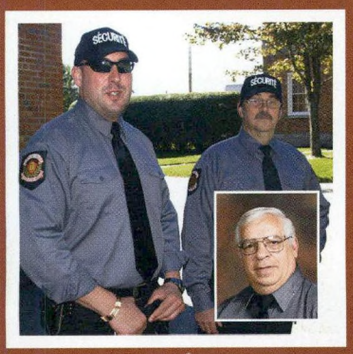
Liselyn Adams
William Aston Reese
Mé lanie Aubut '93
VJ Bala '94
Georges Beaubien '68
Philippe Beauregard '92
Jim Campbell
Peter Carpentieri '78
George Chiarella '60
Kai Cho '04
Robert Colby
Richard Colt '49
Jonathan Cowen '72
Robert Cowling
Peter C. Daniel '54
Lucio Del Toro
George Diamandopoulos '94
Tracey Emms '82
Eric Fafard
Barry Gallant
Marie-Pier Germain '01
Robert Hirsh '87
Todd Hsu '92
Ian Jackson '82
Bart Kasowski '89
Patrick Kelly '85
Mitch Kotansky
William Layton '46
Joseph Levy '69
Samuel MacCallum '80
Sylvie MacIsaac
Ali Martin-Mayer
Suzy McDonald '95
Doug McEwen '76
Allan Metrick '68
Karen Moffat
J. Scott Morgan '75
John Moses
John Nadeau '79
Rebecca Nienkamper '83
Zubin Panthaki '85
Franç ois Paradis '92
Isabelle Paradis-Gatcliffe '89
Matteo Pasquale '74
Robert Perretta '04
Angelo Perrotta
Matthew Price-Gallagher
Carl Remillared-Fontaine '97
Philip Renaud '89
Yvan Ronnse
Amani Sawaya
Joel Segal '75
Ronald Spaulding
Hugh Thompson
Geoffrey Wagner '71
Harry Walker '47
Philip Webster
Tom Williams
Rosalie Wilson '90
Alyson Wood-Downey
Ianitt Yoo '96
Genevieve Yong '97

Prefects



Felix Wang, Nick Bauer, Ryan Bedard, Pietro Antonelli, Felix Boisse, In Won Lee, Bobby Baillergeon, Tom Castle, Corey Hamilton, Hank Chen, Matt Roberston, Blanche DuSault, Flavia Calvar, Gabrielle Fleming, Birttany Sharman, Malda Alami, Margarita Acero, Jean-Phillipe Daigle. (Missing: Max Ruel)

Staff



Security

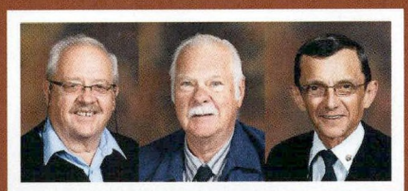
Sylvain Bergeron, Louis Bergeron. Inset Buck Sayer. Missing: Richard Roy, André Benoit

Library

Liz Getty

Tuck Shop

Sharon Prince, Lucie Roy



Drivers

Larry Reynolds, Al Smith, David Woodard



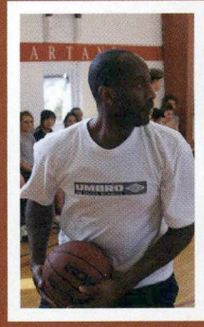
Business Office

Clément Jacques, Marie-José e Gaboriault, Alicia Jones, Hélène Ledoux



Maintenance

Claude Bourgouin, Marc Bergeron, Mike Seguin, Garry Roy, Mike Huckins



IT

Paul Thompson



Arena

Marc Parent. Missing: Daryn Prine



Housekeeping

(Front) Sylvie Bolduc, Nancy Demers-McKinnon, Bridget Channell, Linda Lang, (back) Wendy Kimpton, Alta Sheldon, Louise Benoit, Diane Middleton, Maida Benoit



University Guidance

Donna Richter, Eryn Hessian, Keri Reynolds, Ali White



Admissions/ Headmaster/ Academic

(Front) Marie-Jo Gaudet, Marie-Eve Simard, Joanne Carruthers, Joanne Ross, (back) Donna Richter, Suzanne Marrotte



Aramark

Yves Lavoie, Catherine Phaneuf, Mark Maclure, Martina Horber, Mario Bousquet, Janet Cartmel, Marc Maurice. Missing: Mélissa Bennett, Adam Haskell, Jonathan Langevin, Kishia Marrotte. Cameron Moss. Jessica Phaneuf, Sasha Powell, Sharon Prince, Patrick Rolleston Chase



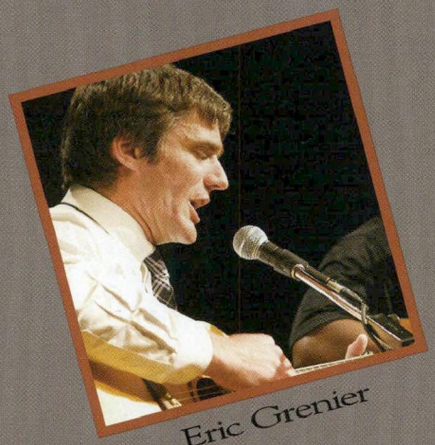
Health Centre

Milène Boudreau, André-Karl Bélair



Advancement

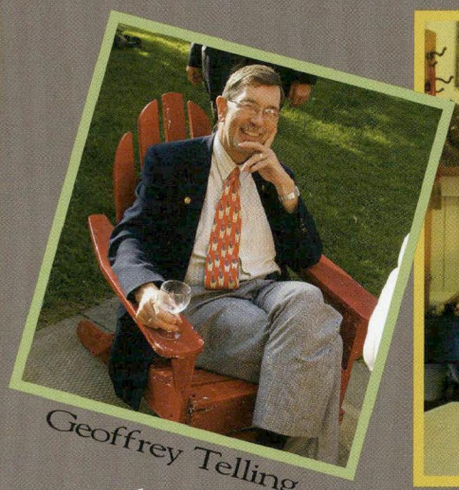
Ross Murray, LeeAnne Smith, Karen Cushing, Hélène Hamel, Dugie Ross, Brian Denney



Eric Grenier



Claudine Chartrand



Geoffrey Telling



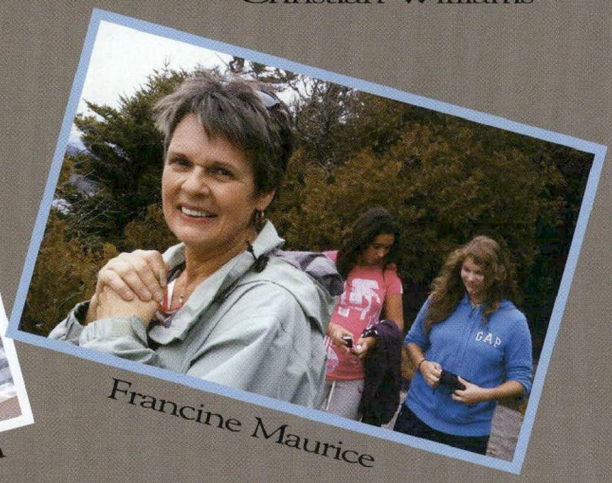
Christian Williams



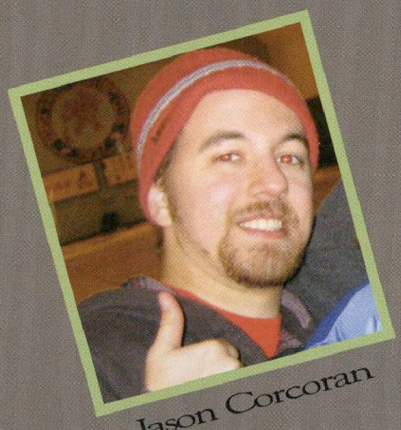
Eryn Hessian



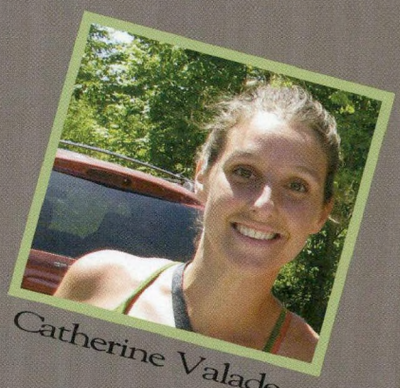
Meghan Corcoran



Francine Maurice



Jason Corcoran



Catherine Valade



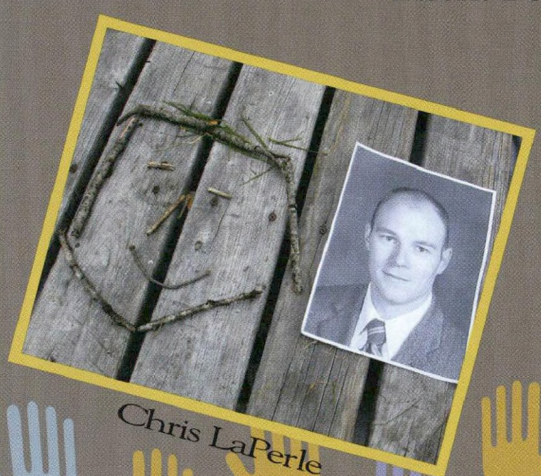
Vincent Boisclair



Chris Hockey Jersey



Carmen Campbell



Chris LaPerle



Christian Wells

Teachers



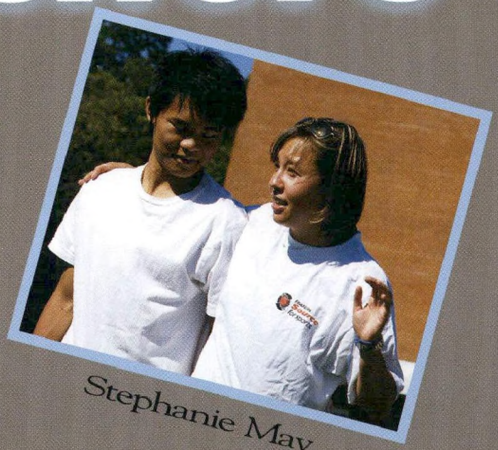
Simon Foster



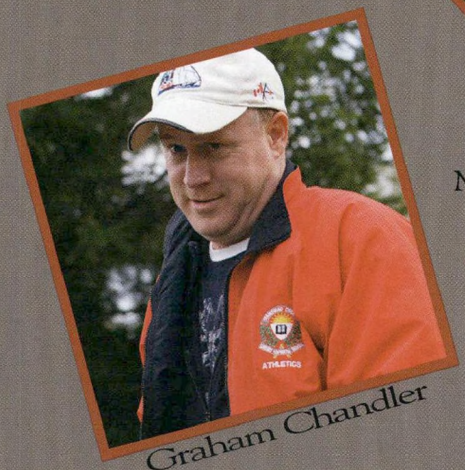
Mr. Gary Woolgar



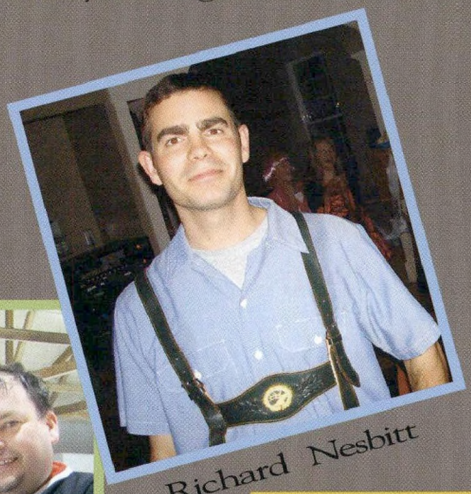
Sue Telling



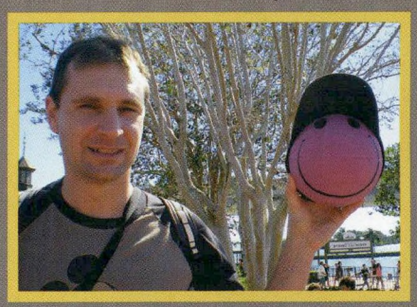
Stephanie May



Graham Chandler



Richard Nesbitt



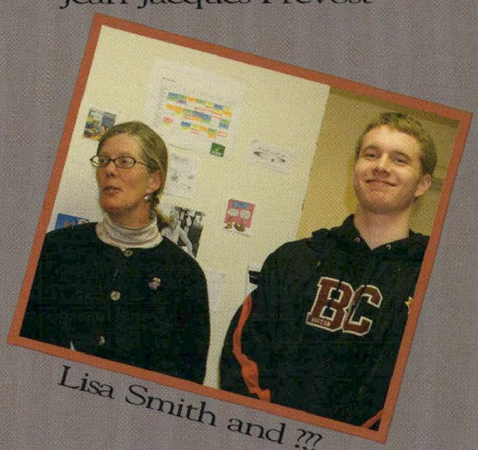
Jean-Jacques Prevost



Erik Van Dyke, Jeff Standage,
Andre Simard



Louise Gittens



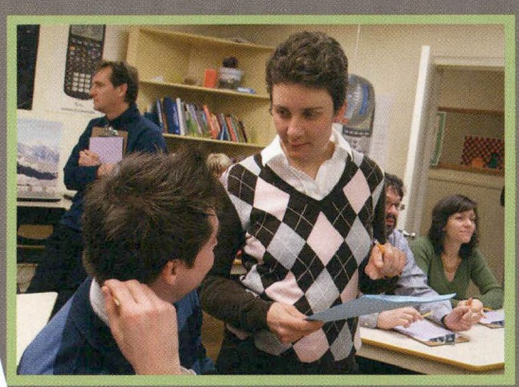
Lisa Smith and ???



Andrew Elliot, Barbara Elliot



James Rioux



Daniela Grawehr

Louise Gittens and **Barbara Elliott** are both retiring after each having had long associations with the college. Mrs. Elliot spent 11 years as a teacher and will be remembered for her passion for creative writing, poetry and especially for theatre arts. She directed nine school plays and every one of them was a first-class production. Ms. Gittens began her career at Stanstead College as Director of Development in 1994 and served in that capacity until 2003 when she became a full-time teacher. There she was able to impart her love of English to her students. Our sincere thanks to both for their fine record of service to the college and good luck in retirement.







Two years ago we said goodbye to **Susan Telling** when she retired as the head of Webster House. Since then Sue has continued to work as our Round Square representative and our Community Service coordinator. She will be leaving that post later this summer and we thank her again for her fine work with those important programs.

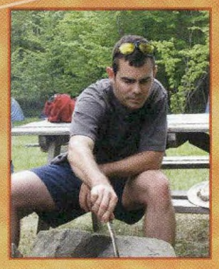




Francine Maurice and **Claudine Chartrand** are both veteran teachers who have played important roles with the College and our Languages Department - Mme Chartrand since 1999 and Mme Maurice since 2004. Mme Chartrand will be remembered for her contributions to the tennis team, while Mme Maurice's passion for cooking and global issues will be hard to replace. We will miss their expertise, positive personalities and experience. We thank them for their many outstanding contributions to our school.

After three years at the helm of the Senior Boys Hockey Spartans, teacher and coach **Chris LaPerle** has stepped down to take on a coaching position with the McGill University Redmen. He will also be getting married this fall to College trustee Ali Martin-Mayer. Mr. LaPerle's leadership allowed the Spartans to build on the level of excellence they had achieved over the previous 10 years. This past year saw the Spartans join the Midwest Prep Hockey League, where they finished at the top of their division. We wish him the best of luck in Montreal.

We also say goodbye to **Marie-Jo Gaudet,** who coached the girls hockey team through a highly successful season while also working in the Admissions Office. We wish her the best of luck in her future endeavours.

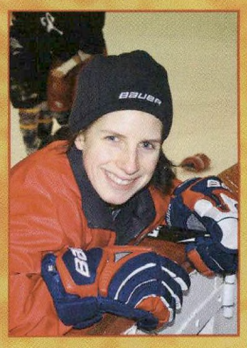


Dick Nesbitt arrived at Stanstead College two years ago along with his famously loud sports jacket. He has taught a number of courses, worked in University Guidance, and was a popular addition to Bugbee House as assistant house director this past year. We wish him good luck as he moves on to an international school in Mexico City.



Teacher **Daniella Grawehr** joined us for one year appointments in September from Switzerland and has returned to teaching in her native country. She was a mature and dependable presence as assistant house director in Colby House and a supportive teacher in and out of the classroom. We hope that she will visit us again soon.





Departing Faculty



Good luck to teacher **Gary Woolgar** from the U.K., who came on board in January and helped with a variety of tasks. He has accepted a position at King's-Edgehill School in Nova Scotia. We wish him the very best.

Grads 2010



Art by Swann Boisvert

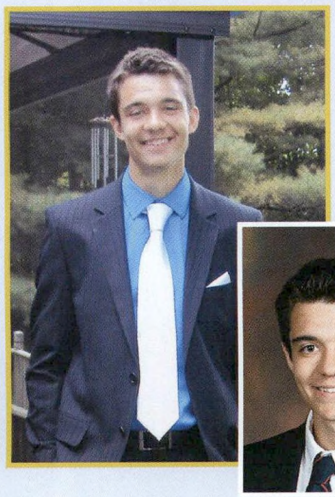
2010 Grade 12





Margarita Acero

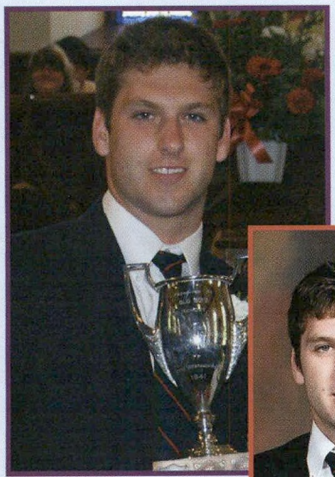
First off, I'd like to thank my dad for this amazing opportunity. I could have never survived it here without you. You've stuck by my side through everything and I know you will never let me down, I love you. I'd also like to thank Mr. Chandler who always kept me motivated and pushed me to do my best all year, even when I would complain about everything. You have taught me so much and I can't thank you enough. Next, my little Colby girls, oh my, are all of you crazy! You're all amazing and I'm gonna miss you all, you're my little sisters forever. Now to my girls, where to start? "Which fish? This fish?" EHHH Andrea, cacaca Fabiola. Britt's really good jokes. Juliet saying the wrong name 43 times before actually knowing who she was talking to. Malda, the meanest girl in school. Gabie, my roomie, you listened to me vent EVERY DAY and baked for me whenever I was upset. Blanche, SEAPOD! (my other roomie!) Carla, my fun-size work out mexicana. Jen, my frenchy baby. Now to the guys, Vince, you've been my brother & best friend this entire year and were always honest with me, even if it was too direct sometimes. Felix, YOUTUBE, tabs, chicken waaangs! Jamie my secret lover. Kevin, you're such a BULLY. I'm going to really miss you, tomato. This year has flown by and I just want to thank all of you and the rest I may have forgotten to mention. You are truly the reason I made it. I will never be able to truly explain to you all how thankful I am to have you in my life. I will miss you all and never forget any you.

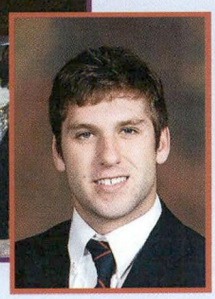




Nick Bauer

It's over for me. The 6 years I have spent here have been some of the best my life. This year has been probably the best of my six-year career and probably the busiest and the most memorable. I'm ready to move on but I will always remember the friends and the memories I have had. Thank you to my advisor Mr. Elliot who has always been there for me, Mr. Chandler for pushing me to reapply as a prefect. Without you I never would have had such a great year, Mr. Simard and Grenier for two of the best sports season I ever had. Ngwa (yeah, I wish I could see those yellow pants), Felix (I'll see you next year roommate), In Won (where do you go when u disappear?), Fabi (yea you knw im looking wit u), you guys are the best and I'll always remember you. Corey (don't throw a pencil), Matt and Pietro studying hard all the time, Tom, Jamie, Dumas, Ryan, Montreal was fun. Fernanda (I still have my half of the heart), Mayte (I miss u at my table), Vale (I'm sry I almost ran u over), Andrea (not extra small). To the wolf pack Ann (Phil) and Colleen (Doug) u guys were the best advisees. Flavia, all the best next year for u, Chelsy (ur too sneaky) and of course how could I forget Anchii bih. I didn't forget you... u are amazing and I'm really going to miss you. love u. Finally, thank you to mom and dad and Jen for always supporting me and always being there when I needed a hand. I love all of you very much. Thanks to everyone else for a wonderful year.

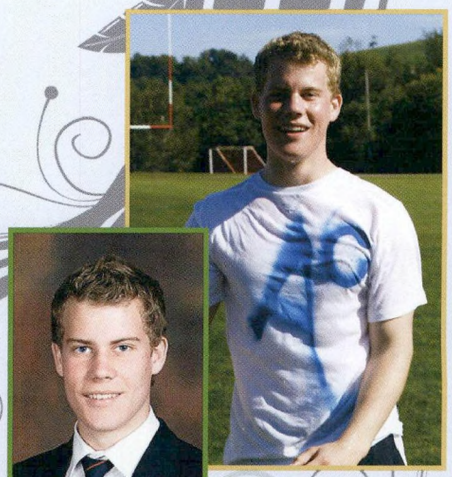




Ryan Bedard

Wow, four years at Stanstead College. This has been the quickest four years of my life! I guess time flies when you're having fun. Thank you, mom and dad, for all your support and for giving me the chance to come back here year after year. You guys are amazing, the best parents a kid could ask for. I want to thank Mr. Rioux and Mr. LaPerle for another amazing hockey season. Thanks for all the hard work you put in every day ALL year long to make it the best it can be. Mr. Woolgar, good luck in the future! I want to thank Mr. Chandler for being one of the best role models a kid could ask for. You have always been there for me. I hope to stay in touch forever! Mr. G, I respect you so much. If I am half the man you are in the future, I will be a happy man. Thank you for your inspiration, and just pure awsomeness. Bros. FB, JL, TC, DM, NB, CH, IWL, MS, MR, NN, MR, and HC. I love you guys. You're the best group of friends anyone could ask for. The French connection, you guys are awesome, see you at the gym. If I forgot anyone you know who you are. Juliet, I can write a book. I love you so much. Thank you for another great year. Words cannot describe how you make me feel. Don't worry about distance, baby, I know we'll make it through, I know we'll find each other, I'll love you forever! Thank you for always being there for me I wouldn't want it any other way, I love you so much. Thanks, Stanstead College, for everything, I will miss you so much!

Felix Boisse



It's hard to believe that my three years at Stanstead are coming to an end. I came to Stanstead in search of a place to call home but instead what I found is a family. There is no way I can summarize my experience here within this confined space of 275 words. There are simply too many people to thank, too much to remember. Stanstead has changed me in infinite ways; it has given me a new view on life, one that I will always be grateful for. While the time spent inside the classroom will serve me throughout my lifetime, it is what I have learnt and done outside the classroom that will truly impact my future. Before I give shout outs to my friends, I want to thank the teachers that have impacted me the most: Mrs. May (you are simply the best teacher I have ever had, I would be lost without you), Mr. Elliot (you are simply THE man) and Mr. G (I admire your intensity). What I will remember most from Stanstead are the friendships I have made, those that began three years ago and will last a lifetime. My best friends Nick, Ngwa, In Won, I love you guys. My roommate Ryan, Fabrice, Corey, Lively, Tom, Anand, Matt, Dumas, the French guys (special shout out to the creatine boys), the Mexicanas (Carla, Fabiola, Andrea, Nicole, Mayte, Lucia, even you Fer), Anchi Bih, Juliet, Margarita, Chelsy, Flavia, Colleen. Sorry to whoever I'm forgetting, my teammates, my classmates, my teachers, you all mean the world to me. Best of luck to all the grads, I know we will meet in the future.

Flavia Calvar Ripoll





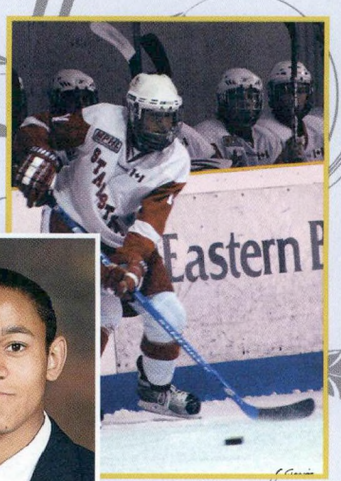
On life's journey faith is nourishment, virtuous deeds are a shelter, wisdom is the light by day and right mindfulness is the protection by night. If a man lives a pure life, nothing can destroy him.

It is hard to find a friend. It is hard to leave a friend. But, don't be dismayed at goodbyes. A farewell is before you can meet again. And meeting again after a moment or a lifetime is certain for those who are friends.

In Won, this one is for you babe. You were the one who made things different, you were the one who took me in. You were the only thing I could count on, above all, you were the one for me. Te quiero Gordito.

- Veni Vidi Vici (T&L)

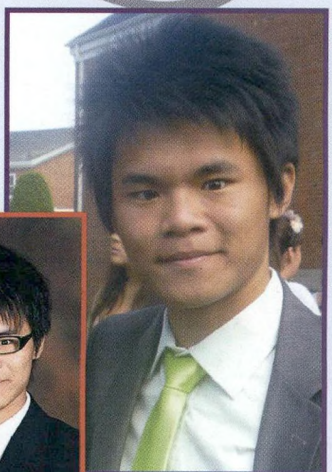
Thomas Castle





I would like to start with thanking the whole Bedard family for letting me stay at their house on numerous occasions. Next on the list are my hockey coaches J.R and C.P for all the help they have given me, and a special thanks to Mr. Corcoran, my advisor, for always looking on the bright side when shown my report card! I would like to thank all the girls! Now to the most important part of this write up. Jamie Lively, Ryan Bedard, Dumas Maugile, Matt Robertson, Felix Boisse, Ngwa Numfor, Nick Bauer, In Won Lee, and all the guys on the hockey team/anyone I forgot to mention. You guys made my year and I hope you all receive the success you deserve in life! I will always remember the trip to Montreal when J.L bailed me out and all the hockey trips with R.B, J.L, M.R and D.M, all the fun times, Ryan visiting the Castle residence! All the trips to Montreal with Ryan, Jamie, Dumas, Felix, In Won, Matt, and everyone else that came. In the end it was a great two-year experience. I hope the school continues to grab people all over the world! Words can't express what you mean to me. I leave you with a quote!
"My style is impetuous. My defense is impregnable, and I'm just ferocious. I want your heart. I want to eat his children. Praise be to Allah!"- Mike Tyson

Hank Chen





It's over!! My four-year Stanstead career is over!! I can't believe it. First of all, I have to say thanks to my parents for giving me this opportunity to come to Stanstead and supporting me from the first year to the last year. Secondly, I have to say thanks to teachers and coaches. I really enjoyed my last rugby season; Coach G's skills development and games, also LaPerle's crazy fitness. Finally, a big thanks to my friends: AK, RB, TC, CH, NN, FB, NB, IWL, DM, JL, and my roommate, Maxime. Good luck to all of my friends. Enjoy your college life or another Stanstead life!!!





Jennifer Corriveau

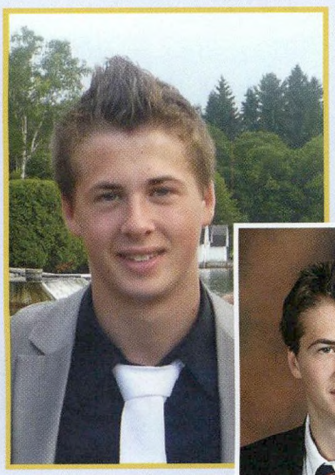
My one and only year at Stanstead College is already over and went by so fast. It was a new experience and I will never forget the people that I met here. First of all, I want to thank my parents for giving me the opportunity to come here. Michele and Sara, I love you and I'll miss you so much. Mich, even if 100 killers tried to murder us we still survived. Sara, all the crazy things that we did together... Quand on se promenais en faisant lauto dans stanstead! Girls, it's been one year that we have known each other but it feels like so much longer; all the moments that we had together will stay in my memories forever. Vince, une chance que t'etais la cette annee. T'etais comme un grand frere pour m'ecouter et me niaiser. Loik the funniest guy. JP...Mister perfect I'll never forget that I always beat you in squash ;) et je te purge! Et toutes les prises de karaté! Oli, Dan and Tony: The Proteine Guys. Carla, the mom of Webster.You made my year special, baby. Everything that we did together was fun: the brownies, watching "Gossip Girl," being lost on the road so many times. It's lucky that I have you to calm me down and when I and went to merida. Don't forget the promise that we made to see each other every year. All the French people, this year would not have been the same without all of you and I'll miss you. Et on sort toute a Montreal l'an prochain ensemble!

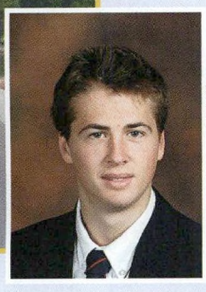




Jean-Phillipe Daigle

Knowing is not enough, we must apply. Willing is not enough, we must do.
- Johann von Goethe

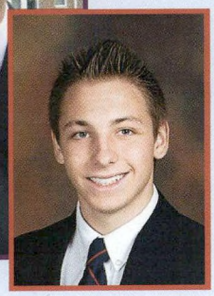




Patrick James Earl

I want to thank my friends for the incredible fun memories that will stay with me for the rest of my life. My only and last year at Stanstead College was amazing. I'd say some of the memories that stick out would be the trips during the hockey season, how fun was that! That was good times and we all enjoyed it. I will also never forget how good a dancer Margarita Acero is. Good luck to everyone in the future. To everyone: Hold on to the good times so you can laugh through the bad. Let the good times roll!

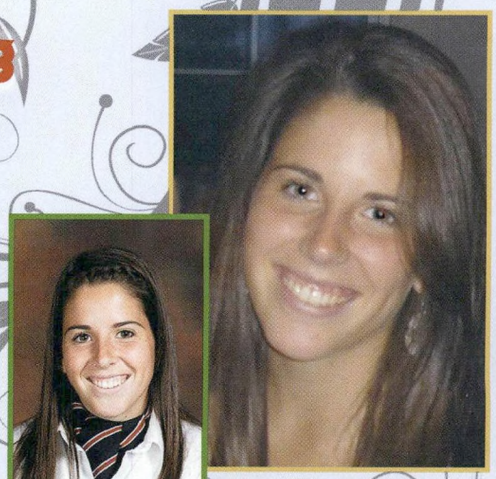




Daniel Escaravage

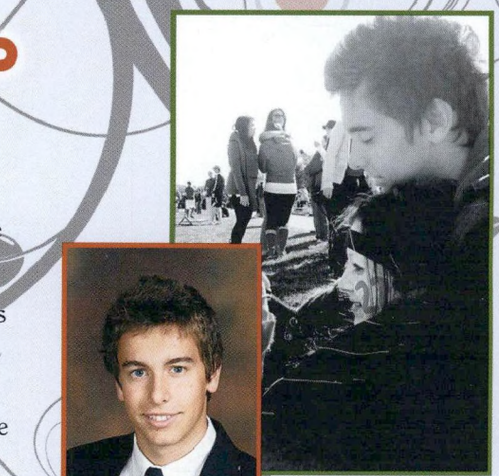
Fortugno, mon chum, ca fait juste un ans qu'on se connais pi je te considere déjà comme si t'etait un de mes amis d'enfance. Sam, le gars qui a finalement son tattoo d'ange dans le dos, caline que je n'ai rit une shot avec toi cette annee, je vais m'en souvenir. Late, mon ami de longue date, roommate, prank partner, c'est rendu qu'on n'a des chicanes de vieux couple tellement qu'on n'a passer de temps ensemble. Loik, le sosi de mon bo-pere, je pourrai pu venir te deranger avant que tu te couche quand je vais au gym le matin. Lecompte, fini les pranks sur toi, si je fais de la business plutard c'est clair que je te veux comme associe, d'ici ce temps la prend tout tes shakes. Lalonde, le gars qui veut qu'on sache qu'il a beaucoup de culture general, tes mon bon chum pareil. Sauriol, le gars qui c'est tout, je suis pu facher contre toi meme si ta pisse sur ma porte six fois. Pat, le gars des peripecies, tu riais trop pendant que tu m'est comptait , je comprenais rien. Robertson, the Man, too many things to tell about you, I love u. Bob Daigle Marley, King du softness. Ruel, le lover, une chance que je t'avais dans mon advisor. Dumas, everybody's budddy, tu fais bin toujours rire. Ryan, the guy that can interpret all the staff of Stanstead perfectly, one word... good job buddy. Boisse, the bright guy, "le rugby c'est pas un sports dangereux": ta eu une commotion, un genou peter ... pour la premiere fois, j'ai bien faite de pas t'ecouter. Swann le marier, tu m'a fait rire cette annee pi c'etait un plaisir de jouer sur ta ligne. Boulos, le sentimental, "le coach la... y s'en ****** de toi", JTM, on va tu danser coller? Lacerte, la peste, le nerfique, tu va manquer. Aucoin t'es trop solide, une vrai shape d'homme maintenant. Dr. Felix, meme si je te connaitrais pas, je saurais que t'es un goaler. Jamie Lively from Aunmore, BC and Tom Castle de bridge remix, thanks for the hockey season and the great year, guys.

Gabrielle Fleming



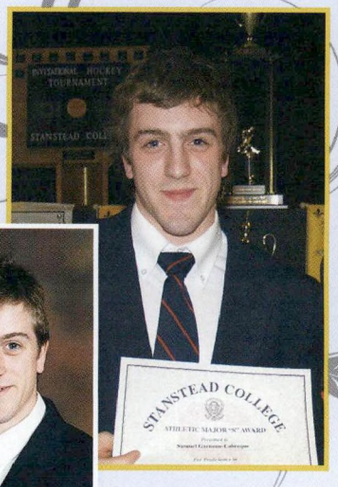
Wow, two years have flown by faster than I could've imagined. First, thanks, Mom, Dad, and Dylan for everything you have done for me. I owe you everything for getting me where I am today. Thank you Mr. Van Dyke, Ms. Hessian, Mr. Grenier, Mr. Wells, and Ms. Gittens for all the guidance, support, and knowledge you gave me throughout these past two years; I've learned so much from all of you. To my soccer girls, the season was amazing and I'll never forget it. Corey, thanks for being such a great friend all year, I won't forget all the good times in Mexico. Vincent, every time I wear the penguins I'll think of you! Matt, thanks for making the end of the year so memorable and thanks for always letting me get the big break! Blanche, keep shining! My Colby girls, you're all crazy, but I love you! I won't forget any of you! Margarita, my roomie, thanks for always being there for me and for the best vent sessions every night! Thank you to everyone for these past two years, they've been great and I'll miss you all!
Congratulations Class of 2010; we made it! Good luck wherever you may end up!
"Take what you can from your dreams, make them as real as anything." -DMB

Anthony Fortugno



I have a lot of great memories in my life about family, friends and hockey most of all. This year was very special for me and for once it wasn't only about hockey! First of all I have to talk about my two GYM BODY, Olivier and Dan. Les boys, grace a vous je suis devenu un gars de gym intense pi je leves deux plate au bench! (225 livres) J'aimerais aussi remercier toute l'equipe de hockey. On etait solide puis la j'ecris en francais parce que le trois-quart de l'equipe etait quebecois alors! Love you Hockey Anglophone too! Mes voisins d'en face Loik et Vincent, ca ma fais plaisir d'entrer dans votre chambre des millions de fois! Dumas my roommate, maybe you're not the cleanest guy in your room, but you're definitely one of the funniest guy I ever met in my life! And finally, the person that gave me the best memories of my life is Lucia Ortega. She's the love of my life and I will never forget her. Do you remember when we first met? When we were so shy about talking to each other? Your birthday, December break! So long! And my birthday when you didn't announce it and didn't even give me my cake? Valentine's Day? The beautiful March break in Mexico? I remember, and those were the most beautiful moments of my life and I know we are going to have much more because I love you and even if the school year is almost over, we are not because you stole my heart.
Te amo para siempre! Je t'aime pour la vie mon ange!

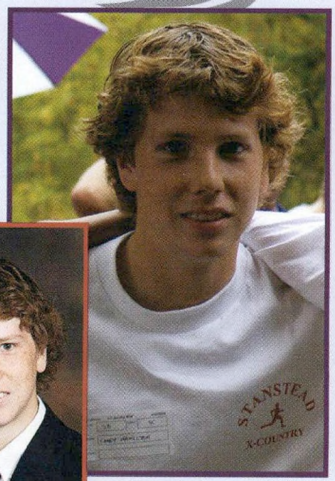
Samuel Garneau-Labreque





When I look back at the year I just spent at Stanstead College, it is impossible for me to remember all the good times I had here with my friends. As much in the classrooms as in the dorms, this year has been extraordinary for me. I met people that I didn't know at the beginning of the year, I made some friends that I am sure are going to last longer than my passage at Stanstead. I will remember forever those study periods that I lost in Davis basement because it is the only thing you can do there, lose your time and have fun with your friends. I will also remember Dan La Sauce ending up being the only one having no green eminems in the Stats class and the God knows how many meetings with Mr Rioux. This year made me progress as a person, as a student and also as an athlete. It prepared me for the things I am going to face next year and even the years after. I want to thank all the teachers for the time they spend with us and for their availability all year long, especially Mr. Rioux and Mr. LaPerle for the great hockey season I had and for every minute of their time they took helping me. I also want to thank my parents because it wouldn't have been possible without their support and help throughout the year. I am leaving great memories in Stanstead but I think I am leaving with even better things.

Corey Hamilton





Two years here and how time seems to have flown by this year. It seems only yesterday I was walking back onto campus and seeing all my old friends and a lot of new faces. It's hard to believe that it is finally coming to an end. So many memories, I don't know where to begin. Guess I'll start at the beginning. James V (no I still can't spell your last name), Max Cadrin, Robyn Diamond, you guys have been like my best friends since September. We had a lot of good times chillin, all the mad hours playing COD, I'm going to miss all of that next year. My rugby bros, Ngwa, In Won, Felix, Nick, all of you guys, this season was great, I'm going to miss the team and the game. Colleen, my sister, and Anchi, you got everyone to think I'm a serial killer and I guess it stuck cuz I was given an award for it at grad. Fer Diaz, Andrea, my Mexican swimming friends, I think my skin still has marks from all that slapping at the finals. Grad this year was awesome and for those who don't know, its called a kilt not a skirt, and there is traditionally nothing worn under it. Last but certainly not least I'd like to thank my parents for sending me here. These last two years have been perhaps two of the best of my life. There is so much more that I can't fit in here, which is unfortunate. Well, have a great summer everyone.



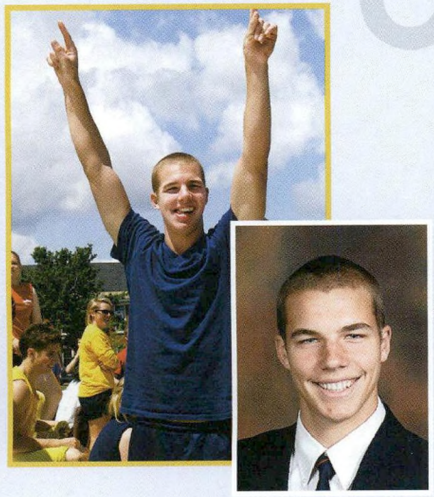
Anand Kantharoup

After a long indurate fought with the fearlessness of the Spartans, the extraordinary adventure of being in Stanstead College has finally come to an end. Thanks to the great foundation of my parents, who were always here to help me to succeed in life. Without them, I would never have this amazing opportunity to come and study in such great school with its MARVELOUS surroundings. Stanstead College has given me more than "education"; it has offered me a lifetime group of associates. These associates are like a family, they will always be there by my side, they will always have my back no matter what, and they will always be a part of my consciousness: (I.L): 'Panda! Where's my 2 bowls of noodle?' (C.D): 'Undercover Bank of SC' (M.S): 'Pi le rave?' (N.N): 'The Black Monkey' (J.L): 'I'll always be better than you in Stats!' (H.C): 'All right! I ain't giving you my sushi!' (F.B): 'You want to lock it now?' (L.L): 'Merci pour le microwave!' (T.C): 'I do LIKE A LOT' (L.W): 'You can make money by playing VDO games!' (S.B): '1.2.3.4.5.6.7.8.pff!' V.C, E.V, N.B, R.B, D.E, O.L and (D.M.F.J III): 'wake up late for assembly, take food from others and laugh like a donkey, but I am glad that I've met him'...ALL OF THEM! Lastly, I would like to thank the teachers who have helped me and supported me whenever I was down. I wouldn't have graduated if it wasn't for them. They were the missing puzzle piece that would make my life complete: (C.W): 'Thanks for being a good advisor', E.G, L.G, C.P, C.C, S.M, A.E and E.H, Thank You! Whether you're returning to SC or not, Good Luck to you all!



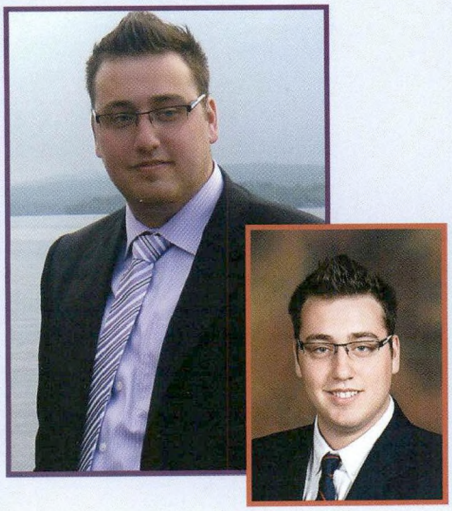
Cynthia Kim

It is absolutely crazy how my last year at SC went by so fast. Being here for six years was a lot of fun. I made so many good memories and met lots of good people. All of these good things could happen because of my family. I would like to thank my parents for trusting me and believing in me all the time. I know I had some rough times here, I could get through it all because my parents were always there for me. Thanks a lot, mom and dad, and I love you so much. My best friends! Blanche and Dawn, I don't know what to say! You guys were always there for me for the past five years. I made so many good memories with both of you, I honestly do not know how I'm going to survive next year without you guys! I love you so much and our friendship will never end. Always keep in touch. For last, my advisor Mme Maurice =] thanks a lot for being my advisor for six years. It was really a pleasure to have you as my advisor. Still can't believe my life at SC is over! Definitely I'll always carry around all good memories I had here with me all the time, and enjoy my new life next year! And..... Yesssssssssssssss Finally IM OUT OF HERE !!!!! =]



Olivier Lalonde

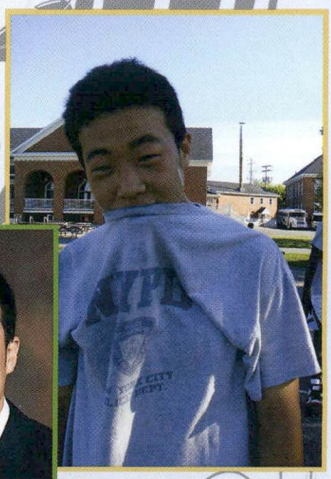
This experience has come to an end. It has been a wonderful year with everyone and it has built long-lasting memories. I loved the experience of being in a residence and sharing food and drinks with the guys. Ryan coming to me for Gatorades or Dumas for soups. Special thanks to Dumas, my personal barber. The hockey season was great, a lot of victories and fun. Sharing rooms with different players. Being in the bus at least five hours each weekend watching all kinds of movies. Hanging out in Vince's and Loik's room, watching smallvilleor just doing nothing on Sunday nights. The one and only Letourneau who always said that he was going to prank you but ends up being pranked and angry. The morning gym crew who woke everybody in the basement, but now it is fun to think about that because it makes something to write about. Finally, thanks to all my friends, special thanks to my parents who gave me the opportunity to come here and I am glad to say that I have made really good friends during my year in Stanstead college.



Vincent Noel Lecompte

This year was so special and very funny but sadly it's over and I want to take this chance to say to everyone that I love you and that I passed a great year with you guys. First of all, mon grand chum Loik who is also my roommate, on a eu des bon moments ensemble, on a passer par toutes les emotions mon chum. Les boys du basement de Davis, guys we had so much fun and thanks for not pranking me. Dan qui est toujours tout nue, Letourneau et sa musique, Anand et ses nouilles, Lalonde et c'est questions, tony et son gym le matin, Dumas qui rie. Thanks to you guys for making this year one that I won't forget for sure. I had so much fun with you I and I met a lot of great people here, Pietro et frank je vous oublie pas non plus avec toutes les nieseries qu'on a fait. I'm not talking about everyone in this but I won't forget any friends that I made here. Vous allez toutes avoir une place dans mon Coeur.
Je vous aimes.

In Won Lee





It's already time to leave the place that has been my home away from home for the past three years. Stanstead has been a life-changing experience. Throughout Stanstead I learned to expect more things out of myself and to achieve things up to my capability. I would like to thank my parents for giving me this fortune. Thanks to the teachers and coaches, all the lessons I got from you, it's so valuable that I'm sure they will help me go through any adversity that I will face in future. Special thanks to Coach Chandler, I was lucky to have a conductor like you who understands his players so well on and off the field. Thank you, Mrs. White for the times that you spent with me to get me in a good college. Thanks Mr. VD and Doc for widening my knowledge in science. Thank you my friends for walking with me; at times when I wasn't ready to follow you or lead you, you stayed with me and walked along. Felix (sick time in Mexico), Ngwa (I will miss waiting for you 24/7) and Nick (the most reliable), simply thank you. My ex-roommate Max, Ryan (remember the last defeat of drop kick game), Jamie, Dumas, Anand, Fabrice, Corey, Tom, Hank, Margarita, Gabie and Juliet, thank you all for the good memories. Dear Flavia, I was the most fortunate this year because I had you to lean on. The smiles that you put on my face every day, I won't exchange for anything. So many memories like T&L, looking for the right restaurant, walking with you, IGA, 27... there are so many. 275 words won't possibly convey our memories or my feelings. You've been the one for me. Love you, my lady.
- I do the best imitation of myself.

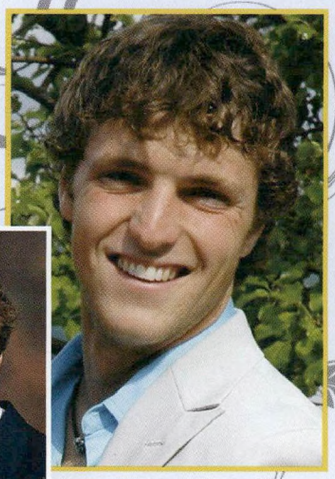
Rose Lee

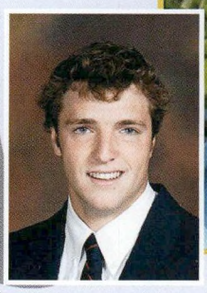




Finally...I finished my three years at Stanstead College. I have wonderful personal memories and great experiences that no one else does. I want to thank my teachers who gave me chances to learn and gain knowledge. Mr. G, my super advisor, thanks for your help! You always supported me whenever I had problems. Mr. Simard and Mr. Chandler, my two funny teachers, thanks for making jokes for me! You let me laugh a lot and I will miss both of you! I was very lucky to have two brothers, Frank and Alex, at school with me. Also I want to thank my Taiwanese friends, especially Felix Wang!!!!! I am fortunate to have met you guys at Stanstead College. Good luck in the future

Loik Lessard





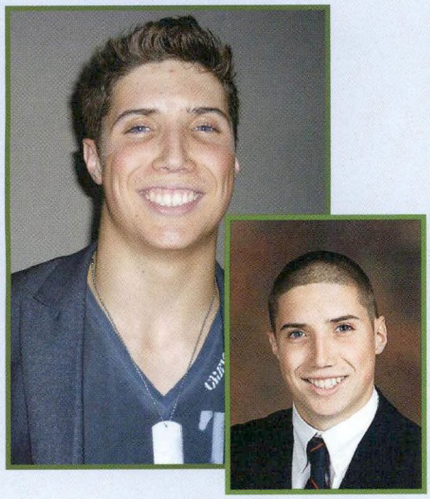
First of all I would like to thank my parents for giving me the opportunity of coming to this school. Even though there are a millions rules about everything, we all adapted to them and in the end, this year has been a great year. I met new people from all over the world, and made friends that will last forever. Stanstead has a great campus, but most of the action took place in the basement of Davis; Anand likalika lot Thai noodles, Dumas and his chicken, Fortugno in the gym, Letourneau and his girly legs, Dan and his plastic bags filled with..... well some kind of "liquid." Lalonde, always there to say the wrong thing at the wrong time and Jamie with his B.C. way of shouting. Through all the pranks and jokes, we had a really great time, boys. Stanstead is also the place where I met the most amazing and important person in my life: Ann. You changed the way I see the whole world, in a great way. You are the reason why I got out of bed every morning since the day I met you. You impacted my life in such a great way, I will never ever forget you. I know you are going back to Mexico next year, but you want to know something? I don't care how far you will be, I will always love you. You are my one and only. Te amo. This year has been a great year, filled with ups and downs, but the friendships that were born here are not like any others, and they will, I hope, last a long time. See you guys !

Michele Lessard



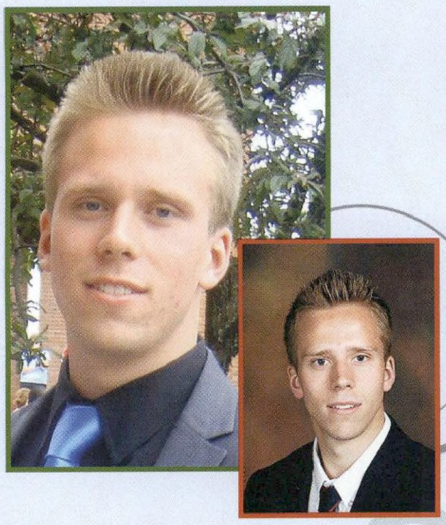


Wow, my last year at Stanstead is almost over! Time goes so fast here and I wish I could slow it down. I honestly had the time of my life, and it is because of all of you. First, I want to talk about my boyfriend, Swann, because he is the very first person I saw when I arrived two years ago, and even then, I knew he was THE one. Mon amour, I could have never imagined feeling something so strong for someone. Not only did you make my experience at Stanstead better, you changed my life and you changed me. You are so important to me and I will never let you go! Je t'aime de tout mon cur, et plus que tout au monde Bebou! Jen and Sara, mes belles pitounes, I had so much fun with you this year! Jen, t'es pas nounoune, but try to remember that Roger Federer is not black! Sachie, I will never forget your laugh and all the faces you have that made me laugh a thousand times. Juliet, I really appreciated that you were always there to check if there was something under my bed. And by the way, I am the one who played with the water of the shower all year to make you believe there was a ghost in our bathroom, sorry Juju! For all the hockey players, I want to say that I really do like hockey, but that the school seemed really empty without you guys. I also want to thank my parents for giving me the chance to live this experience with my brother Loik and my sister Sarah. Finally, good luck to everyone who graduates this year!



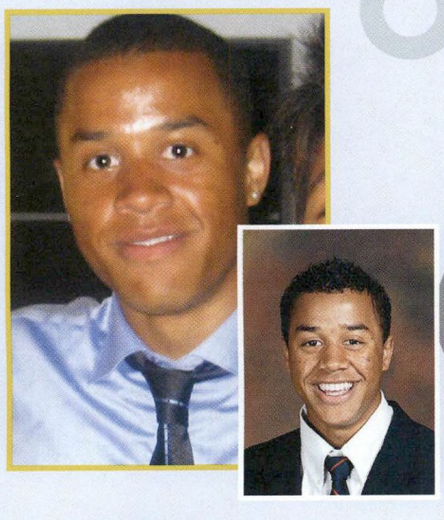
Olivier Letourneau

Already two years, already over, this school year was as quick as it could get. This year it felt a bit like home since half of the school was French! I met many people I won't forget. Dan et Fortugno, les gars avec qui j'ai pris de la masse, 11 lbs ca s'prend bien! Daigle le gros, tu m'as enseigne comment un the peu rendre sooft... juste un mot a te dire.. merci! Ruel je t'ai pas trop vu souvent mais ya beaucoup de monde qui m'ont dit que tu allais bien... bonne nouvelle! Sauriol, t'as raison, jmostinerai pu la jsuis tanner... Vince pi Loik les deux roommates de chaar... bonne ete, les boys... Labrecque doc veut te voir ca lair, pis ca presse... Pat fini ton histoire avant de la rire... aah ok c'est pas si drole que ca finalement. Swann, pietro, boulos, felix, lacerte, PA, on svoit au homecoming, vous ete mieux d'avoir pris de la masse. Michele, c'est facile la...ouin! Ryan, HOLY SHOOOOUTT! Matt, Tom and Jamie don't forget that the main maine is always present. True story, Matt. Dumas, LET'S GO MAN! Arrete de chialer, Emilie... c'est pas si pire. Jen, tu dors chez kathia vendredi ca l'air? Thanks to all of you who made the Stanstead College experience the way it was. The two last years were great, now it's time to move on! See yaa



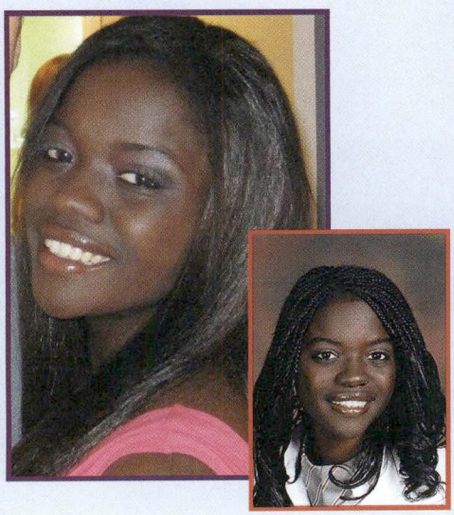
James Lively

Coming to Stanstead College wasn't an easy decision to make but I'm glad I came. I didn't know what to expect from boarding school at first but now I know it was the right decision. To my family, thanks for helping me make the tough call to come here, I love you. There are so many memories from this place that I couldn't possibly write them all down. I met new people that I'll never forget, especially on the hockey team. We should have won the Title boys. The trips to Montreal with the bros were fun even though sometimes things didn't work out as planned haha. There are always good times in Vermont at Bedard's house and of course Dumas' grandma's house. Although it felt so long ago, the trip to Ngwa's with Felix was an interesting trip as well. Tom don't worry... you don't have to go streaking bud and ya Margarita is my favourite to go clubbing with. To all the bros D.M, R.B, M.R, T.C, F.B, I.L, N.N, C.H, H.C, M.R, M.S, A.K and N.B you guys are the best. Of course I have to mention the French kids haha... you guys pranked way too much but it was great. To my SL and the other girls J.N, G.F, B.S, M.A, F.C and K.L I'll miss you. And finally to my roommate, Lalonde, thanks for keeping me alive. This year was great and hopefully I'll see all you guys again.



Dumas Maugile

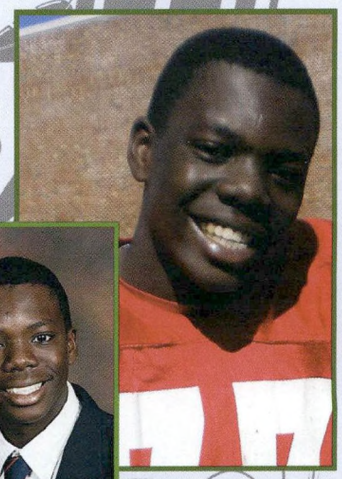
I'd like to start off by thanking my parents for sending me to Stanstead College It has been a good two years of my life. I'm glad that I made the choice to come to Stanstead College or else I would have never had the opportunity to have met my friends. I'd like to thank all the people that have been with me through the good times and the bad times when I needed them the most. Jamie and Anand for helping me pass the year aha thank you. Jamie, thank you for everything, buddy, best of luck to you, going to miss you. Anand aha you're the funniest Asian I have ever met. Tom-tom, it has been good knowing you for eight years. I wish you the best. See you in England. Ryan bruv, cheers, it's been fun, best of luck next year with hockey, wish you the best, and tell your mum I said thanks for everything she has done for me. Matt, it's been sick two years with you, cheers. Hank, you're the tank. In Won Lee, best of luck to you in Cornell. Felixxxx, good luck in Western, you too, Nick. Lalonde, I'm going to miss your jokes and criticism, good luck buddy, it's been fun. Letourneau, going to miss you simply making me laugh every single day, good luck to you. Nwgay, I still can't believe you dunked this year, good luck next year, you should keep playing American football, you're sick. Sam, you're the man, going to miss you, buddy, good luck in the NHL. Dan, who is everybody's buddy, miss you buddy. Loik you made school fun, you're the man. Fabrice, best of luck with basketball, hope you go far. Vince, reminding me to go to assembly every day, appreciate it. Antony, best of luck to you, roommate, we had fun this year. Corey, don't list to them, you won't be a killer, you're fine. Best of luck in the future, and many more thank yous for making the school fun.



Juliet Anchi-Ngum Numfor

Wow! Three years have flown by and I've done my time here, finished with high school! It's been a true rollercoaster ride but totally worth it. When I first got here my attitude was terrible and I was miserable all the time, but with friends, an incredible boyfriend and amazing teachers, I became so much more optimistic and a much better person. There are so many memories, but these 275 words limit my space on sharing those. I just want to take this time to thank everyone and give a few shoutouts. Thanks to some of my amazing teachers, coaches, and advisor: Ms Hessian, Mrs. May, Mr. Chandler, and of course Mr. Van Dyke! Y'all mean the world to me and have done so much for my life, thank you! I have made lifelong friends here, most of which were not here this year but for those who were, I love you all so much! Britt, Moldy, Margo, Flavey! Felix (fun times wrestling in soc) Michele, bathroomy, the entire year I spent pretending there were ghosts in our room, there weren't any, it was ALL me! Sorry, love you, take care. Finally my boo boo! Ryan there's so much to say to you but so little room. But the most important thing for you to know is that I love you so much and you are truly an incredible person. I'm so glad you chose me. Its' me and you until the end, babe. Stanstead, always in my heart. Class of '10, congratulations and good luck with your futures. ...and never forget, live everyday as though it were your last!

Ngwa Achuachua Numfor



Wow... Four years later and my Stanstead College journey is at the end of its road. First off, I gotta say thank you to my parents. They were tough.... But at the end of the day they knew this school would be the experience I needed to start reaching my potential. So thanks, mom and dad. I promised her she would make this year so I gonna say goodbye to my baby sister Anchi. It hurts I can't call you a baby any more but guess all big brothers have to realize this eventually. Oh yeah, slow down. And my older sister Juliet. Thanks for the money. Thanks, both of you. Our school time together ends here but we will stay close forever. OK, now for my friends. Chelsy, don't be so sneaky next year. Jamie, it was a fun year with you. Tom, Dumas, my (combined) ¾ black brothers from England. Corey H, don't kill too many people when u grow up. Matt, always had something funny to say. Flavia, you will forever haunt me whenever I think of wasting food. Blanche, it's too bad I never got to you everything I wanted but good luck next year whatever you do. Gabie, my bio buddy, Ryan, I know the last years I have been Juliet's brother instead of Ngwa (jk) but thanks for the fun times. Nick Bauer, four years later and I finally got to see your house. Don't worry, wel'l stay in touch. Felix, good luck wherever you go, I hope you take after Big boisse and pursue your dreams. In Won, don't get killed off in the military, we will chill in a couple years. And Fabi Jo. My brother, AKA speedy, good luck with bball and life. I kno u can do whatever u want. Goodbye Stanstead... We will meet again.

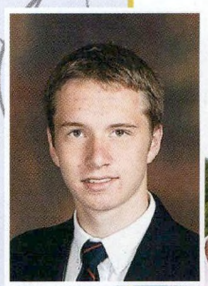
Sara O'Connor

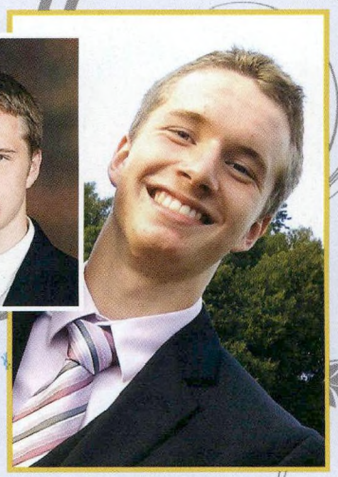




I would like to start by thanking my parents for this amazing opportunity; Merci maman et papa, j'apprecie tous les sacrifices que vous avez fait pour moi! I can't believe my time at Stanstead College after 4 years is already over. It went by so fast. I'll keep a lot of great memories from this school. I made friendships that I'm sure will last for a long time... Let's start to talk about the people I don't want to forget about... Jen: chu vrmt contente de tavoir conu, j'ai pleins de beaux souvenirs avec toi et faut garder contact... JE TAIMEE !!! Ma ptite Michie, j'ai passer du bon temps avec toi et jai hate a lannee prochaine a cause quon va encore etre ensemble.. <3 JP: Je suis tellement contente de tavoir rencontrer et quon ce soit rapprocher cette annee! Jai vraiment passer du bon temps avec toi et je vais tellement mennuyer de toi lannee prochaine , JTADOREE !!!! Sashie: Jai eu du fun avec toi stannee et faut continuer a se voir encore lannee prochaine.. Je taimee ! Les hockey guys, l'annee sans vous aurait pas ete pareil.. je vais mennuyer de vous...bonne chance pour lannee prochaine.. Vince et Loik: Je suis contente de vous avoir connu cette anneee, jai eu du fun avec vous dans mes cours et jespere quon va garder contact... Thanks to all for making this last year a good year... I will miss you..I would like to end this write up by wishing good luck to everyone in the coming years.

Matthew Robertson

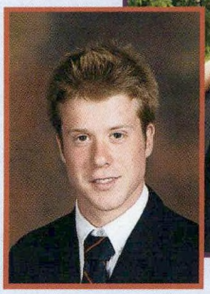




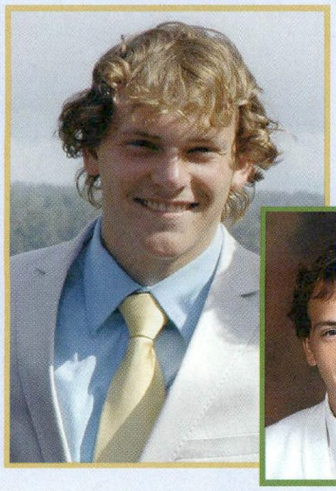
First I would like to thank my parents again, for this opportunity to come back this year. This year has been incredible from start to finish with its ups and downs. Kickin' it with the boys on hockey road trips, to sleep overs in Davis, this year has been amazing. Then there were my roommates, Pietro and Nick, it was real, but Nick is a bum. Jamie, Ryan, Tom, Dumas, the hockey road trips were fun, despite the amount of sleep lost on some. Though we weren't in the same dorm, we had good times that I will remember for a long time. I had so much fun with hockey and it's too bad it didn't always work out for us this season, but I still had a blast. I had so much fun this year with everything and I'm going to miss it all. Thanks to all of the people that made this year so memorable for me, you know who you are and I'll miss you. I don't know what else I can say about this group but I have enjoyed going to school with everyone and wish everyone best of luck next year and after. These last two years have been great and I'll remember them forever.

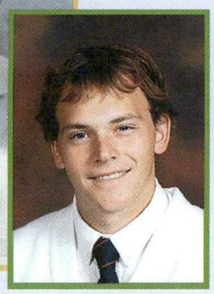
Maxime Ruel





Two years have already gone by. Studying at Stanstead College was one of those lifetime opportunities that everybody wishes they could have. I met so many people that I am never going to forget. J-P mon chum, bonne chance à Ottawa pi avec tous les tes projets en tête. Létourneau, le gars qui est sa sauce, mais que même Charlie NG pourrait mettre à terre. Je n'est pas été trop présent cette année, on se reprendra dans les prochaines, on y ira à vos places de thé. Les deux meilleurs chum qu'on peut avoir ça. I cannot talk about my senior year and forget to mention all the good times I spent with her. Kelly Foran from Pembroke, Ontario, you are the best girlfriend that anybody could get, you are so cute and I hope this relationship will keep on going for a long, long, long time. Je t'aime beaucoup.
Sans oublié mes parents à qui je leur doit énormément de m'avoir donnée la chance d'aller étudier dans un collège comme celui-ci ! Et toi mon frère qui ma supporter comme un chef pendant mes deux ans, je sais ses deux années à Stanstead nous on séparé un peu, mais, à partir de cet été on recommence à être ensemble. Je t'aime, Alex.





Marc-Olivier Sauriol

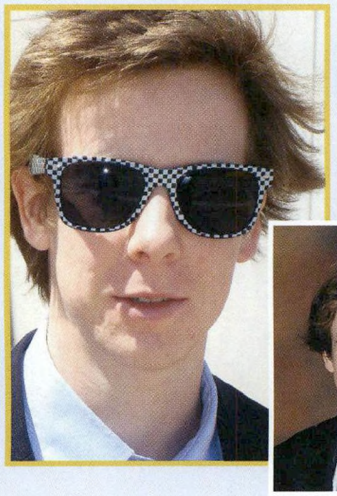
I would like to start by thanking my family for giving me the opportunity to come for a second year. I know you made a lot of sacrifices for me, and I will never be grateful enough. My year had its usual ups and downs, but every moment just helped me grow up and gain lifetime experiences. I will never thank Mr. Chandler enough for everything he has done for me. Seriously, you helped me to find the real me and I will never forget my two seasons with you. Thank you also to Mr. Rioux, Mr. Laperle and Mr. Grenier. This year, I met so many people that are now my friends and even if it kills me that I might never see the majority of them again, I know that at some point of our lives, we will meet again. I wish everyone the best, you deserve it. We all know that the Mexicans are the loudest people on earth, but it's impossible not to love them. Andrea, Fabiola, Mayte, Lulu, Ann, Nificofole and Fer, I love you all! Pat, you are the best roomie. Ryan, I know you and I had our little conflicts, but I think we just helped each other more than anything. Elliot, thanks for the good times. I'll see you this summer, bro. Finally, my best discovery this year by far was Boulos and Swann. You made my year so much better. SSS for life! I know I'm missing many people, but it's for sure not because you are not important for me.
"Winning isn't everything, but wanting to win is." -Vince Lombardi

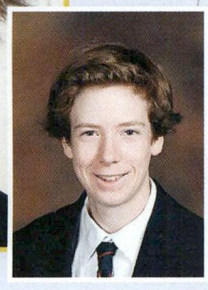




Brittany Sharman

I can't believe my senior year is already over. I'd first like to thank my family and everyone at home. I couldn't have done it without you. Also thank you to all the teachers and coaches I have had these last two years. You really changed me as a student and athlete. Now for my friends: thanks to all my friends who have stayed by my side through all the good and bad times. Those are the moments that define us. For ma hockey ladies, you girls never failed to amaze me on the ice and off, the things we accomplished this year with only 12 players was nothing short of amazing and Europe just made it all the more memorable. I'll miss you ladies <3. AGATHA + BERTHA + MARGRET-ANNE + GERTRUDE and MILLIE, I'll never forget the memories we have made these past two years. You girls are the best friends any girl could ever ask for, and too bad for everyone else, you ladies are MINE. The unbreakable bond we formed while at Stanstead will last long after we have left. Whether it be on the field, tearing it up in Montréal or nights in room 103 there was never a dull moment with you crazies, Love youuu guys <3 . To all my other friends, good luck to those of you who are leaving and those who are staying, enjoy your time here. It is gone way too fast. Peaceeeeee Out, Stanstead College.

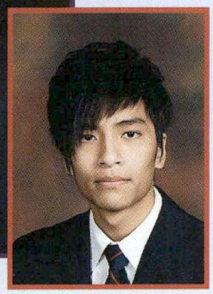




Gabriel St-Pierre

I can't believe the year is already over, and I find it hard to believe that I managed to go through six years. I would like to thank my parents for giving me the opportunity to come here. Secondly my friends, you all know who you are. The teachers who helped me through, especially Mr. Foster. Even though there was a lot of drama this year because I missed a lot of school I don't regret it. Loïk, je suis bien content de t'avoir rencontré, Vince arrête de parler de mon char. Anand it was fun spending 4 years with you. Bedard, good luck with hockey and I hope you'll invite me to your wedding with Juliet. The hockey boys, Pat, Sauriol, Dan, Tony, Dumas, Lalonde, Lively, Ruel, Sam and Letourneau sorry if I am forgetting someone. Thanks for making this years memorable and fun.





Charlie Su

The world is divided into people who do things and people who get the credit. Try, if you can, to belong to the first class. There's far less competition.
- Dwight Morrow

2010 Grade 11

Malda Alami





Wow, two years at Stanstead College have made a huge impact on me in a good way. My teachers are amazing and so are my friends. I would like to thank all of my teachers for helping me to learn new things every day, and my friends who were there for me when I needed them during ups and downs. I would also like to thank my parents for putting up with me and being there for me and especially putting me in such a great school like this. My house directors for being my second mom to me and surviving as the LAST PREFECT of Webster!! B.S. for being here for me when I needed somebody;;bestie [[STORM!]], J.N. for also being one of my amazing friends at SC; too many memories [[IGA&SICKA$$]], M.A. for being the meanest/hater girl after me [[countdown]]. C.H. for being the second midget [[bball]]. I will miss you guys so much and BBM group!! haha. Montreal nights out [[who could forget, J.L., T.C., R.B., M.R., F.C., D.M., N.N., I.L.]]. I will never forget the memories I had these past two years, it was a blast! Thank you all for making it such an amazing time here! I LOVE YOU GUYS!!!!

Maria Cristina Alvarado Torija





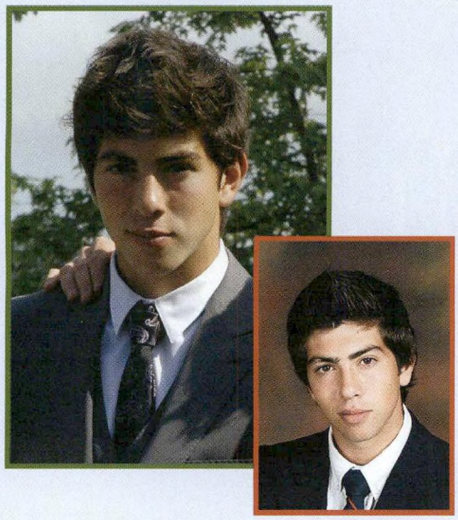
The only way to enjoy anything in this life is to earn it first.
- Ginger Rogers

Andrea Antillion Goni



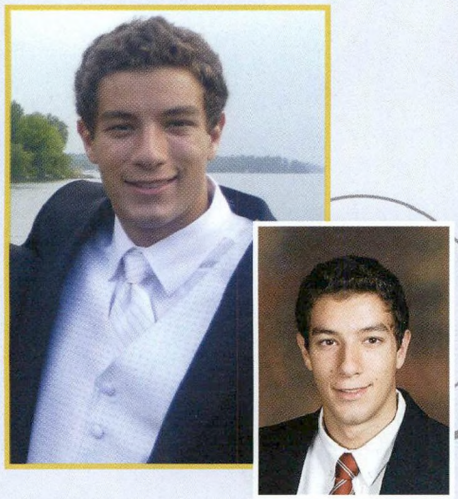


First of all I'd like to thank my parents for giving me the opportunity of coming to Stanstead, los amo! This has been the best year of my life. Now I know that I have a great family all over the world. I had a LOT of fun this year and seriously I have no idea what I'm going to do without every single one of you. I enjoyed & loved every sport I played, even soccer where I was 90% of the time on the ground. MALDA gordaaa gordaa!! BRITT Mcdonaalds! JULIET I've never met anyone that is such a big BULLY ILOVEYOU.. MARGARITA CECILIA eeeh ILOVEYOUSOMUCH.. NICOLE fchtz fchtz bocho Amarillo amigaaa te amo wey seriously mejores amigas para simepre gorditaaa Im going to miss u..FA even though we fight all the time I LOVE YOU!! yazuri, Yolanda, frijol importado..BEBE te amo ..closet talk.. MAYPILIN comadre dame dos.. jajaja no te amo muchoooo! FELIX chubby the good thing is that you live in mexico gringo.. mata a tu mama y comete a tu perro..SIMON mejor amigo I love u sooo much BOAAKEEY!! SWANNI BOBANI!!! I'm going to miss all those faces heeee enserioo?? Fantastic 4! EASTLYN my ugly roommate I love you so much seriously u d...wad..alan..ur mom..im gonnna miss u lots! Yeah just for you.. Haha COLLEEN u are the best cola/ginger/Mexican/bath roommate ever I love u..NICK you suck..P.A tayeul! FABRICE I know u strongly dislike me but I love u.. I've never have so much fun in my life I love you all so much thanks for everything.. I'm gonna miss u all! Chubby club. Chango te amo we made it..



Pietro Antonelli

First, I would like to thank my parents for everything they did for me not only in the past two years but also for being present when I most needed them and also for supporting me through the difficulties in my life. Family is the most important thing. To all my friends, thank you for all those great moments passed with you guys, I will never forget them. To Pietro, FORZA Pietro squared... This second year at Stanstead really made me realize some stuff that will certainly affect my way of judging people in the future. In these past two years I made some friends from all around the globe that I will never forget, the Mexican crew and how loud they can be and also the Taiwanese and how quiet they can be. It was a really fun year in football with Ruel "C'est trop facile le football." To my roommate Nick Bauer who taught me how to play rugby, and who also showed me that studying is overrated. And finally, to Chibih, one thing "How you like me now?" We will see what next as for us...



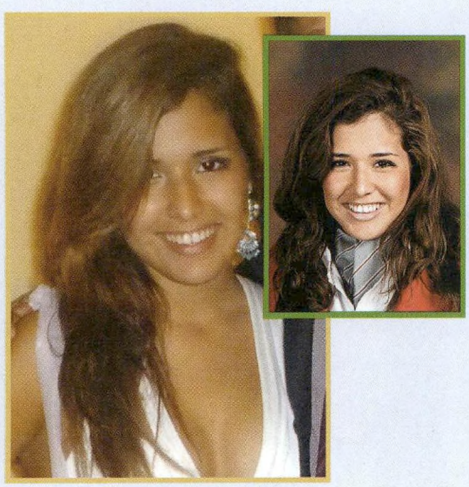
Pierre-Alexandre Aucoin

This year was my first year in English. I never thought I'd do my secondary five in an English school! It was an amazing year! I came to Stanstead College to play hockey and learn English. I met really nice people here! This year allowed me to discovered new experience. It was the first time I played football. We only had one loss in all the season. My favourite part of the year was the hockey season. We had a really nice gang and a good team. Travelling in the 21 to different places like Boston, Toronto, Cleveland and Quebec City, without forgetting the trip by plane to Chicago. It was awesome! My last sport was tennis with Coach Williams. I would like to thank my parents for everything they did to get me here. I would like to thank also everyone that made this year possible in sport and academically.



Robert Baillargeon

Two years have passed at Stanstead College and I can't begin to list the memories and people that have moved me. Two years may seem short and insignificant in my life, but these two years were the most jam-packed years so far. I'd like to start off with a large thank you to my mother who I haven't recognized enough in all the efforts she has made in order to make this all happen for me. I'd also like to recognize all my classmates and teachers who made every day awesome! I'd like to thank Mr. P for turning bio into my daily laugh fix, I'd like to thank Mr. Corcoran for being just an awesome teacher in general! Mr. Elliot your economics classes were also very informative but also brought a smile to my face. I'm not going to mention every person who has been a part of my two years here, but I'm going to mention those who had a larger part. I'd like to thank my roommate Felix Wang for taking care of me and putting up with me, you were great! I'd like to thank my study partner and close friend, Blanche, because I honestly wouldn't have done half as well as I did with out you! Kevin, for your comic relief, I'm going to miss fishing with you my German friend! And there are many other people who I would like to thank like, Colleen (my pencil source), Pietro R, Pietro A, Robyn (our intense conversations), Felix L, Emma (my bad influence in English). Finally a big good luck for everyone leaving and moving up, and for those coming back, get ready to kick start another amazing year!

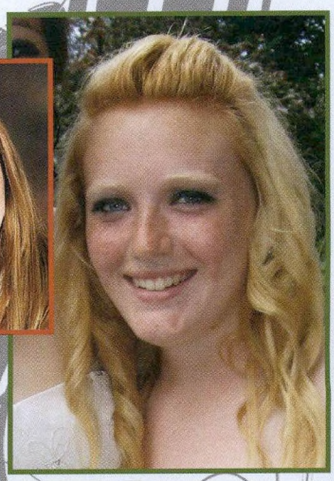


Fabiola Barraza Buelna

It has come to the point where we sit in front of a blank page and begin looking back on memories. To me, it is much more than a farewell; it is the closing of a door filled with unforgettable memories and whenever a new one opens, the closed one will always remain there to reminisce. This brings in mind how I felt to begin a new chapter in my life. I remember perfectly how I set my mind into making the best out of this experience, which turned out to be way better than expected. It is the people that I met whom I shared amazing moments that made this all possible. I will begin by thanking my Mexican girls, if it weren't for you, I would've never laughed like I did, and our pictures carry stories that are to be cherished forever. Each of you have different qualities that showed me what friendship truly defines, even despite our ups and downs, so this is just a short gap until we meet again. For the greatest roommate I could ever have, Colleen, everyone struggled with theirs when I had no complaints. Thank you for always being there for me when I needed you, you will always be my baby... number 2. Our Mexi-ginger rooms were the best arrangement and you all became like my sisters. My multi-cultural friends, you know who you are, you were all great since the beginning, I won't forget any of you. As always, saving the best for last, Simon-Pierre, you became the best hello every morning and now the hardest goodbye. When I am with you, I thought nothing could get any better... and it did. It is because of you that I know what love really is. Toi et moi pour la vie bébé!

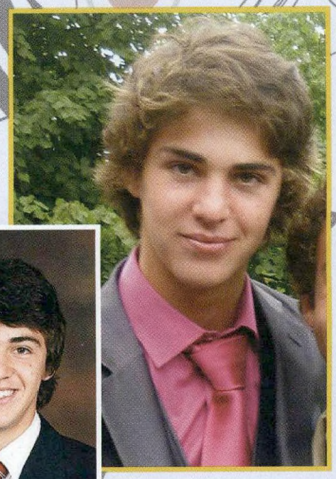
Eastlyn Victoria Bellamy

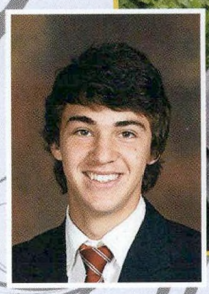




Two years, in under 250 words! I want to give a shout out to COLLEEN, my best friend/cousin/bath roommate for two years. Tons of memories, cottage trips, weekend movie marathons and rugby trips. Love you! My roommate ANDREA, you always made things fun and exciting when it was most boring, tee-hee-hee! "Mientes" Will miss you so much! Keep in touch and come visit!!! P.S. "You look like a sheep..." FABIOLA, you crazy half Mexican! Lots of good times here in the Stead! Don't forget: "JORGE & JULIO!!!!!" KELLY FORAN, my fellow blonde Ontarian! Many memories, closet sleepovers, still can't believe I've only known you for one short year, many more to come, "Good thing you've got Max!" BRITTANY & KELLY shout out: BATON ROUGE weekend! Will do it again soon guys! MAXIE PLANT(E) good times in Montreal and everywhere else, don't worry, we'll find Bishops Street next year... Montreal trips this summer, it's gonna happen!!! Lol Girls Hockey team, tons and tons of laughs this year guys, we did so well, over 40 wins, under 10 losses and a few ties! Trips= Bus rides= MAXIE sleeping through anything and everything. Lots of open seats but still sat with each other KELLS! EUROPE!! 4 hours in Italy, Kelly!!!! We won't be forgetting that trip anytime soon. Teachers and everyone else thanks for this year and last. Really helped me improve and move forward! Have a great summer ya'll!

Swann Boisvert





Firstly, I would like to thank my mom for giving me the opportunity to come to Stanstead College. Thank you to all the teachers and friends for a great year. At Stanstead I made a lot of great friends and I hope we won't lose contact, guys. Simon, Sauriol thank you for all the "sss." I don't know what I would have done without them. It was a great year with both of you guys pis les gars faut pas perdre contact. Fabiola, Rimpu fantastic four forever. When I first came to Stanstead two years ago I meet this amazing girl Michele Lessard. You really changed my life. Every day that went by my love grew more and more. I don't know what I can do without you and you are my everything. Next year will be so different without you but I know that we will be together forever. When I look at you, you put a smile on my face and you are always happy and that's why I love you so much. Whatever happens between us you will always be in my heart. You changed my life and brought much happiness. When I think of you I get butterflies and that will never change. I have some great memories from Stanstead and I will never forget them. Thank you.

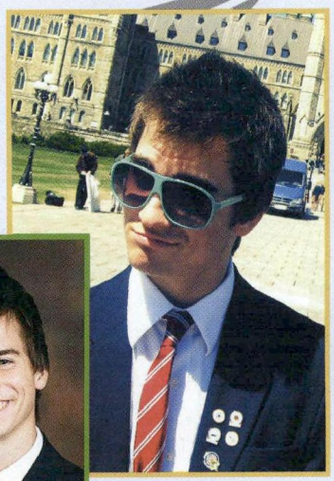
Jesus Antonio Bonilla Vazquez

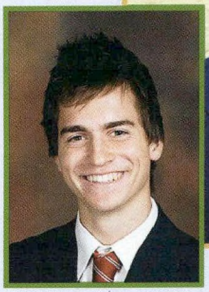




Happiness depends on what you can give. Not what you can get.
- Mahatma Gandhi

Simon-Pierre Boulos





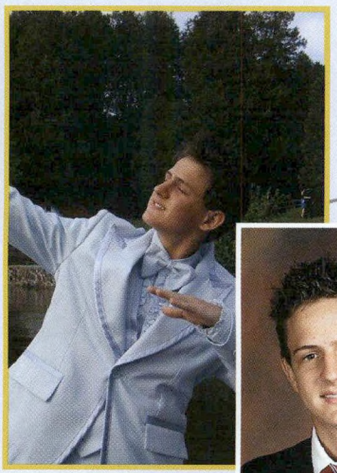
First of all, I'd like to thank my parents for the opportunity to study here at Stanstead College and for the great time I had for the past two years. Two years ago, I got here without knowing anyone and suddenly I made great friends that I obviously get along with. I'd also like to thank the coaches and teachers that helped me throughout the year. Swann and Sauriol...merci pour les sessions "SSS". Dan and Létourneau...VOUS ÊTES DES MALADES! Lecompte and Loïk vous êtes pissant! Daigle et Fortugno..on s'voit au shisha...VIVE LA SOFTNESS! The Mexican girls are loud but lovable! Rimpu...mejor amiga T QUIERO! Nic Lizarraga...i loved to see you this year acting like the dumbest person. Sorry for the people I haven't named but I need to write about the most important person I've met in my whole life, Fabiola Barraza Buelna. After falling in love with her in October, I was ready to give up anything for her to fall in love with me. February 7, 2010 is the day my dream became real. Since then, I've spent the best moments of my life and I wish it won't be over.. FBB, tu eres mi bbita para siempre y te amo mas que tu! PUNTO! Fabiola, I LOVE YOU MUCHISISISIMO my meatball, bbita, flakita, fea, super guapa novia! ERES MI MAXIMO! "We always said in a different time, a different place, we'd find a way to make it work" ...I've been waiting so long for you and I still believe in us and I hope you do too. Anyways, we're always BETTER TOGETHER. JE T'AIME BEBE!

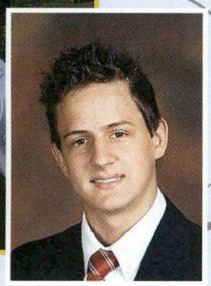




Amira Buchholz

As always, I will begin by thanking the persons who made this all possible, for making me have an experience out of the ordinary and being able to let me go for a little while... my parents. Thank you for always being there for me, I love you so much! These five months have been the longest and quickest of my life, since I had many ups and downs. It was very difficult for me to adjust to a new place, new people, especially new rules, but at the end, it was all worth it. Thank you to all my friends for always being there whenever I needed you, it definitely wouldn't have been the same without you. Especially Cat, who made me laugh all the time and always knew how to cheer me up. I can't wait to see you again at the Oktoberfest and meet a lot of 'random' people with you. I will always miss screaming 'CATHAAA' down the hall while waiting for her to get to breakfast... I mean breakfast is the best meal of the day, isn't it Lu?! Thank you roomie for taking me as I am and for all the nice talks we had. And Nicole, thank you so much for taking me to your home in Mexico! 14 out of 16... "I am in Acapulco 'Beach'" y estuvo de huevos!! Disfrutate amor! I want to thank my advisor, my teachers, house directors and coaches. I will never forget all the great moments and the close friendships here. Even if it was a short period of time, I know that when I look back, it will always bring a smile to my face. I'll miss you all!





Maxime Cadrin

Five Years... what can I say... well I can start with raptor (james vassilakis), MOC'D (scradio), bree-onidas(jv), SAVAGE(rd)... crickets, crickets... Use your thumb. No, the other thumbs (maria alverado), l'amour de ma vie(mp), omg he's so big!(max daniel), eeeeeuuuuu.... Sssssttttuuuuupid! (rd), that's Dindy!(rd), crackhead(jv), how did I make it so hard? (ma), woa there captain badass(jv), yo, man you're so gone, you're so gone.(me), GREEN APPLES! LITTLE PIGEONS! YEAH! (jv), put it right there!(rd), Crikey mate this be a rare species! (jv) ug tug (rd) Air Raid!(mc) om nom nom (rd) what did you shoot today? ... 23... on the first 5 holes? No on the second... (golf) Oh snap! (rd) ta tada!(lo) Robyn Diamond "Jester in the court of Cadrin" (jason corcoran) Yo robyn COD? Nah, man I don't feel like it (rd) what a downy (jv) I QUIT! (mc/golf) ... just a taste of boarding... To anyone else, well I just forgot you... To the faculty, well you know who you are and for everything you have done for me thank you.
"I may not be the flame that lights the world, but I guarantee I will be the spark that ignites the flame."
- Max Cadrin





Ann Fernanda Coindreau

My experience at Stanstead College was the best I've had so far, everyone was so nice. During this year I learned so much stuff, including sports and especially about all the different cultures in the school. I will never forget my teachers Mr. Rioux, thank you for all your classes. You taught me to see history in another perspective, your classes were great. Mr. P you are the funniest teacher ever. I will never forget all the friends I made here and I hope we keep in touch. During this school year I had the opportunity to play three different sports including two I've never played before. Mr Ross & Mr Prevost, thanks for helping me in x-country running. Mr. Van Dyke, thanks for all everything you taught me about basketball. Ms. Hessians your rugby practices were great. I will never forget all the school trips during the breaks, they were great, also the Ottawa trip with the Grade 11s, I got to know people in my class that I didn't know before. Thank you to all the people who helped me make this year the best of all. I will never forget you!





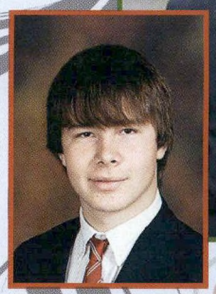
Catharina Czech

First of all, I want to thank my parents for sending me here. I had a great half year full of new experiences. Thanks to all my friends I found here, it was great getting to know all kinds of different people. I had some really good time with Amira, the Germans. The time wouldn't have been the same without you and our unplanned weekends. I will miss you guys here.

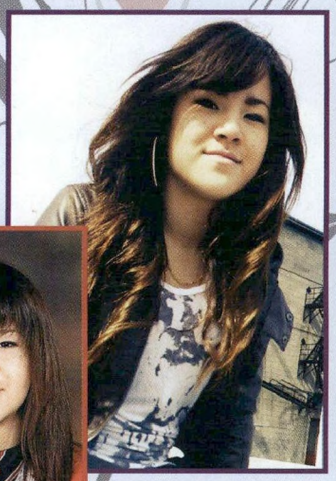
Robyn Diamond

Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.
- Herman Cain





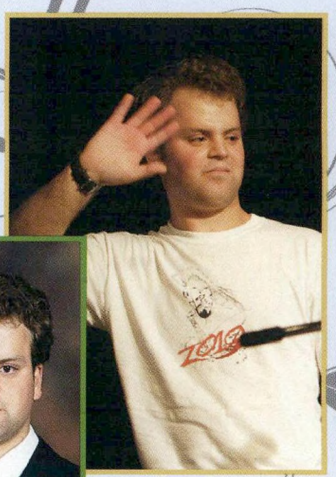
Blanche Du Sault



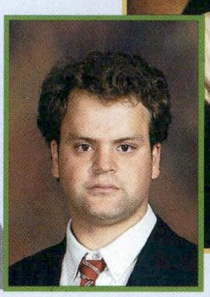
Wow! Already five years have gone by at Stanstead College... Such a long period of time but yet it feels like Grade 7 was only a few days ago. And here I am now writing the few words that will be the remains of my life here. Of course I'd like to start by thanking my parents for providing me such an experience. None of this would've been possible without them. And now, for my besties, Dawn Namagoose & Cynthia Kim; the ones that were always there through it all since my very first day here, through the ups, the downs, tears and laughs. Never would I have been able to do this without you and you'll always be part of me: I love you chicas! Holla at my girls Anchi Bih (ma hood homie), Natasha Podd (my national treasure), Emilie Gamache (de Blainville) and to my guys Pietro Anto (the italiano), James Vass (my metalhead) and Bobby B (my study buddy): we'll see each other after school, I guarantee. Finally my prefects Margarita (Seapod), Gabie (Fabrielle Gleming) and Flavia of course my roomie! And to all the others, thank you so much for awesome years. A special "thanks" to Mr.G, the greatest advisor. So, here I am after all the report cards, the rugby tackles, the hours of exams, the Café Cappuccinos, the pool games in the Student Center and the countless hours of good times, looking back at it all. It was a great, an amazing experience and I have no regrets... goodbye everyone. Time for me to peace out!



Daniel Farca Fernandez



First of all, I want to thank to my parents. Without them, this experience wouldn't be possible. Then I want to thank all my teachers, coaches, my advisor and my friends for their support throughout the year. Before getting to Stanstead College, I asked myself: Am I ready for this new step in my life? Yes I am ready. I had never been to a boarding school. This year at this school was amazing for me.I learned a lot of things like understanding better the world, how to live by myself, I learned more about hockey because of seeing the game and living in a country where it is their national Ssport. I had never traveled a lot so consecutively in a year because of the breaks but my parents and the school give me that amazing opportunity. Also I had never been in Quebec before, but right now I say that it is an amazing place. I learned how to play squash, which is now my favourite sport with a racquet. I want to continue playing it in Mexico and get better and better. In the last term I decided to play softball because it's a funny sport. I'm convinced that I'm coming to visit Stanstead College again. I will always remember all the memories that Stanstead brought to me. I think that one of my best memories was when I was finishing a soccer practice, and Mr. Chandler told Jae and me, "Guys, come here please. See how the sun is going down." That view was spectacular, and he told us, "This is Canada."



Colleen Hamilton



Two down one to go. A few special people and memories of this year: First of course my roomies Fabiola (i love you back and you were the best roommate i could ask for), Andrea (me guesta tu coolo) and Eastlyn (my cousin and best friend) even if you're not ginger anymore. Seriously the best room ever. Also my (Doug) wolfpack, Nick (Alan/tapet) and Ann (Phil), good times at advisee dinners. Felix, my ex BFFL, im glad were friends again even if it's not like before, gonna miss you next year Fifi!! Malada Salami the terrorist, allstar b-ballers!!. Anchi the fetus, one day you will be born and become a big kid. Fabrice, best friend, we still got one more year. Gotta thank my big bro Corey, were not the tightest but i know you'll always be there for me when i need it. I'm gonna miss you next year, weve never been apart! And last but not least my baby love muffin James. I love you +1 to everything you say. I can't believe you're not coming back... </3 but you were the biggest and best part of my year. It would have been nothing without you. There's too many memories and thoughts to write here. I love you. What am I going to do next year without you all??







Emma Elizabeth Hinton

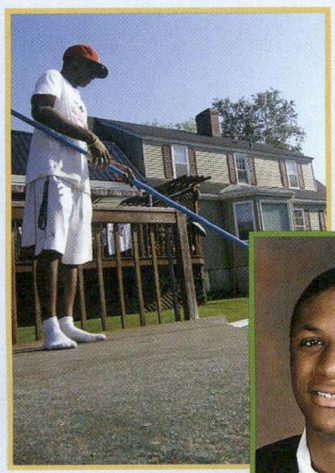
Had a great time this year with you guys, fun classes and sports. Outdoor Pursuits, great sport, soooooo intense, and all that apple picking was exhausting, seriously. Squash was epic, all that sitting around in the gym with Carla and hanging out in the bleachers, so much fun guys. Softball was most fun of all. Robyn's crazy goose call and Liam's oregano in the barn, good times. Grad was amazing too. Now I'm off to Whistler to see around. Feel free to visit for some powder skiing.
"live for the nights you can't remember with the friends you will never forget"

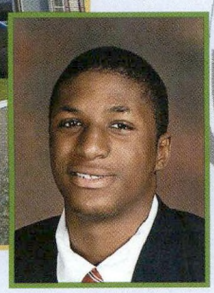




Tiffany Huang

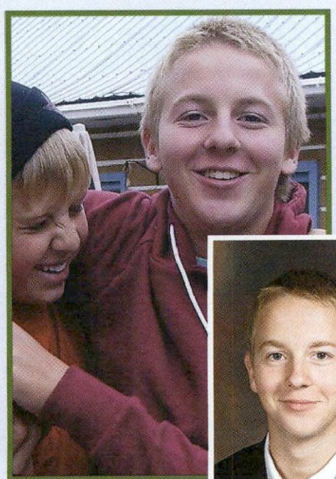
So many gods, so many creeds,
So many paths that wind and wind,
While just the art of being kind
Is all the sad world needs.
- Ella Wheeler Wilcox





Fabrice Joseph

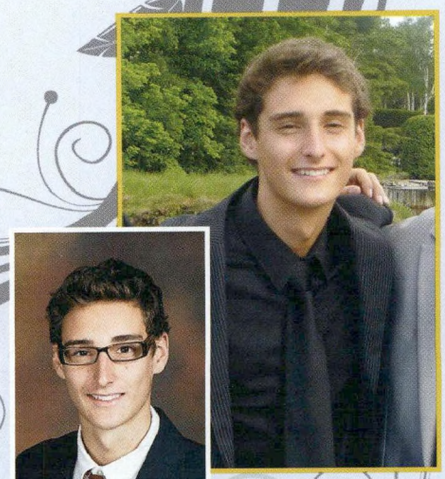
One more year baby! Mommy and Daddy, I love you both a lot. I don't know what I would do without you two in my life. My Boyz Ngwa, Felix, In Won, and Bauer, I'm going to miss you guys'next year. Good luck in college. I'll never forget the inside jokes and the crazy times. Ngwa, the most chill and funniest black guy I ever met, you were like a brother to me, stay true man. Felix, damn u make me laugh 24/7, I'm going to miss your dancing and your stupid sarcasm. In Won, my first Asian friend, gosh you're crazy. One thing I'll never forget is when you thought assault and battery was when someone assaulted another person with their laptop charger, lol, and I encourage you not to tell other black guys their hair is nappy. Nike Bauer, Imma miss your corny behind, "DAMMMM" "Bauer I know your looking too." Never forget our friendship, boyz, BrosTilDeath. Dawn, your're one hell of a girl. Good times and bad, we still manage to stay close with each other. Imma miss you next year, I'll never forget you. Anchi and Chelsy, my two partners in crime and my lilsisters. Anchi slow down haha. Chelsy I think that boy is good for you. We got the best advisor group. Everyone else Corey (The Read head), Juliet (ah oh here she comes), Margo (fish...), GF, JV, Fabiola, Andrea, Frank, Alex, Felix W, Pietros', and all that I forgot. I'll miss you guys.



Kevin Koschitzki

As you might know, this was my first and unfortunately my last year at Stanstead. This year was probably the best experience I've had in my life so far and I'd like to thank my parents for giving me this great opportunity. I learned how living in a boarding school really works and thanks to my roommate Etienne and his guitar, I appreciate loud music a lot more. You were a great roommate, Etienne, and even though we had some fights sometimes, I think we did a pretty good job in getting along together. I'd also like to thank all my other friends for the great year you gave me and I hope that you'll come visit me in Munich at some point, especially my good friend Bobby who really needs an image of what Germany really looks like. I really hope that one day I'll see you guys again so we can share these great memories we've made here. It was a great year!

Raphael Lacerte



Before anything, I would like to thank most particularly my mom and the rest of my family for giving me this opportunity to study at Stanstead. I could not imagine all the great things I did this year. I will never forget my first football experience, our incredible hockey season that we had even if we did not win everything we should have. Thanks to all my coaches, teachers and most of all my friends. I can't say all your names because it will be too long but this year would never have been the same without you. I really enjoyed my first year here; and I hope next year will be similar to this one. For all Grade 12s, good luck in your future life, and for the Grade 11s... see your next year!!!

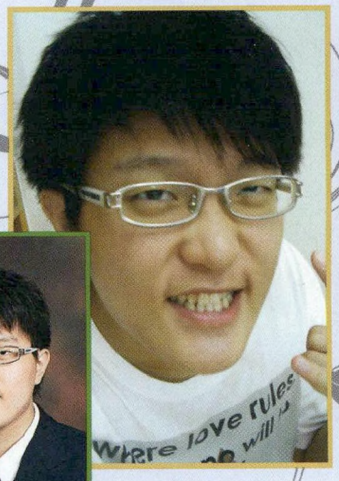
Felix Larrivee





First of all, I just want to thank my parents for giving me the opportunity to go to Stanstead College this year. They made sacrifices for me all year long and I want to thank them for that. I really enjoyed my year at Stanstead College in various aspects. It has been great moments of laughter and competition in sport. Even though I never really played soccer before, Mr. Chandler gave me the chance to play and to improve my skills. I also played hockey on a very good team this year and had a very good time. Moreover, I played more than I expected and I really want to thank Mr. Rioux and Mr. LaPerle for the great show of confidence in me. Sport is an important part of my life and I discovered some great moments in learning tennis. Stanstead College is a great school for academics. It gave me the opportunity to learn English throughout many subjects and all that in small classes. I must say that a typical day of school in Stanstead is really busy and tough but it's worth a try. This year I learned like I never learned before. Every class was so interesting. Most particularly physics with Mr. Van Dyke. He is a great teacher and always finds ways of being funny and interesting in his classes. Every single teacher cares about your success and is always happy day after day. Leaving aside the sport and academic, Stanstead College helped me to become a better and autonomous person. Finally, Stanstead College gives everybody a sense of being home while being at school. I will always remember Stanstead College as my best year at school so far.

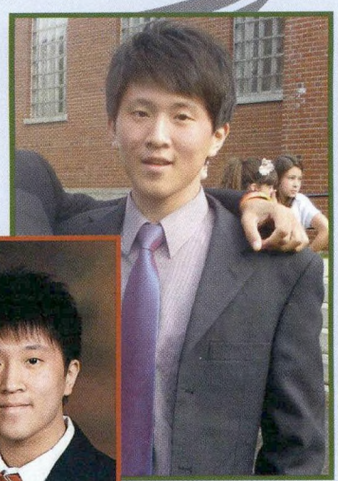
Alex Lee





Another year has gone! I am so surprised how the time goes so fast. I can still see in my mind the first time I came to Stanstead College, knowing that I have to stay here for a long while. "This will be the best time of your life" they said. I was totally like an innocent boy; all I knew about Canada was nothing, except one thing, I knew they loved hockey like crazy Honestly, I spoke very poor English at the beginning of my journey to Canada, but after three years the whole thing has changed. I am really appreciated and have gratitude to my parents. Thanks for giving me an opportunity to study at Stanstead College, and I know although it was really hard for us, we went through it, and nothing will really seem like a struggle again. I love you, Mom and Dad, without you I wouldn't be myself today. I would also like to thank all my friends that I had this year; you made my life at Stanstead College splendid and shinny, I can't even imagine that some of you I might not get to see again for the rest of my life, but I guess that's the meaning of being in the life. Anyway, thanks for everyone who made everything possible for me, and I am sure these years are the best time of my life, as they say.

Frank Lee



Three years have gone in a flash. I was in Grade 9 the first year I got here. I've been here for three years already. My time at Stanstead College has really changed my life. Thanks to lots of wonderful teachers and friends I met during my time at Stanstead. Thanks to Mr. Van Dyke, the best advisor ever, thank you for taking care of me so well for three years. I will never forget you and what you have taught me throughout these years. If it weren't for you, I would not have had such a good time at Stanstead College. Thanks to my basketball coach this year. It was my first year in senior. I learned a lot and hopefully I will get better over the summer and have a great basketball season next year. Senior years passed much faster than I thought, but I enjoy myself at Stanstead College with my friends, Felix, Fabrice, Fabiola, James and all the others, I am going to miss some of you next year if you are not coming back, but I will never forget you all. Lastly, I would like to thank my parents for giving me this great opportunity to study at Stanstead College and I really have great experiences here.





Dawn Namagoose

First of all, I'd like to thank my parents for EVERYTHING. You were there whenever I needed you. Thank for the support and encouragement in all of my years here. Jasmo, I love you sister. KEEP GOING! If I did it, you can do it! It will all pay off in the end, trust me. CYNTHIA, we'll be very close to each other in the fall so I'll be able to see you a lot, thank god for that! But anyways, thank you for being my bff and always being there for me. You'll always remain in my memory, you crazy Korean! BEEE, 1st roomie ever hahaha...ill miss you a lot next year, it won't be the same without you around. You're one of the best and I'll never forget all the good times we've spent together. Stay in touch Bee. ANCH: guess what? You were my first black friend hahaha I LOVE YOU + I'll miss you a lot. I'll also miss you coming in super late for breakfast lol... Dominate next year in bball season along with chels. CHELS, wow...after 4 years, we're parting =(..Thanks for always being there whenever I needed to talk to someone, you always cheered me up. Ill miss you very much and ill miss our sundaes. To my senior Crees, all I got to say is...SISKEHHH lol. HEYYY MR PARKERRR, I'll miss you very much, you're such a gentlemen! You'll be in the NBA in no time, u got skill and I believe in you =) I'll never forget you, I promise you that! Good luck next year to all graduates!

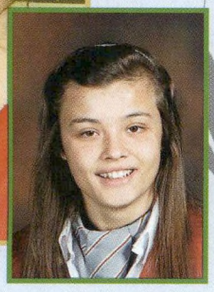




Lucia Ortega Sampson

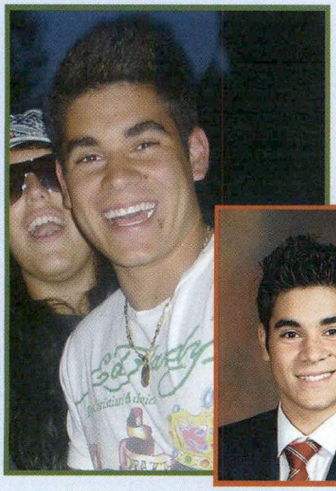
Without my parents, nothing of this would have ever happened and I am greatly thankful for this opportunity. I'll always look back as I walk away, and know these memories will last for eternity. I may not have gone where I had intended to go, but nevertheless I believe I've ended up where I needed to be. Living by myself in Stanstead for a year made me realize I want to live independently, love my friends and family, do what I choose to, enjoy my life, fight for a better world, create more dreams and then meet them. I assume I have most of my life ahead of me, and I want to see happen what I yearn for today. My French friends, you are A.M.A.Z.I.N.G., and I love you<< including my Mexican/French/Italian friends>> Felix, I promise I will help you with your Spanish lessons back home... I'm down to it! And for the friends that became sisters... thanx for all the memories, one million pictures will never be enough to describe my crazy times with you! LAASSAAAMOOOOO ((Fabrice tone)) Life is too short, and I will cry because time is passing too fast and I'll eventually lose someone I love. They can take the future that we will never know, the places we said we'll go, and all our dreams... but they can never have yesterday. Mi amor, you made me very happy since the very beginning and I hope for the day when I find me back in your arms again, but until that day...93858037 butterflies are forever yours. Je t'aime a la folie pour la vie mon amour. X0X0





Maxie Plante

This year at Stanstead College went by so fast! I'd first of all like to thank everybody who helped me get through this year. Thanks to my parents who made it possible for me to be here and live all these amazing moments. I had lots of great times this year. I came last-minute especially for hockey and I couldn't have taken a better decision. Even if I think about the herbies and the practices at 6 am! Europe was 10 days I'll never forget and I still keep trying to remember some parts of it! Sharmander and Beast, we've got to go back to that Irish "place" one day!! I had a great time with you guys. This year was so busy that I think I didn't take advantage enough and it's now that I realize that I don't have time to do it anymore. I want you guys to know that I had really great moments with some of you! For the Mexicans, I just want to say that if I see you guys back, saying "hi" before you laugh would be nice!! Prom was pretty amazing, looking forward to next year again! I'll never forget any of these moments, I hope I'll see you guys again! Love you all!

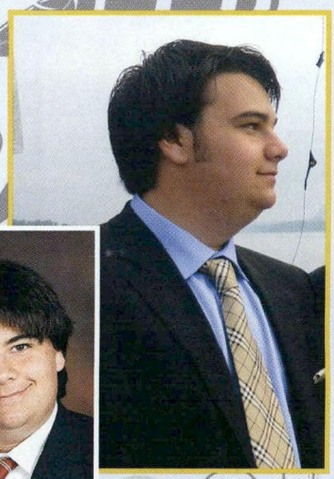


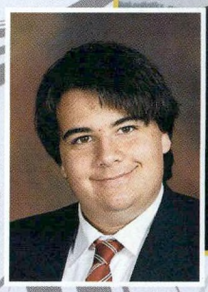
Pietro Rizzuto

Wow! Already two years. I can't believe how time passed so fast. First of all I would like to thank my parents; this has been the best two years of my life. I am going to miss Stanstead a lot!! The first year which was my tenth grade year, I met a lot of new people and made a lot of good friends. This year my friends that I will never forget are Francois Roberge, Vincent Lecompte, Loik Lessard, Pietro Antonelli and Swann Boisvert, I will miss you all. The class that I liked the most this year was Mr. Rioux's History class; I learned a lot and I really like how Mr. Rioux teaches, always with a punch in everything he says. Davis House!! The best house on campus, a lot of good memories and amazing times, I will miss everyone here, and I am never going to forget these two years at Stanstead College.

Thank you, Mom and Dad.

Francois Roberge

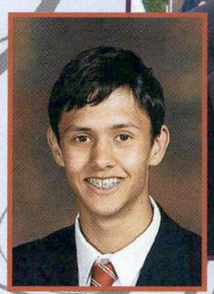




First I would like to thank my parents for giving me the opportunity to study and be with you guys. Two years have gone by and I will always remember my first day here until the last one. I met lots of people who will always be my friends like Pietro Rizzuto, Loik Lessard, Pietro Antonelli, P-A Aucoin, Raphael Lacerte and Vincent Lecompte. Thanks guys for these two years it was great. I will always remember the Wednesdays at Subway or the Thursdays that we ordered Coq because we were tired of Stanstead food. Also I will always remember all the fun moments in Davis, the best house on campus. I also loved to play football this fall with Swann Boisvert on the offensive line and Simon-Pierre Boulos the running back. I will always have good memories of Stanstead and you guys. Let's keep in touch.

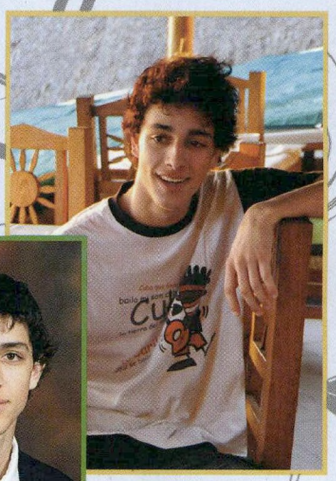
James Savory

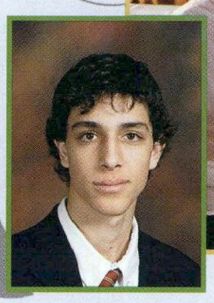




First of all, I would like to thank my parents, teachers, coaches and advisor, Ms. Gittens, for all their help and support throughout the long school year. There are really so many things that I will remember from this year, from my first Senior Boys Basketball practice, to walking dogs at the animal shelter for community service. It's been a great year capped off by an incredibly exciting Grad night, and I can't believe that it's finally coming to an end. Finally, I'd like to let all my friends who are not returning next year know that they will definitely be missed; I wish them the best in their future and hope to seem them soon.

James Vassilakis





Wow FIVE YEARS... ok, Bugbee yeah... no. grade 10 was my nerdy year, robyn we played so much damn warcraft 3 I think we might have played almost 4 hrs a day or more, see u in Kil Jaeden bro. Max, I know man it's been a long time and i've given you a lot of crap but srsly I'm glad we became friends this year and we can chill, thx for not holding it against me, cyu in the real world. Blanche, brah we had some chill times and then not so much lol, tty nxt year at Cegep. Corey u penny pincher, we had good times broseph ima miss it u were a good friend to talk to. Ah chris, you money and business fiend, its been a good year man, you are an awesome roommate. I'm gonna miss all you guys, you have been sick friends I couldn't have asked for better. Ok BABY of course I didn't forget you, Colleen I really need to thank you for the year we had together. From the second we took the walk to get ice cream I knew that you were special, you really got me through this year, ive learned so much from you, how to be happy, to love, A SENSE OF HUMOR, that I can be romantique, I can't write in here how much I LOVE you and how great u really are, you were an amazing friend/girlfriend and u were always there when I needed u, especially for that one trip we took... XD, u are so beautiful and amazing, never let anyone tell you otherwise. Of course, Mom and Dad, thanks for these five years you put me and helped me through and for not giving up on me, it was more than amazing what you did for me, thanks again. Mike, thanks for the support through the years, you have always been a good big bro.

Felix Wang



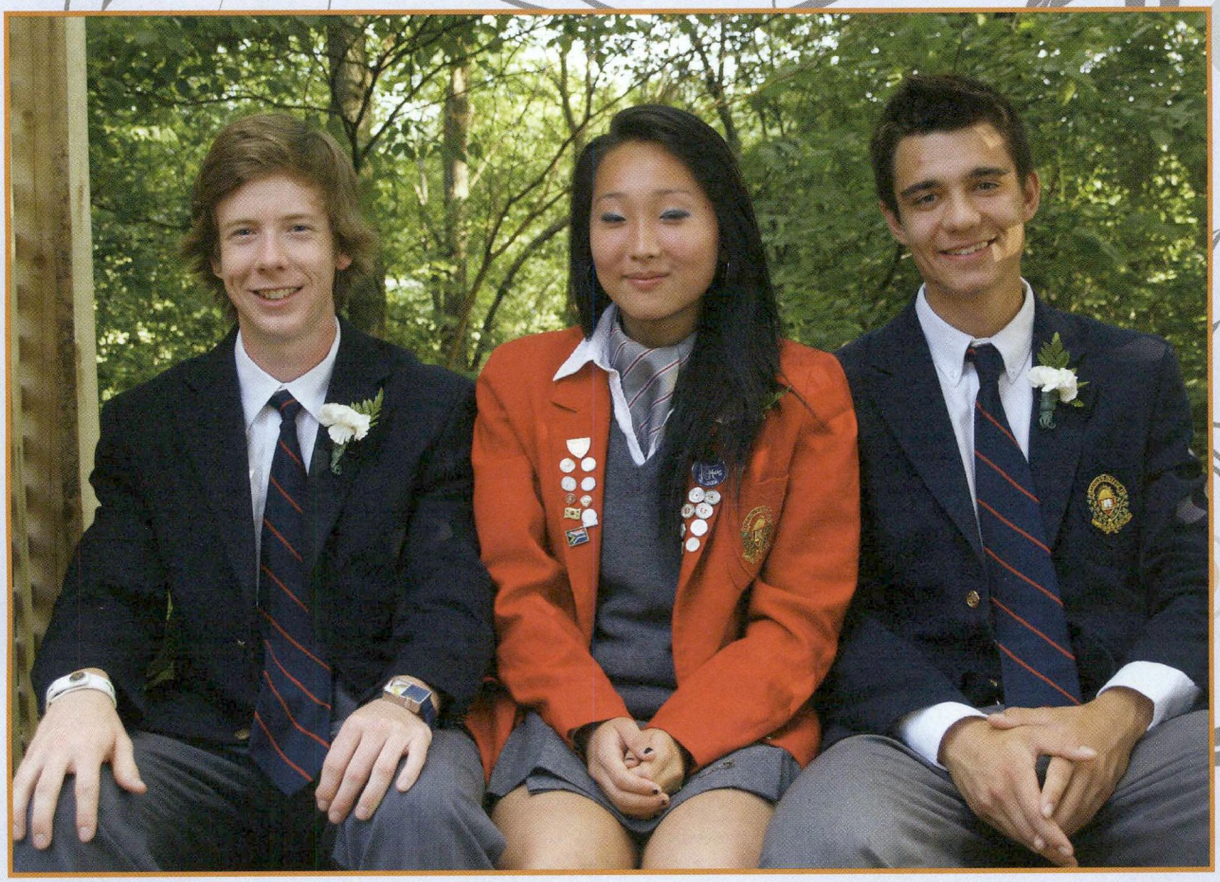
First of all I would like to thank my parents for working hard to give me the opportunity to study at Stanstead College. I'd also like to thank all the teachers and friends who helped me through my education process. Wow!! Four years in Stanstead have gone. It has been a great experience in my life. I don't think this experience could have happened without all the Mexican friends, Quebecois friends, American friends and all the lovely "ASIAN" friends. Thank you all of my friends who made this experience happen. Thanks to the prefect group members and Mr. Grenier. I learned a lot from each and every one of you. (Teamwork, Leadership and Friendship.) Thank you to all the Bugbee House members who made this year a lot of fun. Thank you, Mr. Chandler, for giving me a lot of advice every time after duties. Thanks to my wonderful and beautiful roommate, BOBBY B., you have been my alarm clock, friend and English corrector throughout this year, and I loved you as my roommate! Rose, thank you for making these two years so much fun. You have changed me a lot. Thank you. I know you are pretty nervous for your future, but I have to tell you, you are ready for this! Go For It ~ At the end I would like to thank every single student and faculty member. Good luck to everyone. Futures are always there waiting for us. Go For It~ and make it happen.



Annik Williams

Kindness is the language which the deaf can hear and the blind can see.
- Mark Twain

Six-Year Club



Gabriel St-Pierre Cynthia Kim Nick Bauer







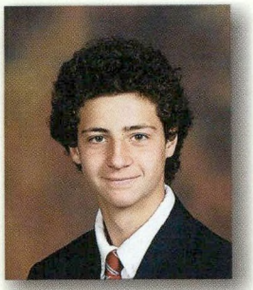

Undergrads

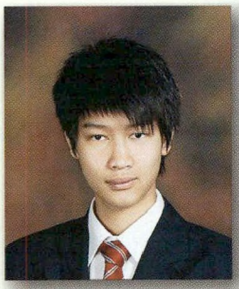


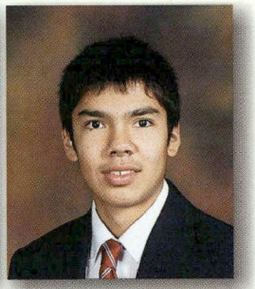
Art by Carlos Camarena

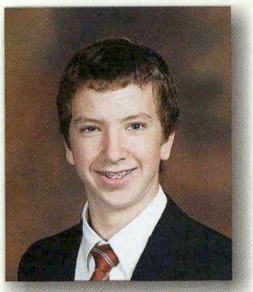
2009-10 Grade 10 Class

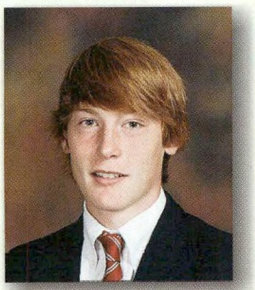

Michelle Baillargeon


Elric Boisvert


Tse-Ming (Jethro) Chang


Justin Coon

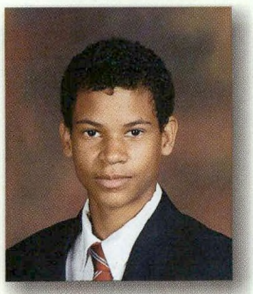

Jason Cowen


Maximilian Daniel


Fernanda Diaz Tijerina


Zhouying Duan


Kelly Foran

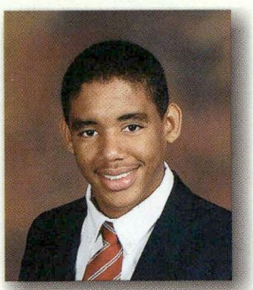

Sean Fry


Emilie Gamache


Ann Gutierrez Velazquez


Ney Manuel Gonzalez Mejia


Kasey Elizabeth Gallagher-Brackett

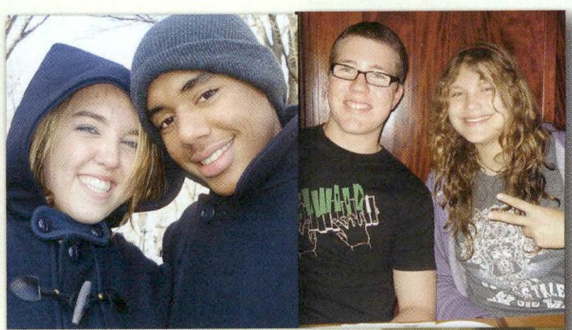

Christopher-Mich Hodge


Benedict Lang


Sarah Lefort


Chi-Hong (Peter) Lin


Nicole Lizarraga De Anzoren







2009-10 Grade 10 Class



Chelsy Martin



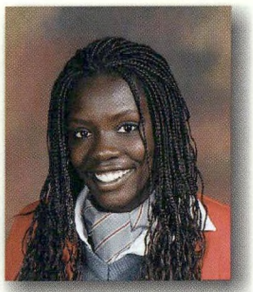
Carla Maria Moises Mena



Hailey Nadeau



Charlie Ng



Anchi Bih Numfor



Alyssa Palmer-Dixon



Natasha Podd



Christopher Savory



Etienne Scraire



Sean Scribner



Luisa Sofia Sepulveda Castaneda



Ana Paola Solorzano Bernal



Ryan Smith

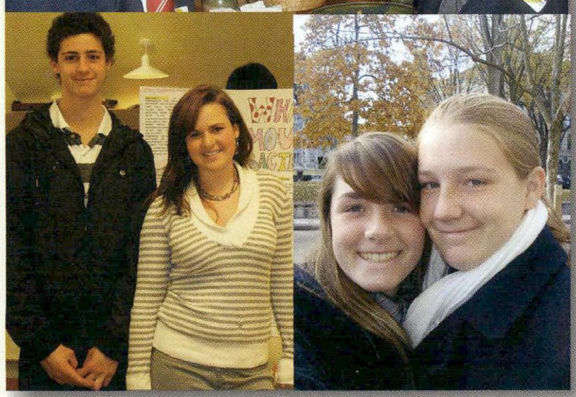


Carl St-Jean



Elliot Vaillancourt-Girard







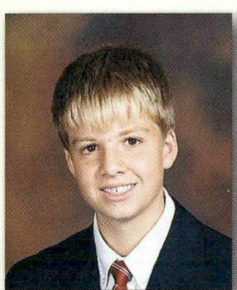
Lei (Rock) Wang



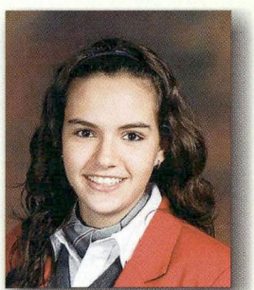
Yu-Ying (Vivien) Wang



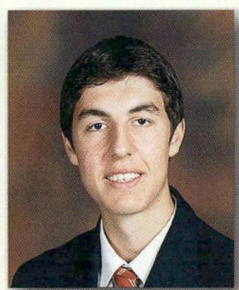
Thomas Wenzel



Campbell Wolfe

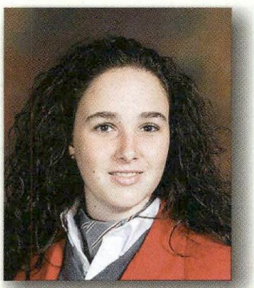


Maria Teresa Yarza Ruenes



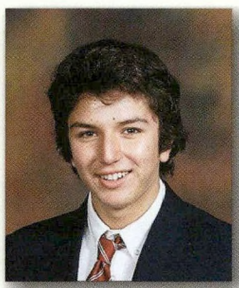
David Zal

2009-10 Grade 9 Class


Karla Barrutieta

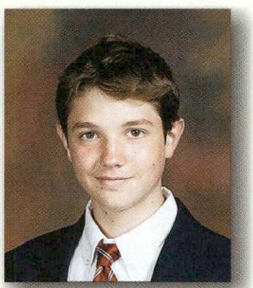

Chantal Bedard


Jordan Buck Thompson


Carlos Jesus Camarena Villa


James Cloutier


Amanda Eberhardt

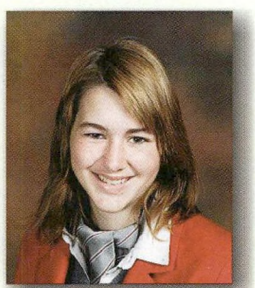

Alfonso Gonzalez De Cossio D


Liam Gribbon


Kody Halikas


Joseph Douglas Harvey

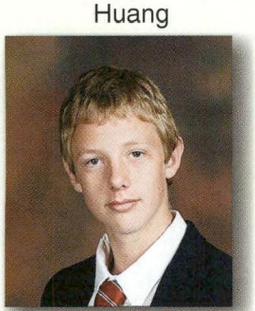

Ching (Jacob) Huang


Estelle Larrivée


Sarah Lessard


Spencer Martin


Madina Martineau


Andrew Norris


Daniela Ortiz Cortes


Anthony Pasquale


Marco Budib Rodriguez Pacheco

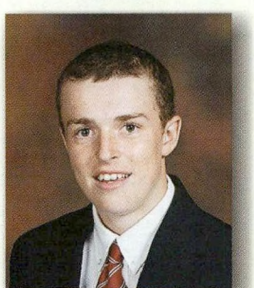

Catherine Quirion


Adrian Tame Jacobo


Abigale Vanluvender


Zi Yao Yang


Jaehyun Yoon

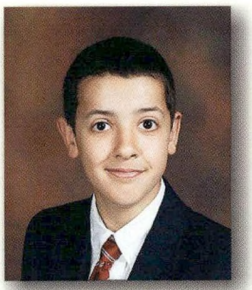

Lucas Zwaagstra

2009-10 Grade 8 Class


Daniela Hernandez Timeus-Alois


Emiliano Monterrubio Bonilla


Tom Boulanger

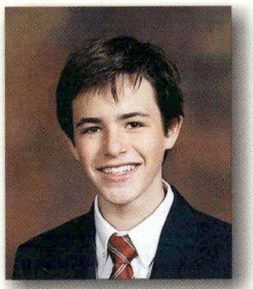

Alex Clermont


Spencer De La Bruere


Frederick Fleurquin


Charly Gilpin


Julia Gilpin


Enrique Gavito Sarravia Gonzalez


Andrew Jean


Noemie Larrivée


Meghan Martin


David Marx


Paul Miller


Valeria Trujano Murillo

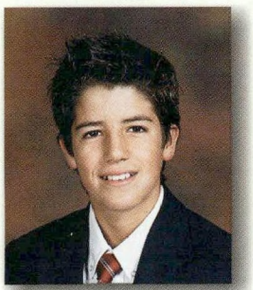

Jasmine Namagoose

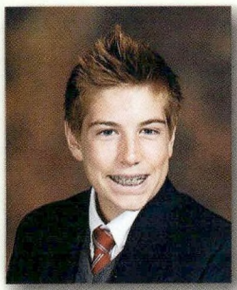

Emily Norris

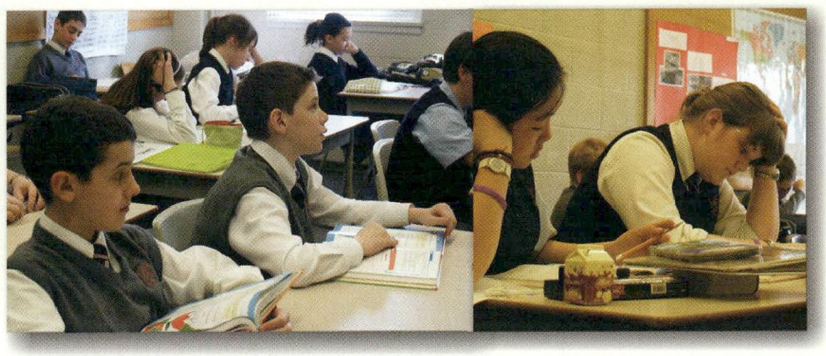

Fernanda Politanski


Jessic Tomeo

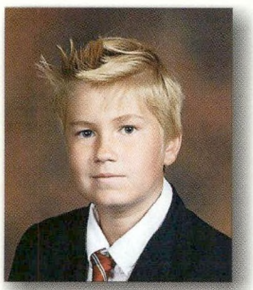

Jonathan Tremblay


Jose Luis Murrieta Villar


Malcolm Wood-Downey



2009-10 Grade 7 Class



Jonathan Archer



Santiago Bonilla Monterrubio



Lyanne Carruthers





Jean-Samuel Couture



Janine Diamond-Erless



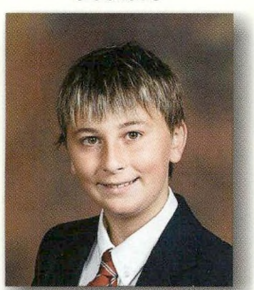
Wyatt Kimball Hamby



Jose Abraham Iza Pepping



Jordan Norris



Paul Roberge



Madyson St-Pierre



Aisha Weider-Savoie



David Wood-Downey



Zi Qing Yang

2009-10 ESL



Chrisanta Roel Echevarrieta



Yuan Liu



Frida Picazo



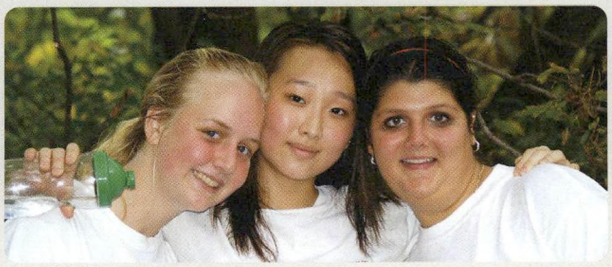
Ming Yi Tang





Residence

Webster House























Davis House







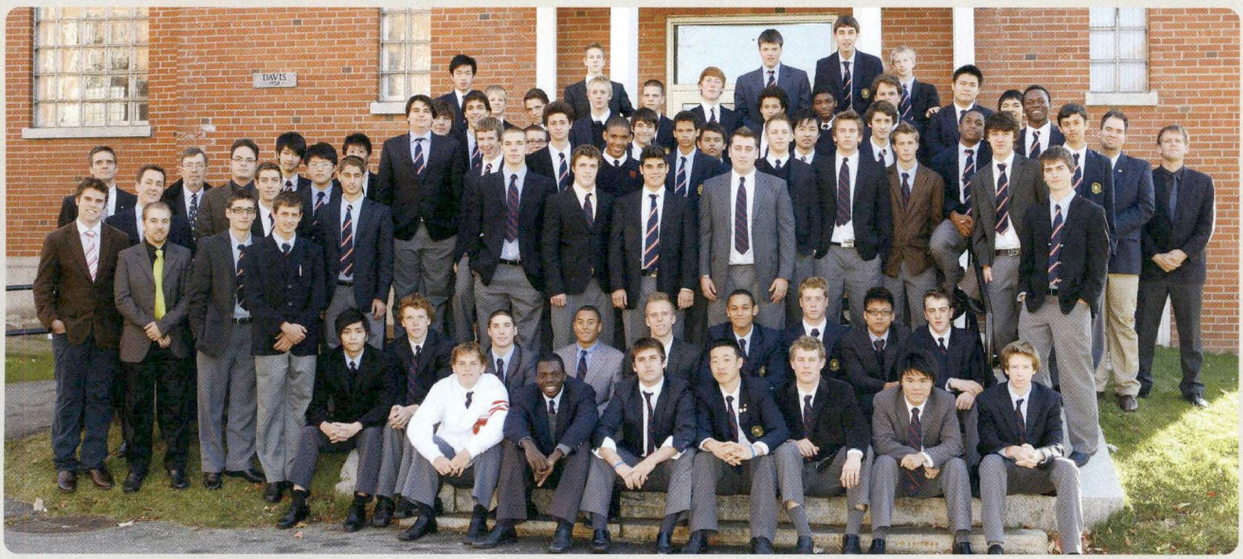






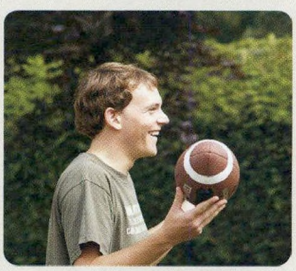










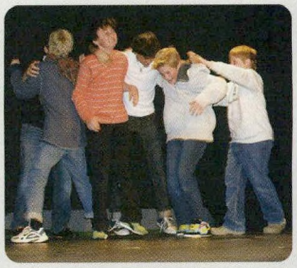




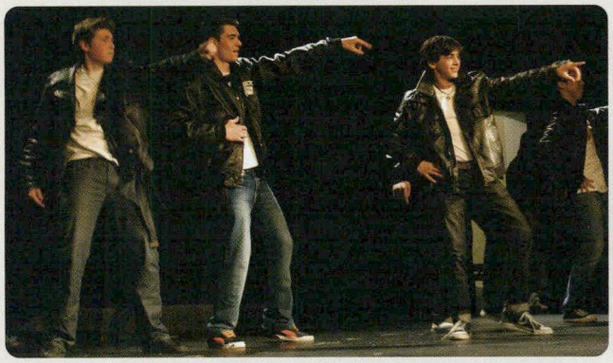
Bugbee House















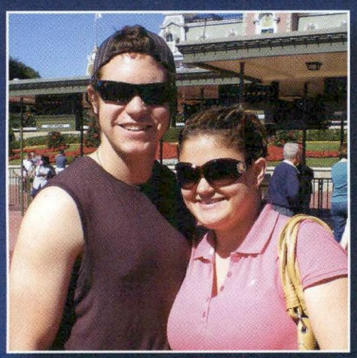


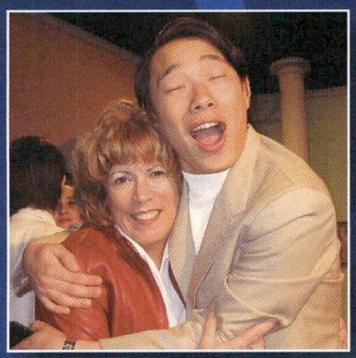




Colby House

Gaps









Tom McDouall, Casey Crothers, Vinnie Chen, Isabel Jenss, Claire Fenwicke

Exchanges



Nils Behncke

Arthur Lloyd

Denbigh Burrows



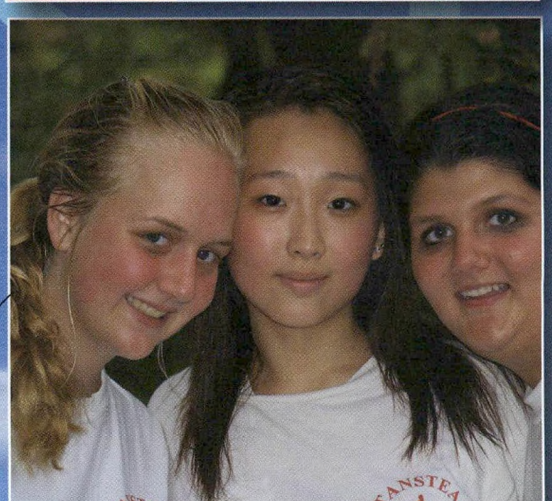
Mbali Gwamanda





Charne Penfold

Sophia Kattenbusch



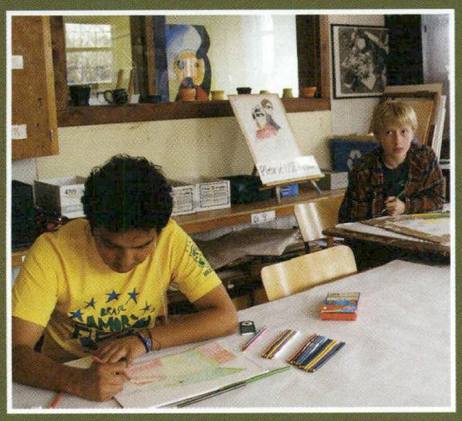


Art by Carla Moises

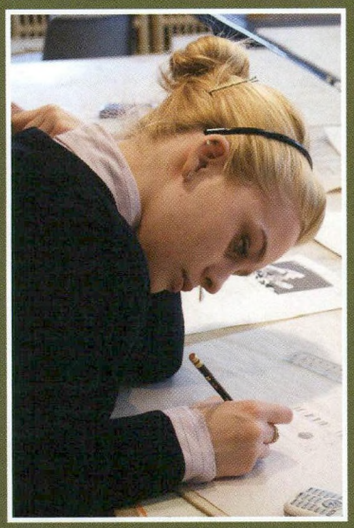
Clubs

ART

Margarita Acero, Eastlyn Bellamy, Jesus Bonilla, Jennifer Corriveau, Fernanda Diaz, Blanche Du Sault, Emilie Gamache, Ann Gutierrez, Wyatt Hamby, Estelle Larrivée, Noemie Larrivée, Madina Martineau, David Marx, Carla Moises, Sara O'Connor, Ann-Sophie Plinkert, Ana Paola Solarzano, Gabriel St-Pierre, Abigale Vanluvender

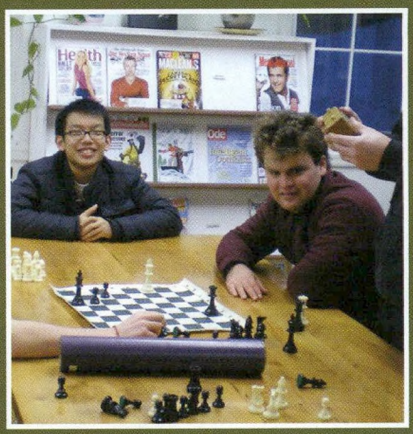






CHESS

Tom Boulanger, Jean-Samuel Couture, Daniel Farca, Andrew Jean, Charlie Ng, David Wood-Downey, Malcolm Wood-Downey

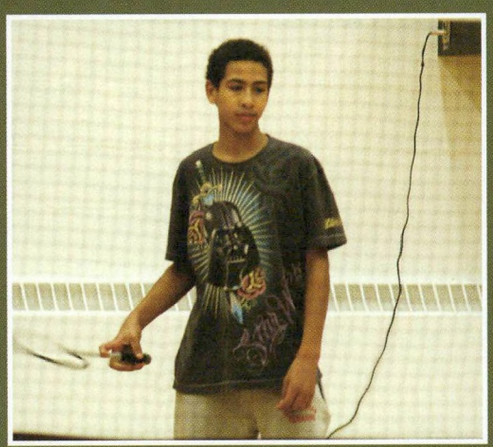




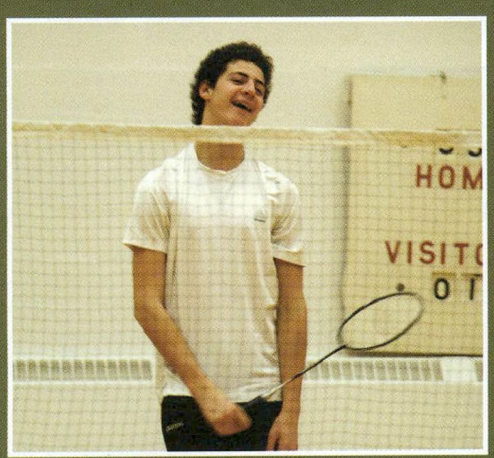


BADMINTON

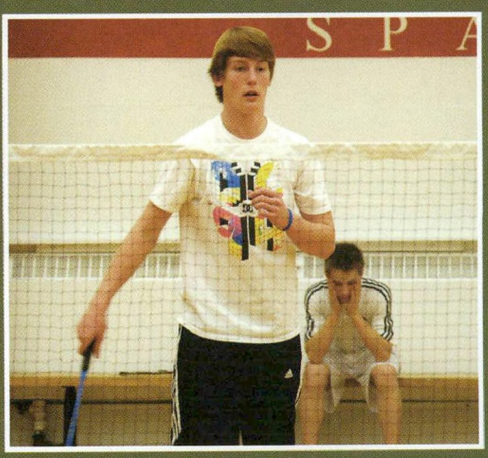
Jonathan Archer, Eastlyn Bellamy, Elric Boisvert, Swann Boisvert, Jordan Buck-Thompson, Jethro Chang, James Cloutier, Justin Coon, Max Daniel, Spencer De La Bruere, Zhouying Duan, Julia Gilpin, Alfonso Gonazlez, Anand Kantharoup, Emily Norris, Jordan Norris, Roger Peng, Paul Roberge, Carl St-Jean, Charlie Su, Jonathan Tremblay, Elliot Vaillancourt, Thomas Wenzel, Zi Yao Yang, David Zal

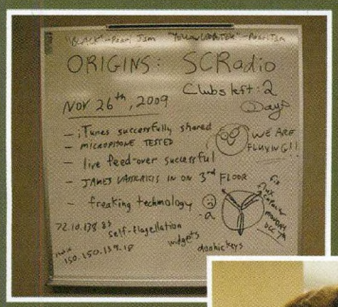






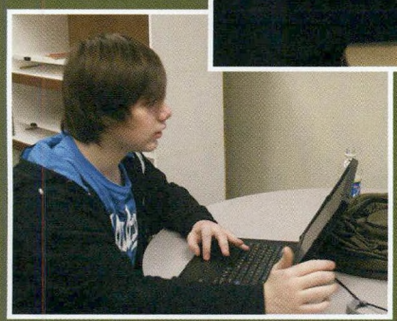






Max Cadrin - Moc'D
Robyn Diamond - DJ Savage
Lucia Ortega - DJ Smore
James Vassilakis - Bree-onicus





RADIO

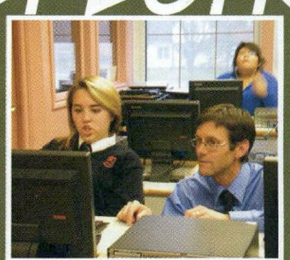
INVE$TMENT

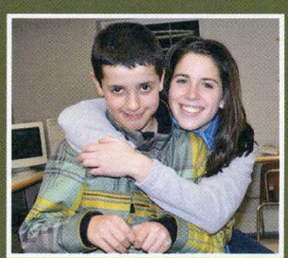


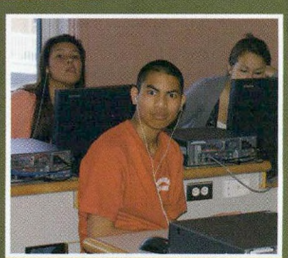
Felix Boisse, Swann Boisvert, Simon-Pierre Boulos, Vincent Lecompte Noel, Rose Lee, Loik Lessard, Anthony Pasquale, Pietro Rizzuto, Francois Roberge, Felix Wang

SPECTRUM











Nicolas Bauer, Tom Boulanger, Kasey Brackett, Alex Clermont, Janine Diamond, Gabie Fleming, Fred Fleurquin, Charly Gilpin, Julia Gilpin, Liam Gribbon, Corey Hamilton, In Won Lee, Meghan Martin, Paul Miller, Valeria Murillo, Jasmine Namagoose, Emily Norris, Jessica Tomeo

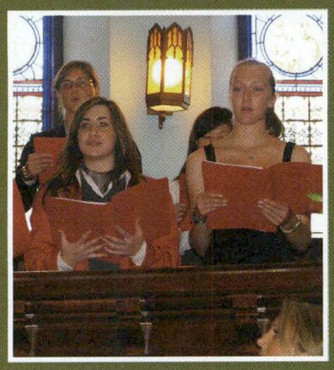
Andrea Antillon, Fabiola Barraza, Ryan Bedard, Carlos Camarena, Thomas Castle, Jennifer Corriveau, Catharina Czech, JP Daigle, Fernanda Diaz, Sean Fry, Ann Gutierrez, Mbali Gwamanda, Sophia Kattenbusch, Benedict Lang, Vincent Lecompte Noel, Michele Lessard, Sara Lessard, Nicole Lizarraga, Carla Moises, Juliet Numfor, Marc-Olivier Sauriol, Maria Yarza



CLASSIC FILM

CHOIR

Director: Sonia Wells



Sopranos:
Claire Fenwicke, Noémie Larrivée
Natasha Podd, Ming Yi Tang

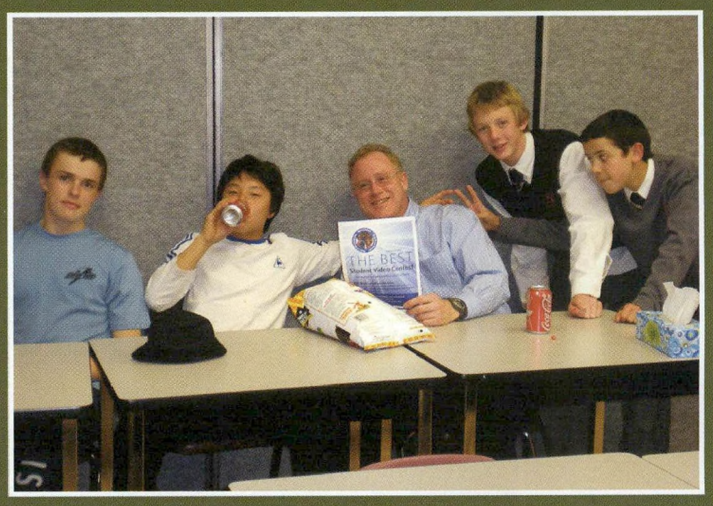
Altos:
Karla Barrutieta, Crisanta Roel,
Daniela Aloi-Timeus
Isabel Jenss, Yuan Liu
Aisha Weider-Savoie, Zi Qing Yang

Tenor/Bass:
Jesus Antonio Bonilla, Vincent Chen
Maximilian Daniel, Liam Gribbon
Christopher Hodge



SBS

Alex Clermont, Kody Halikas, Marco Antonio Budib Rodriguez Pacheco, Valeria Murillo, Andrew Norris, JaeHyun Yoon, Lucas Zwaagstra



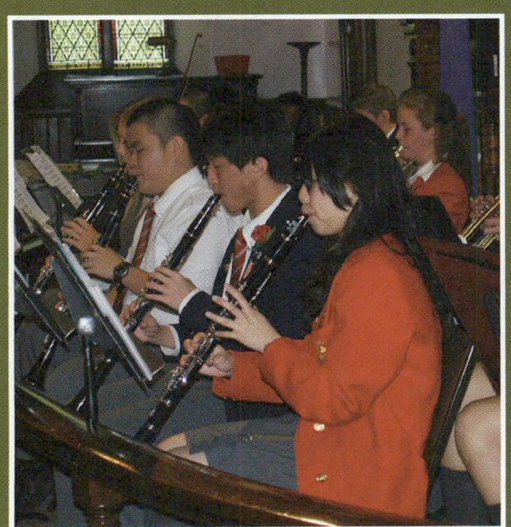
SUSTAINABILITY

Bobby Biallargeon, Michelle Baillargeon, Max Cadrin, Amanda Eberhardt, Liam Gribbon, Mbali Gwamanda, Natasha Podd, Malcolm Wood-Downey

JAZZ BAND



Bobby Baillargeon, Justin Coon, Blanche Du Sault, Kelly Foran, Ney Manuel Gonzalez, Liam Gribbon, Anand Kantharoup, Cynthia Kim, Frank Lee, Peter Lin, Chelsy Martin, David Marx, Dawn Namagoose, Anchi Numfor, Ngwa Numfor, Alyssa Palmer-Dixon, Francois Roberge, Adrian Tame, Jonathan Trembley, Vivien Wang, Malcolm Wood-Downey, Zi Yao Yang





COMMUNITY SERVICE

rotary
book club
white house
frontier animal society
jardin des frontieres
newport elementary



Margarita Acero, Malda Alami, Andrea Antillon, Michelle Baillargeon, Robert Baillargeon, Chantal Bedard, Hank Chen, Ann Fernanda Coindreau, Jason Cowen, Fernanda Diaz, Zhouying Duan, Kelly Foran, Sean Fry, Colleen Hamilton, Emma Hinton, Christopher Hodge, Jacob Huang, Tiffany Huang, Fabrice Joseph, Alex Lee, Frank Lee, Sarah Lefort, Yuan Liu, Arthur Lloyd, Chelsy Martin, Meghan Martin, Spencer Martin, Dumas Maugile, Valeria Murillo, Hailey Nadeau, Anchi Numfor, Ngwa Numfor, Alyssa Palmer-Dixon, Charre Penfold, Maxie Plante, Natasha Podd, Catherine Quirion, Christopher Savory, James Savory, Etienne Scraire, Sean Scribner, Brittany Sharman, Ryan Smith, Ana Paola Solorzano, Ming Yi Tang, Kayhla Violano, Vivien Wang, Thomas Wenzel, Campbell Wolfe, Zi Qing Yang



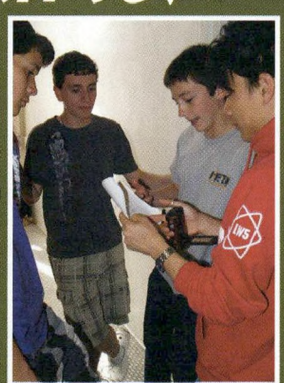


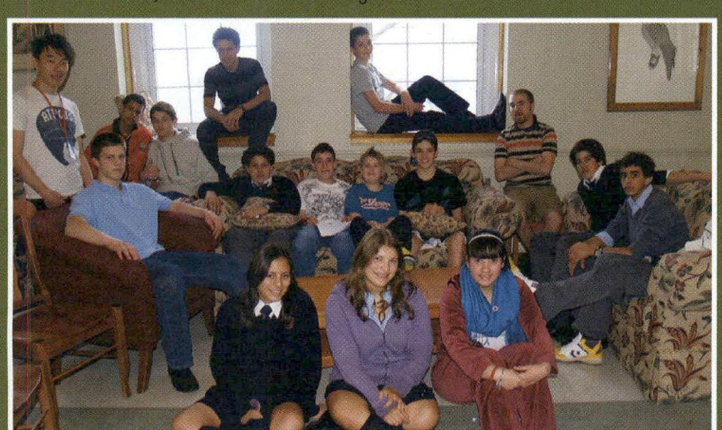




FILMMAKING

Daniela Aloi, Maria Alvarado, Johnathan Archer, Karla Barrutieta, Emiliano Bonilla, Santiago Bonilla, Denbeigh Burrows, Lyanne Carruthers, James Cloutier, Ann Fernanda Coindreau, Jean-Samuel Couture, Elvis Doyari, Fred Fleurquin, Sean Fry, Alfonso Gonzalez, Enrique Gonzalez, Ney Manuel Gonzalez, Liam Gribbon, Kody Halikas, Joseph Harvey, Jose Iza, Daniel Ortiz, Frida Picazo, Crisanta Roel, Etienne Scraire, Luisa Sepulveda, Madyson St-Pierre, Jonathan Trembley, Jose Villar, Thomas Wenzel, David Wood-Downey





DANCE

Daniela Aloi, Fabiola Barraza, Nils Behncke, Lyanne Carruthers, Jennifer Corriveau, JP Daigle, Patrick Earle, Amanda Eberhardt, Emilie Gamache, Enrique Gonzalez, Ann Gutierez, Chris Hodge, Estelle Larrivée, Noemie Larrivée, Michele Lessard, Sarah Lessard, Nicole Lizarraga, Carla Moises, Lucia Ortega, Daniela Ortiz, Frida Picazo, Fernanda Politanski, Madyson St-Pierre, Marc-Olivier Sauriol, Jessica Tomeo, Lei Wang, Maria Teresa Yarza





COOKING





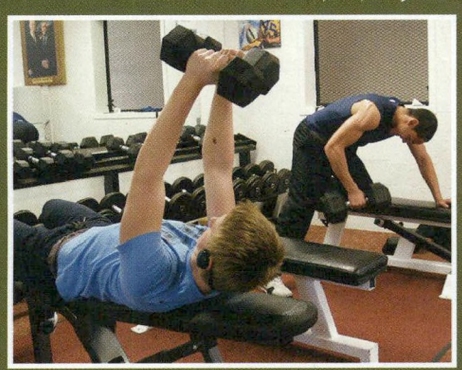




Maria Christina Alvarado, Eastlyn Bellamy, Emiliano Bonilla, Jesus Bonilla, Santiago Bonilla, Amira Buchholz, Carlos Camarena, Jethro Chang, Catharina Czech, Chris Dossou, Fred Fleurquin, Kelly Foran, Sean Fry, Alfonso Gonzalez, Wyatt Hamby, Jose Iza, Benedict Lang, Sarah Lefort, Estelle Larivée, Noemie Larivée, Rose Lee, Yuan Liu, Marco Maldonado, Maxie Plante, Ann-Sophie Plinkert, Fernanda Politanski, Paul Roberge, Crisanta Roel, Luisa Sepulveda, Charlie Su, Adrian Tame, Ming-Yi Tang, Jose Luis Villar, Felix Wang, Aisha Weider-Savoie, David Wood-Downey

WEIGHTS & FITNESS

Pietro Antonelli, Pierre-Alexandre Aucoin, Felix Boisse, Thomas Castle, Jennifer Corriveau, Jason Cowen, Patrick Earle, Daniel Escaravage, Anthony Fortugno, Samuel Garneau-Labrecque, Kevin Koschitzki, Raphael Lacerte, Olivier Lalonde, Olivier Letourneau, Felix Larivée, Vincent Lecompte Noel, James Lively, Matthew Robertson, Max Ruel, Annik Williams, Lucas Zwaagstra









Fall



Art by Sara O`Connor

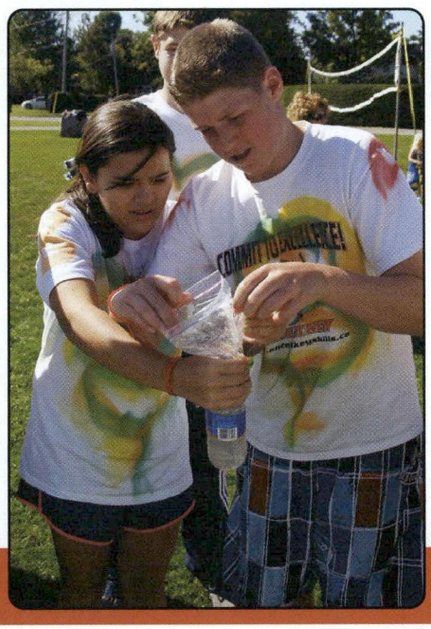
Opening Week

> Orientation











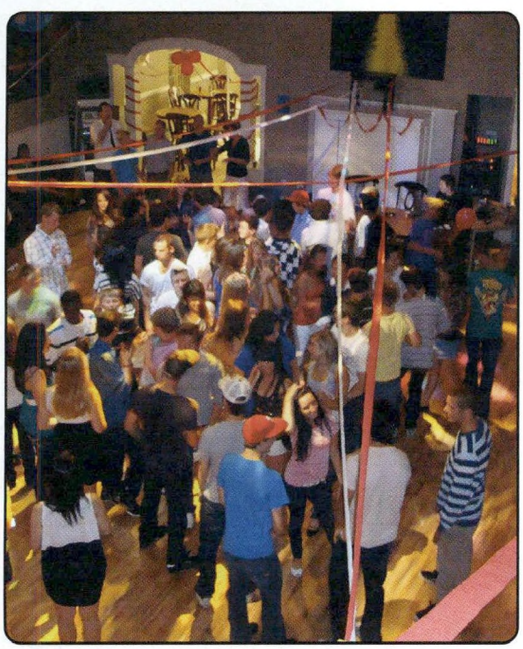




> Opening Dance



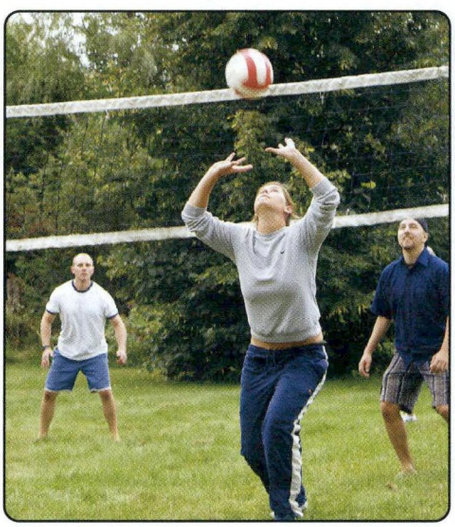


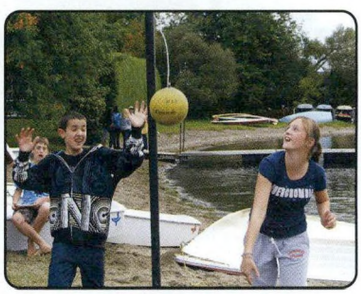




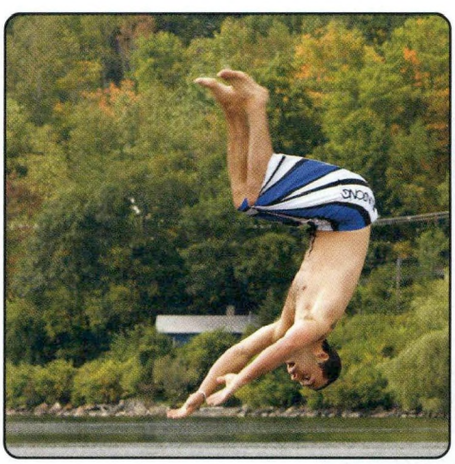
> Day at the Lake



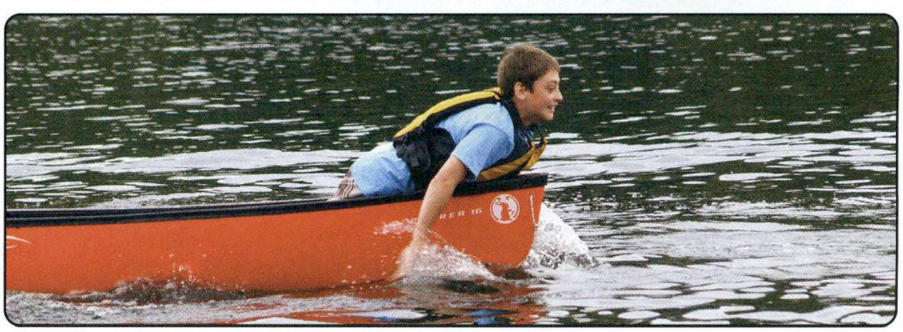












Terry Fox Run

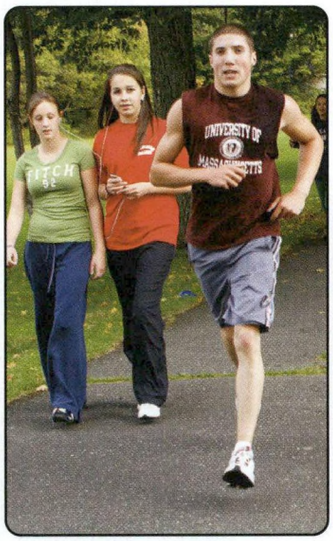


Once again, the entire student body and faculty turned out to run, jog and walk around campus to raise money and awareness for cancer research.

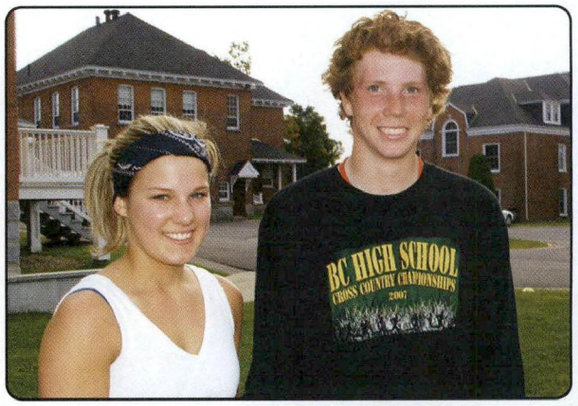


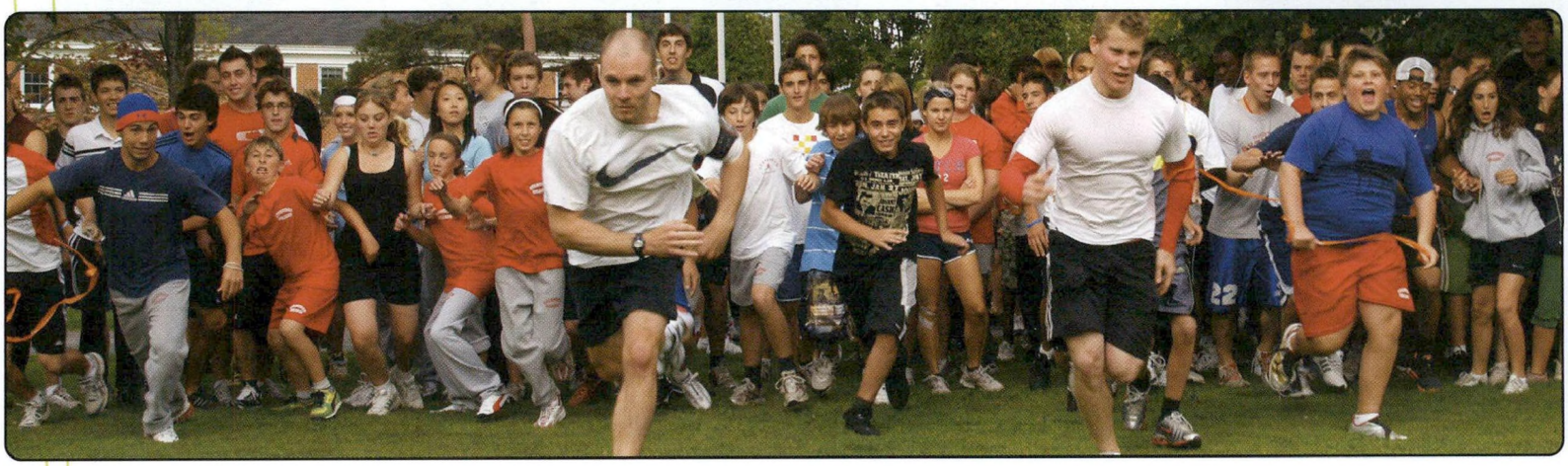




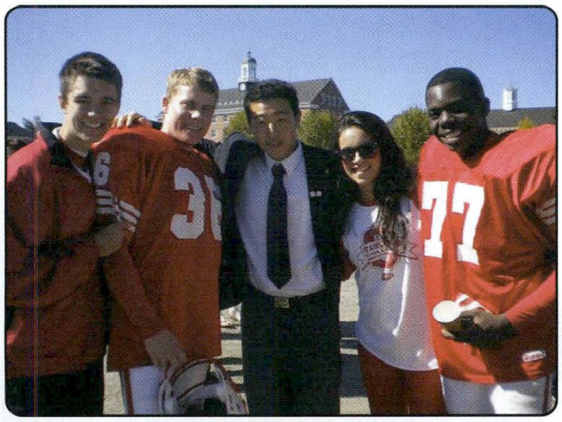


Top Girl Runner: Jennifer Corriveau
Top Boy Runner: Corey Hamilton

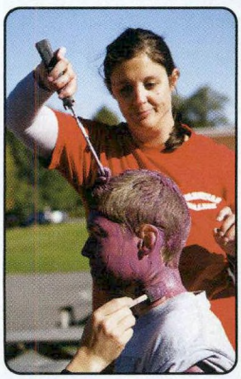




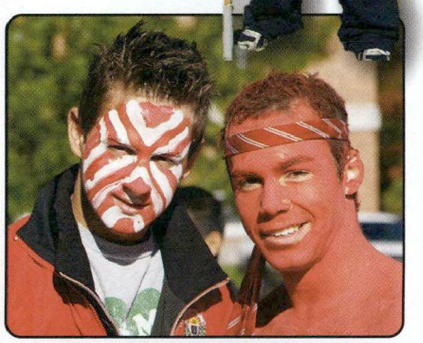
Homecoming



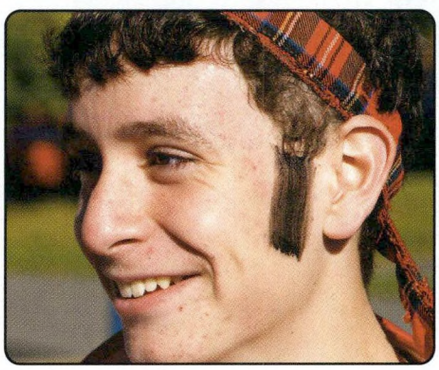














Get BCS Bobby!

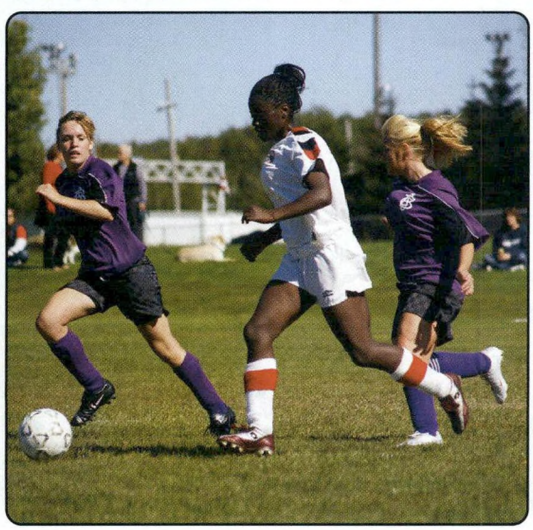
Visiting 2009 alumni

Football, Senior Girls and Boys Soccer: Stanstead beats BCS!











Quebec City

- Citadelle
- Assemblée Nationale
- Musée de la civilisation
- Tour Martello
- Musée du fort
- Wendake, village des Hurons



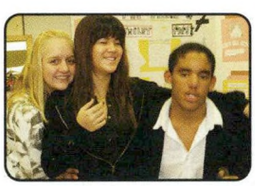





Senior Science Fair

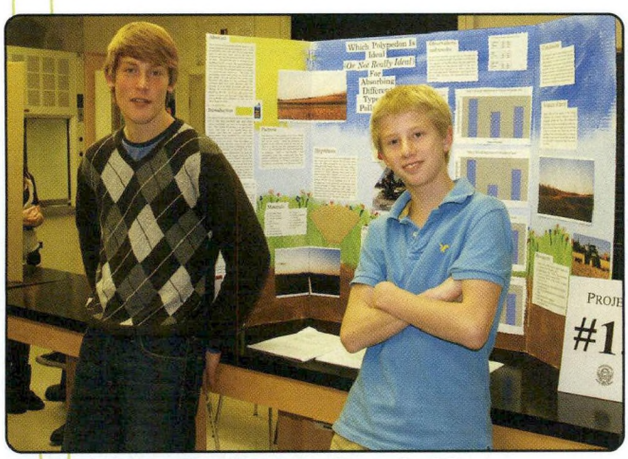


Frist place: Vivien Wang
Project: The Best Way to Sterilize Hands

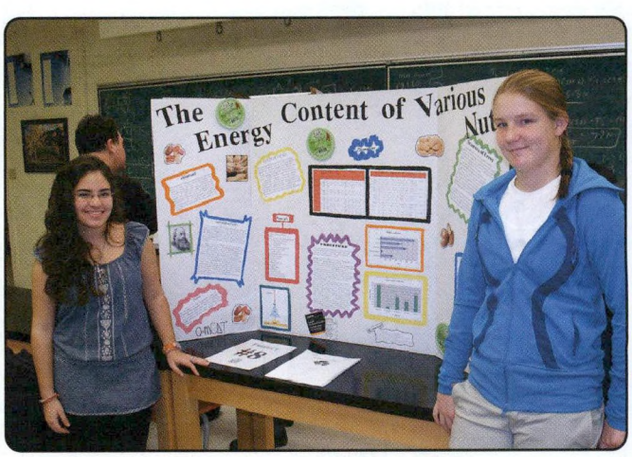






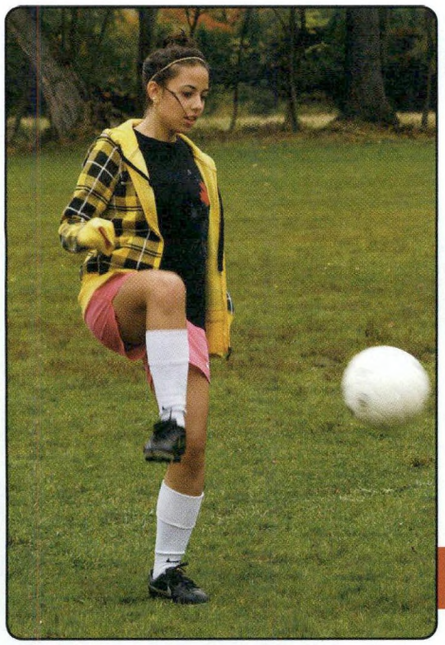



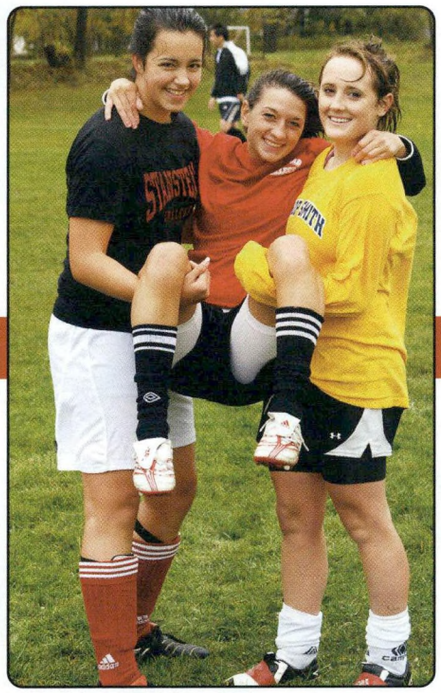
Second place: Max Daniel & Ryan Smith
Project: Which Soil Absorbs Pollutants the Best



Third place: Carla Moises & Sarah Lefort
Project: The Energy Content of Various Nuts

Faculty-Prefect *Soccer*







PREFECTS WIN!







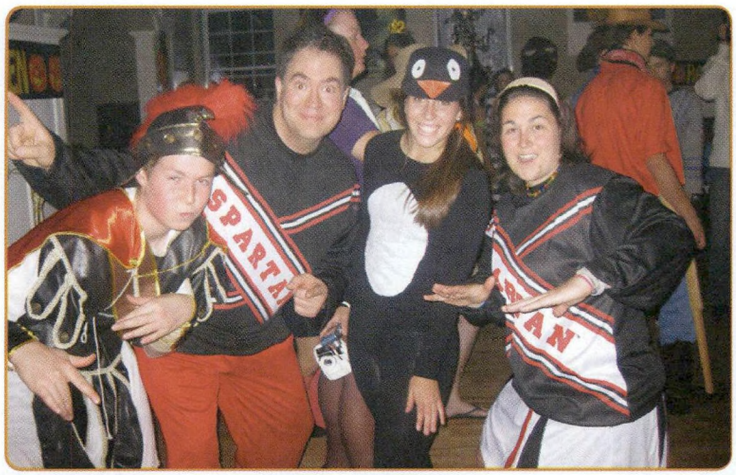


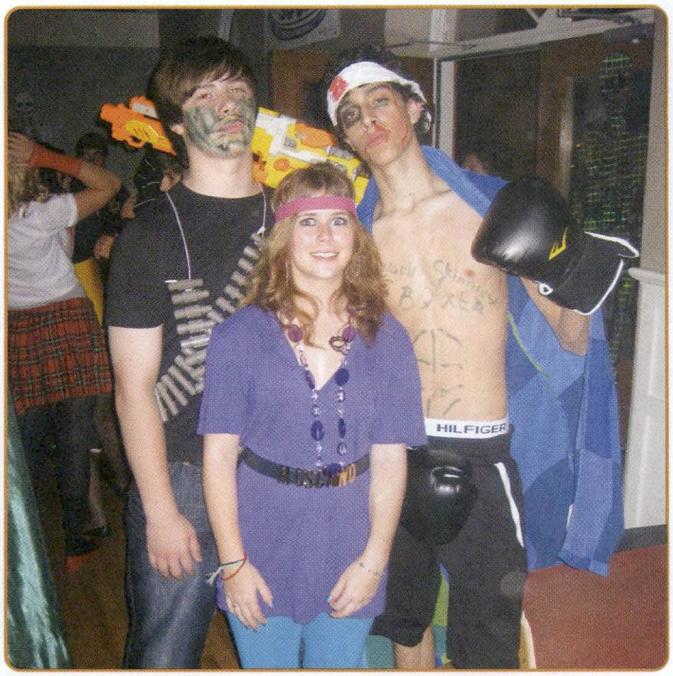


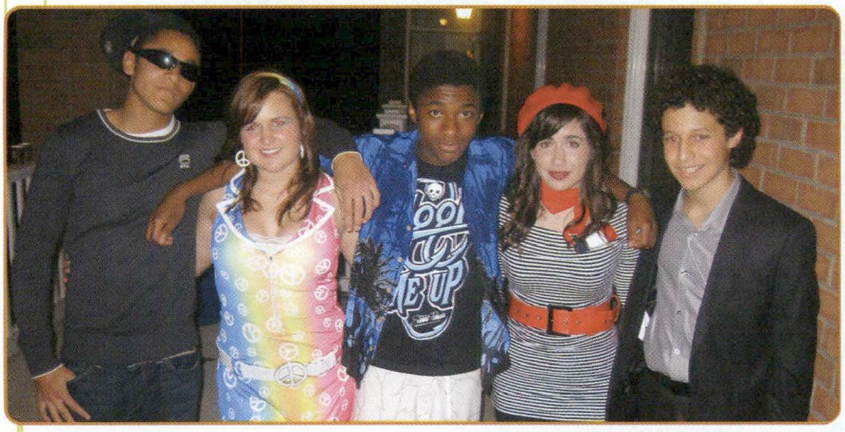




Halloween

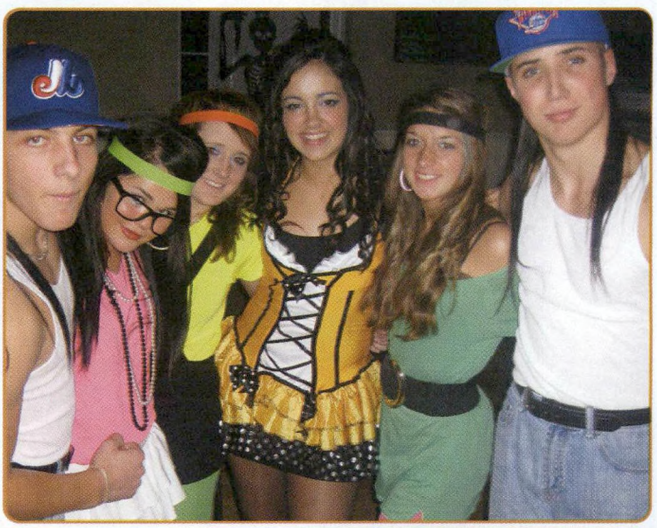


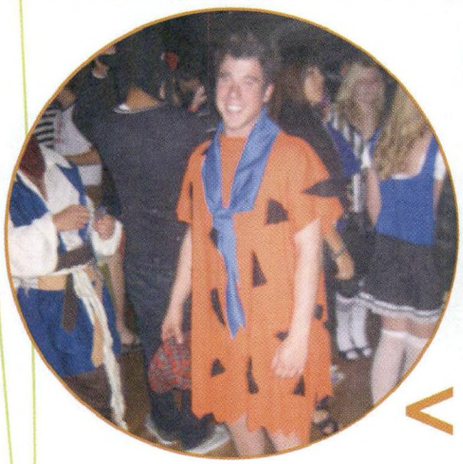


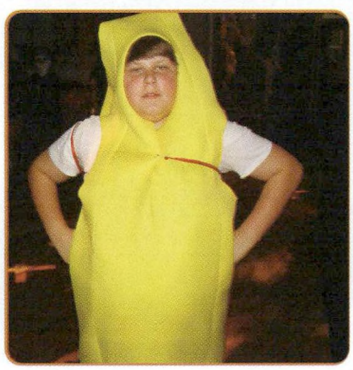










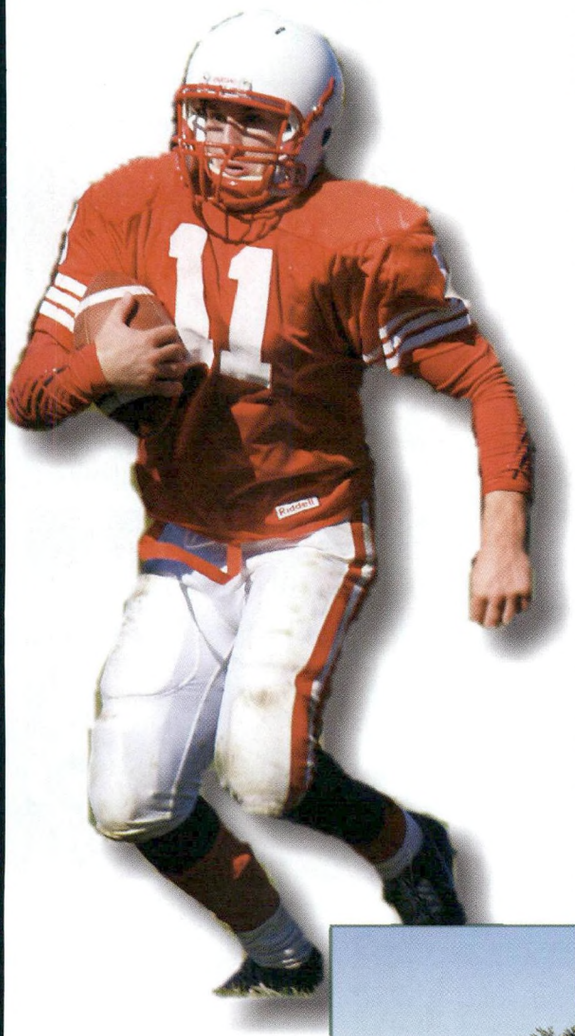


Best costume:
Max Ruel



Football
Varsity

Senator Howard Cup Winners



With the final whistle signalling the end to the last game of their 2009 season, the Football Spartans had managed to compile a respectable 4-1 record. Given the small initial turnout in early September, the lack of physical size, and only four starters remaining from the 2008 roster, the team's accomplishments were remarkable.

As has been the case in recent seasons, the Spartans' toughest competition once again came from teams located south of the border. In early October the Spartans journeyed to New Hampshire for a game against the Mt. Washington Wolves. In a hard-hitting contest against a strong opponent with size and skill, the Spartans played their best football of the season with a 60-minute team effort culminating in a gritty defensive stand deep in Stanstead territory, thus securing an 18-14 victory.

The team's longest road trip of the season saw the Spartans travel to southern Vermont for a first-time encounter against Vermont Academy. The two sides were well matched. However, a brief team defensive lapse resulted in a Vermont touchdown late in the game which proved to be the game breaker in Stanstead's only loss of the season.

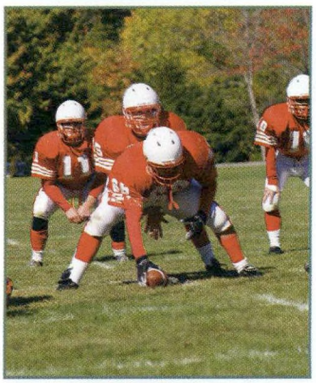
Without a doubt, however, the highlight game of the season took place at Philip Field on Homecoming Saturday against the BCS Crusaders. Following a tentative start, the Spartans took command in the second quarter and never looked back, shutting out their rivals from Lennoxville 26-0 with an impressive two-way performance. This effort was duplicated a month later at BCS with a second convincing Spartan victory. With a two-game total point advantage of 43-0, the Spartans were awarded the Senator Howard Cup, emblematic of football superiority between the two schools, for the third consecutive year.

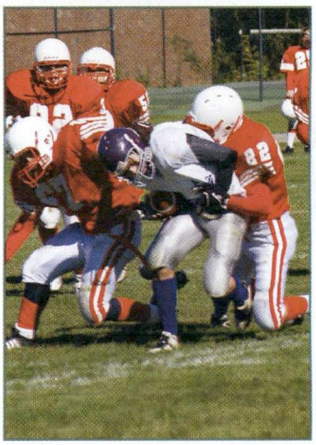
A mid-season fixture against Chateauguay Valley Regional School rounded out the Spartans' schedule. On a cold and windy Ormstown afternoon with challenging field conditions, the Spartan power running game was dominant and proved to be the difference in a convincing 40-14 victory.

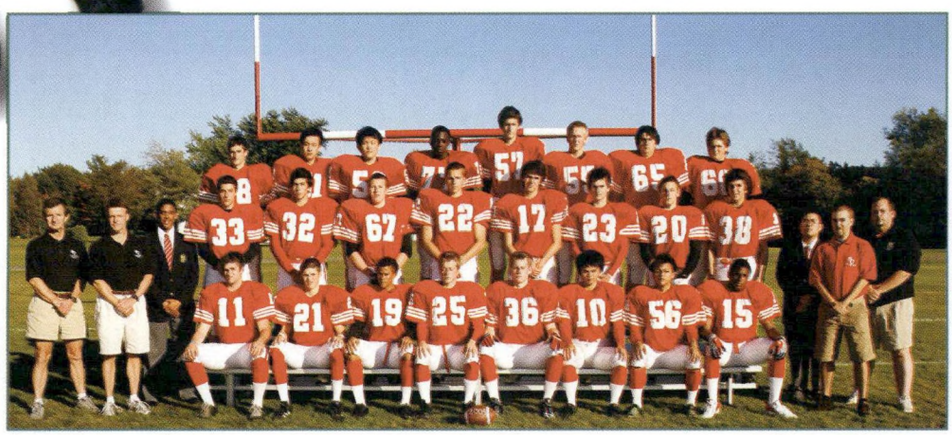
I would like to commend all 23 members of this year's team for their sportsmanship, hard work and dedication.

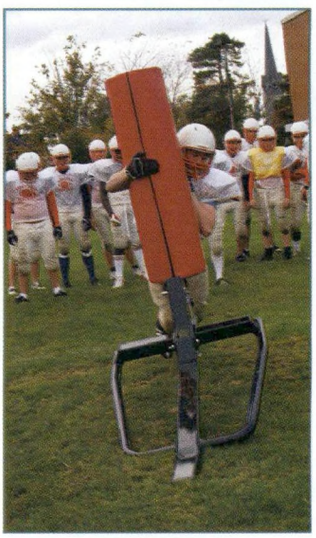
Coach Elliot

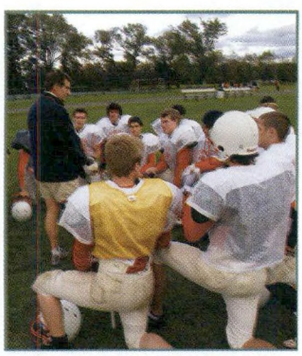












(Front l-r) Ryan Bedard, Olivier Letourneau, Dumas Maugile, Max Ruel, Felix Boisse, Hank Chen, Anand Kantharoup, Fabrice Joseph, (middle) Coach Elliot, Coach Wolfe, Christopher Hodge, Pierre-Alexandre Aucoin, Pietro Antonelli, Elliot Vaillancourt, Olivier Lalonde, Swann Boisvert, Simon-Pierre Boulos, Daniel Escaravage, Carlos Camarena, Peter Lin, Coach Corcoran, Coach Simard, (rear) Raphael Lacert, Zhouying Duan, Alex Lee, Ngwa Numfor, Nicolas Meeus, Kevin Koschitzki, Francois Roberge, Adrian Tame.



Soccer

Senior Girls



I started thinking about 2009 soccer not in September, but on a darkened bus ride in February at the tail end of the 08-09 basketball season. I was talking with returning veterans (and soccer fanatics) Juliet Numfor and Gabrielle Fleming, all three of us bemoaning the sure-to-be depressing upcoming '09 season. Thirteen players not returning. The entire back line graduating. One lone returning midfielder. The outlook was bleak.

But September's training camp, when it finally arrived, featured three capable juniors moving up to senior, as well as six (!) talented walk-ons. We now had speed, ability and athleticism. When added to our veteran leadership we were a team with potential.

Our first test would be our own Stanstead Invitational Tournament, and we passed it with flying colors! For the first time since 2000 the Spartans captured the title, beating four-time defending champs Sacred Heart 2-0 in the finals. What a start to the season!

We then turned our attention to the ETIAC league, which was uncommonly deep this year, as BCS was solid, MVR was strong, and Galt was very strong. But inspired play all year long provided us a golden opportunity to win the regular season banner for only the second time in SC history; all we had to do was beat Galt, at home, in the last game of the year. We couldn't lose. We couldn't tie. We had to win. But we played our worst 30 minutes of the season in the first half and fell behind 1-0. A furious comeback tied the game late, but it wasn't enough. The damage had been done. Second in the ETIAC. Opportunity lost. The ETIAC Playoffs, unfortunately, featured more heartbreak. In a semi-final overtime thriller we beat MVR to set up a rematch with (who else?) Alexander Galt. And after playing a flawless first half we were deservedly leading the mighty Pipers 1-0. Only 40 minutes more and the Playoff Trophy would be ours for the first time ever. But it was not to be. We allowed them to tie it up late, which led to overtime, which led to 9 vs 9, then 7 vs 7, then finally 5 vs 5, where Galt ultimately scored. For the third straight year we had lost in the finals, and this time in the most gut-wrenching way possible.



However, 2009 was not only about disheartening near-misses. And conversely it wasn't even about the joy and unparalleled success we experienced at CAIS (see opposite page). To my delight 2009 was about players playing for each other. It was about team suppers. It was about true camaraderie. It was about girls stepping in for injured teammates. It was about post-game treats from Gabie's mom. It was about bus rides that featured laughing, singing, crying and captain's speeches. It was about the kind of memories you can only get from joining a team sport.



In the end, a legitimate claim can be made that this was the best soccer team Stanstead has ever fielded. We played 22 games, and lost three. Of those three losses two were in overtime (i.e. we lost only ONE game in regulation all year). We scored 41 goals while allowing 11. We recorded 12 shutouts. We won our own SIT. If not for a very good Galt team we would have dominated the ETIAC. We came within a whisker of winning CAIS, a national 20-team tournament. Strikers, midfield, defence, goalkeeping. We had it all. The best team ever? I believe so.

Congratulations to Senior S recipients Margarita Acero and Anchi Numfor, special congratulations to Major S winners and co-MVPs Gabrielle Fleming and Juliet Numfor, and a heartfelt thank you to the entire team for a truly remarkable season. It reminded me of why I coach. I will never forget it. Especially considering what Gabie, Juliet and I were thinking on that long ago darkened bus ride.

- Coach Van Dyke





(Front left to right) Catherine Quirion, Emilie Gamache, Brittany Sharman, Anchi Numfor, Dawn Namagoose, Maragrita Acero, Juliet Numfor, Gabrielle Fleming, Blanche DuSault, (rear) Coach Van Dyke, Alyssa Palmer-Dixon, Sara O'Connor, Sarah Lefort, Andrea Antillon, Kayhla Violano, Sophia Kattenbusch, Flavia Calvar

SC Invitational Champions

CAIS finalists



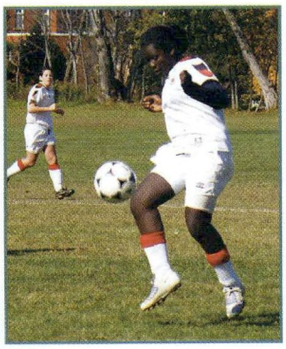


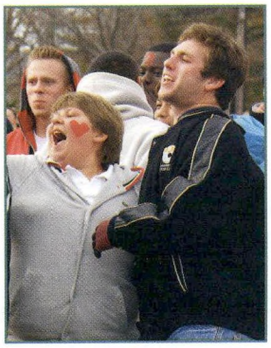










Soccer CAIS

20 teams from Quebec, Ontario and Eastern Canada. The best the Spartans had ever done in this tournament was fifth place.

Opening round robin: two Stanstead victories vs The Study (3-0) and Holy Trinity (last minute1-0 win vs defending champs!), followed by a 1-1 tie against RNS.

These impressive results qualified us for the CAIS Quarterfinals, against the always-tough St. Clement's School from Toronto. With only three minutes remaining in regulation, Juliet Numfor separated herself from her bodyguard long enough to dribble along the top of the box and tuck a perfect shot under the crossbar. Another dramatic 1-0 win! Were the soccer gods smiling upon us?

Semi-final against Bishop's Strachan School. The first half ended in a scoreless draw, with the Red & White having the better of the play, but without any real golden scoring opportunities. The second half provided more of the same until Alyssa Palmer-Dixon pounced on a loose ball at the top of the 18, touched it past a charging defender, and clinically finished far post with a left-footed low drive. If we could just hang on for 18 more minutes, we would actually, unbelievably play in the CAIS Finals. And hang on we did, thanks in large part to Gabrielle Fleming clearing a near-goal off our line!

CAIS finals. Perennial contenders King's Edgehill from Nova Scotia. Big, strong and intimidating. But any questions of "do we deserve to be in this game?" were answered in the first 15 scoreless minutes, as both teams struggled to gain an advantage.

At the 24 minute mark, the KES right striker gained the endline and sent in a low cross that was coolly one-timed into our net, opening the scoring. Down 1-0. Reaction? Good old fashioned anger, as we immediately dug in and pressed the play. We were rewarded five minutes later when Juliet ran onto Margarita's lefty cross, jousted with the goalie, dislodged the ball and finished into the open net. 1-1, and now the game was really on.

The second half saw absolutely no letup in intensity, but no goals either. Overtime: two 10-minute halves, not golden goal. Then, in one of the pivotal plays of CAIS 2009, super-striker Juliet, in an all-out bullrush to get on the end of a high ball, violently collided with a King's defender and went down hard. Bad news. Concussion. This was the end of CAIS for her. But not the end of our chances.

The second half of overtime saw no letup in intensity (as evidenced by Margo's yellow card for throwing foliage…), but despite both sides giving all they had, the whistle sounded. 90 minutes of soccer had decided nothing. The enthusiastic crowd knew what was coming next.

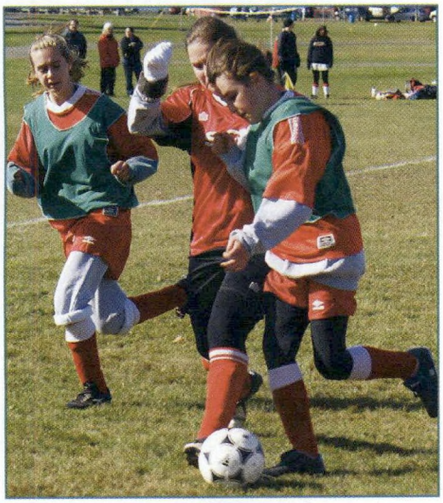
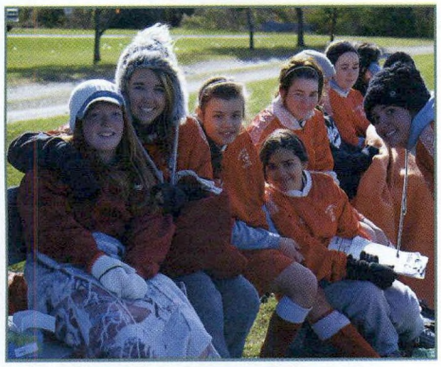
Shootout. To decide CAIS '09. After five shots each, the shootout was tied 4-4. Stanstead missed its next shot. King's didn't. 5-4 KES. The journey was over.



For the next half hour the players were justifiably devastated. But from an old coach's perspective, this wasn't a loss for me. This entire weekend was one big WIN. Think about it, girls, you made it further than any team in SC's history in a national CAIS tournament, soccer OR rugby, boys or girls. And you did it at home, in front of the largest crowd this school has ever seen, our entire school population PLUS 18 other teams.

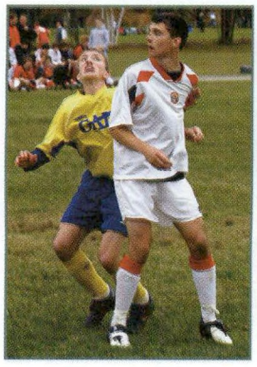
Quoting the great John Wooden, "If you can look at yourself in the mirror and know that you gave all you had, and achieved to your potential, then you know true success." CAIS 2009 Silver Medalists. True success. Don't ever doubt it.

- Coach Van Dyke

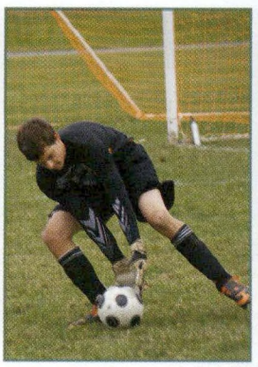







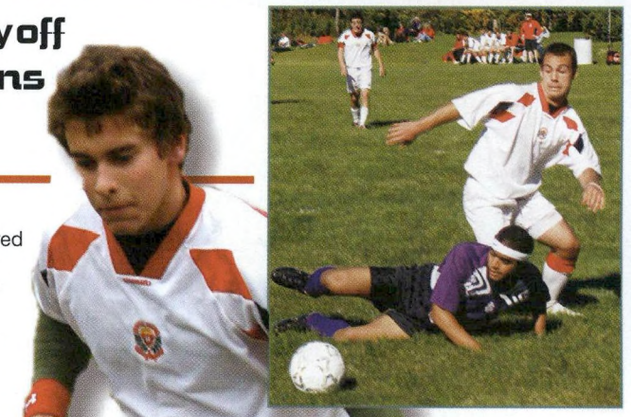





Soccer

Senior Boys

ETIAC Playoff Champions



Given that the 2009-2010 Spartans were smaller in size than the past two seasons, that two Grade 9s and one Grade 10 made and played significant minutes, that five players had not played soccer in quite some time, and that one rookie goaltender played every minute of every game, surely this team could not duplicate the success of the past two or three seasons, and for certain there was no way they could play the same attractive and high tempo game the Spartans were known to display. The season would prove to be very interesting!

The Spartans opened the season one day after the first day of tryouts in Burlington, Vermont against old friends St. Andrew's College. With their apparent lack of preparation and match fitness, the Spartans ended up on the wrong side of a 5-1 pummelling. However, there was indication that this team had the potential to play the game at a very high level.

A 2-2 tie in Tilton, NH was the best result a senior boys team has achieved against the prep school in three years. This game was a better gauge as to what the coaching staff could expect from their charges during the physically competitive ETIAC season. The Spartans played well and compiled a 6-2 record in the regular season but stumbled twice against Alexander Galt, losing for the first time in three years of league play. After melting down and blowing a 2-1 lead only to lose 3-2 with five minutes remaining in the game on the road, and then dropping a 1-0 heartbreaker on Philip Field, the Spartans hoped to face the Pipers and exact a measure of revenge in the playoffs.

The annual Homecoming game against old rival BCS was a classic for the ages. The Spartans prevailed in a hard-fought and dramatic 4-3 win in front of a large, supportive home crowd. Stanstead jumped out to an early 1-0 first-half lead but BCS came back and scored twice. The Spartans tied the game at 2 apiece only to see the Purple and White take a 3-2 lead with eight minutes remaining in the game. Coaches, players and fans alike were crestfallen as the heat and fast pace of the game had taken its toll on the players of both teams and it looked very much as though the Spartans would drop this close encounter. However, somehow, some way the boys in Red & White mustered a couple of Herculean efforts to not only tie the game with three minutes left, but to win it with under one minute remaining in the game! The mob-scene celebration after the winning goal will be forever remembered by the boys who dressed and played that day. It was truly a remarkable come-from-behind performance!

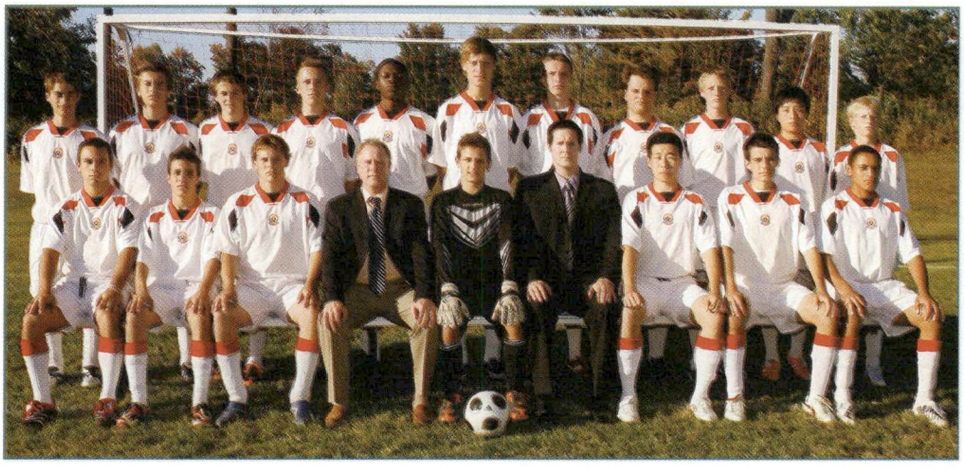
With no CAIS tournament this year for the senior boys, the ETIAC league and playoffs would be the focus of their concentration. Both Stanstead and Galt completed their seasons with identical 6-2 records, but unfortunately the Spartans lost the league banner by way of a tie-breaker when they lost both games to the Pipers. What really rubbed salt in the wound was the 1-0 loss at home. Stanstead thoroughly outplayed Galt for the duration of the game but just could not score. Twice Galt defenders cleared sure goals off the goal line and on two other occasions the Piper goalkeeper made unbelievable close-range saves. Sometimes you just can't beat the game itself!

Stanstead entered the playoffs feeling good about the quality of their game. They defeated Massey-Vanier 2-1 in a semi-final game that was nowhere as close as the score would indicate. This win set up the Spartans' dream finish to the year; facing Galt on their field for the playoff championship trophy. In the final Stanstead led 2-0 at halftime and were well in control of the game. A flat first five minutes of the second half could have been trouble for them as Galt scored early and then missed a penalty shot. The miss inspired the Spartans who learned their lesson quickly and then played their socks off for the remainder of the game. SC scored again while missing two other quality chances en route to a 3-1 victory and the trophy.

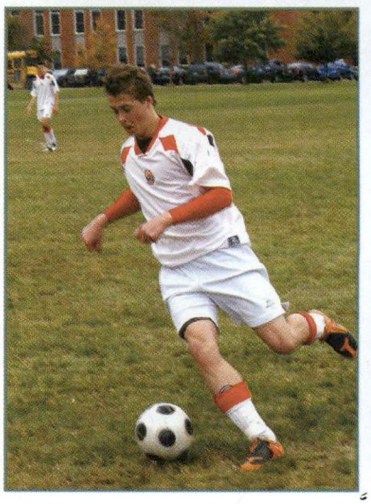
Finally, the boys were rewarded for their patience and high quality of play, made all the sweeter on Galt soil. I congratulate all members of the team and my assistant coach, Mr. May, for a fun and memorable season. You worked hard, improved as the season progressed, rode the highs and lows that competitive sports teams encounter, and experienced a great deal of success… together. I hope you enjoyed the season as much as I did! The tradition of Pride, Heart and Determination continues…

- Coach Chandler





(Front left to right) JP Daigle, Massimo Manago, Marc-Olivier Sauriol, Coach Chandler, Max Cadrin, Coach May, In-Won Lee, Nick Bauer, Thomas Castle, (rear) Félix Larivée, Anthony Fortugno, Patrick Earle, Jamie Lively, Elvis Doyari, Nils Behncke, Matthew Robertson, Daniel Farca, Andrew Norris, JaeHyun Yoon, Ryan Smith



Soccer

Junior Girls



Take a quick peek at our stats for the year, but don't pay too much attention to them. I included them below for a bit of history, truth and posterity, but they do not tell the story. Hey, on day one we lost our five best players to senior who ended up fielding the best team in the history of the school. What do you expect? We did our best, well, most times. That's the lesson, isn't it? Wear the team pins and proudly embrace what they symbolize: that you will work your hardest and live up to your potential. Just try as hard as you can as much as you can. That's all we coaches can ask.

Fortunately for Chantal and Sarah, we got our goalkeeper back when Michelle was hot, she was on fire! With five returning junior players and 13 new ones, we worked at skills development and basic mechanics nearly the entire season.

I want to thank JP (he knows why, and so do the girls) and the makers of "The LIST" for reminding me that the scores don't necessarily matter so much as the team experience and also that coaching must be fun. We owe our athletes, no matter what calibre, an excellent season of team building and bonding. I also want to thank the girls on this team for making the season, if not a winning one, an enjoyable one. We got to play some pretty ruthless dodgeball and some never-ending tag, and learned a lot about soccer along the way.

A special thanks to team Captain Chelsy Martin. Congratulations to Luisa Sepulveda for earning the only Junior S this season. For those of you who are returning, I can't wait for next year's Top 10 list, and until then, keep yo' tims clean, ladies! - Coach G.

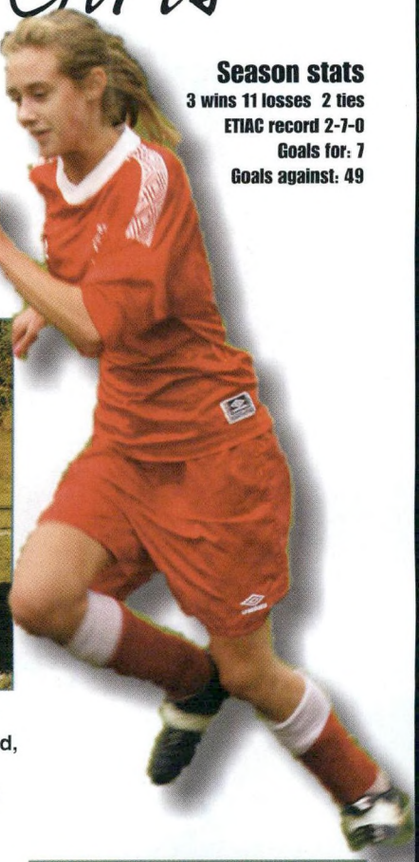
Season stats
3 wins 11 losses 2 ties
ETIAC record 2-7-0
Goals for: 7
Goals against: 49











(Front left to right) Medina Martineau, Lucia Ortega, Ann Gutierrez, Hailey Nadeau, Michelle Baillargeon, Chelsy Martin, Natasha Podd, Sarah Lessard, Estelle Larrivee, (rear) Coach Grenier, Valeria Murillo, Karla Barrutieta, Daniela Ortiz, Luisa Sepulveda, Chantal Bedard, Crisanta Roel, Ana Poala Solorzano, Coach Jenss. Absent: Kasey Brackett, Abigale Vanluvender

Soccer

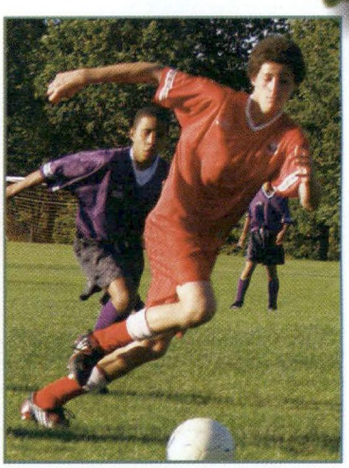
Junior Boys











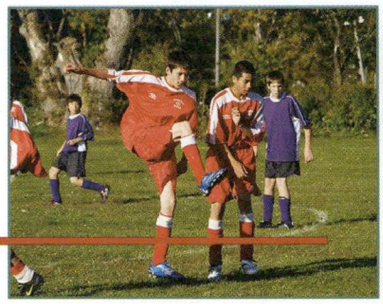






(Front left to right) Carl St-Jean, Chris Savory, Kody Hallikas, Max Daniel, Coach Rioux, Sean Scribner, Jason Cowen, James Savory, Spencer Martin, (rear) Zi Yao Yang, Lucas Zwaagstra, Sean Fry, Etienne Scraire, Elric Boisvert, Thomas Wenzel, Benedict Lang, Alfonso Gonzalez, Jordan Buck-Thompson

Soccer
Bantam Boys







The bantam boys soccer team turned out for their first fall practices in September full of enthusiasm and potential. Despite some early setbacks away against AGR and MVR, the team won its first game at the BCS tournament with an exciting overtime golden goal. After narrow losses to BCS and Richmond at home, the team then travelled to Richmond to gain revenge with a handy 6-0 win. The team was finally playing close to its full potential. Despite losing to AGR and MVR again, the team progressed to the ETIAC playoffs at BCS, where they ran AGR close for the first half of the semi-final before succumbing to the larger, fitter team. The team finished the season 2-9, with 16 goals scored by six different players. Everyone on the squad of 14 boys improved steadily throughout the season but Paul Miller and Jordan Norris stood out above the rest with their fine soccer skills as wells as their exemplary attitude on and off the field and were duly awarded Bantam S pins at the Fall Athletic Assembly. - Coach Standage





(Front left to right) Paul Roberge, Jose Iza, Jordan Norris, Paul Miller, Santiago Bonilla, Alex Clermont, David Wood-Downey, Jose Luis Villar, James Cloutier, (rear) Coach McDouall, Andrew Jean, Emiliano Bonilla, David Marx, Jonathan Archer, Coach Standage. Absent: Tom Boulanger

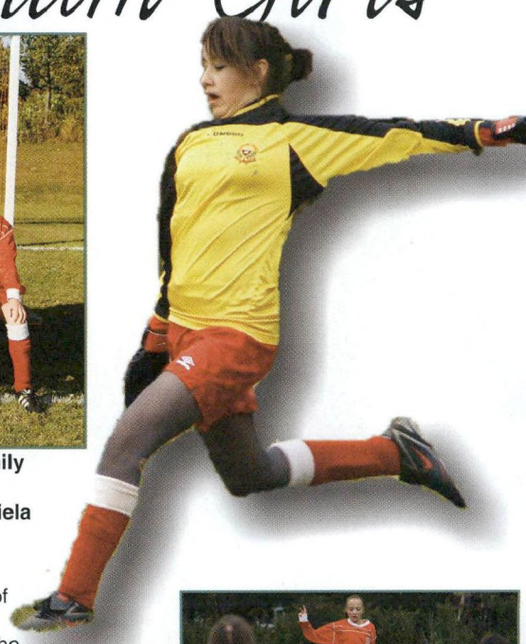
Soccer
Bantam Girls





(Front left to right) Madyson St-Pierre, Noemie Larivée, Charly Gilpin, Emily Norris, Jasmine Namagoose, Meghan Martin, Julia Gilpin, Fernanda Politanski, Lyanne Carruthers, (rear) Coach Smith, Janine Diamond, Daniela Aloi-Timeus, Jessica Tomeo, Zi Qing Yang, Coach Reynolds

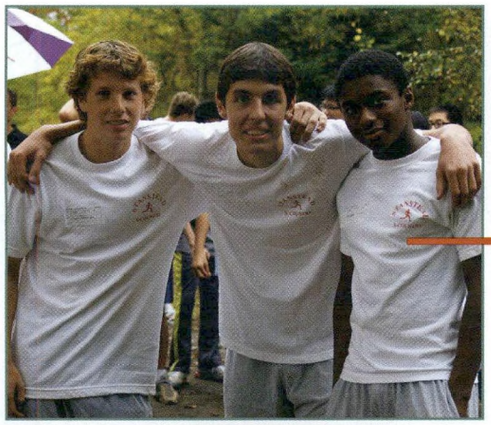




We had a fantastic season this year. Our record of 2-7-1 was a major improvement over the previous year. With the exception of one blowout where the entire team had a meltdown, all of our losses ended with scores of 1-0 or 2-1And the team that killed us we tied in the next meeting. We were in every single game thanks in part to one of the most talented goalies in the league. The girls should be very proud of their accomplishments and how they proved themselves as true Spartans every step of the way. Each and every coach of teams we played against commented on the dedication and desire of our team.

The girls all learned a lot this season; about soccer and about ladies undergarments and about what it means to play as a team. The improvement we saw was incredible from many of the girls. From the ability to play a position properly to the ability to execute a specific play, every single player on the team improved over the course of the season.









X-Country *Running*

The 2009 edition of the Stanstead College cross-country team was highlighted by some consistently superior performances by several individuals. Corey Hamilton easily won every race in the Senior Boys category and was definitely the fastest runner in the ETIAC league this year. Malcolm Wood-Downey also won all of his races in the Bantam Boys category and will be a force to reckon with as he moves up into Junior Boys next year. Jennifer Corriveau, who had never run cross country before coming to Stanstead, worked diligently throughout the season and was rewarded by finishing first place in the Senior Girls category in the last race of the season. Other members of the team who reached the podium at different races include David Zal, Maxie Plante and Enrique Gonzales. With one year of experience under their belts and good running technique we look forward to the return of Wyatt Hamby, Joseph Harvey, Colleen Hamilton, Liam Gribbon, Bobby Baillargeon and Jonathan Trembley. To our graduating and departing runners we hope that you all enjoyed your experience and that you will always remember what you achieved with the cross country running team while you were at Stanstead College. - Coach Ross



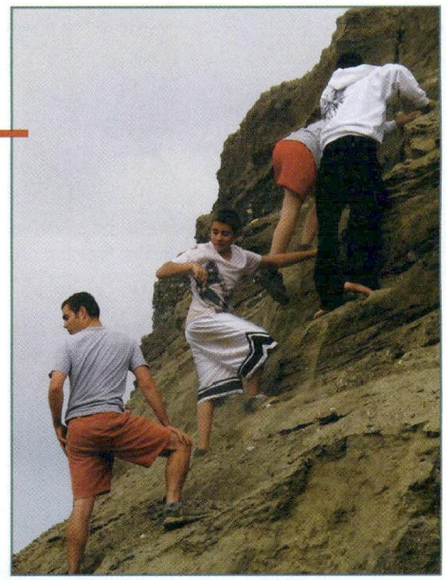






(Front left to right) Carla Maria Moises, Maria Teresa Yarza, Fernanda Diaz, Michele Lessard, Liam Gribbon, Jennifer Corriveau, Malcolm Wood-Downey, Joseph Harvey, Marco Budib Rodriguez Pacheco, Wyatt Hamby, Jon Tremblay, (rear) Coach Ross, Casey Crothers, Corey Hamilton, Robert Baillargeon, Chris Dossou, Charne Penfold, Ana Fernanda Coindreau, Nicole Lizarraga, Cynthia Kim, Eastlyn Bellamy, Enrique Gonzalez, Fabiola Barraza, Maxie Plante, Colleen Hamilton, David Zal, Coach Prevost

Outdoor *Pursuits*





Most of our season was spent canoeing, hiking and generally taking advantage of our surroundings. Among my highlights was both times we climbed the pinnacle, but I'm not sure everyone in the group would consider that a highlight. Nonetheless, everyone made it to the top both times. One highlight we can all agree on was the time we decided to go apple picking, thinking that we would be hiking around the orchard. Somehow that turned into apple pie-making and somehow that turned into sitting around in my apartment eating apple pie and watching cartoons. But that only happened once.

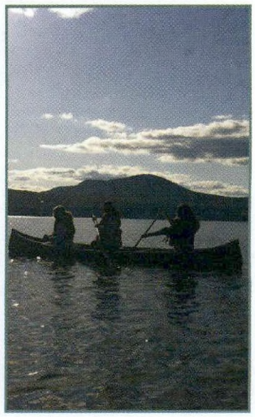
And finally the most memorable event of the term had to be our excursion up the river. We climbed into the river just behind the arena and waded upstream over rocks and trees and through the freezing water. On the way back we discovered a mud pit that was waist deep. This was the closest thing to quicksand that Stanstead has to offer, so of course Fred and Anthony dove in headfirst. But, to be honest, we all enjoyed a good mud fight before heading back to school soaking wet and not very clean.

So that was our season I hope everyone had fun. - Mr. Nesbitt

Emma Hinton, Anthony Pasquale, Frederick Fleurquin, Jean-Samuel Couture, Amanda Eberhardt, Maria Cristina Alvarado Torija



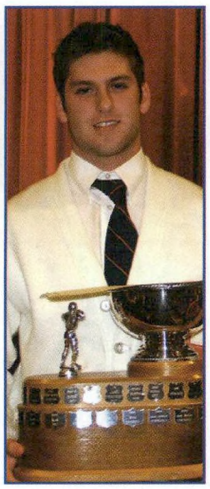




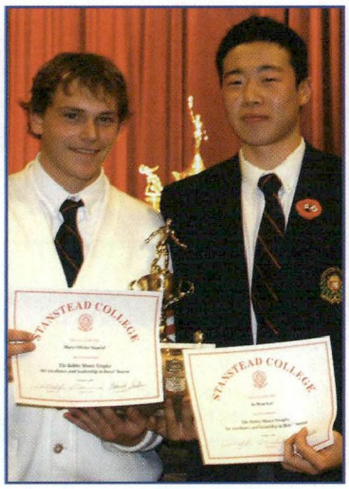
ATHLETIC ASSEMBLY



Juliet Numfor & Gabrielle Fleming - Merle Griffin Trophy & Major S
Juliet: 20-goal season, major threat; Gabie: booming kick, great vision



Ryan Bedard - W.A. Ketchen Trophy & Major S
Speed, tackles and talent



Marc-Olivier Sauriol & In-Won Lee - Bobby Moore Trophy & Major S
Marco: dominant player, team leader; In-Won: loves the game, great sense of humour



Corey Hamilton - W. Greenshields Trophy & Major S
Top runner in the league

MAJOR S



Pietro Antonelli - Football
Could always be counted on



Ngwa Numfor - Football
Great moves, great hands



Nick Bauer - Soccer
Key defence, always reliable



Patrick Earle - Soccer
Leading scorer, a joy to watch



JP Daigle - Soccer
Great coverage, created opportunities



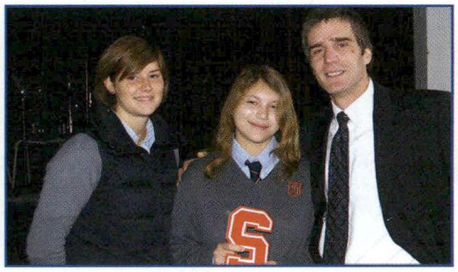
Girls Soccer Bantam S: Coach Smith, Meghan Martin, Daniela Aloi-Timeus, Coach Reynolds



Boys Soccer Bantam S: Coach Standage, Paul Miller, Jordan Norris, Coach McDouall



Boys Soccer Junior S: Coach Rioux, Sean Scribner, Max Daniel, Kody Halikas



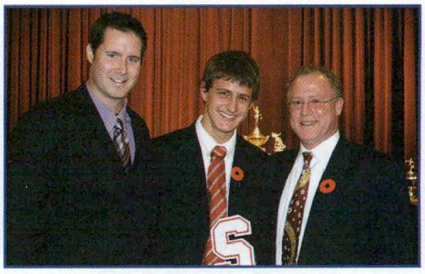
Girls Soccer Junior S: Coach Jenss Luisa Sofia Sepulveda, Coach Grenier



X-Country Running Bantam S: Coach Prévost, Malcolm Wood-Downey, Coach Ross

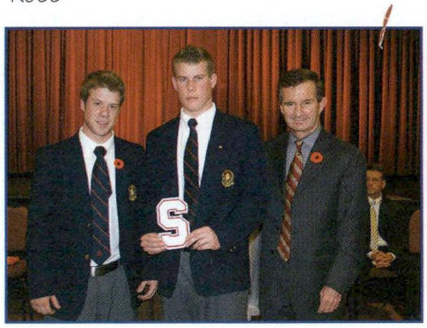


X-Country Running Senior S: Coach Prévost, Jennifer Corriveau, Coach Ross



Boys Soccer Senior S: Coach May, Max Cadrin, Coach Chandler

Football Senior S: Max Ruel, Felix Boisse, Coach Elliot



Girls Soccer Senior S: Anchi Numfor, Coach Van Dyke, Margarita Acero



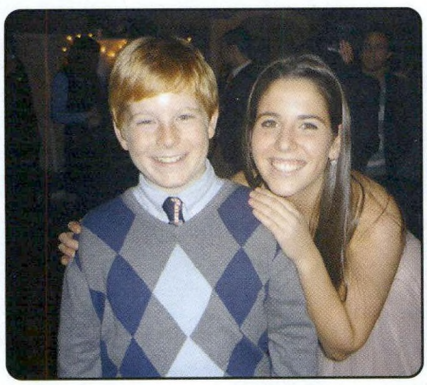
Winter



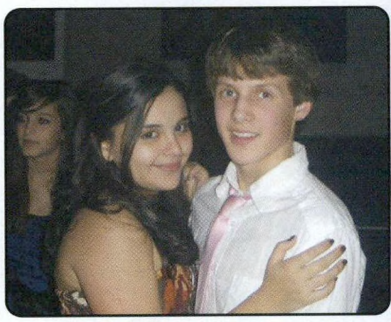
Art by Carla Moises

Christmas Dance





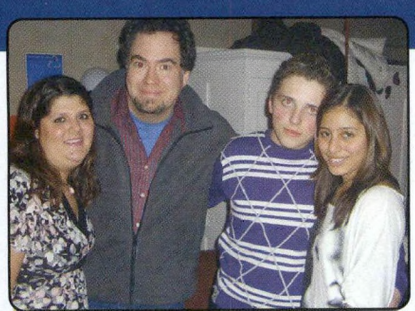




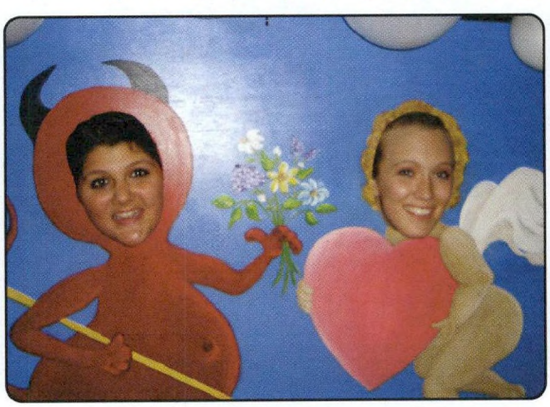








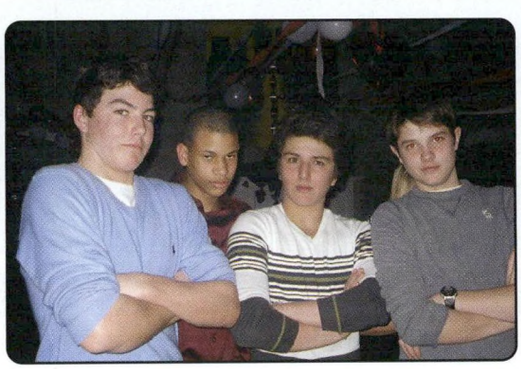
Valentine's Dance













Junior Science Fair

GRADE 7 1ST PLACE:
Wyatt Hamby & Jordan Norris -
Milk variety and cheese stretchability

GRADE 7 2ND PLACE:
David Wood-Downey -
Glacier Melting and water levels

GRADE 7 3RD PLACE:
Jean-Samuel Couture -
Water temperature and freezing time

GRADE 8 1ST PLACE:
Malcolm Wood-Downey -
Electrical Conductivity

GRADE 8 2ND PLACE:
Valeria Murrillo & Enrique Gonzalez -
How to tell a fake smile from a genuine one, photo analysis

GRADE 8 3RD PLACE:
David Marx -
Chitin vs. Charcoal: Which is the better filter?

GRADE 9 1ST PLACE:
Adrian Tame -
The Hybrid Theory

GRADE 9 2ND PLACE:
Sarah Lessard & Madina Martineau -
The Sound of Excitement

GRADE 9 3RD PLACE:
Kody Halikas & Spencer Martin -
Altering Traction by the Use of Substances on Snow

ESL:
Yuan Liu & Ming Yi Tang -
How temperature influences the fermentation process of flour?

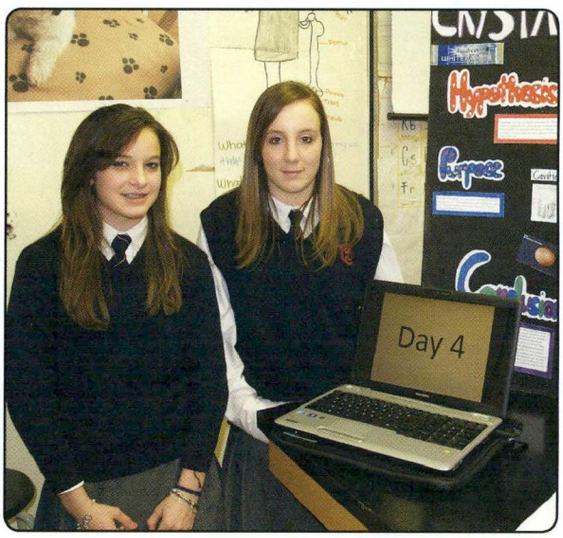


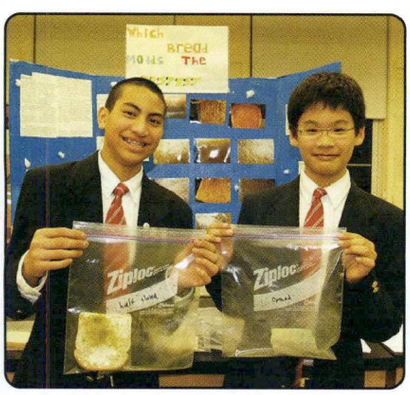


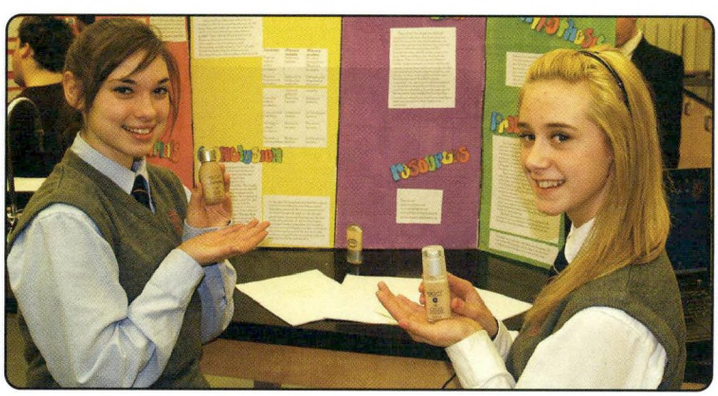














Winter Activities

Winter Carnival











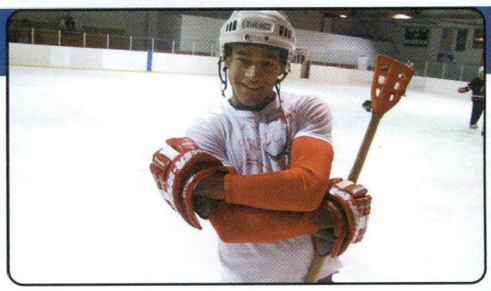


> Prefects win broomball!

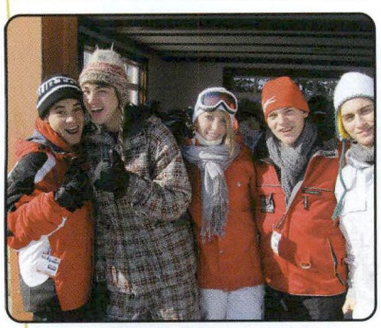






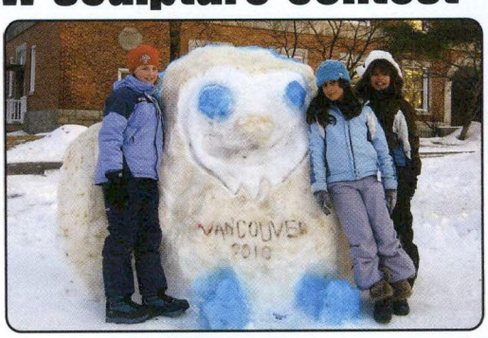


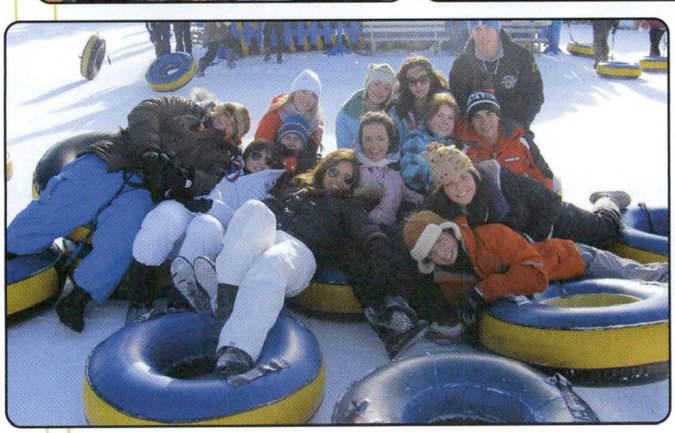




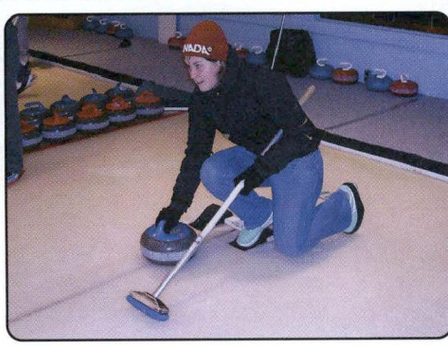
> Colby wins snow sculpture contest





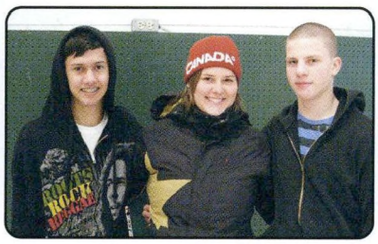
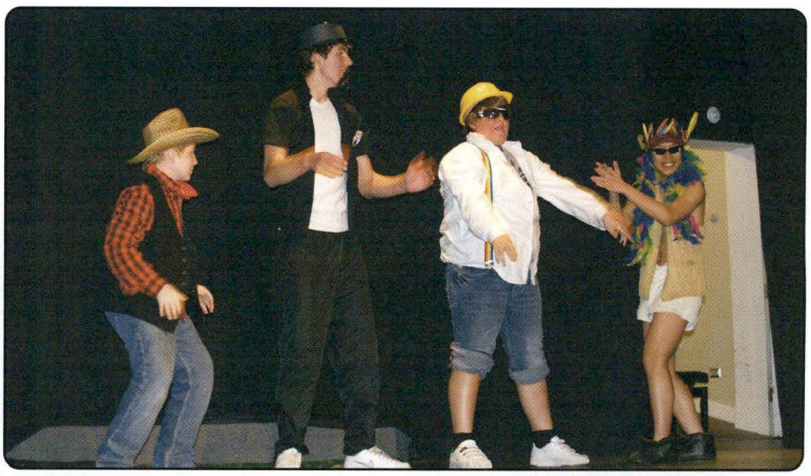
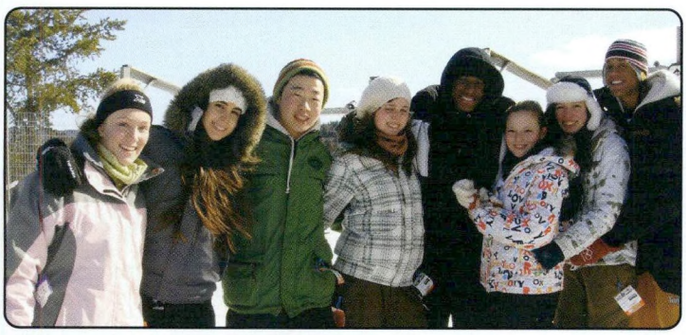
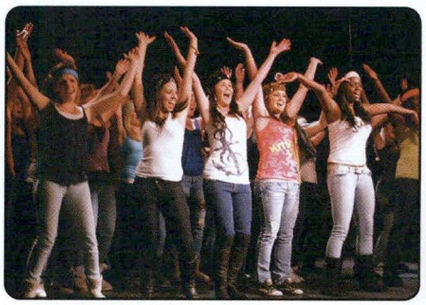
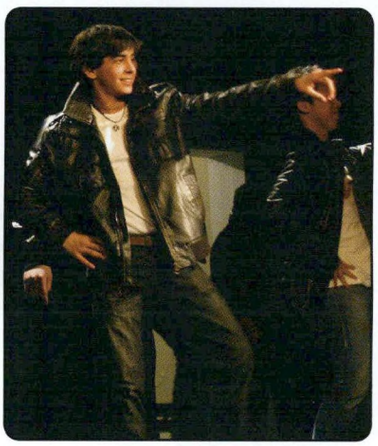


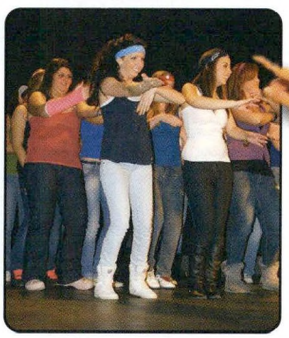


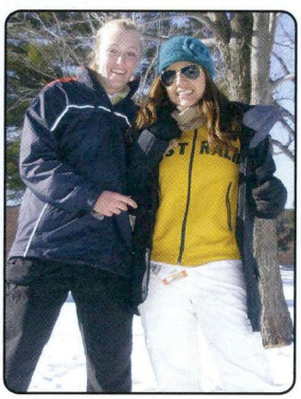
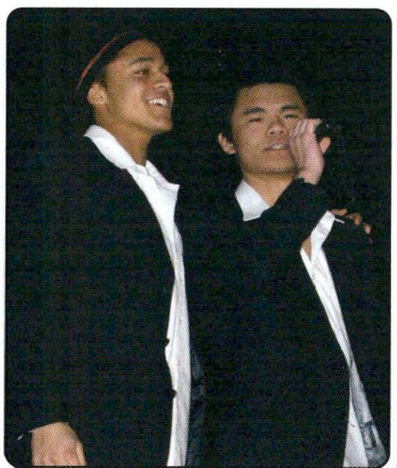
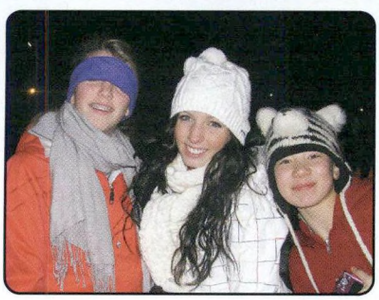


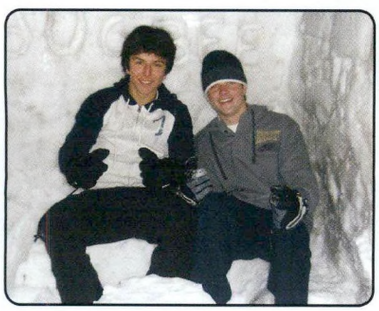
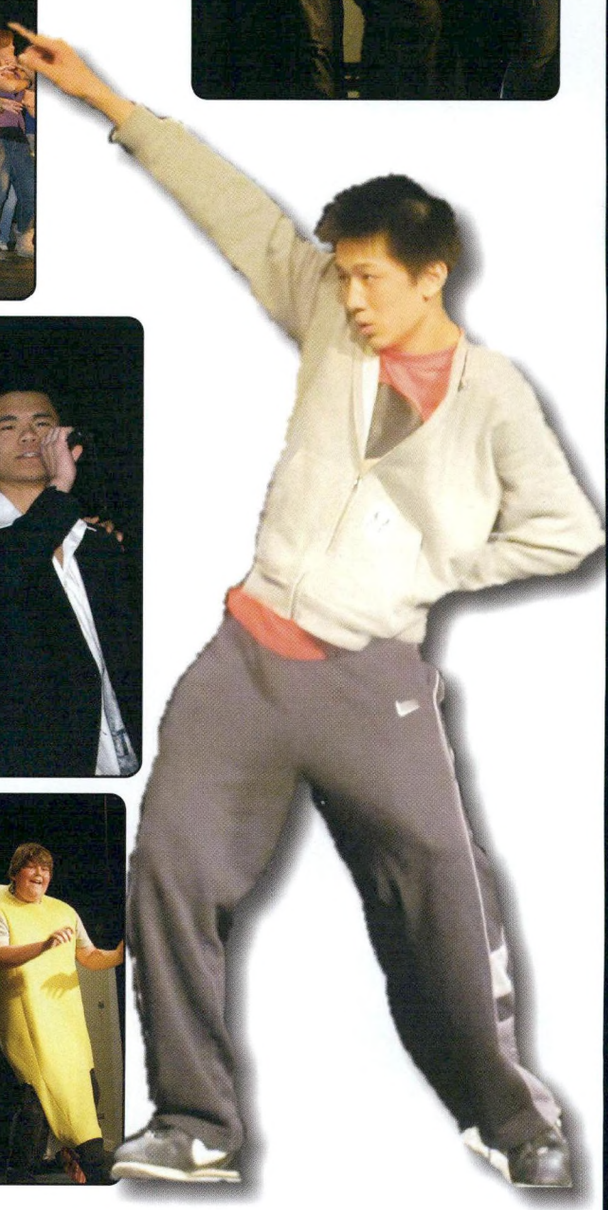
> Lip Synch



"A Handful of Rainbows"

By Jonathan Troy

CAST

Mbali Gwamanda: Marion Bradford
Natasha Podd: Meg Bradford
Vincent Chen: Tommy Grant
Karla Barrutieta: Rebecca Starr
Jon Tremblay: Harry Wexler
Emilie Gamache: Carla Ferguson
Madina Martineau: Honey Houston
Alexandre Clermont: Steffan Barcola
Christopher Hodge: Jeff Donovan
Amanda Eberhardt: Laura Williams



CREW

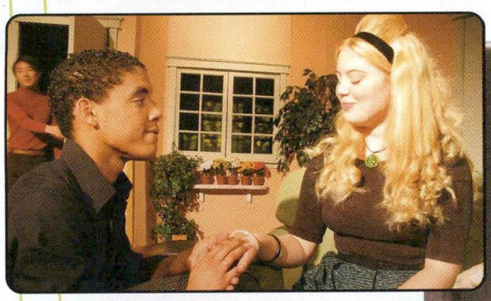
Director: **Barbara Elliot**
Technical Director: **Jean-Jacques Prévost**
Stage Manager: **Claire Fenwicke**
Sound and Lighting: **Sean Scribner & Jason Cowen**
Costumes: **Erica Masotto**
Hair: **Tammy Martineau**
Assistants: **Anchi Numfor & Valeria Murillo**

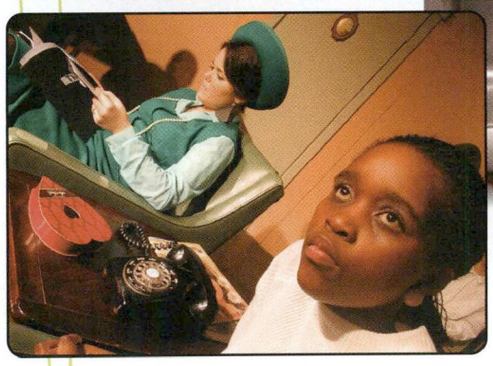


















Free Skate

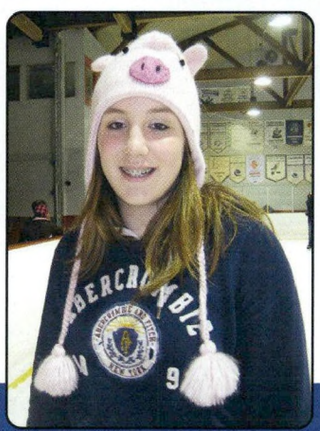


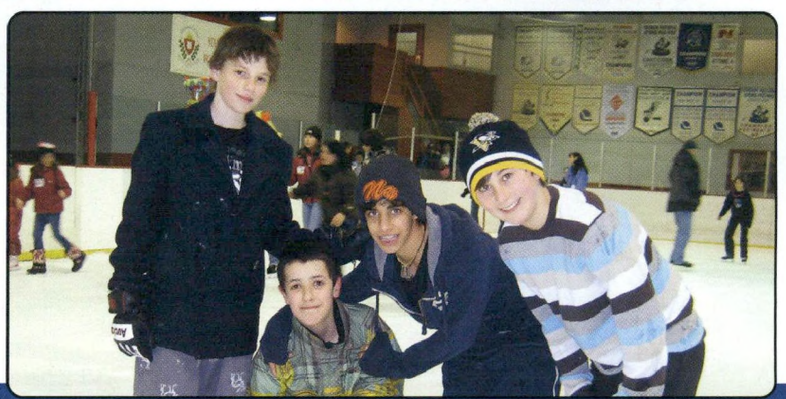




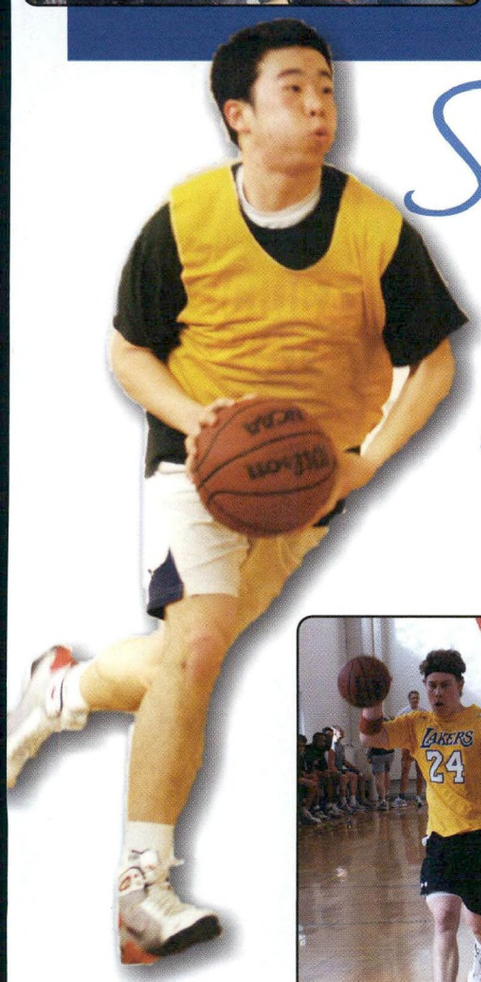


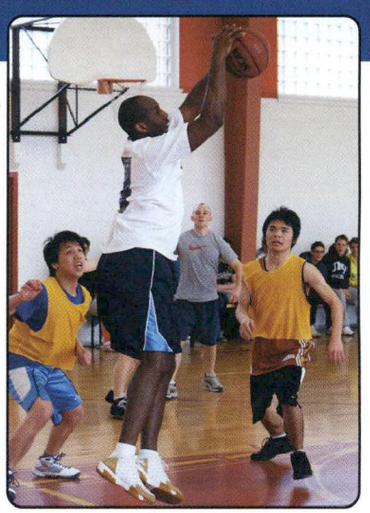






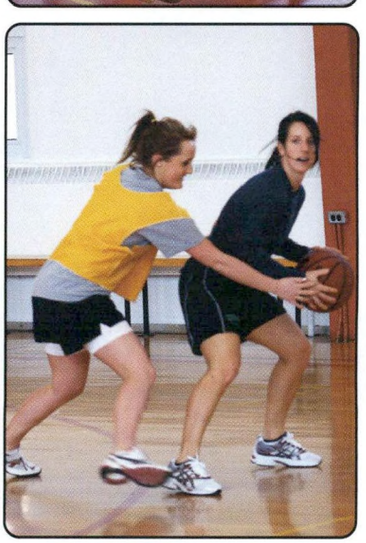
Staff-Prefect Basketball







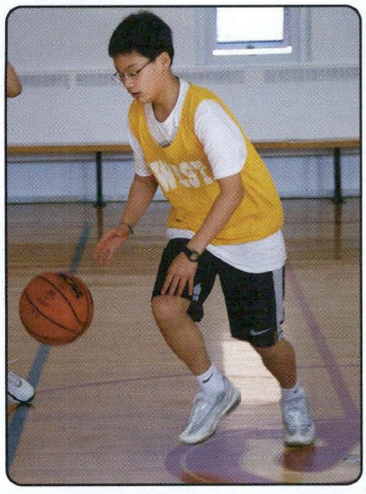




Winter Activities

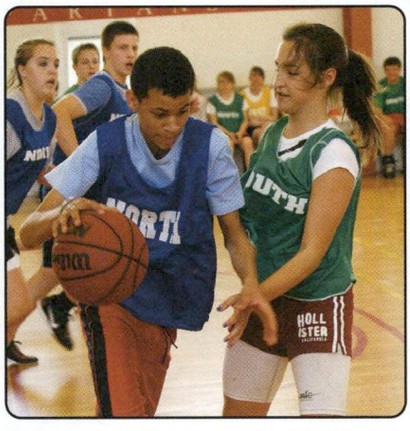
All Campus

Part 1

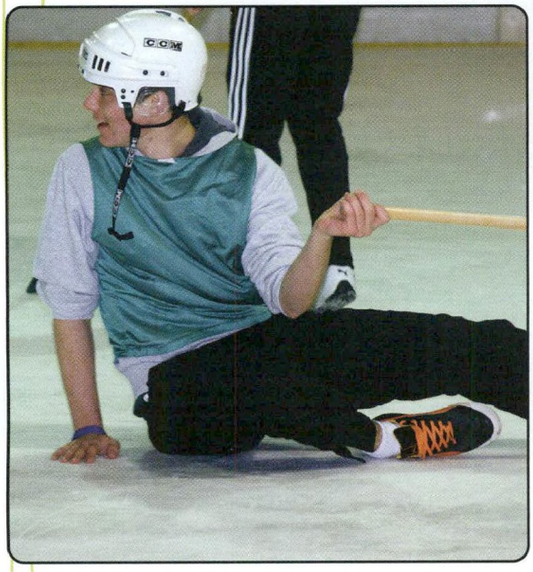








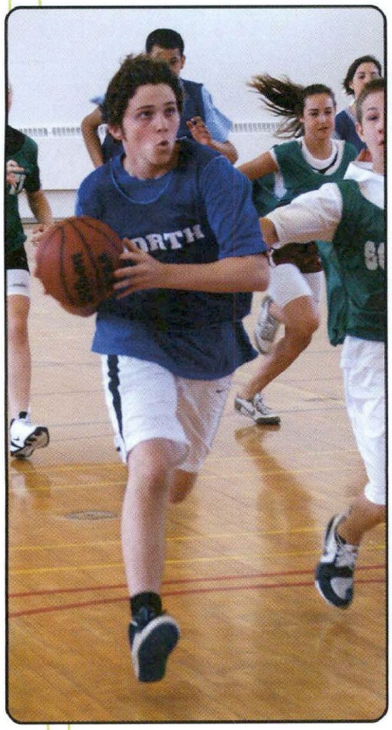


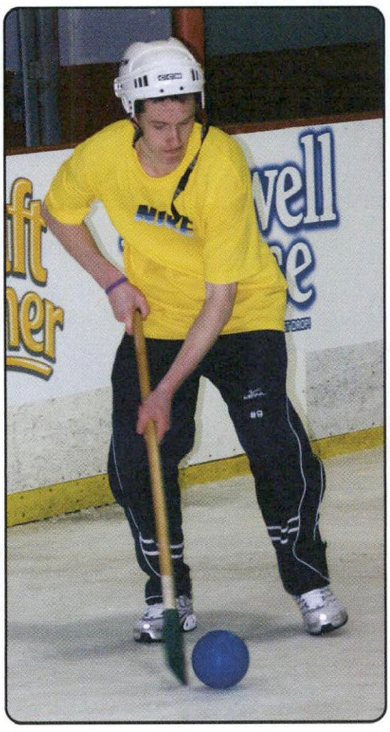


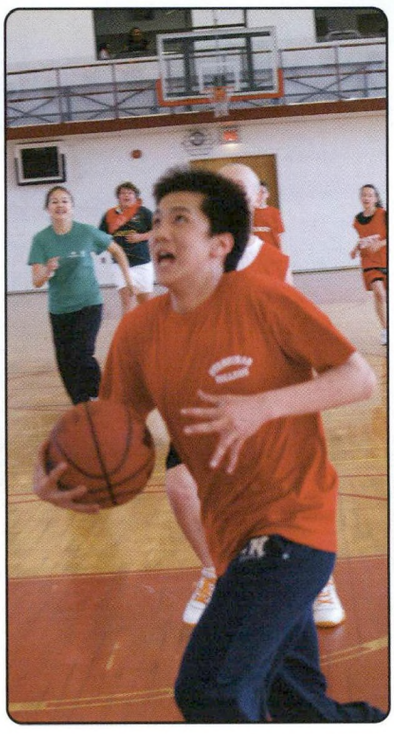


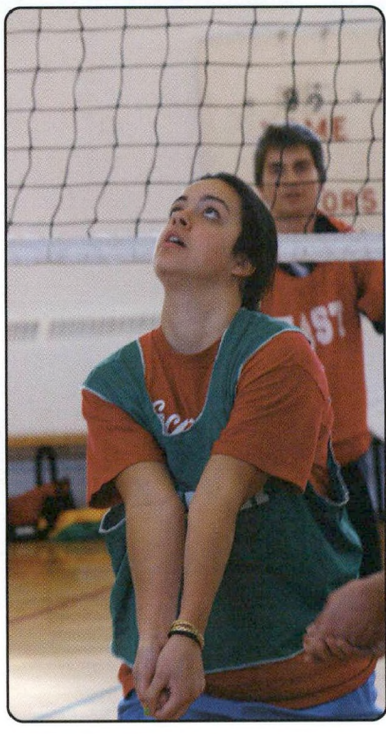


> **West** is in the lead





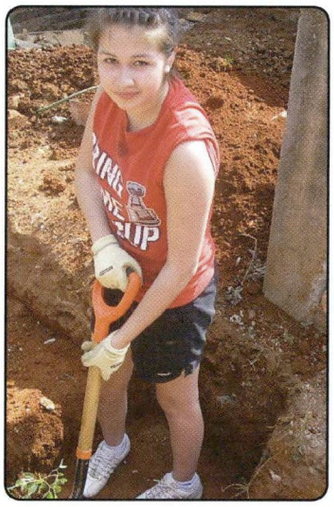




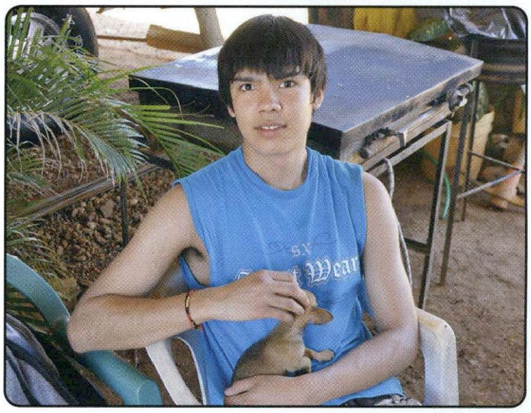
Habitat for Humanity

Las Varas, Mexico





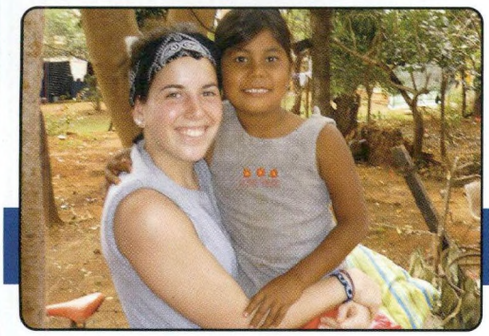






Corey H, Gabie F, James V, Justin C, Jessica T, Jasmine N, Thomas W, Sean S, Daniel F, Ms. Hessian, and Mr. Wells travelled to Las Varas, Meixco for ten days to help with the construction of two homes.

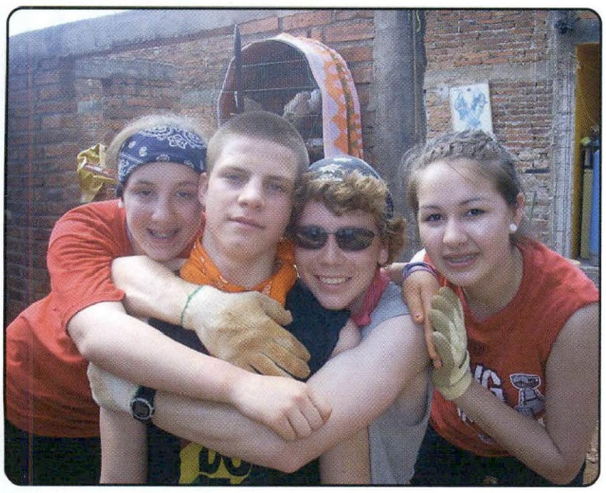






Vancouver, BC

Olympics





Nicole, Maria, Fernanda, Tom, and Joseph travelled to Vancouver over February break.

Basketball
Senior Girls







Finalists: ETIAC League and Finals, SIT, MIST, Bailly and McLeod

After Day 1 of tryouts, things could not have looked more bleak. We, the senior girls basketball program, two-time defending ETIAC champs, had a grand total of four girls come out for the team. Four! Veterans Margarita, Juliet and Dawn, plus Colleen as the lone rookie. Needless to say, Captain Margo and I were very worried; would the Spartans even be able to field a team in 2009-10?

The good news: we did manage to field a team. Gabie (last year's super-manager) decided to play; Anchi and Chelsea moved up from junior; then finally Fernanda, Sophia and Malda joined late. We had a team.

The better news: against all odds we became competitive. Very competitive. We enjoyed early success with November wins against BCS, Galt and Sacred Heart. We played inspired basketball at the MIS, earning silver medals. We embarrassed ourselves against MVR in our worst game of the year, but avenged that loss a month later. We hosted the Bailly and, as noted on the following page, played about as well as we could play in winning the finalist banner. We suffered a heartbreaker to Galt in the ETIAC finals, but got even at the McLeod semi-finals with the grittiest effort of the year, where we again earned silver.

In the end it was the ultimate "bridesmaid" season, with second-place finishes in the league, playoffs, SIT, MIS, Bailly AND McLeod, but after opening tryouts who would have thought we would challenge for anything? Who could have predicted 20 wins versus 10 losses? The leadership from the veterans (especially MVP Margarita Acero), the January return from injury of Flavia Calvar, the improvement of the rookies, and the overall toughness of this team really made it happen this year.

Congratulations to all award winners, and thank you to the entire team for reaching (and perhaps even surpassing) your potential. Really, that's all a coach can ask for.

- Coach Van Dyke

















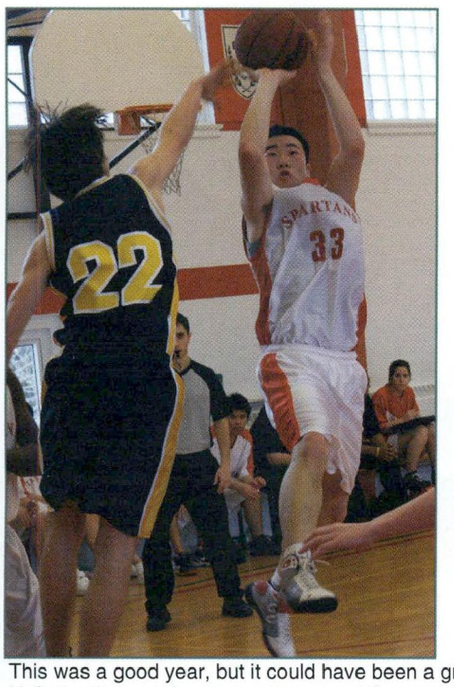
(Left to right) Coach Van Dyke, Colleen Hamilton, Gabrielle Fleming, Anchi Numfor, Flavia Calvar, Dawn Namagoose, Juliet Numfor, Fernanda Coindreau, Chelsy Martin, Sophia Kattenbusch, Malda Alami, (front) Margarita Acero. Absent: Annik Williams

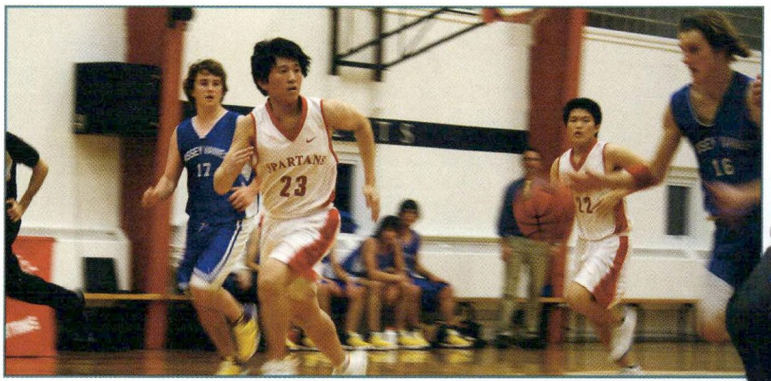


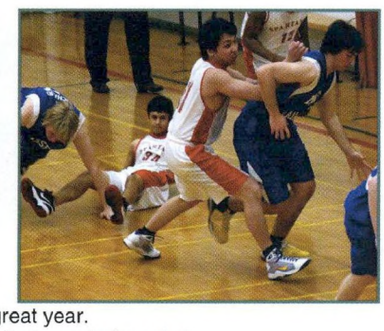
BCS Tournament Champions, Finalists at Anderson, ETIAC League and Finals

Basketball

Senior Boys







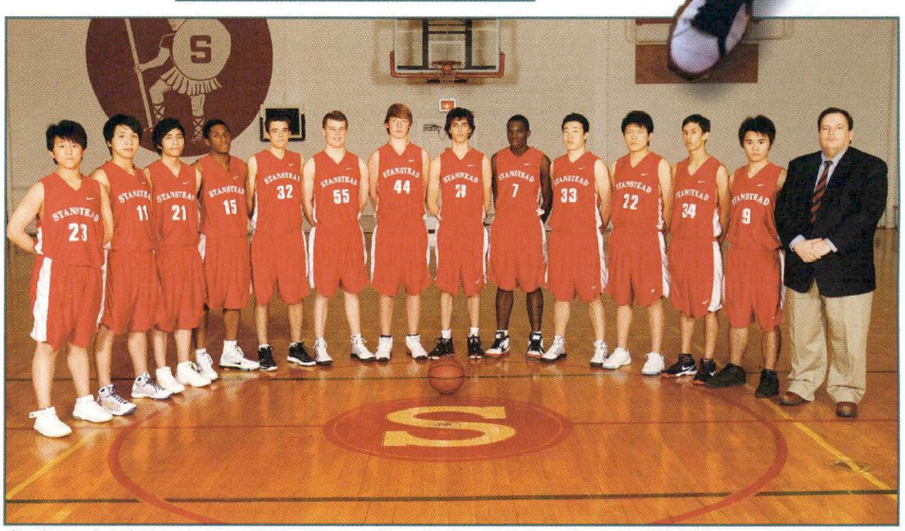




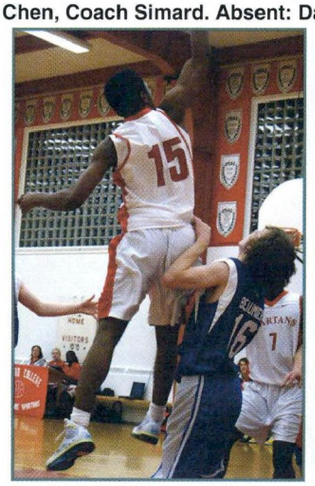
This was a good year, but it could have been a great year. Unfortunately our best games were not the ones that counted most at the end of the season. We played three games before Christmas, winning (without me) against BCS, losing to MV, and beating Galt. In January, we beat BCS twice more and Galt once. The most important game of the regular season was a loss at MV which gave them the league banner. Had we won that game, we would have them at home for the deciding game, but it was not to be. (In that third league game against MV we did indeed beat them. In fact we blew them out with exciting play from Fabi and a thunderous dunk from Ngwa). We had a great weekend at the BCS tournament, winning it for the first time ever. We beat LCC, Westwood by 1, and BCS, and took a loss to RR in a nothing game when we knew we had clinched the final and wanted to be ready for a rematch with either LCC or Westwood. In the final we beat Westwood by 20. That was vindication for my decision to play everybody against RR to be well-rested for the final against a tired opponent. We hosted the Anderson Tourney this year. In it, we beat Gaspe and St Johns easily in pool play, and beat BCS in the semi-final. We qualified for the final where we met QHS and lost to that quality team soundly. (See next page.) In the ETIAC Playoffs, we, as #2, played #3 Galt, and beat them, setting up a rematch with #1 MV in the final with them knowing that we had beat them easily in our last meeting. Alas, it was not to be as we got off to a slow start and never recovered, allowing them to add the Playoff Trophy to their collection, with us going home disappointed. At the Visser Provincial Tourney, we beat CRHS and lost to QHS (a half-game) in pool play. We lost to Heritage in the semi (the eventual champs over QHS in an exciting game) and lost again to MV in consolation play. What a disappointing way to end our season!

Our overall record was 16-8, split as 8-5 in exhibition and tournaments, 7-2 in league, and 1-1 in playoffs. A good record, but unfortunately most of the key losses came in the important last few games of the season.

This was a nice and positive group to work with. Lots of character and leadership, no discipline issues, and a team-first attitude were evident. Fabi moved from guard to forward and showed terrific athleticism and was our best player. In Won moved from forward to point. Ngwa could be dominant around the boards at both ends. Nick was a solid and cerebral player. James S. stepped up when given the opportunity, and earned lots of minutes for the rest of the season. James V. kept the other bigs honest. Max learned a lot and got better every day. My "friends from Asia": Hank, Felix, Charlie, Alex and Frank, all made key contributions. Boisse became a cult figure with his 3's and his key minutes late in games. And then there was Zal, keen, excitable, and with lots of potential. Well done, boys. Despite our year-end disappointments, be proud of a solid overall season. - Coach Simard



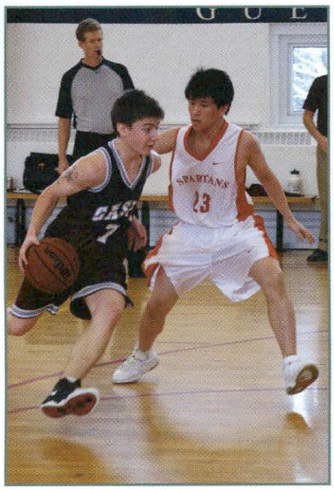
(Left to right) Frank Lee, Felix Wang, Charlie Su, Fabrice Joseph, Nick Bauer, Felix Boisse, Max Daniel, James Vassilakis, Ngwa Numfor, In Won Lee, Alex Lee, James Savory, Hank Chen, Coach Simard. Absent: David Zal

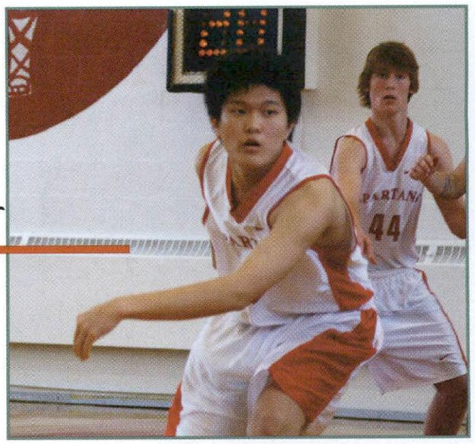




Anderson Basketball Tournament

Tournament hosts and finalists





Pool A
Stanstead College
St. Johns High School
C.E. Pouliot Gaspe Polyvalente

Pool B
Quebec High School
Bishop's College School
Richmond Regional HIgh School

Game 1 vs Gaspe High
In the opening game of the Anderson Tournament, hosted by Stanstead College, the Spartans cruised past Gaspe to a 69-43 final score. Our goal was met: get a first win, secure a semi-final spot, and get everyone in if possible as who knows how much the bench would have to shrink as the tournament progresses.



Game 2 vs St. Johns High
When we saw St. Johns' 57-17 opening loss against Gaspe, we knew they were weaker than in past seasons and predicted we should be able to handle them with our size and athletic ability. So our game plan here was to secure another win - and first place overall in our pool - so we would likely meet BCS in the cross-over semi, a team which we'd had success against. Also, we could get many players good minutes in preparation for the semi and hopefully the final. As expected, we got off to an early lead and never looked back. The halftime score was 31-6 for the Spartans, and the substitution pattern was already in place by that time. Starters got some play, but also some valuable rest. Twelve Spartans scored points in the game. Final score: 58-21.





Semi-final vs BCS
BCS stood in our way of a date in the finals with Quebec High so we would have to beat BCS while working on our game in preparation hopefully for the Sunday championship. By half the score was 32-19. But I was mad. Really mad. We were not playing our game, not preparing for the next step, simply beating them was not enough, we needed to dominate and to be firing on all cylinders to have a hope against QHS. So I ranted for a bit at half time and said that we were not playing the way we needed to play as a team.

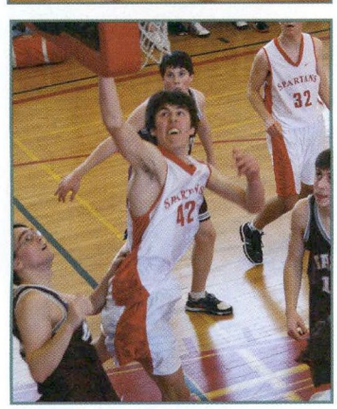
After a better third quarter, everyone got minutes in the fourth quarter and the final score was a comfortable 67-43.

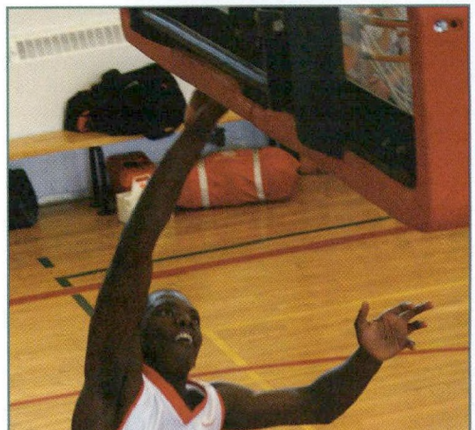
Final vs QHS
Quebec High is the three-time defending champion of the Anderson Tournament for a reason. They are a quick, smart, athletic and deep team. Many of the players have played together for three, four, and five years. Our goal was to play good defence, work very hard, and hope for a very good showing against a team which on paper looked like the clear favourite.

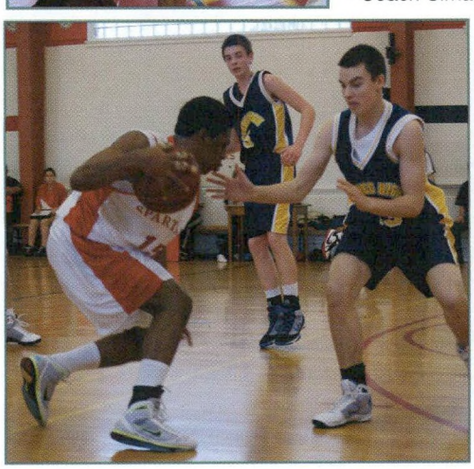
The Blazers' 20-6 lead at the end of the first quarter was extended to 43-20 at the half. We tried to work through the issues… we were getting back relatively well on defense, we were having some success breaking their press, but even with some dogged effort by the boys, QHS had too many weapons for us to defend. Once the lead stayed at over 20 in the fourth quarter, it was a chance to have other players enter the game in front of the biggest crowds of the weekend, so that was good for them.

Fabrice Joseph had 16 points for the Spartans (and 2 for the Blazers!) in the game while Ngwa Numfor had 14 points, 10 of which came in the final quarter. Fabrice Joseph was Stanstead's All-Star award recipient.

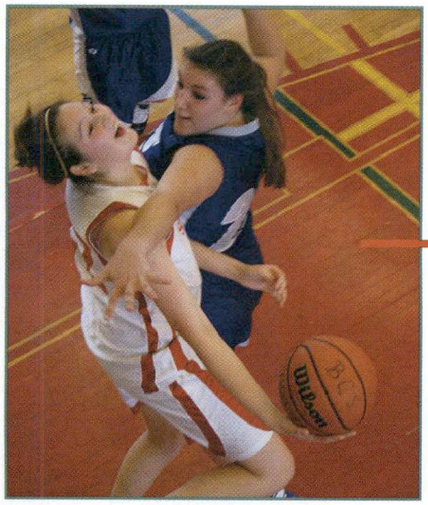
The tournament was an all-around success for our two senior teams and the school in general. Both teams made the final and received finalist banners, and each player received a silver medal. The visitors raved about the food, the atmosphere, the organization, the hospitality, the shirts, etc. So well done for a good weekend overall!
- Coach Simard







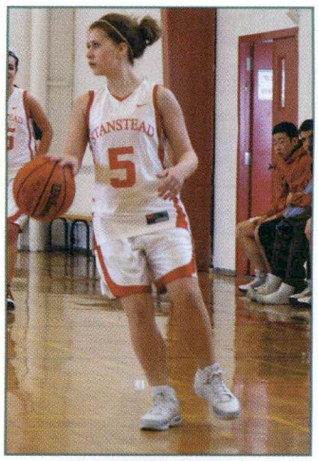




Tournament hosts and finalists

Bailly Basketball Tournament

As host of the Bailly, we were looking to show our guests some good old-fashioned Stanstead College hospitality. But in terms of the actual basketball, we had our work cut out for us, as the draw included the always tough BCS First Team, Quebec High who had already beaten us this year, and the high-octane defending champions from Shawinigan.



Game 1 vs BCS

We opened the tournament with a tilt vs BCS, who know exactly what we try to do to score and take it away. The Spartans finished the first half with a slim 15-14 lead. Nothing was working. If things continued like this in the second half our Bailly journey could be over before it began. But the Spartans turned it around with a scintillating third quarter. A 17-4 run, a 35-18 lead going into the fourth quarter, and the game was essentially over.



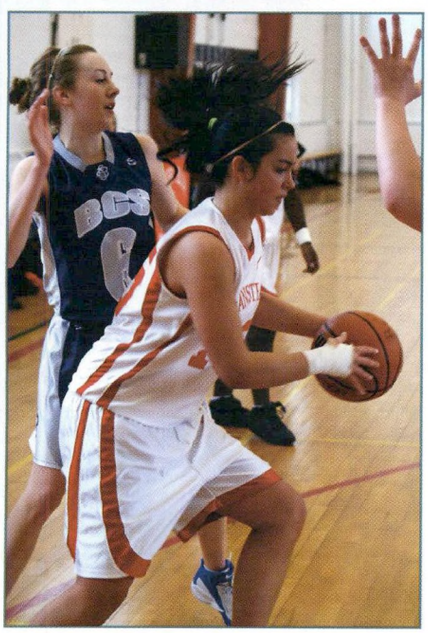
Game 2 vs Quebec High

QHS is well coached and difficult to beat if you let them play their game and get into a comfortable rhythm. Our job was to deny them that rhythm. And deny them we did, with a solid zone defence that disrupted their offensive sets, and an offense that was much improved since the last time we played them. With workmanlike efficiency Stanstead won the first three quarters, building a comfortable 37-26 lead that proved too much for the Blazers to overcome in the fourth quarter. Final score 43-36.



Game 3 vs Shawninigan

Due to the format of the tournament, the Spartans, by virtue of their first two wins, had already guaranteed themselves a berth in Sunday's final. So had Shawinigan. This meant that this would be a "nothing game" that could not affect the standings, and the two schools played it as such. Not that the teams didn't try, but the coaches obviously saved any specific strategies or special formations for Sunday. Why tip your hand now? So to put it succinctly, Shawinigan hammered us in the first half, then we played them even in the second half. We showed them nothing special defensively, and they didn't press us. Final score 58-38 for the Demons, but we left the game with heads held high thinking, yeah, when it really mattered, we might actually have a chance to pull off the upset.



Final vs Shawinigan

In our final, if we played perfectly and stopped Shawinigan's best players, we had a shot at the monumental upset.

The entire team, especially Anchi Numfor and Gabrielle Fleming, played fantastic transition defence. We allowed no fast-break layups, and only six fast-break points in total. Margarita, Dawn and Flavia did a good job on the defensive glass, corralling 16 rebs between them. Margo chipped in with 8 points from the post, 4 of them from the line, while Dawn positively abused her helpless defender with a monster 18-point game. Press? What press? Did they even bother pressing us in the second half? Gabrielle, Anchi and especially Juliet hounded the two super-guards so closely you could see the frustration in their faces. They started forcing bad shots. And when their teammates continued to miss their open jump shots, they (the teammates) became reluctant to take them. You could see their confidence ebbing as they deferred to their two playmakers. The Spartan strategy was working perfectly, as it looked like Shawinigan had never been in this situation –an 18-17 halftime score.

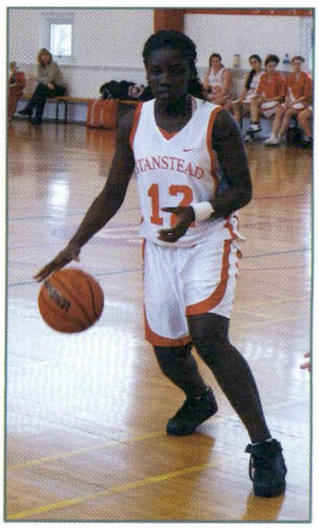
But we couldn't keep it up. We had to play perfectly to have a chance. Well, we played *almost* perfectly. We did a million things right, but in the end their #5 killed us. With just a whisker of open space in the middle of the third quarter she nailed a contested three, and then she did the exact same thing on the next possession. Seriously, what a player. Suddenly we were down seven, and despite valiant play from every single Spartan we couldn't climb back up against this juggernaut team. Final score 45-34, but our girls put a scare into a team that hadn't been scared too much this season. They represented Stanstead College extremely well all tournament, and in the end proved very deserving of the silver medals and the finalist banner. Well done, girls. Be proud.

- Coach Van Dyke





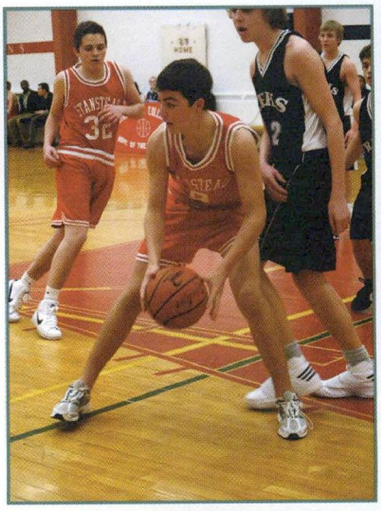




Basketball

Junior Boys





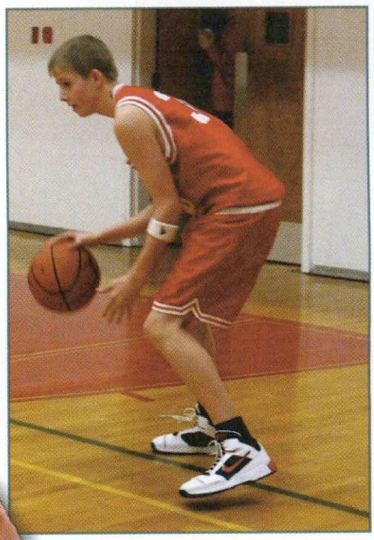
From the first day of practice we seemed to have a stronger and more organized team than last year. Unfortunately we were up against some strong competition and our record was not the best. We did have some tight games but we often came up just a bit short.

Probably our best game of the season was against the senior boys. We agreed to play up to 10 and all of a sudden the score was 10 to 2 for us. The seniors were not impressed and insisted we play to 20. Once the score got to 20 to 4 for us the gloves came off and our lead dwindled, but it was still a highlight of the season, at least for us.

In addition to that and some other highlights we also managed to create a lot of footage for the blooper reel as well. Two memorable moments were Roger's shoe flying off in the middle of a game and watching him run around with one sock on, and who could forget Arthur's perfect lay up at Thetford Mines? He caught the ball standing all alone under the basket turned and sank the ball. Unfortunately it was our basket. - Coach Nesbitt



(Left to right) Coach Nesbitt, Coach Wolfe, Anand Kantharoup, Chris Savory, Adrian Tame, Etienne Scraire, Sean Fry, Ben Lang, Ney Gonzalez, Peter Lin, Zhouying Duan, Jethro Chang, Coach Thompson, (front) Sean Scribner, Campbell Wolfe. Absent: Robyn Diamond, Arthur Lloyd, Denbigh Burrows, Roger Peng





Basketball

Junior Girls

The junior girls were tough. They were determined. And they tried their hardest in every game, and that's what mattered. By the end of the season, their group effort was seamless.

Chantal, you started the season with the most knowledge and helped others learn the game. The team could always count on your consistency.

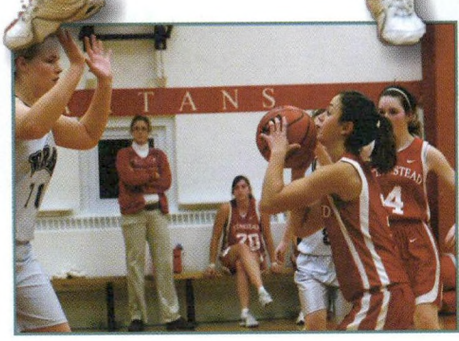
Amira, though you only came to us in January, you quickly became an impact player who was hard working and eager to learn. Ann, you are a tough, energetic fighter. You never gave up, and somehow, you always found that extra energy on reserve. Lucia, your energetic and positive attitude was always contagious and you learned to be a great defensive player! Estelle, your improvements over the season were beyond measure! You never gave up and you have shown amazing potential! Nicole, you have an innate sense of where to be on the court, and your team could always count on you to help them out! Great defense, great offense! Mayte, you too are very tough. You always stayed with your player and never backed down. You were a strong, consistent defensive player for the team! And finally and thanks to Kasey who played our first few games and was key to introducing the team to playing basketball! Thanks for a great experience, congratulations ALL of you.

- Coach Corcoran

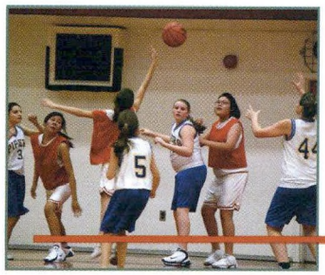




(Left to right) Coach Corcoran, Ann Gutierrez, Chantal Bedard, Nicole Lizarraga, Kasey Bracket, Estelle Larrivee, Maria Teresa Yarza, Lucia Ortega, Casey Crothers. Absent: Coach Wolfe, Amira Buchholtz







Basketball

Bantam Girls

"Nothing is attained by chance, it must be sought after with ardor and attended to with diligence." – Abigail Adams.

This is exactly what we tried to do this season. We worked and worked and worked. We were a very talented team, with a lot to learn and sometimes some challenges to overcome. Above all, there were a lot of memories, some we'd like to forget, like boot camp practices, and some we will want to remember forever, like the endless debate on the words "unhariless" and "unhariness."

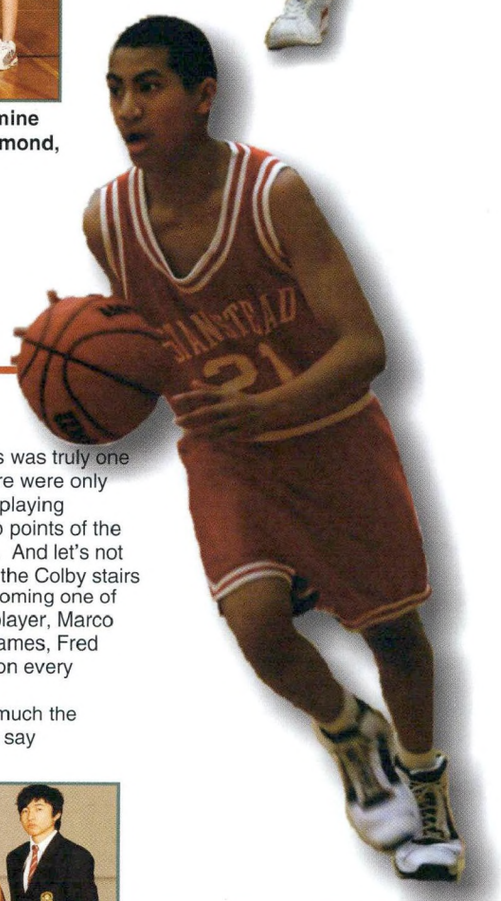
You asked me to remind you of some of the good memories, here they are: boom boom clap, Alex the hot scorer table guy, the grandpa referee, Cree ball, setting up dates at BCS, playing with only five players in Montreal, are we eating at MacDonald's? you asking me to make a long speech and stealing money from little girls in Tim Horton's.

Maybe we had a hard go with some of our games; we won some and we lost some. But more than anything, we improved and we had a good time doing it. If I can tell you one thing, it's that you should work to be your very best all the time and never, never give up. You can do it! If we all did the things we are capable of, we would literally astound ourselves. - Ms. Hessian



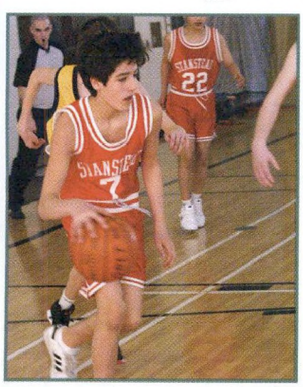


(Left to right) Ms. Hessian, Madyson St-Pierre, Jessica Tomeo, Jasmine Namagoose, Charly Gilpin, Noemie Larivée, Julia Gilpin, Janine Diamond, Lyanne Carruthers. Absent: Aisha Weider



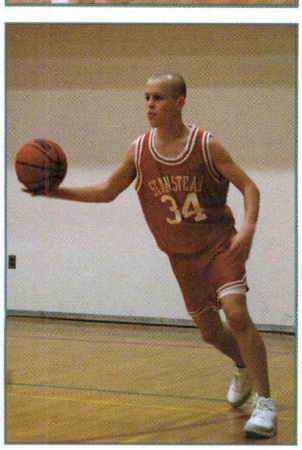
Basketball

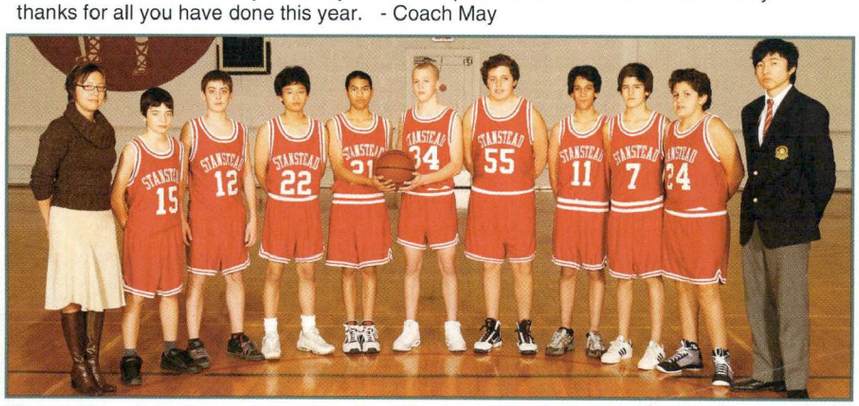
Bantam Boys



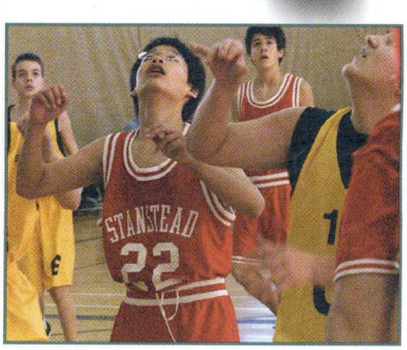
I think every coach says this about their team from year to year but for me, this was truly one of the highlights of my short basketball coaching career. Some highlights: There were only three returning players and the rest… well most of them had never considered playing basketball before. In nearly every game we lost, at half time we were within two points of the other team. This season, every single member of the team scored at least once. And let's not forget the hours spent on conditioning. I don't think these boys will every look at the Colby stairs in the same way. Then there are the individual accomplishments, from Jose becoming one of the top scorers of the team, Santiago's bear-hug fouls, Emiliano stuffing a Galt player, Marco unstoppable on defence, Jean-Sam, scoring two points in one of our toughest games, Fred being motivated by food, Andrew's surprise hook shot, Spencer having a friend on every team we played, and Paul always giving his best for his team.

For these reasons, I could not ask for a better team and am sad to see pretty much the entire team move on next year. They have been phenomenal and I would like to say thanks for all you have done this year. - Coach May





Coach May, Jean-Samuel Couture, Fred Fleurquin, Andrew Jean, Paul Miller, Spencer De La Bruere, Emiliano Bonilla, Marco Budib Rodriguez Pacheco, Jose-Luis Villar, Santiago Bonilla, Lei Wang



Swimming





Swimming season was quite special as we were the only team to train outside of the country, let's say "at an international level."
I know how statistics can be important for a team, so here are some random stats:
- Towels used 1440, lost 2.
- For only 24 swimmers, we used 53 bathing caps (one of which with only one side according to Kevin) and 67 pairs of goggles.
- Petit requin (our own "ChaCha Slide"!): 87 times… and I always miss some lyrics!
- Laps: at an average of 60 per practice, our average swimmer swam 82.8 km
- Carlos was the last one ready to come back 59 times (he missed one practice!)

The important stats:
- We had half the number of swimmers we had in the last years. This partly explains why we could never really compete with BCS throughout the season. We still came in second place.
- Points/Ribbons: We got 72 ribbons, 14 for 1st place. (BCS had 42 1st places!)
- DQs: At the first meet, the other schools had 3-5, we had 19! We went down to 14, 9 and, at the finals, MVR and BCS had 3, Galt and SC had two: that is impressive! Even the officials mentioned it to me.

At the beginning of the season, I told our swimmers I had three goals in mind for them:
1. Get in swimming shape: you might be a soccer player, a runner or a football player, you are probably not fit to sustain intense swimming practice.
2. Improve your swimming skills
3. Get some team spirit: it's mostly an individual sport, but you can all benefit from helping each other, giving tips and comments. Well, you did reach those goals, and I congratulate you all for a great season!

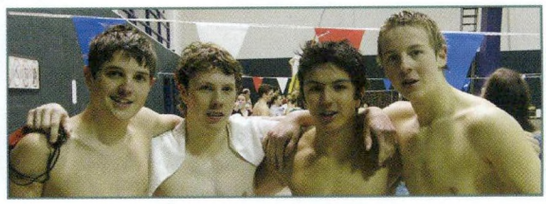
- Coach Foster and Co-coach Jenss



(Front left to right) Jose Iza, Jacob Huang, Wyatt Hamby, Malcolm Wood-Downey, Anthony Pasquale, (middle) Fernanda Diaz, Ana Paola Solorzano, Blanche DuSault, Valeria Murillo, Tiffany Huang, Crisanta Roel, Cynthia Kim, (rear) Coach Foster, Andrea Antillon, Carlos Camarena, Corey Hamilton, Alfonso Gonzalez, Kevin Koschitzki, Ann-Sophie Plinkert, Catharina Czech, Coach Jenss. Absent: Daniela Aloi, Fernanda Politanski, Tom Boulanger, Daniela Ortiz







X-Country *Skiing*



(Left to right) Luisa Sepulveda, Maria Alvarado, Frida Picazo, David Wood-Downey, Zi Qing Yang, Yuan Liu, Ming Yi Tang, Charlie Ng, Coach Grawehr. Absent: Coach Maurice

The XC-Ski team this year had an unexpected high number of students. Due to the lack of snow in December, we started our season indoors with workout DVDs and circuit trainings. Blessed with gorgeous weather and excellent snow conditions after Christmas break we enjoyed our hours outside in the snow. Only one student in the team had been on cross-country skies before, several never on any kind of skies, but all gained confidence in their new equipment very quickly. Although the members of the team might not have the 65-degree angle that was suggested in the instruction video we saw, they are on their way to being good skiers. We were able to do the trail at Mount Orford that was classified as difficult and half of them also took the challenge to do some small jumps. We always warmed up with games like rugby or ultimate Frisbee on skies, which was a very enjoyable part of our practices. I would like to thank all of the XC-skiers for a wonderful season with an amazing participation and hope that this was not the last time you enjoyed this sport. - Coach Grawehr





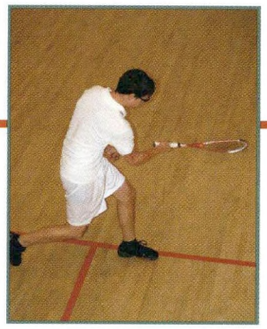


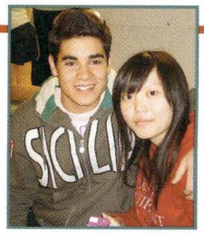


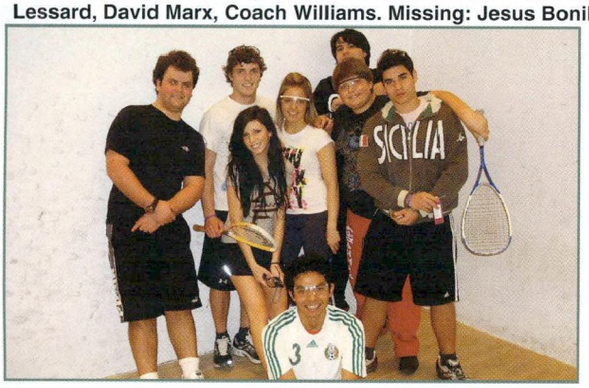
Squash

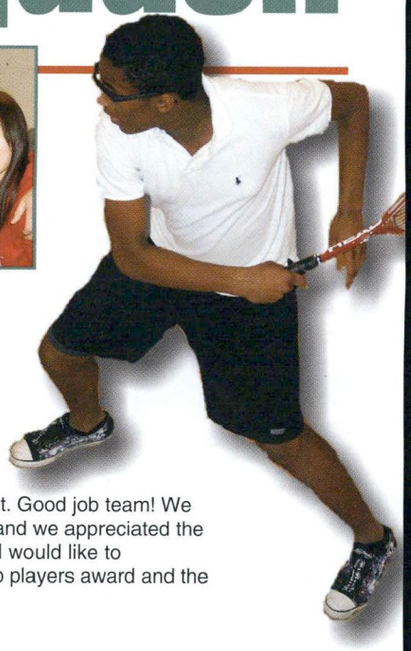


(Front left to right) Jennifer Corriveau, Michele Lessard, Fabiola Barraza, Emma Hinton, Sara O'Connor, Rose Lee, Vivien Wang, Carla Moises, (rear) Coach McDouall, Chris Dossou, Pietro Rizzuto, Francois Roberge, Nils Behncke, Nicolas Meeus, Maxime Cadrin, Vincent Boisclair, Daniel Farca, Loik Lessard, David Marx, Coach Williams. Missing: Jesus Bonilla









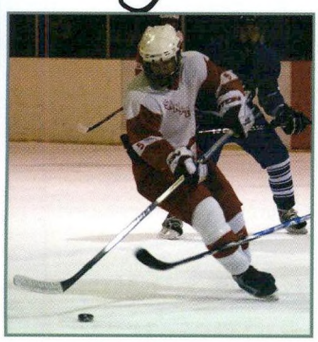
I want to thank my players for an exceptional season filled with laughter, competitive fun and great squash. I would like to thank the help of Tom Mcdoual and Mr. Gary Woolgar for assisting to coach and making it a successful season. We had the opportunity to play some tournaments with BCS, Selwyn House in Montreal, as well as club players in a tournament at the Atwater club. Though we didn't win all the matches, our players had heart and persevered in improving their skills in every respect. Good job team! We also had a teacher-student invitational which was all in good fun and we appreciated the participation from our faculty players who braved the challenge. I would like to congratulate Sara O' Connor and Loik Lessard for winning the top players award and the whole team for making this season a memorable one.
- Coach Williams

Hockey

Junior-Bantam

Eaglebrook Tournament Champions







(Front l-r) Jonathan Archer, Ryan Smith, Bobby Baillargeon, Andrew Norris, Spencer Martin, JaeHyun Yoon, Joseph Harvey, (middle) Coach Chandler, Carl St-Jean, Jason Cowen, Elliot Vaillancourt, Elric Boisvert, Thomas Wenzel, Lucas Zwaagstra, Kody Halikas, Coach May, Coach Corcoran, (rear) Paul Roberge, James Cloutier, Jordan Buck-Thompson, Jordan Norris





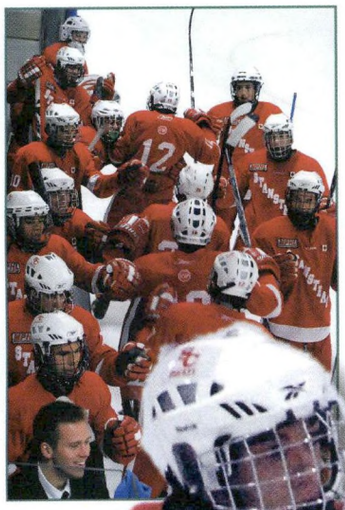


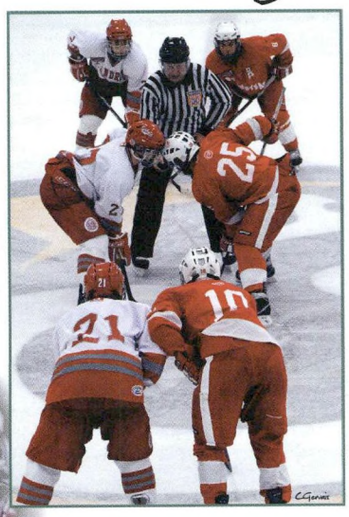
The inclusion of the senior Spartans into the MPHL created an opening in the senior ETIAC league for the JV boys, accomplishing a record of 2-10. On paper, this doesn't look overly successful. However, when you factor in the fact the JV boys were playing, often with a short bench, against senior teams with players averaging two to three years older, the overall record begins to look much better. Include in this the fact that the JV boys managed to steal two games from a talented Massey-Vanier team, one of which came with 5.5 seconds left in the game at home. Add to that three very close games against rival BCS -- 2-1, 2-1, and 3-0 -- and the season looks even better. When all is said and done, the boys should be proud of their accomplishments throughout the ETIAC season.

The highlight of the season was the 2010 Eaglebrook Tournament in Deerfield, MA. The Spartans entered the tournament playing with a short-bench after losing Kody Halikas and Thomas Wenzel to injury, and JaeHyun Yoon to an early departure. However, the Spartans battled all tournament long and played with intensity, passion, and pride. After going 2-1 in the preliminary round with a devastating loss to a talented Kuper Academy team, the Spartans defeated Rumsey Hall in the semi-finals (despite spotting them an early 2-0 lead). This set the stage for a rematch with Kuper. With additional injuries to Justin Coon and Jordan Norris, the Spartans hit the ice short on numbers but high in motivation, guts and determination. After spotting Kuper a 2-0 lead early in the game, the Spartans battled back to win the game 4-2 on the stellar play of Lucas Zwaagstra (3 goals including one with 11.2 seconds left), Andrew Norris, and an entire team effort. Thank you all for a memorable season. - Coach Corcoran

Hockey
Senior Boys















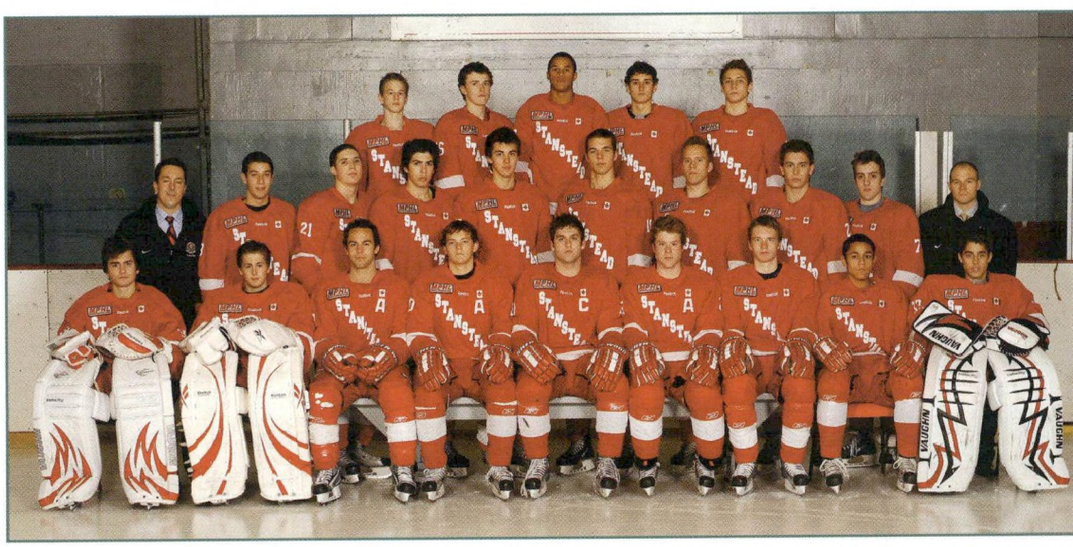
Becoming a new member of the Midwest Prep Hockey Association has been a successful transition for our program. We travelled to Vernon Hills, IL near Chicago to compete in our league kick-off weekend. The guys wanted to make a statement and perform well in our debut. We went 4-0-1. One of our best games was against last year's league champion Lake Forest Academy. It was the fifth game of the weekend and a quick turnaround. We fought back to a 4-4 tie.

At Phillips Exeter and Governor's Academy showcase, we had a hard-fought game against the Tilton School. Both teams never quit and competed with great energy for 60 minutes. The Spartans finished on top with a 3-2 win.

At the Stanstead Invitational Tournament, we went a perfect 4-0. We faced a tough Appleby team in the final. It was a close game and both teams were playing well, but the Spartans managed their game and found a way to get it done for the third time. In my opinion our best game of the season was against Northfield Mount Herman. We once again never quit and made a great comeback to tie the game 4-4.

We couldn't have had the success this season without everyone on this team. Everyone had a role and executed their job to the best of their ability. Unfortunately, we had season-ending injuries for Jamie Lively and Patrick Earle. They were able to step in and help out with the team. I would like to take the time to thank Coach James Rioux for his rigorous preparation, hard work and organization, as well as his sound advice and reliable help in the day-to-day operations. I would like to thank the Grade 11s for all their contributions. I look forward to your leadership in your Grade 12 year. I would like to thank the Grade 12s for their final contributions to the hockey program and wish them the best of luck in their future endeavours. Remember, you are all Spartans for life…- Coach LaPerle

MPHL Division Champs
SC Invitational Champs



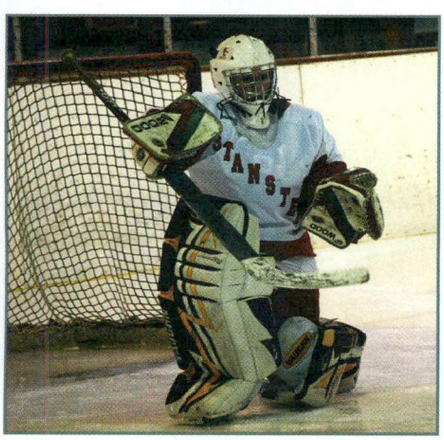


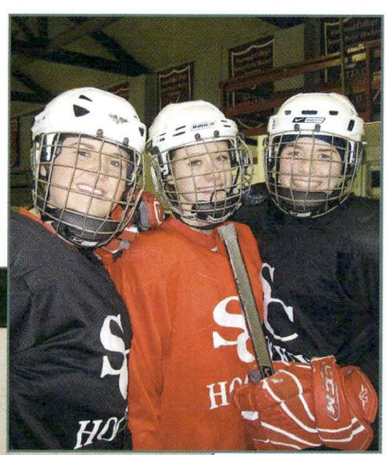
Back Row: Carl St-Jean, Lucas Zwaagstra, Dumas Maugile, Raphael Lacerte, Daniel Escaravage, Middle Row: Coach Rioux, Pierre-Alexandre Aucoin, Olivier Letourneau, Pietro Antonelli, Swann Boisvert, Olivier Lalonde, Jamie Lively, Anthony Fortugno, Samuel Labreque, Coach Laperle, Front Row: Simon-Pierre Boulos, Patrick Earle, JP Daigle, Marc-Olivier Sauriol, Ryan Bedard, Maxime Ruel, Matt Robertson, Tom Castle, Felix Larrivee













NAPHA Division Champs
Tilton Tournament Champs
Rice Memorial Champs
Europe 2010

Hockey Girls



(Front left to right) Emily Norris, Eastlyn Bellamy, Michelle Baillargeon, Kayhla Violano, Brittany Sharman, Hailey Nadeau, Kelly Forin, (rear) Coach Gaudet, Meghan Martin, Maxie Plante, Alyssa Palmer-Dixon, Sarah Lefort, Abigale Vanluvender, Catherine Quirion, Coach Ross

The 2009-2010 season for the girls hockey program was by far the most successful season in the history of the program. Although the ETIAC league folded midway through the season, we participated in the very competitive North American Prep Hockey Association league, finishing first in our division. The level of competition far exceeded anything that the program has ever experienced before.

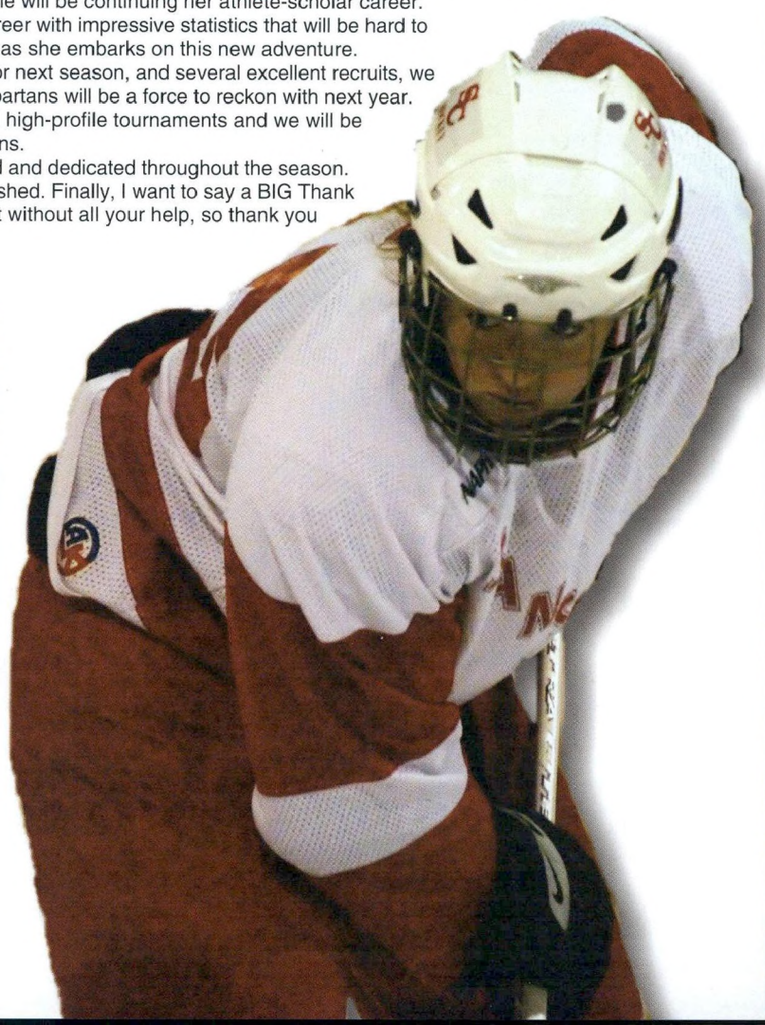
Our overall record was 37-5-3 including many games against top Division I and II prep schools. For the second year in a row we won the Tilton Invitational Tournament, outscoring the competition 18-1 over three games. We finished off the season with a four-game tour of Switzerland and France where we were narrowly defeated by the Swiss national U-18 team, but came back to handily beat the France National U-18 team.

Captain Brittany Sharman will be the only graduating member of the team as she heads off to one of the top Division III schools, Norwich University, where she will be continuing her athlete-scholar career. Brittany ended her Stanstead hockey career with impressive statistics that will be hard to match, and we wish her the best of luck as she embarks on this new adventure.

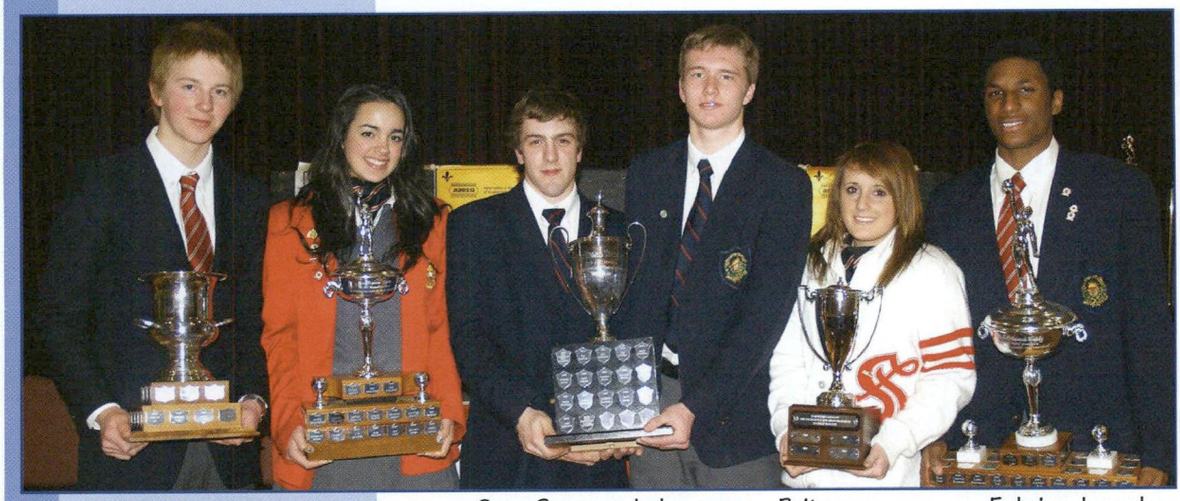
With a solid core of returning players for next season, and several excellent recruits, we are confident that the Stanstead Lady Spartans will be a force to reckon with next year. We already have been invited to several high-profile tournaments and we will be serious contenders for NAPHA champions.

Thanks to the girls who were committed and dedicated throughout the season. We are very proud of what you accomplished. Finally, I want to say a BIG Thank you to Mr. Ross. I could not have done it without all your help, so thank you again.

- Coach Gaudet



WINTER ATHLETIC ASSEMBLY



Kevin Koschitzki - Trustees' Trophy & Junior S
Could swim any stroke and improved greatly

Margarita Acero - Bess Ferguson Trophy & Major S
Versatile scorer and commitment to the game

Sam Garneau-Labrecque & Matt Robertson - Dawes Trophy & Major S
Sam: Sharpshooter with talent and skill; Matt: A gifted forward with 101 points

Britanny Sharman - MVP Trophy & Major S
Most ice time; developped as a person and player

Fabrice Joseph - Dr. E. C. Amaron Trophy & Major S
Unstoppable forward, incredible rebounder

MAJOR S



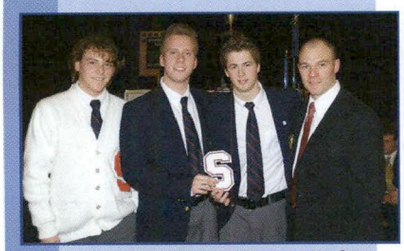
Ryan Bedard - Hockey
Talent, ability, leadership



Max Ruel - Hockey
Hard work, strong character



Sarah Lefort - Hockey
A truly committed player



Boys Hockey Senior S: Marc-Olivier Sauriol, James Lively, Patrick Earle, Coach LaPerle



Girls Basketball Senior S: Juliet Numfor, Coach Van Dyke, Flavia Calvar. Missing: Dawn Namagoose



Boys Basketball Senior S: James Savory, In Won Lee, Nick Bauer, Ngwa Numfor, Coach Simard



Swimming Senior S: Coach Foster, Angela Antillon, Corey Hamilton, Blanche DuSault, Coach Jenss



Girls Hockey Senior S:
Coach Ross, Kelly Foran, Maxie Plante, Coach Gaudet



Boys Hockey Junior S:
Coach May, Bobby Baillargeon, Ryan Smith, Spencer Martin, Coach Corcoran



Boys Basketball Junior S:
Coach Thompson, Chris Savory, Arthur Lloyd, Sean Scribner, Coach Nesbitt



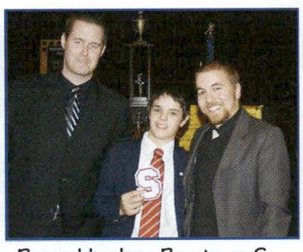
Girls Basketball Junior S:
Coacn Corcoran, Ann Gutierrez, Amira Buchholz, Coach Wolfe



Swimming Junior S: Coach Foster, Alfonso Gonzalez, Ann-Sophie Plinkert, Kevin Koschitzki, Coach Jenss



Swimming Bantam S:
Coach Foster, Malcolm Wood-Downey, Fernanda Politanski, Coach Jenss



Boys Hockey Bantam S:
Coach May, Jordan Norris, Coach Corcoran



Boys Basketball Bantam S:
Coach May, Paul Miller, Spencer De La Bruere



Girls Basketball Bantam S:
Coach Hessian, Charly Gilpin



Squash: Sara O'Connor, Coach Williams, Loik Lessard



X-Country Skiing: Ming Yi Tang, Coach Grawehr

STANSTEAD COLLEGE
SANITAS SAPIENTIA RELIGIO

Spring

Art by Carla Moises

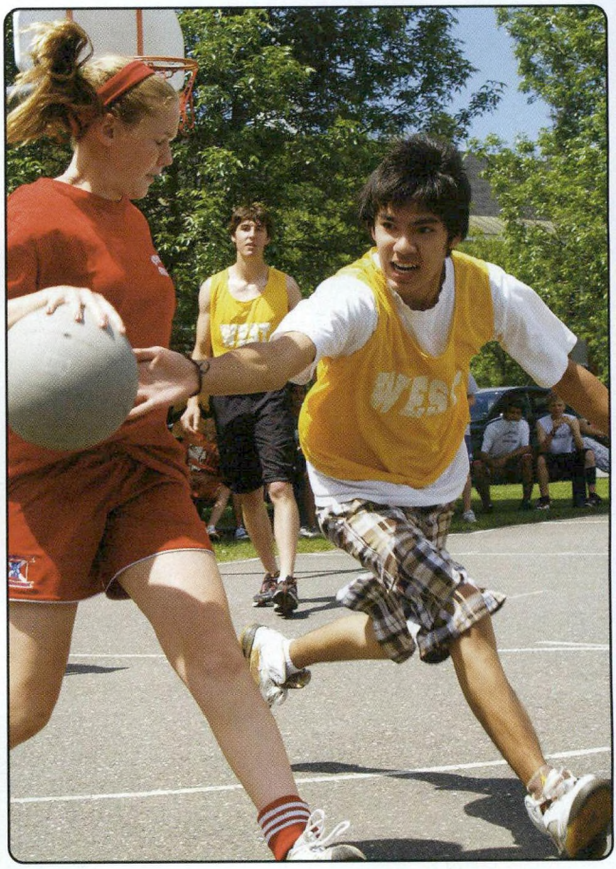
Spring Activities

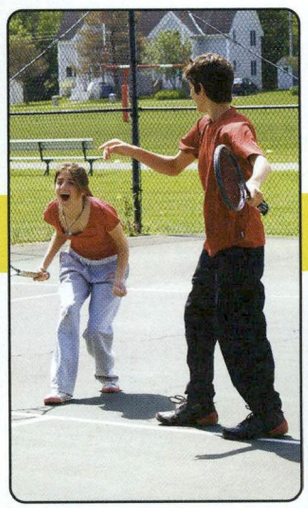
All Campus



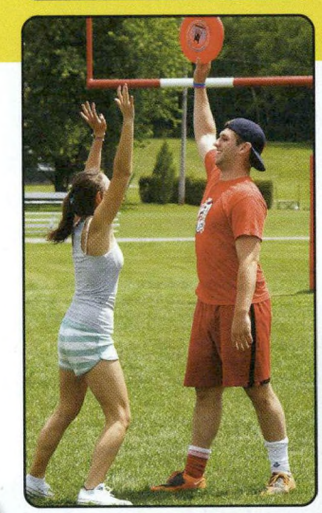








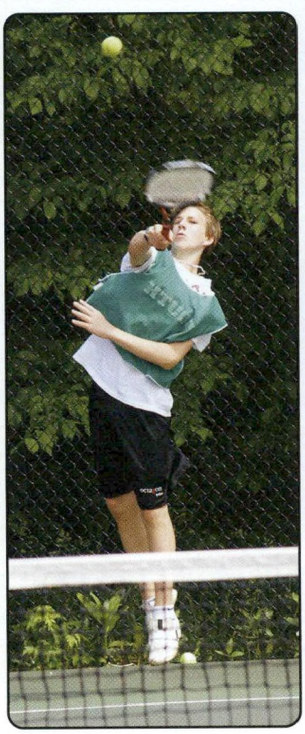
WEST WINS!









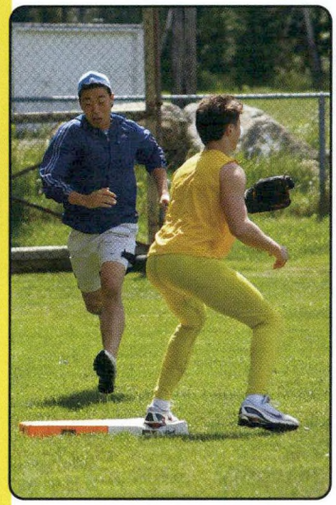


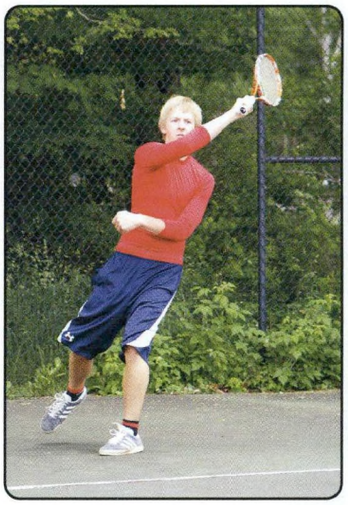


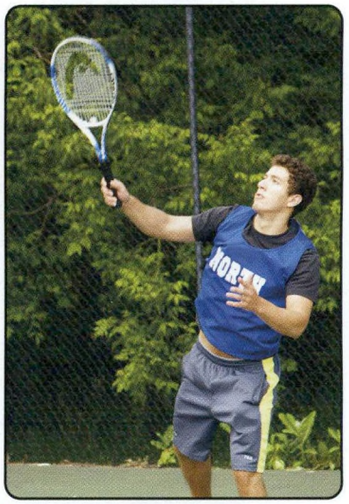




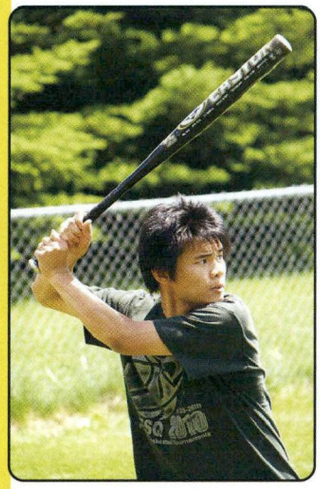




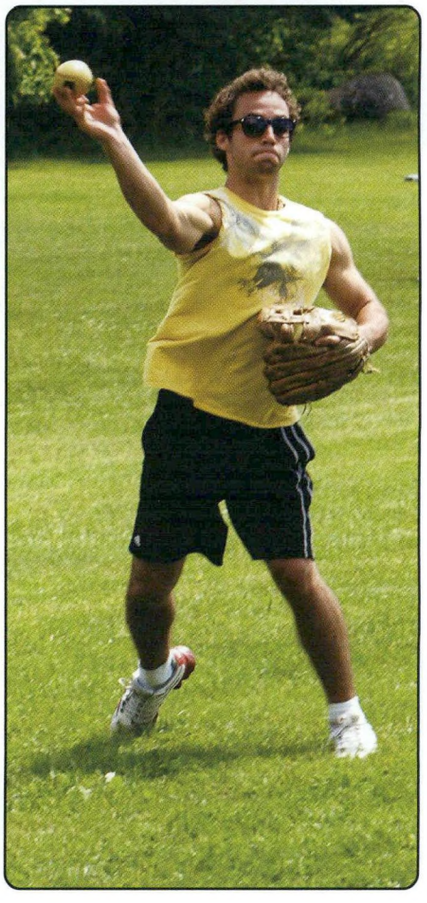


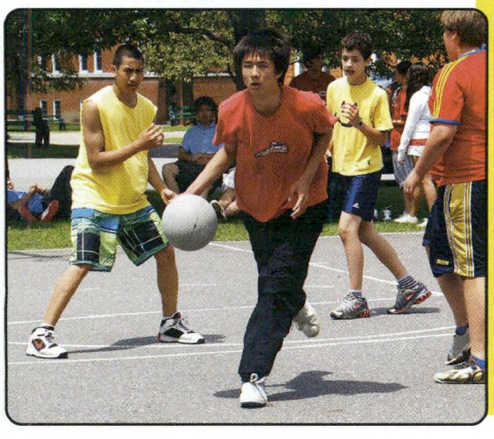














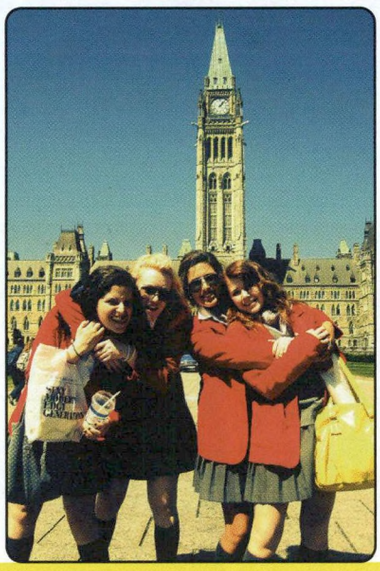
Ottawa Trip









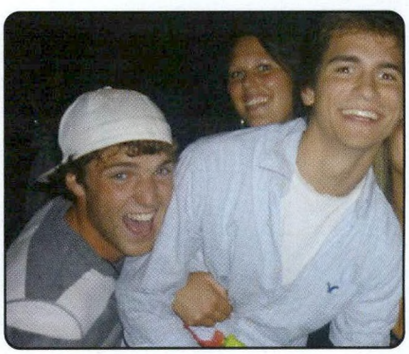




Last Dance













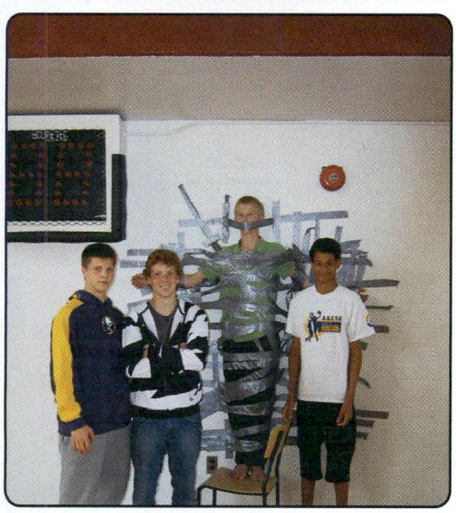


Saying our last goodbyes...

Spring Stuff









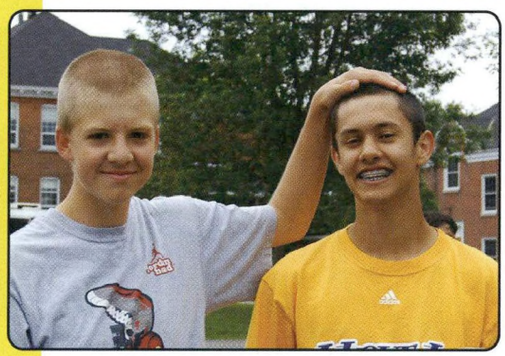
Fly On The Wall ^

Pink Shirt Anti-Bullying Day >





^ Shaved Head Challenge raised $770



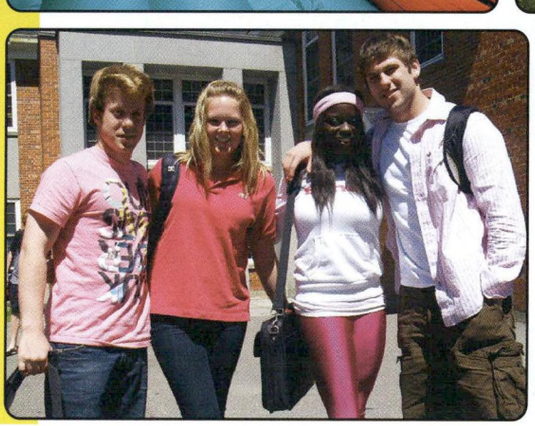
Air Bounce v

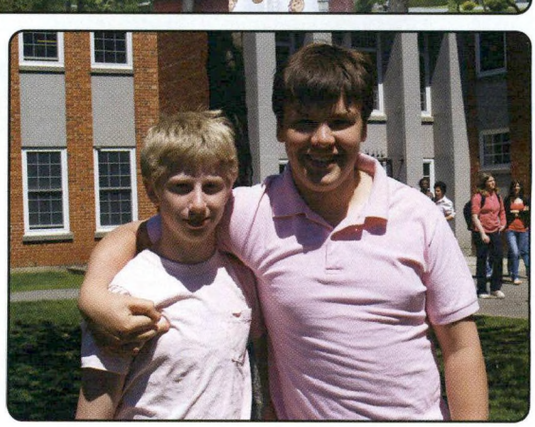












Spring Activities

Junior Camping



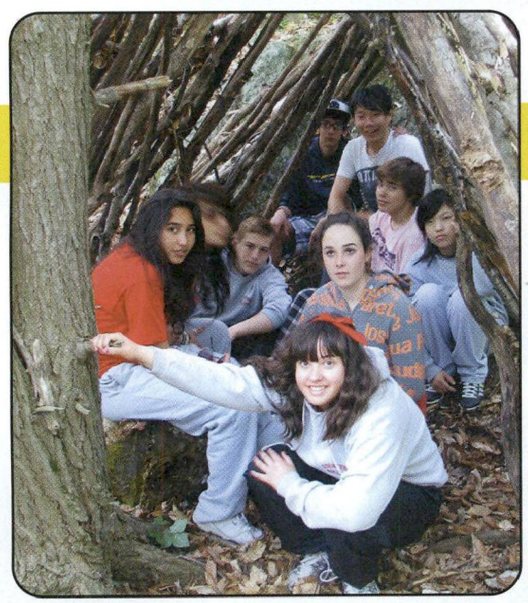






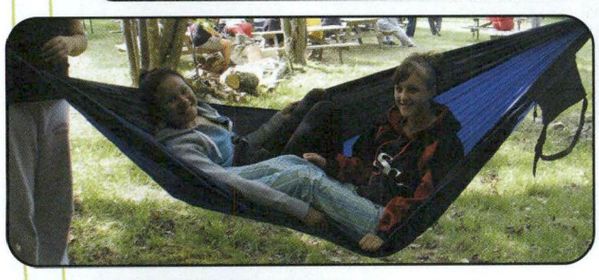






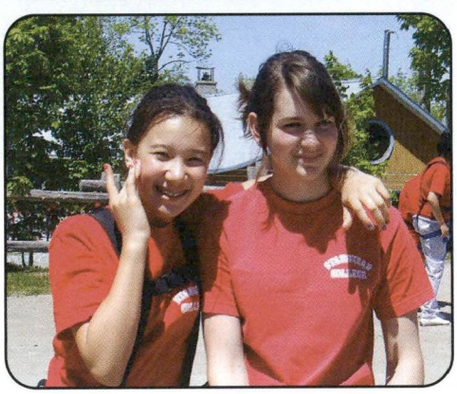


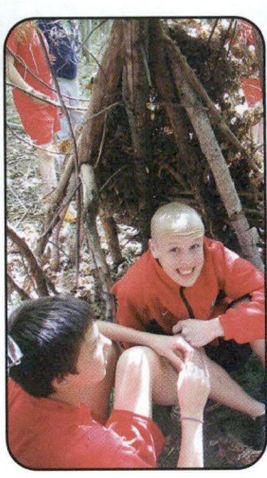




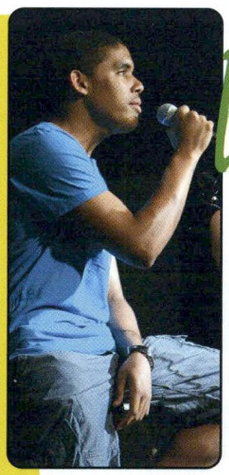


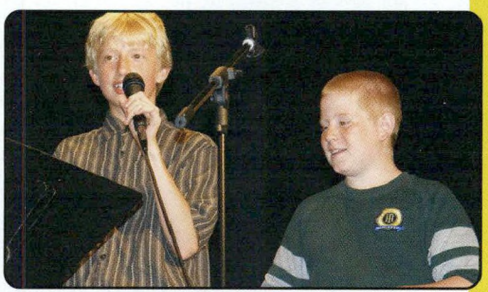
Arbre Aventure
Crystal Lake

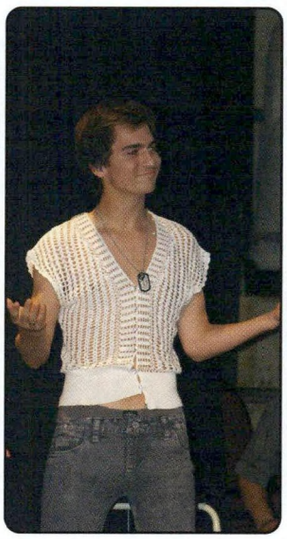


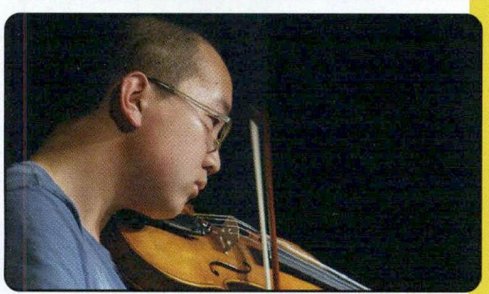


Variety Show

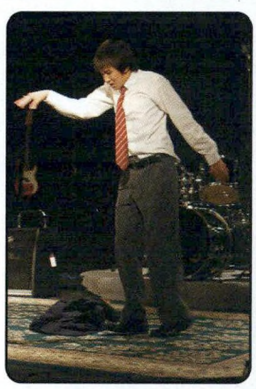



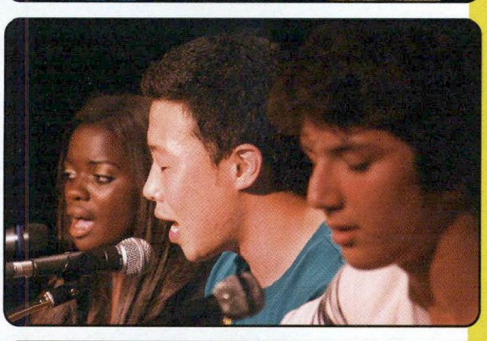
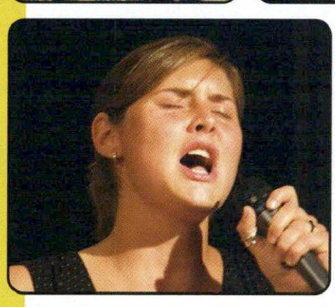



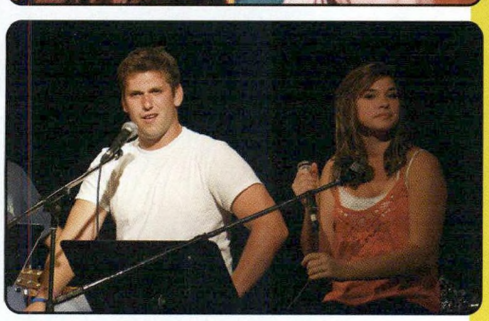




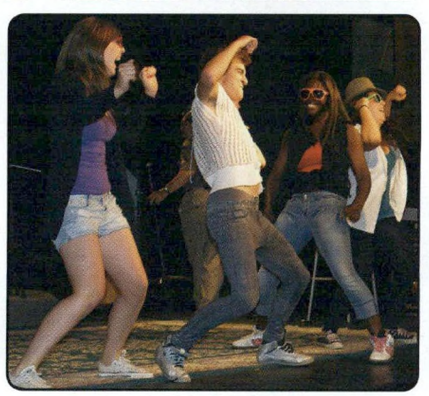
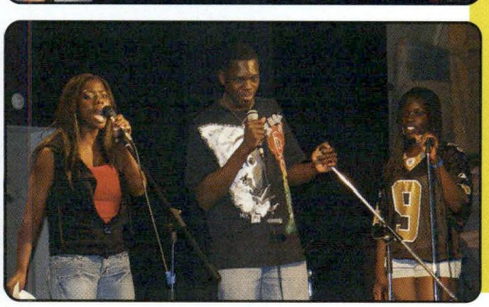




Rugby
Senior Boys

ET Sevens winners, ETIAC League & Finals Champions





Team unity is worth more to me than team success. Often, they go hand in hand. I want to take a minute to thank the boys for unifying this team so early in the season. We had an amazing team this year. It took me half the season to realize that this may be the type of team that a coach only gets once in a career.

After suffering our only losses of the season early at the CAIS national rugby tournament, we went undefeated for the rest of the season. We won everything! We beat every team in our league. We won gold at the Eastern Townships Sevens Tourney, we won our league and we won our league championship. We scored a total of 514 points this year which is an incredible average of 27 points per game.

We got all of the mechanics of the game out of the way early. Our lineout plays were set. Our scrum was solid. Our set pieces were clean. Our trail ball was efficient. Our backs' calls were rehearsed. Our kicks, passes, tackles, and everything that goes into making such a great team were executed with precision, speed and determination. We were so good at these that we were able to enjoy practices and play a multitude of games to relax and build more team unity: rugby baseball, rugby dodgeball, rugby tag, the kicking game, capture the flag rugby and more. These were always competitive and a blast to play.

We probably owe a large part of this unity and success to our 10 Grade 12 graduating players and they will be missed, sorely missed, next year. The fact is that we build rugby players right here at Stanstead College and you guys are the living proof that our program works. You were all good friends on and off the field which made a huge impact this season. I hope the rookies remember that next year. We had lots of Senior S winners and Major S winners you all know who you are. We had strong, almost superhuman, leadership from our team captain Ryan Bedard and MVP pack leader Felix Boisse. Yes, we had superheroes…

We built a machine this year. A beautiful, well-timed, firing-on-all-cylinders, massively destructive, machine. It was a nuclear sub filled with superheroes. I hope this makes you smile in the future and that you don't forget that you were the crew of this machine. We won't forget.

- Coach G, Coach Laperle









(Front l-r) Max Ruel, Ngwa Numfor, Marc-Olivier Sauriol, In Won Lee, Ryan Bedard, Felix Boisse, Nicola Bauer, Corey Hamilton, Anand Kantharoup, Hank Chen, (rear l-r) Coach Grenier, Jesus Bonilla, Carlos Camarena, Pietro Antonelli, Olivier Lalonde, James Vassilakis, Andrew Norris, Elvis Doyari, Jason Cowen, Adrian Tame, Coach LaPerle



















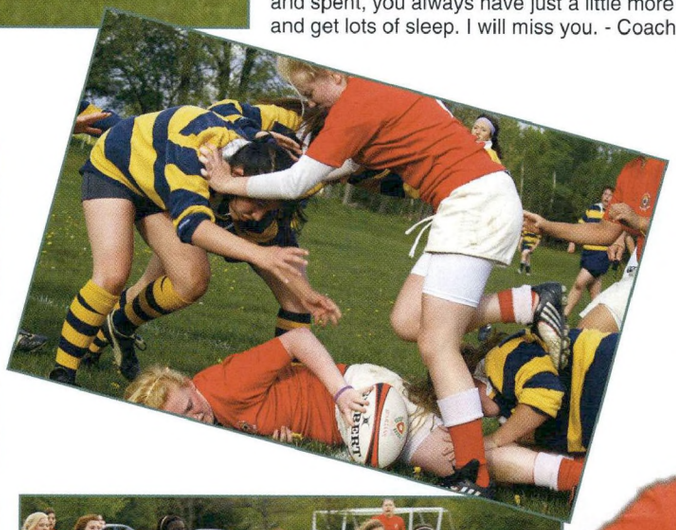
ST Sevems winners, ETIAC League & Final Runners-Up

Rugby

Senior Girls

Congratulations to the 2010 senior girls on all that you have accomplished. From beginning to end, you are a different team. Despite your dislike of practice time you worked your tails of, in snow, cold, hot, rain, sun and smoke. You were determined to improve and that is one thing you did. You provided the ETIAC with one of the most exciting championship games I have seen in my career here, dazzling runs, fantastic penalty kicks, grinding it out in the rucks and incredible spirit. You were hilarious to be with. I enjoyed every road trip/video dance party and it was obvious from the way you played, you loved it too. This is the unmistakable feeling that is being part of a rugby team, something I hope you will never forget. If you learned something, I hope it is that once you are exhausted and spent, you always have just a little more to give. Drink until your pee is clear and get lots of sleep. I will miss you. - Coach Hessian

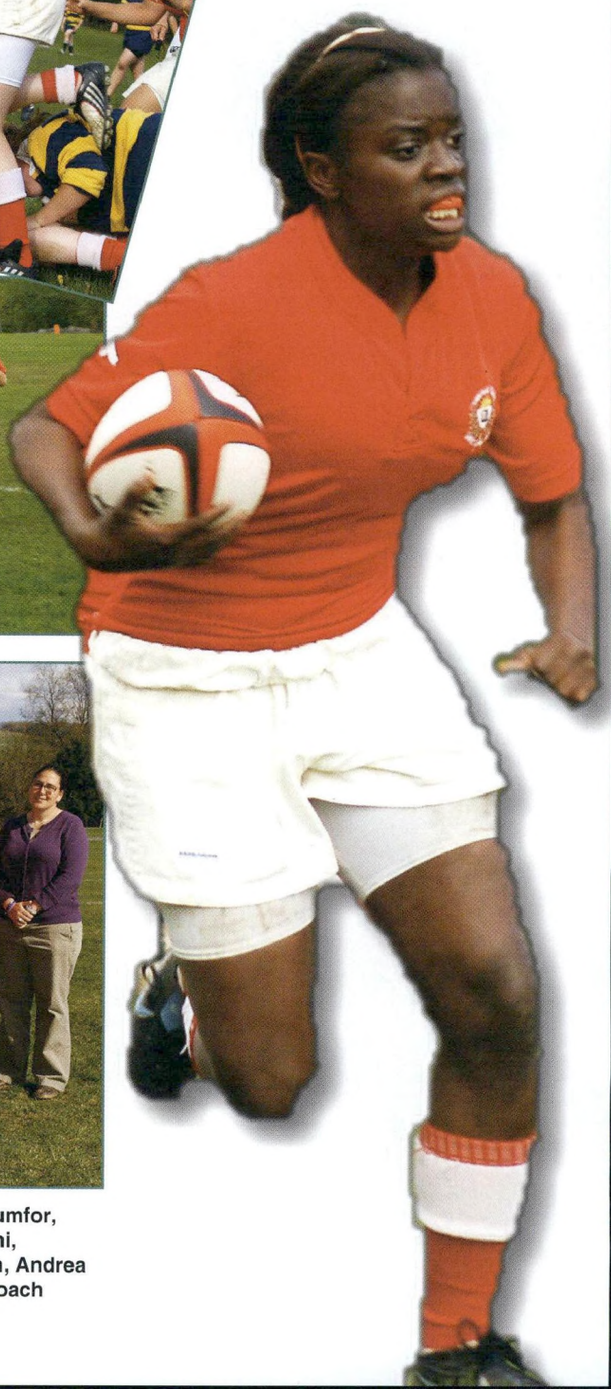








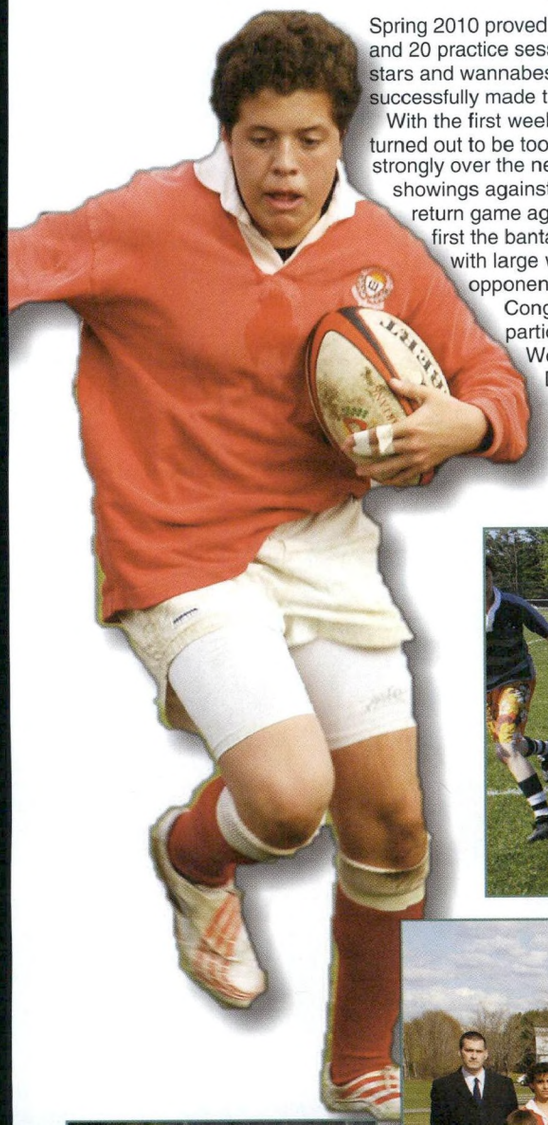




(Front l-r) Cynthia Kim, Dawn Namagoose, Chelsy MArtin, Colleen Hamilton, Brittany Sharman, Juliet Numfor, Blanche Du Sault, Anchi Numfor, Eastlyn Bellamy, Natasha Podd, (rear l-r) Coach Fenwicke, Malda Alami, Fernanda Coindreau, Luisa Sepulveda, Alyssa Palmer-Dixon, Nicole Lizarraga, Sarah Lefort, Kelly Foran, Andrea Antillon, Ann Gutierrez, Catharina Czech, Ann-Sophie Plinkert, Ana-Paola Solorzano, Kasey Brackett, Coach Hessian

Rugby

Bantam/Junior Boys

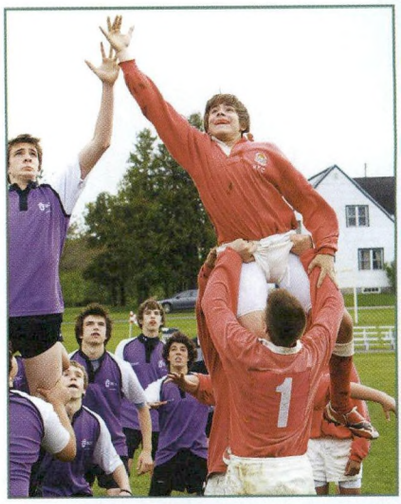


Spring 2010 proved to be an extremely short season with only five games and 20 practice sessions. However, this year's crop of budding young rugby stars and wannabes worked hard, trained hard and played hard and successfully made themselves into a well-oiled junior/bantam rugby team.

With the first week of training cut short by snow, the first game at BCS turned out to be too steep a learning curve. However, the team rallied strongly over the next couple of weeks to produce strong and impressive showings against Massey-Vanier, losing by just one point, and in the return game against BCS, losing by a try in the last minute. However, first the bantam team and then the full junior team finished the season with large wins over Richmond. Overall, the team outscored its opponents 125-74 during the season.

Congratulations are in order for the whole team and in particular for Alfonso Gonzalez, Chris Savory and Tom Wenzel for their Junior S awards, as well as Malcolm Wood Downey for his Bantam-S award.

All in all, this team has played some of the strongest rugby seen at this level for some time, which bodes well for future junior and senior Stanstead College teams.















(Front l-r) Sean Scribner, David Marx, James Savory, Chris Savory, Kody Halikas, Anthony Pasquale, Malcolm Wood-Downey, Jordan Buck-Thompson, Wyatt Hamby, (rear l-r) Coach Woolgar, Jose Iza, Jose Villar, Enrique Gonzalez, Emiliano Bonilla, Thomas Wenzel, Alfonso Gonzalez, Lei Wang, James Cloutier, Zi Yao Yang, Santiago Bonilla, Jordan Norris, Spencer De La Bruere, Coach Standage











Rugby

Junior Girls

Junior girls rugby is somewhat of an experience, and you never really know what to expect day by day. I can tell you that you are always in for a ton of fun and good laughs.

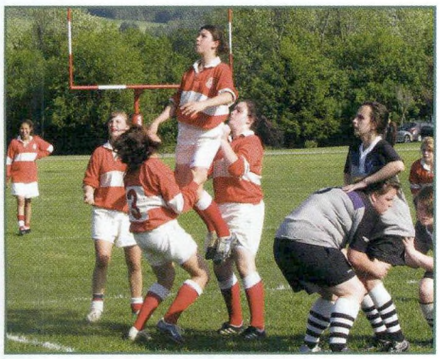
Our short season started with 23 girls, and in our first game against Galt, with only 14 who could play, I think I can categorically say that it was a very steep learning curve. We learned how to tackle hard, to not drop the ball as we are heading into the try line and that there are several ways you can stop a nosebleed in the middle of a game.

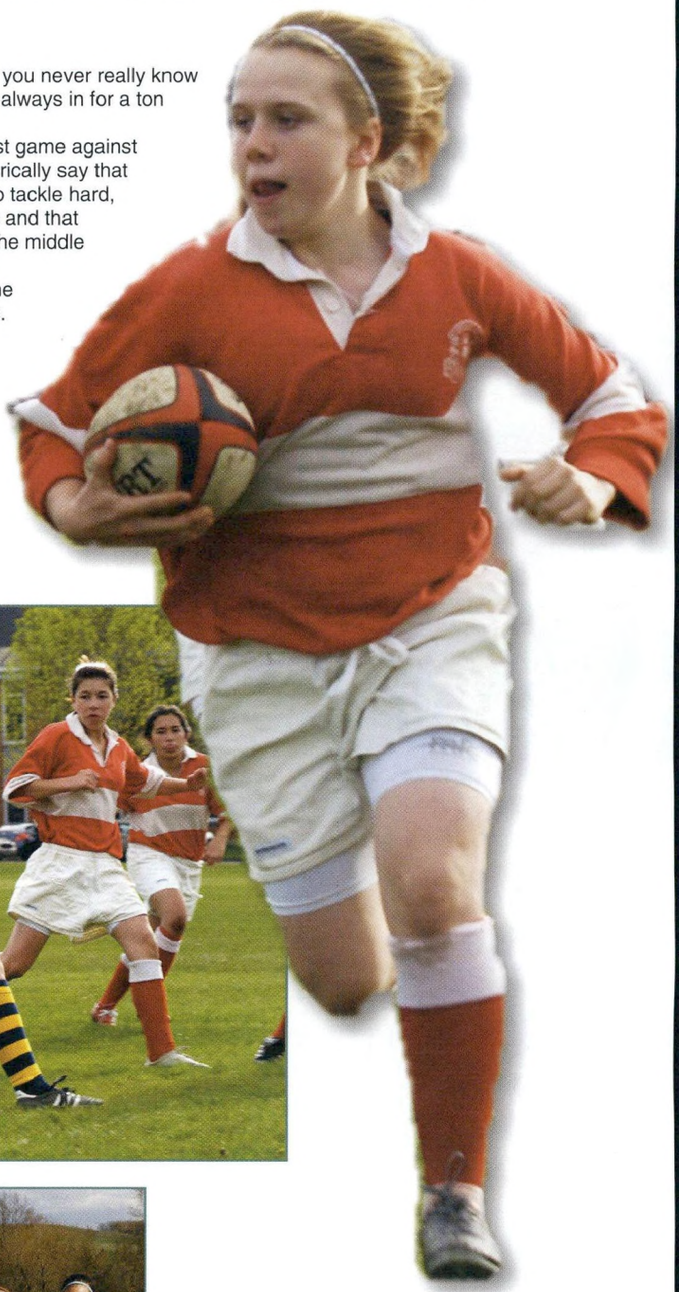
I think that we learned a ton, because our next game against MVR would be our one and only game of 15s. We were close all game and it wasn't until the dying seconds that MVR pulled ahead.

Although we struggled with injuries, from concussions to broken toes, the team really came together to win our next few games and ended the season well.

I am so proud of what all the girls have accomplished and would like to thank them for an exciting and tremendous season.

- Coach May









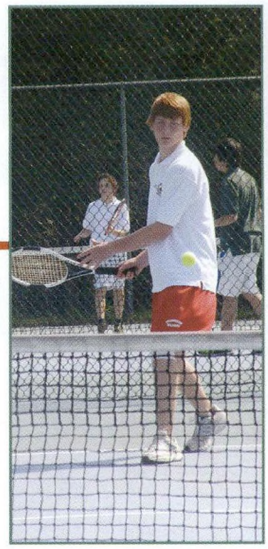


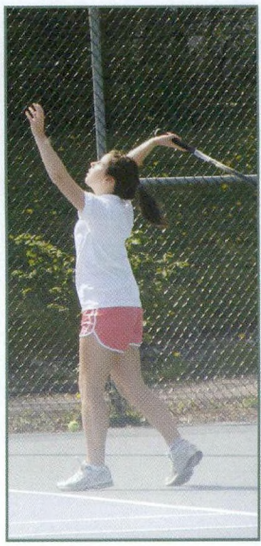




(Front l-r) Crisanta Roel, Chantal Bedard, Madina Martineau, Meghan Martin, Julia Gilpin, Sarah Lessard, Emily Norris, Charly Gilpin, Jasmine Namagoose, Abigale Vanluvender, Catherine Quirion, (rear l-r) Coach May, Aisha Weider, Frida Picazo, Yuan Liu, Daniela Ortiz, Karla Barrutieta, Jessica Tomeo, Daniela Aloi, Valeria Murillo, Fernanda Politanski, Zi Qing Yang, Madyson St-Pierre, Lyanne Carruthers, Coach Gaudet

Tennis





This year, the tennis team was filled to the brim with talent and athletic ability. Getting to the ball was not a problem as the team improved their skills extensively during this relatively short season. The recreational team displayed laughter, healthy competition and hours of enjoyment. Some recreational members even stepped it up and played at the ETIAC finals to replace missing players who were unable to participate. Overall, our team demonstrated a solid effort and the flexibility needed to adapt to changing conditions and challenges. Well done! A special congratulations go to Shield and Senior S winner Carl St. Jean in the boy's category and Annik Williams in the girl's category. Mr. Williams and Miss Jenss wish to thank all players for an exciting season!

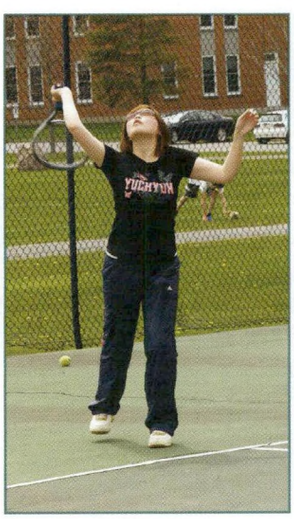


(Front l-r) Maria Alvarado, Michele Lessard, Lucia Ortega, Maxie Plante, Sara O'Connor, Annik Williams, Amira Buchholz, Fabiola Barraza, Maria Yarza, Gabrielle Fleming, Rose Lee, Jennifer Corriveau, (rear l-r) Coach Jenss, Coach Chen, Chris Dossou, Loik Lessard, Pietro Rizzuto, Patrick Earle, Benedict Lang, Pierre-Alexandre Aucoin, Olivier Letourneau, Elric Boisvert, Max Daniel, Sean Fry, Kevin Koschitzki, Etienne Scraire, Felix Larivee, Carl St-Jean, Ney Gonzalez, Jonathan Archer, Coach Wiliams























ETIAC Champs

Golf



The weather this spring was just plain weird. Although you can play golf in rainy weather, you really cannot play in snow. You kind of lose your ball, even if you are playing with a fluorescent one! We actually had one tournament cancelled not once but twice this spring due to snow, and then we played the finals in 35 degree weather. Global warming, I guess!

We were able to take a very strong team to each one of the tournaments. We placed first in every single one with point margins that ranged from 19 to 41 strokes, and we also placed second in three of the five meets as well. (We did not always take a second team). With a 175-point overall victory over the course of five matches, it came out to an average of 35 points per tournament. That is pretty tough to beat given that par on nine holes is usually 36. What this means is that we beat our closest opponents by an average of 9 holes per tournament.

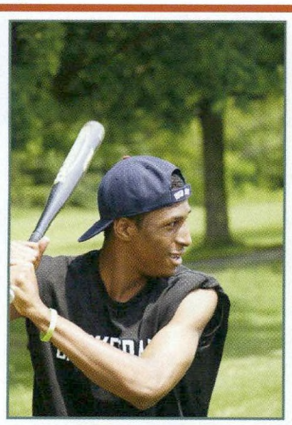
I am proud of every one of you. You played well, you were good competitors, and you were gentlemen on the course. You all have a passion for a game that you can play for many years to come and I sincerely hope that you continue to play. - Coach Smith



(Rear l-r) Coach Smith, Anthony Fortugno, Max Cadrin, Swann Boisvert, Matthew Robertson, Robert Baillargeon, Lucas Zwaagstra, Coach Corcoran, (front l-r) JP Daigle, Simon-Pierre Boulos, Spencer Martin, Ryan Smith. Missing: Daniel Escaravage, Raphael Lacerte

Softball











Our season was hot and was cold
Some players were shy and some bold
We had 46 player and 4 teams
And great games in our field of dreams
The Expos came out on top
For others 'twas not a total flop
There were amazing catches and tough calls
There were lots of strikes but no balls
English was the language of the game
Yet there were push-ups again and again
Robyn's goose calls from the pitcher's mound
And the Aussie animal call Liam found
There was Charile's run from 2nd to outfield that was funny
And Carla's cheering to keep her team sunny
Fabrice's super homeruns galore
And the seven others who hit many more
Thanks to all who came out
Team spirit and fun, that's what it was all about
- Coach Carruthers



SPRING ATHLETIC ASSEMBLY

MAJOR S



Ryan Bedard - Rugby
Intensity, power and pure athleticism



Ngwa Numfor and Nick Bauer - Rugby
Perseverance in games and in practice, their support for their teammates and their leadership



Don Ross Trophy and Major S - Felix Boisse
An unsung hero who gets the job done



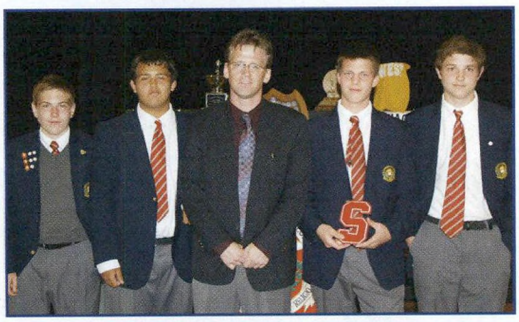
Roger Marino Cup and Major S - Juliet Numfor
Focused, determined, intense player



Boys Rugby Senior S: Coach LaPerle, Marc-Olivier Sauriol, In Won Lee, Corey Hamilton, Hank Chen, Coach Grenier



Girls Rugby Senior S: Brittany Sharman, Coach Hessian, Eastlyn Bellamy



Boys Rugby Bantam & Junior S: Malcolm Wood-Downey (Bantam), Christopher Savory, Coach Standage, Thomas Wenzel, Alfonso Gonzalez



Girls Rugby Junior S: Catherine Quirion, Coach May, Sarah Lessard



Golf: Coach Smith, Anthony Fortugno, Lucas Zwagstraa (**Golf Shield**), Ryan Smith, Coach Corcoran



Tennis Shield: Headmaster Wolfe, Carl St-Jean, Annik Williams, Coach Williams

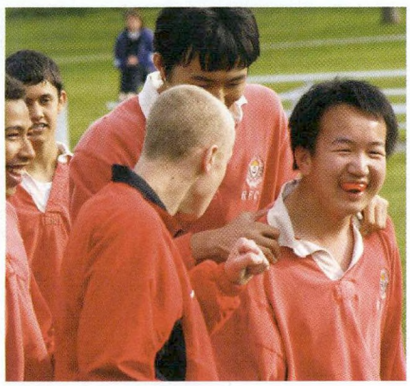


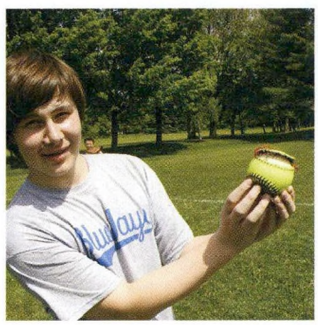
Intramural Softball: Coach Corcoran, Expos captains Fabrice Joseph, Michelle Baillargeon, Coach Carruthers

All-Campus League: Commissioner Simard, West senior captain Matt Robertson, Headmaster Wolfe



SPORTS extra!

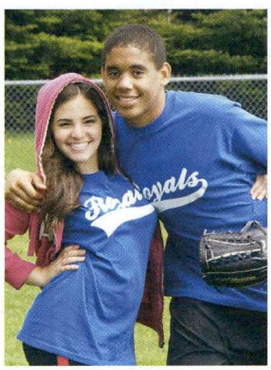


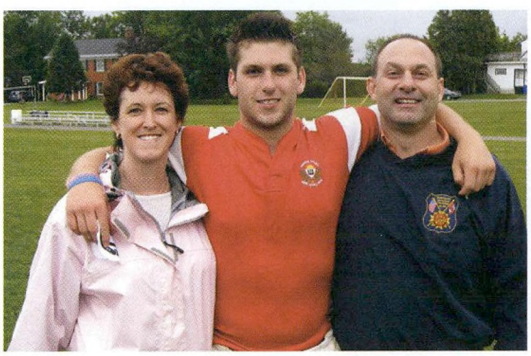




we're #1









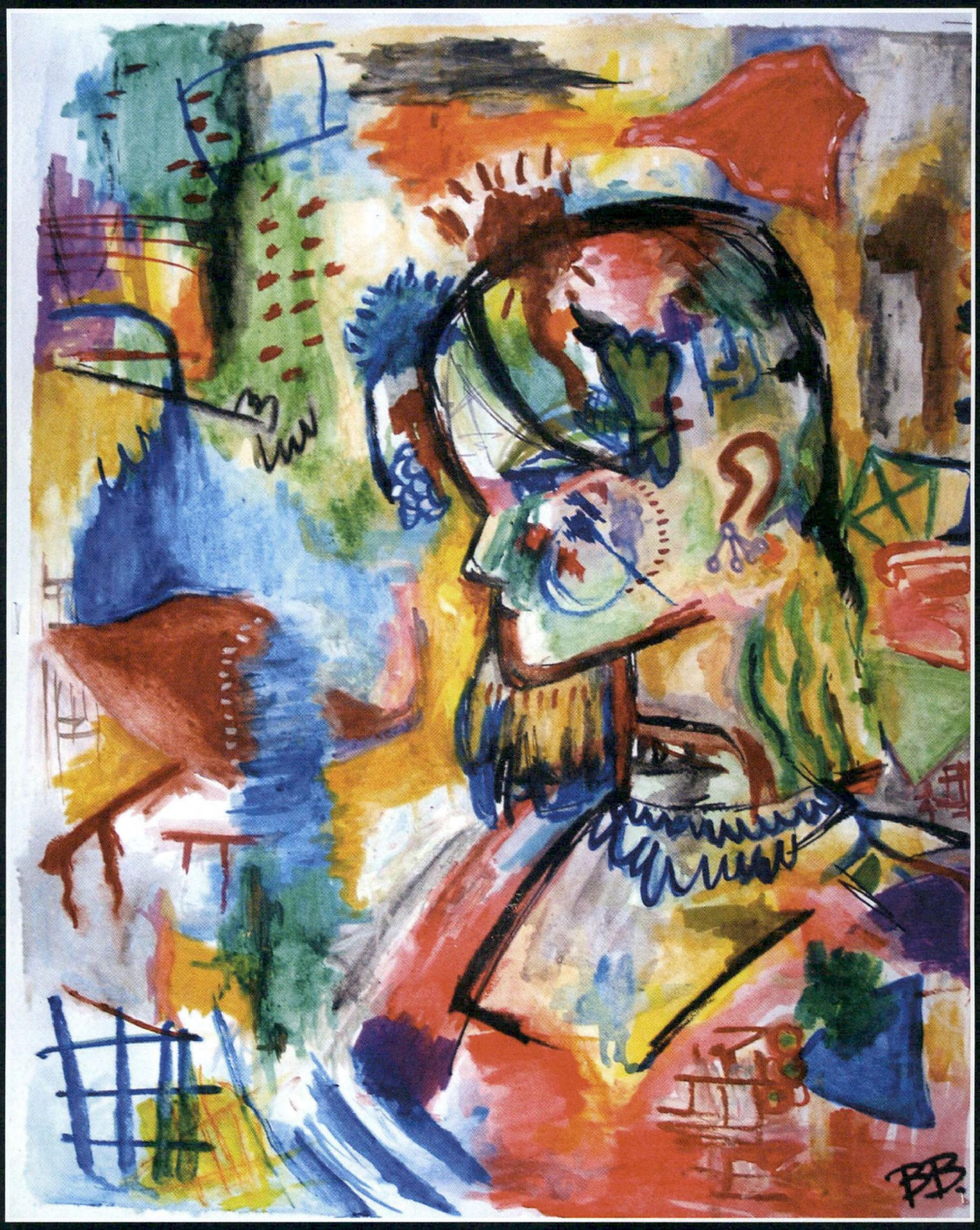









Gotcha!
PROPERTY OF
BCS
ATHLETIC DEPT
Day 1
Day 2
Day 3
Day 4
Day 5
Day 6
Day 7

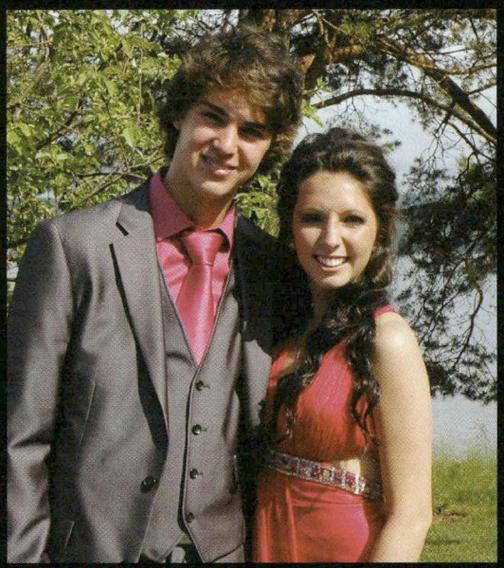


Art by Bobby Baillargeon

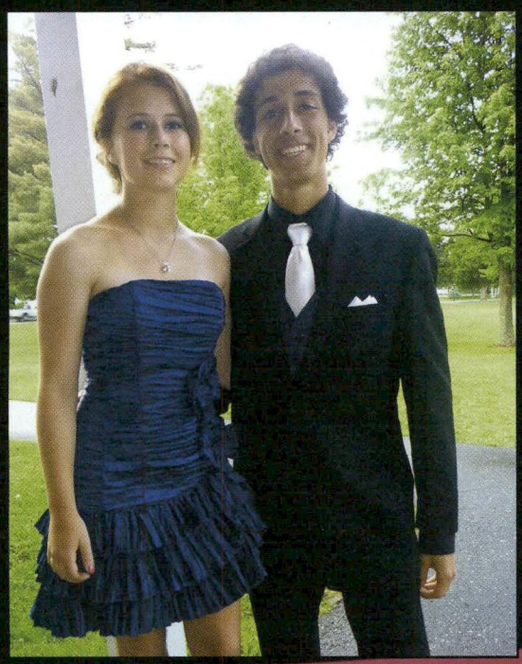
Grad

GRAD

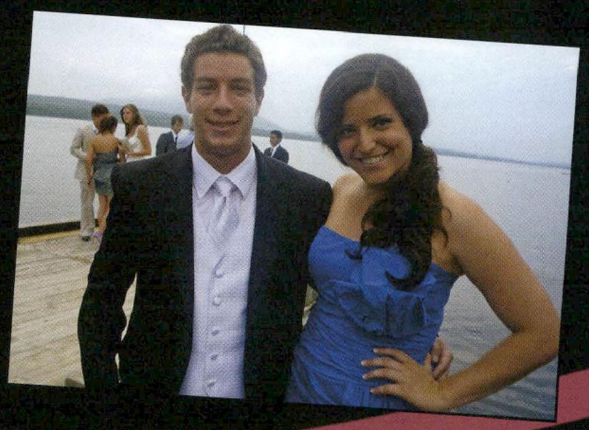


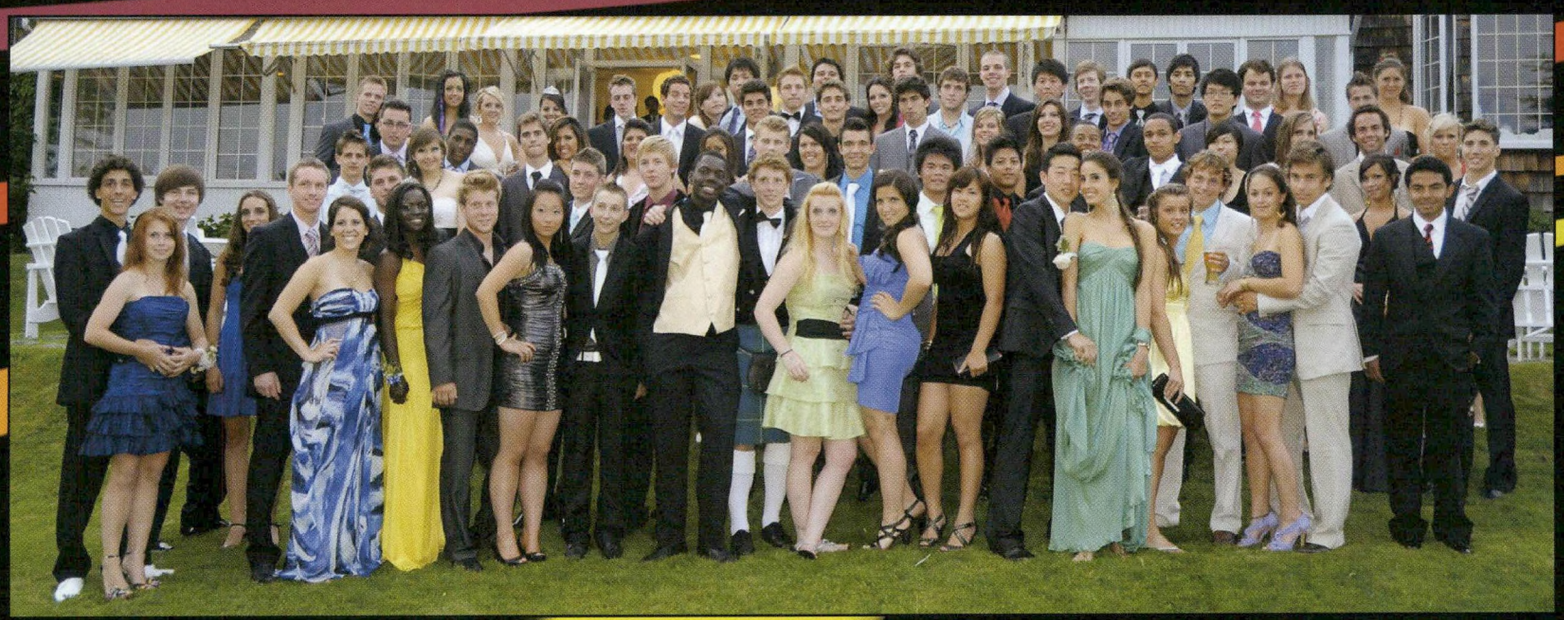






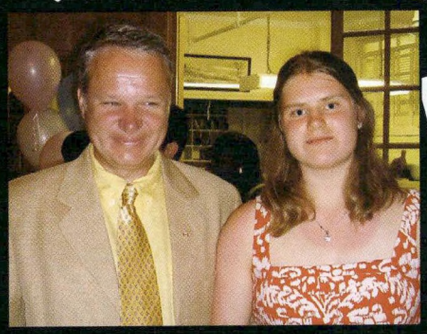




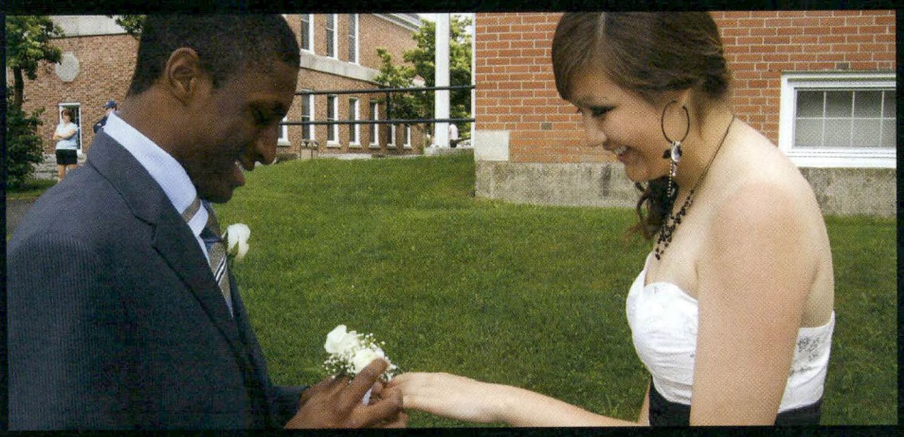


"Celebrate we will because life is short but sweet for certain." -Dave Matthews Band





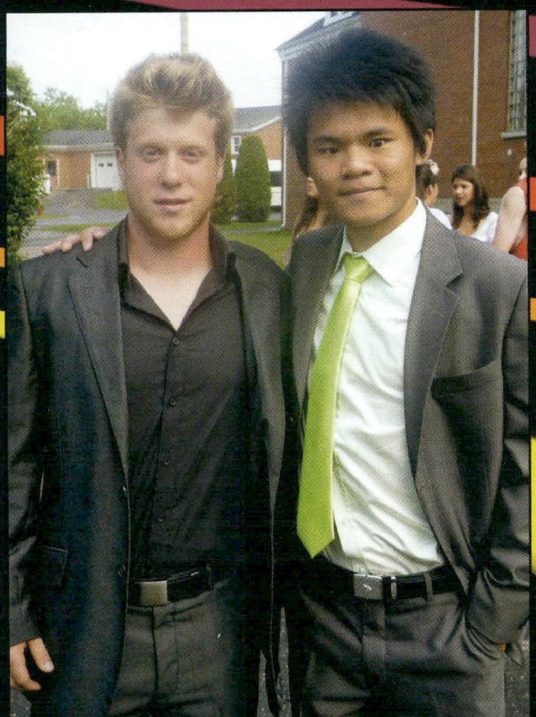


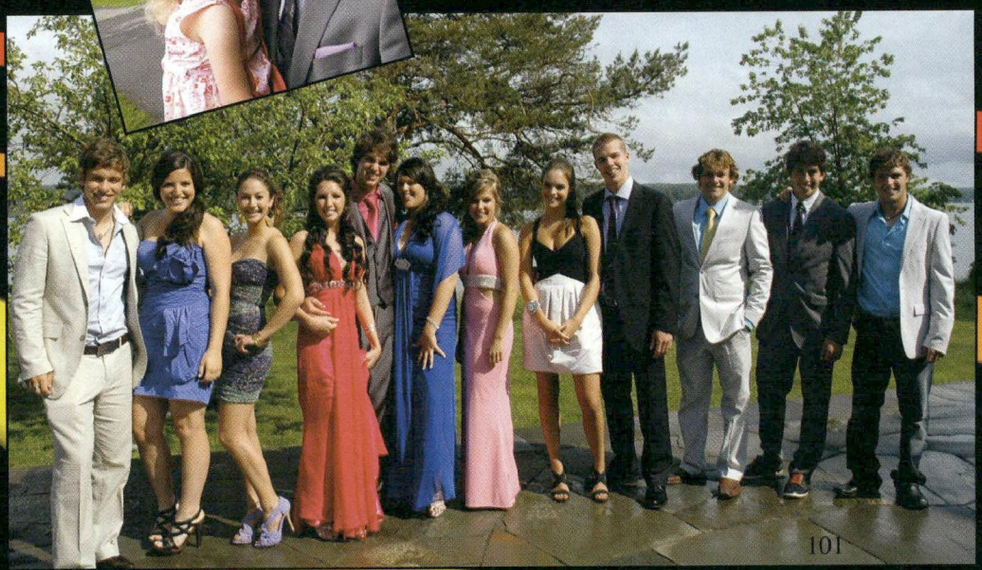








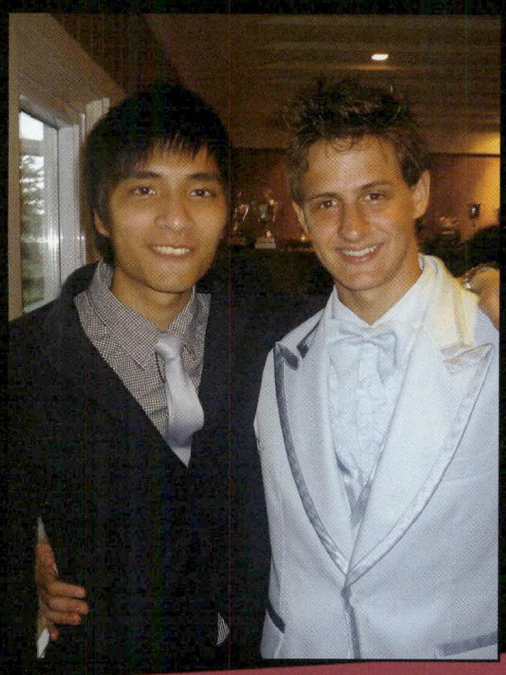


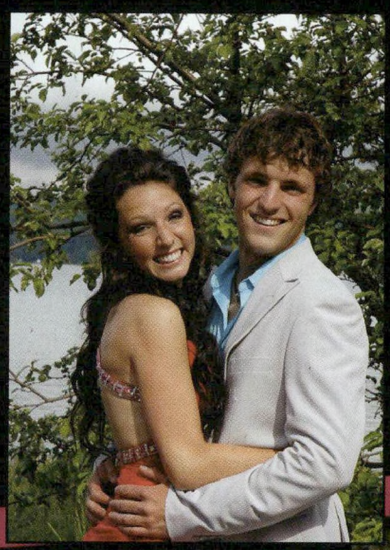


GRAD









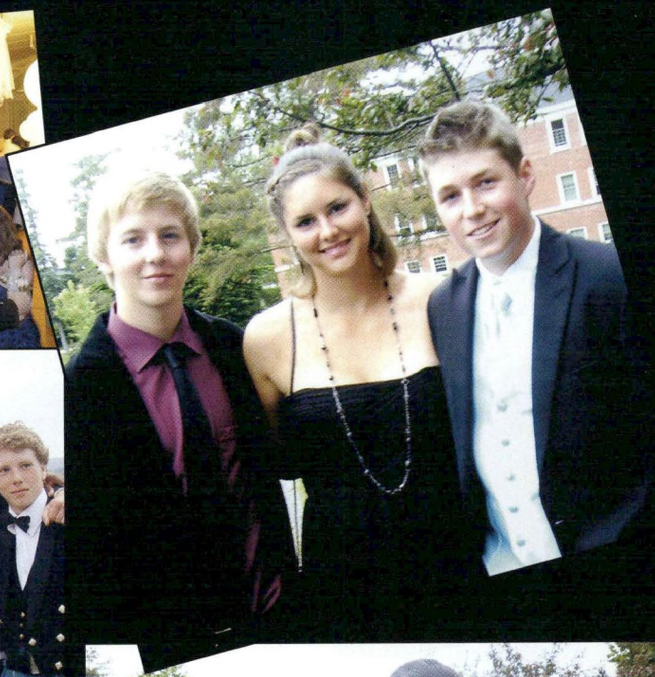




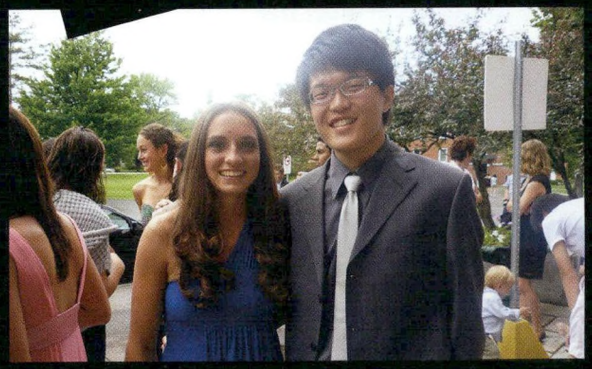








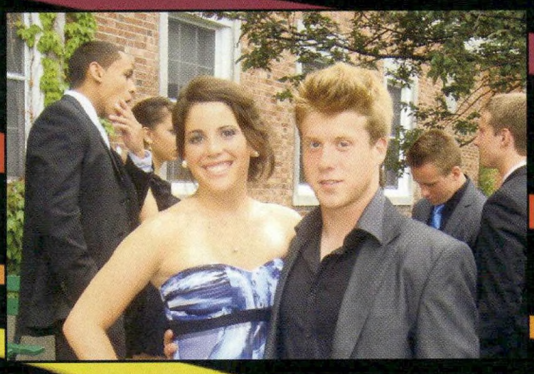
















Baccalaureate

Grad Dinner

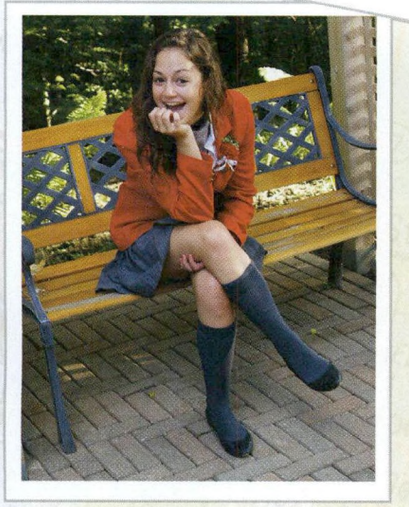


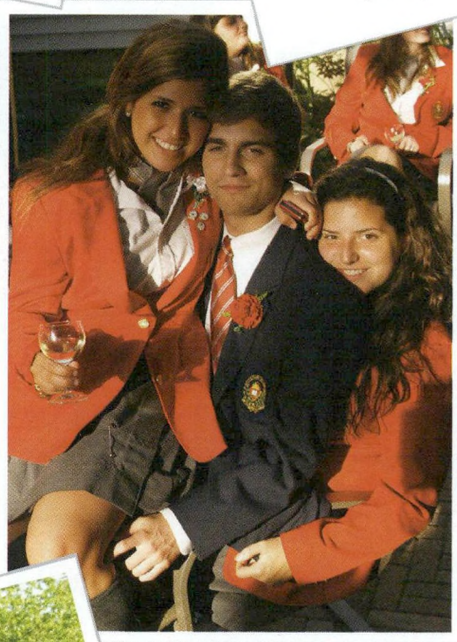
Best of luck!



Congratulations!









So long for now...



All the best!





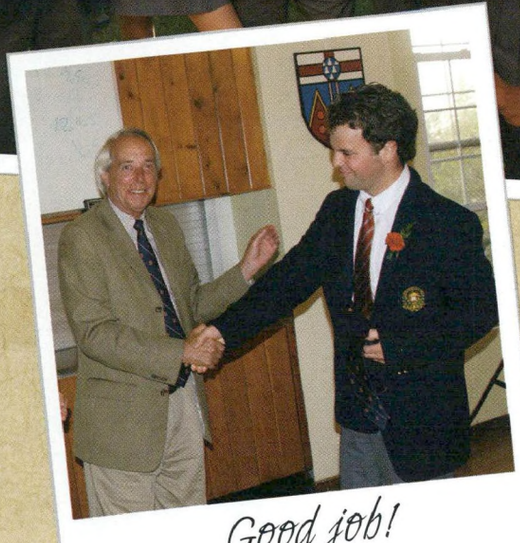


Famous last words...









Good job!

Thank You

Written and read by Ryan Bedard at the Grad Dinner 2010

Thank you to the place I've called home for the past four years
Thank you for putting up with me, my loud mouth and cheers
Thank you for teaching me the Spartan way, to never give up
Coming to this school has truly been a blessing, like drinking from a golden cup

We are all athletes and scholars in one way or another
Where we are taught to get along with each other
A place where we build our closest relationships with
I even became pretty good friends with Mrs. Smith

Where every teacher is committed to more than just teaching
They're out on the fields, in the arena and courts preaching
Nah we never give up, in the Words of Mr. G
We win like champions; when we lose, we still lose like a G

This is the home of the best sports teams
This is where I met the girl of my dreams
This is the place where I learned to love
This is where we soar high up above

That's how she makes me feel
This girl was most definitely a steal
I love you to death
You taught me how, with every kiss and every breath

Thank you for the friends I have made here
I can't wait to sit down and share a beer
Go over the great times we had through the years
It will bring me back to those times, bring me to tears

Mr. Chandler, always a guy for a good speech
One more day 'til I can finally call you "Peach"
I don't want this day to come, but we gotta go
I wish we could go back to when we'd complain about the snow
Days when we didn't know how lucky we were to have time
Days when we weren't even in our prime

Thank you to the place that made me who I've always wanted to be
I didn't think prep school would be my cup of tea
I came here because I wanted to play hockey
I achieved my goals, maybe got a little bit cocky

But every time, was put back in my place
You always keep me honest; Stanstead's got style and grace
I had no idea it would be this great
It's like something my mind couldn't even create

Well I think that's enough, I think you understand
I love this school; you put the pen in my hand
Mom and dad, you guys are the best
You're the ones that put me up to this test
Thank you for believing in me
You didn't think I'd ever realize how good a choice it was for me

Thank you for having me, it was quite a ride
With my friends and my girl always by my side
Can't forget about the teachers, you were always there too
Hopefully one day, we too can share a brew

I can't promise you a giant check from the money I probably won't make
But I can promise you a front page article for the records I break
In one way, shape or form
Wherever I go, I will bring the spirit of the Spartan and take it by storm

You stay tight Stanstead College
For the graduates, good luck in college
Don't forget about me, cuz Ill never forget you
Remember to excel in whatever you do
Thank you for this journey that we went on together
I will proudly wear SC on my sleeve and will be in my heart forever

Graduation

Class of 2010

Saturday, June 19, Centenary United Church



That's why they call him doctor





Ngwa barely made it!

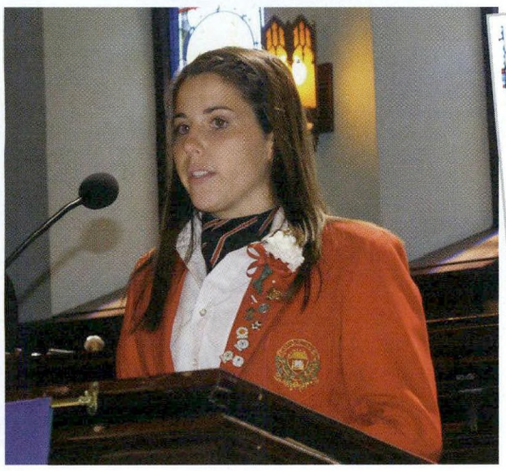
Every day you have an opportunity to show courage. Something will happen that will require you to make a choice - you can reach out and choose to take a worthwhile risk or you can choose to run away from the situation.

The important question is not whether you will fail, but when and above all, what will happen next. Sooner or late failure is pretty much inevitable. In fact a life without failure probably isn't a full life.

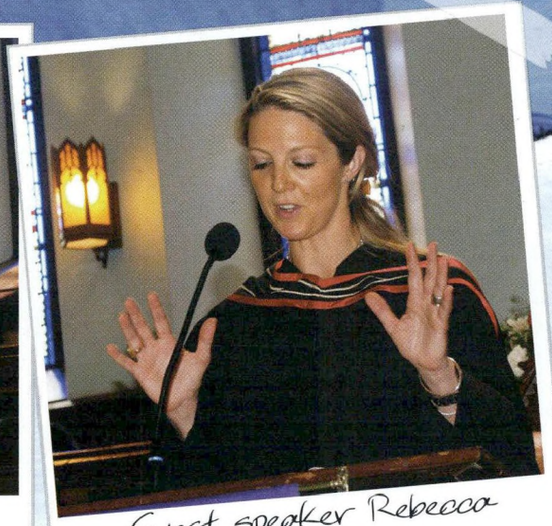
- Part of address by Headmaster Wolfe







Head Prefect Gabrielle Fleming



Guest speaker Rebecca Nienkamper, '83



Headmaster Michael Wolfe



As I saw more and more of your student life the great sports accomplishments, the scholarships, giving back to the community, helping in foreign countries I realized your moral compasses were set and you were already pointed in the right direction.

- Part of address by Rebecca Nienkamper

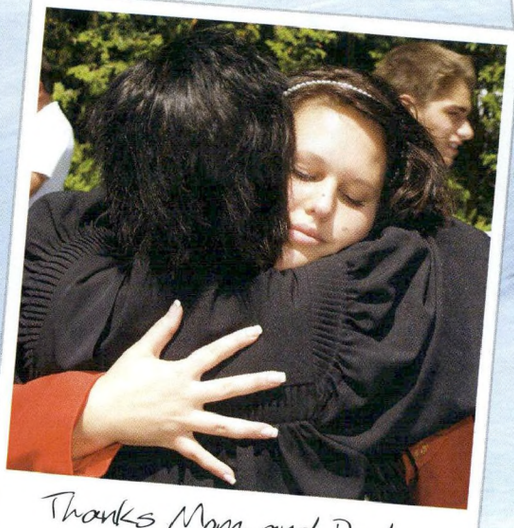




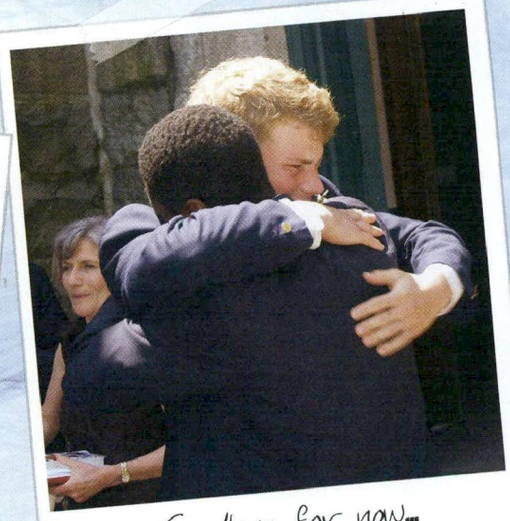
Trustees' Award: Philip Webster



Finally made it!



Thanks Mom and Dad



Goodbye for now...

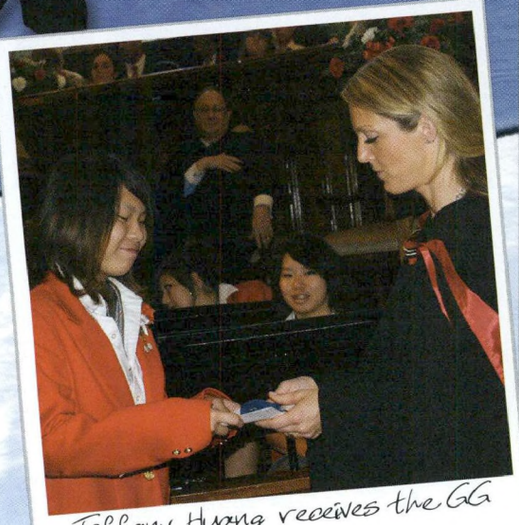
Prize-Giving



Pitcher Prize winner Gabie Fleming receives one of her many prizes



Carlos Camarena won the Wilder Shield



Tiffany Huang receives the GG Medal for top Grade 11 average



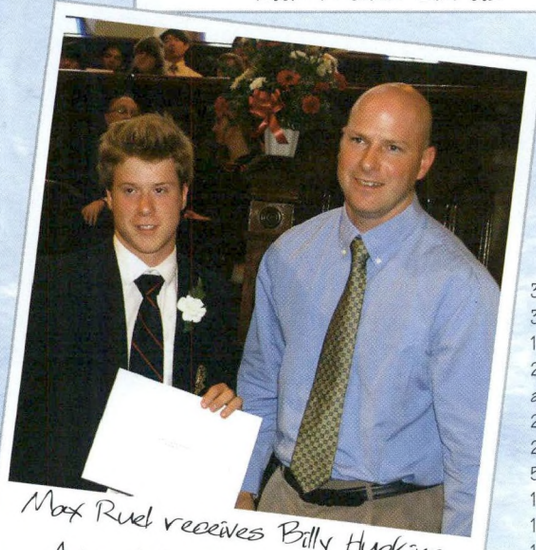
Hank Chen wins the Headmaster's Award



Multiple award-winner In Won Lee with Maud Curtis



Raymond Lester Award winner Margarita Acero



Max Ruel receives Billy Huckins Award from Mike Huckins



Bobby Baillargeon receives Faculty-Staff Award

35 students in Grade 12.
34 students received university acceptances
1 applied to CEGEP and was accepted
22 were admitted into their 1st choice university/colleges and program.
26% accepted offers from Ontario
28% accepted offers from the US
5 accepted offers from Quebec Universities
1 accepted an offer from Thompson Rivers University
1 accepted an offer from Class Afloat
1 accepted an offer from a university in France
8 defered their acceptances to play junior hockey while studying part time
A total of 37 scholarship offers valued at over $600,000



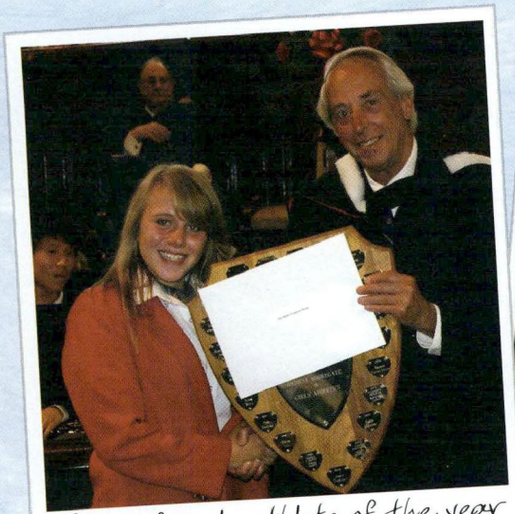
Senior male athlete of the year
Ryan Bedard and Alex Philip



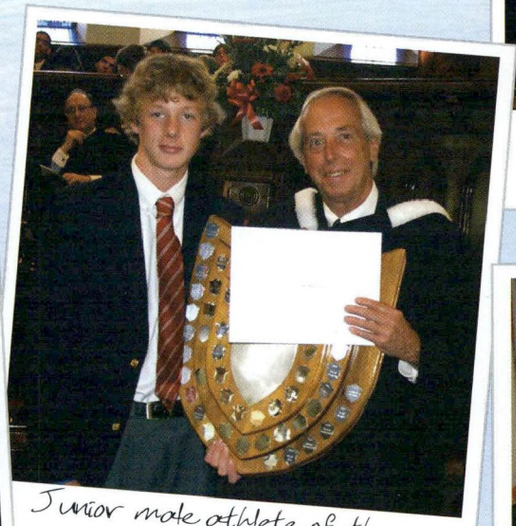
Senior female athlete of the year
Juliet Numfor and Brian Denney



Everest Award winner
Cynthia Kim and Dugie Ross



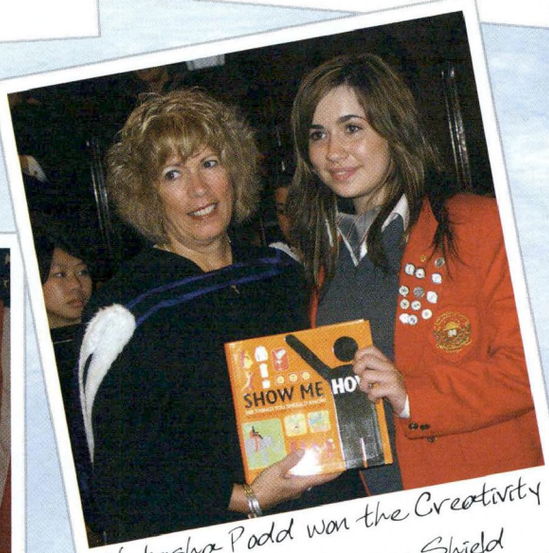
Junior female athlete of the year
Catherine Quirion



Junior male athlete of the
year Andrew Norris



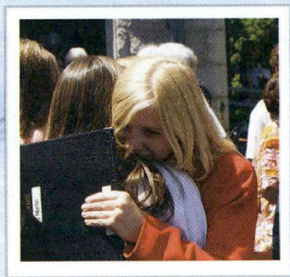
Birks Medal winner Kelly Foran
with chairman Georges Beaubien



Natasha Podd won the Creativity
Prize and Thespian Shield

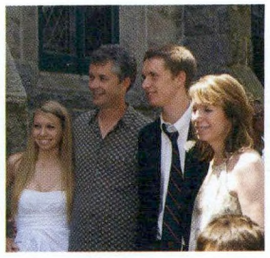


Jamie Lively wins the Gordon
Usher-Jones Memorial Prize









2010 academic awards

Grade 7 Prizes

Music	David Wood-Downey
Art	Wyatt Kimball Hamby
Mathematics	Lyanne Carruthers
Science & Technology	Wyatt Kimball Hamby
English	Lyanne Carruthers
Geography	Wyatt Kimball Hamby
History	Jonathan Archer
Sybil Galambos Français	Paul Roberge
Amaron Prize for French	Wyatt Kimball Hamby

Grade 8 Prizes

Music	Jonathan Trembley
Art	Jessica Tomeo
Mathematics	Andrew Jean
Science & Technology	Malcolm Wood-Downey
English	Malcolm Wood-Downey
Geography	Malcolm Wood-Downey
History	Malcolm Wood-Downey
Sybil Galambos Français	Malcolm Wood-Downey
Amaron Prize for French	Fernanda Politanski

Grade 9 Prizes

Music	Zi Yao Yang
Art	Karla Barrutieta
Mathematics	Ming Yi Tang
Science	Catherine Quirion
Technology	Spencer Martin
English	Amanda Eberhardt
History	Liam Gribbon
Sybil Galambos Français	Joseph Douglas Harvey
Amaron Prize for French	Liam Gribbon

Grade 10 Prizes

Music	Chelsy Martin
Art	Nicole Lizarraga de Anzorena
Historical Society Prize	Kelly Foran
Computer Scienc	Luisa Sofia Sepulveda Castaneda
Science & Technolog	Zhouying Duan
Bio-Chem	Kelly Foran
Physics	Kelly Foran
Mathematics	Kelly Foran
A. Mackenzie English	Kelly Foran
Sybil Galambos Français	Etienne Scraire
Amaron Prize for French	Kelly Foran

Grade 11 Prizes

Art	Fabiola Barraza Buelna
J. Brian Clarke Economics Prize	Tiffany Huang
Computer Science	Maxime Cadrin
J.D. Ferguson History	Colleen Hamilton
Biology	Shin-Haw (Frank) Lee
Chemistry	Pietro Antonelli
Physics	Tiffany Huang
Mathematics	Shin-Hann (Alex) Lee
A. Mackenzie English	Colleen Hamilton
Sybil Galambos Français	Félix Larrivée
Amaron Prize for French	James Vassilakis

Grade 12 Prizes

Economics Prize	Flavia Calvar Ripoll
English Prize	Gabrielle Fleming
European History	Matthew Robertson
Psychology Prize	Michèle Lessard
Sociology Prize	Félix Boissé
Biology Prize	Gabrielle Fleming
Chemistry Prize	Gabrielle Fleming
Mathematics Prize	Flavia Calvar Ripoll
Physics Prize	In Won Lee
Art Prize	Margarita Acero
Environmental Studies Prize	Corey Hamilton

Senior School Prize

John Wells Improvement in French Second Language
Carla Maria Moises Mena

Junior School Prize

Improvement in FrenchSecond Language
Enrique Gonzalez Saravia Gavito

ESL Program Prize

Most Improvement & Outstanding Work
Yuan Liu

2010 special prizes

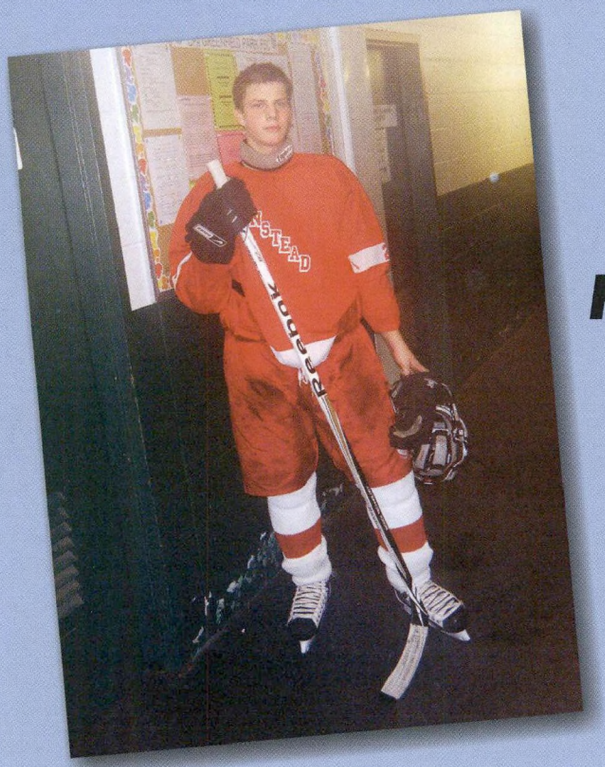
The Donald McG Hackett Prize for Creativity	Natasha Podd
The Thespian Shield for Acting	Natasha Podd
The Director's Award in Theatre Arts	Karla Barrutieta
The Music Prize (for contribution to music in the school)	Etienne Scraire
The Choir Award	Christopher-Michel Hodge
The Jazz Band Award	Shin-Haw (Frank) Lee
The Yearbook Award	Gabrielle Fleming
The Technology Prize	Sean Scribner
The Lee Audet Trophy Senior Public Speaking Prize	Kelly Foran
The Kathleen Harper Junior Public Speaking Prize	Joseph Harvey
The Rotary Club Service Award (for service above self in the school community)	Liam Gribbon
The King Constantine Medal (for commitment to Round Square ideals)	Gabrielle Fleming
The Alumni Bursary Award (to a deserving Grade 11 student going into Grade 12)	Robyn Diamond
The Trustees Scholarship	Alyssa Palmer-Dixon
The Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life)	James Lively
The Everest Award (Awarded to a Grade 12 student who has overcome challenges and shown significant improvement)	Yu Jin (Cynthia) Kim
The YUP Scholarship (to a new or returning student who demonstrates leadership, initiative and commitment to environmental sustainability)	Robert Baillargeon
The Billy Huckins Memorial Scholarship (for dedication, hard work, achievement and above all courage)	Maxime Ruel
The Raymond Lester Memorial Award (to the student who has most benefited from being at the school)	Margarita Acero
The Fountain Family Scholarship (to a deserving Northeast Kingdom student)	Spencer Martin
The Banting Bursary Award (to a returning local student for academic achievement)	Wyatt Kimball Hamby
The Kenneth Reed Memorial Award (to a local junior student returning to school)	Andrew Norris
The Leonard McGilton Memorial Award (to a local senior student returning to school)	Chelsy Martin
The Eric T Webster Award (to a deserving returning student)	Maxime Ruel
The A P Gordon Prize for Science	Félix Larrivée
The McGill Science Medal Award	Blanche DuSault
The Spofforth Trophy for Excellence in Science and Mathematics	Gabrielle Fleming
The Arthur E Curtis Jr Award (to the top student entering an Engineering program)	In Won Lee
The Ralph V Merry Scholarship (to the top student entering a Humanities program)	Pietro Antonelli

House Director's Award:

Bugbee House	Liam Gribbon
Colby House	Karla Barrutieta
Davis House	Hung-Hao (Hank) Chen
Webster House	Malda Alami

The Sheila Ferguson Shield (to the all-round junior girl athlete of the year)	Catherine Quirion
The S F Abbott Memorial Shield (to the all-round junior boy athlete of the year)	Andrew Norris
The Shirley Wolter Trophy (to the all-round senior girl athlete of the year)	Juliet Anchi-Ngum Numfor
The Thomas Johnson Memorial Trophy (to the all-round senior boy athlete of the year)	Ryan Bedard
The Trueman-McFadyen Award (to a graduating girl for proficiency in academics & athletics)	Gabrielle Fleming
The Bowman Hall Award (to a graduating boy for proficiency in academics & athletics)	In Won Lee
The Faculty-Staff Award (to a returning student who is deemed most likely to benefit from returning to Stanstead College and who exemplifies the qualities of health, wisdom and integrity	Robert Baillargeon
The Headmaster's Award (to an active and positive citizen in the Stanstead College community)	Hung-Hao (Hank) Chen
The John H E Colby Scholarship (for dedication to school, mission, programs)	Jason Cowen
The Grade 7 Academic Award (the highest overall average in Grade 7)	Wyatt Kimball Hamby
The Grade 8 Academic Award (the highest overall average in Grade 8)	Malcolm Wood-Downey
The Grade 9 Academic Award (the highest overall average in Grade 9)	Catherine Quirion
The Birks Bronze Medal (the highest overall average in Grade 10)	Kelly Foran
The Governor General's Medal (the highest overall average in Grade 11)	Tiffany Huang
The Birks Silver Medal (the highest overall average in Grade 12)	Gabrielle Fleming
The Wilder Shield (to the junior student with the most positive influence)	Carlos Jesus Camarena Villa
The Pitcher Memorial Prize, the school's highest award (to the student who has exerted the greatest influence for good)	Gabrielle Fleming

Congratulations, Thomas!
We are proud of you!



Love,
Mama, Papa,
Stefan
& Martin



Wyatt,

Congratulations on a great first year. We are so proud of you.

Love, Mom, Dad and Anika

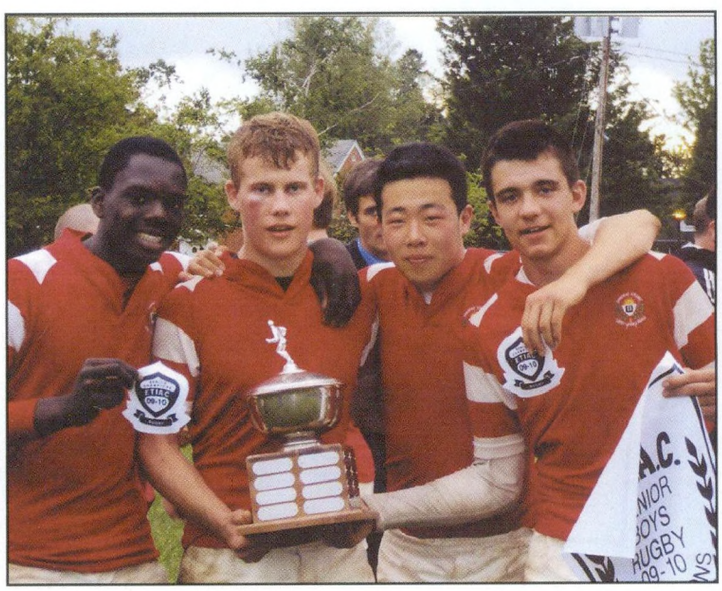


Congratulations, grads!
Clear skies ahead!



Congratulations, Nick!

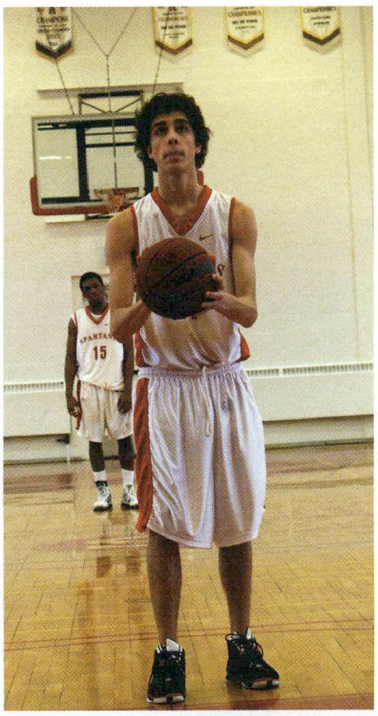
We are very proud of you!!!
Love, Mom, Dad and Jen



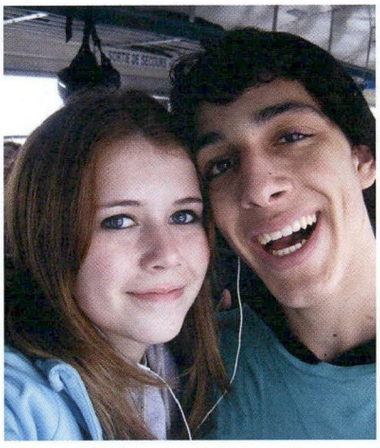
Congratulations and Best Wishes
to the 2009-2010 Grad Class
- The Bauer Family



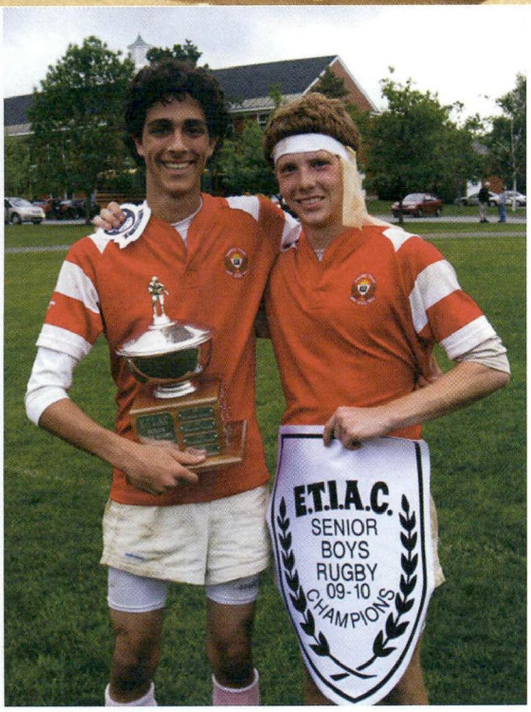


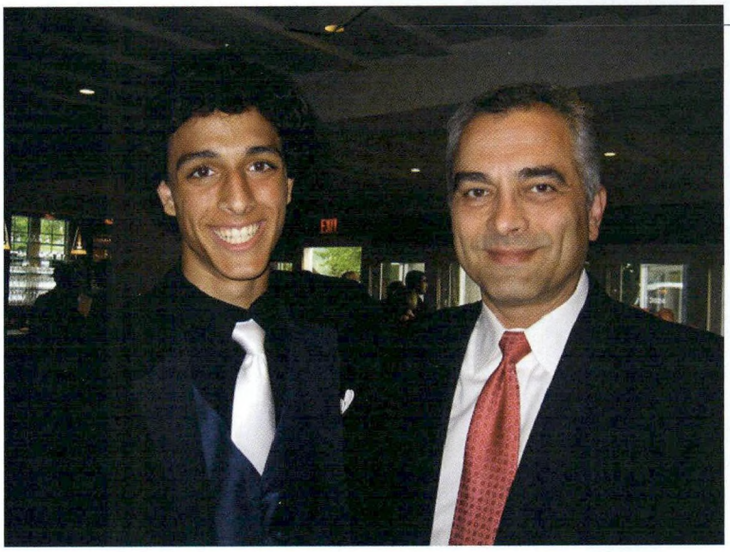










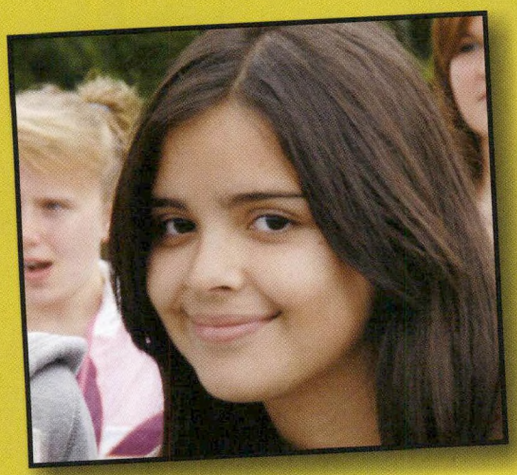


Congratulations, James! I know you will succeed in the future!

Love Dad

val: te queremos mucho! Mamá, papá & Marce



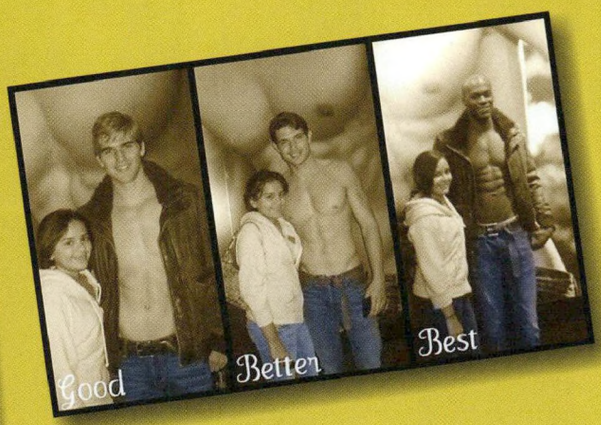


















Nature's Textures

Natural, earthy grass
Comforting and soft under our feet
Fresh cool breeze
We feel fulfilled.

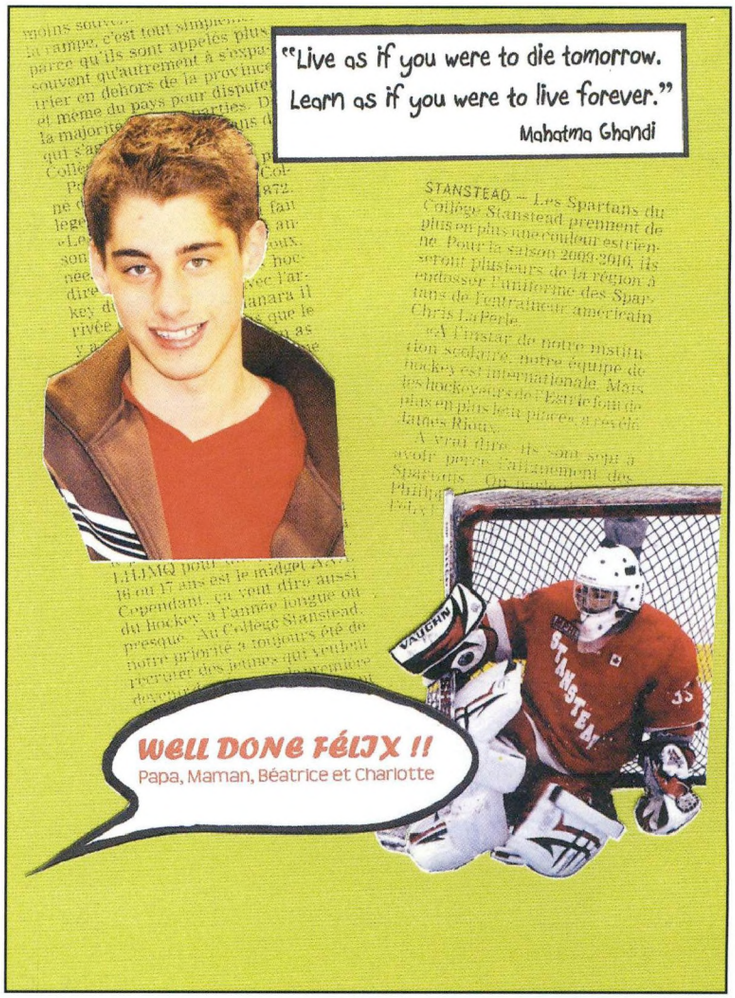
Hurt, pain, agony
Miniscule spears
Impaling our joy
Envious of our pleasure.

Retreating from sorrow
Grateful for gargantuan and beautiful
Fertile lands
Our eyes gleam our thirst is quenched.

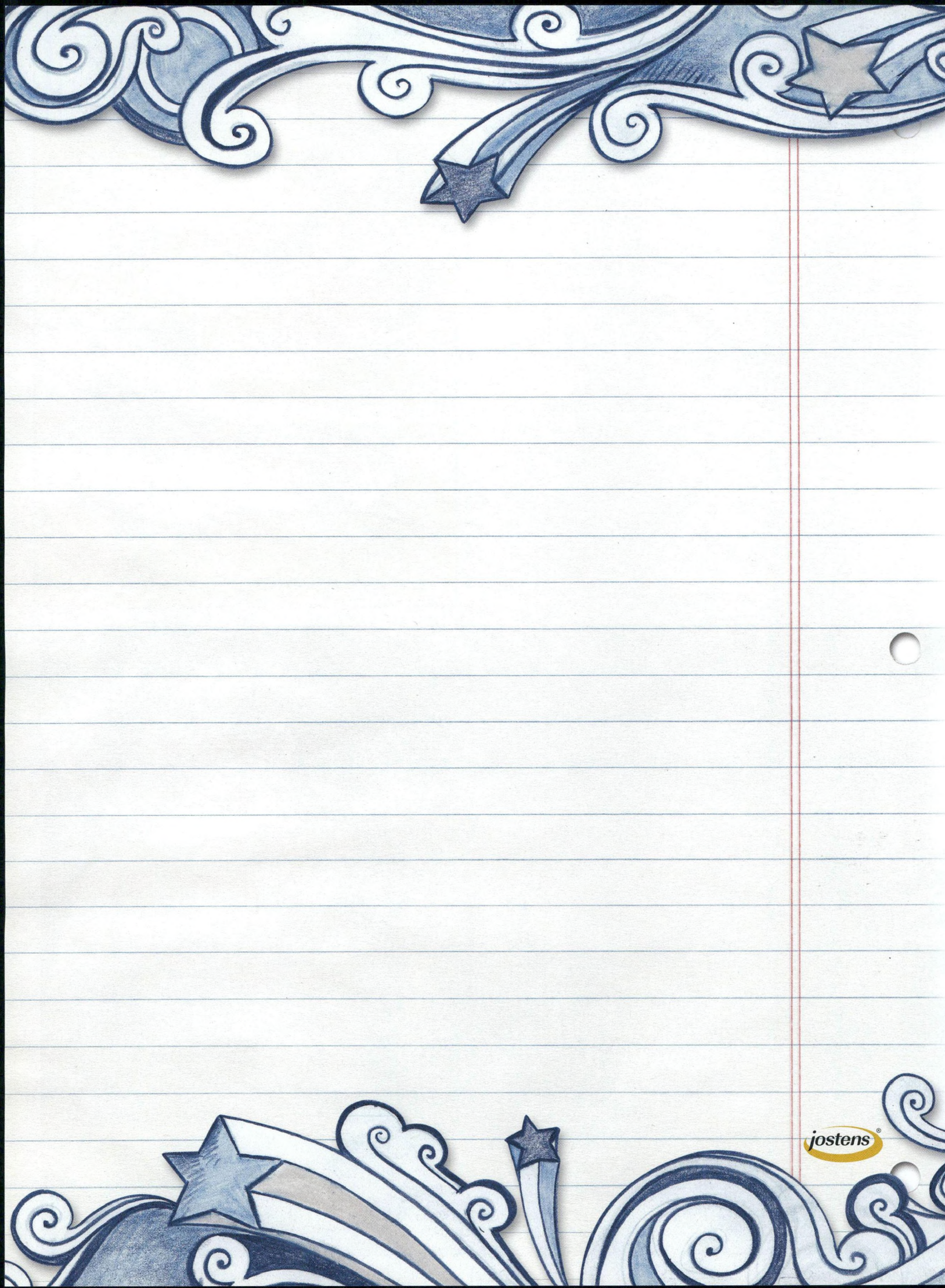
Shackles Released

We're bored and tired of labouring
Waiting for the bell to ring in freedomRunning, jumping, yelling, cheeringSummer is our kingdom
Sleep-ins, crazy nights, lots of treatsHair billowing in the wavesWind whistling through the heatAn eternity of long relaxing days
What could be better than this?Eyes closed feeling the breeze"Lyanne! Wake up!"We're still bored, we're still labouring.

- Grade 7 collaborative poems






jostens

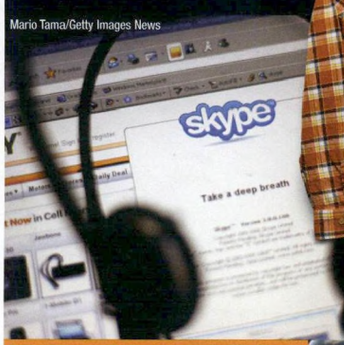
WORLD BEAT®

09-10


CP Press/Adrian Wyld



CP Press/Mike Aporius



Mario Tama/Getty Images News




Ralph Nelson/Warner Bros./Courtesy Everett Collection


Lee/Everett Collection

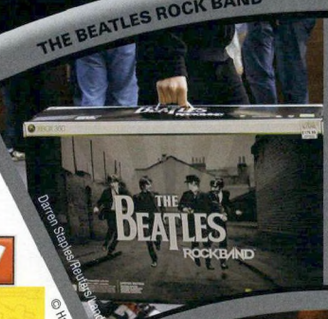

Jason Payne/Canwest News Service

MONOPOLY CANADA



© Hasbro

THE BEATLES ROCK BAND



Darren Staples/Reuters/Landov

FINAL DISCOVERY FLIGHT


Red Huber/MCT/Landov



ALEX BILODEAU

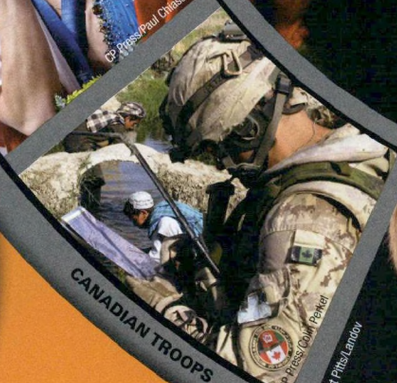

CP Press/Nathan Gennette

JOANNIE ROCHETTE


CP Press/Paul Chiasson


Sam Oldenburg

CANADIAN TROOPS


CP Press/Dave Pertner

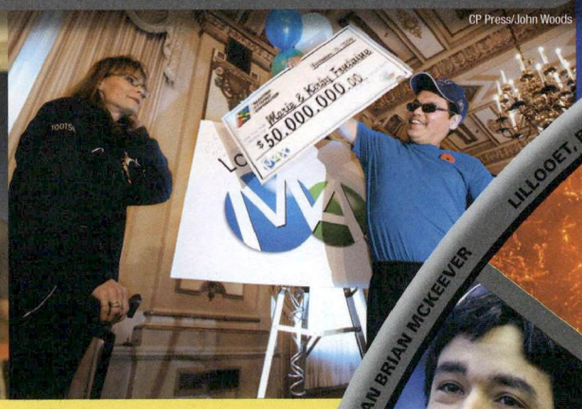
JUSTIN BIEBER


Robert Pitts/Landov

NEWS



CP Press/Richard Lam



CP Press/John Woods

The Hudson's Bay Company pays $100 million for the rights to be the official merchandiser to the Canadian Olympic Teams.

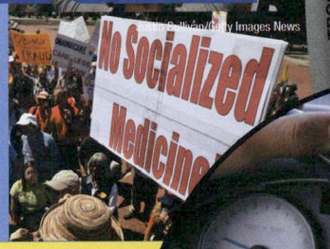
Marie and Kirby Fontaine from Sagkeeng First Nation in Manitoba take home $50 million in the new Lotto Max jackpot.

HEALTH CARE

The United States draws closer to providing health care for all with the passage of reform bills in both the House and the Senate.



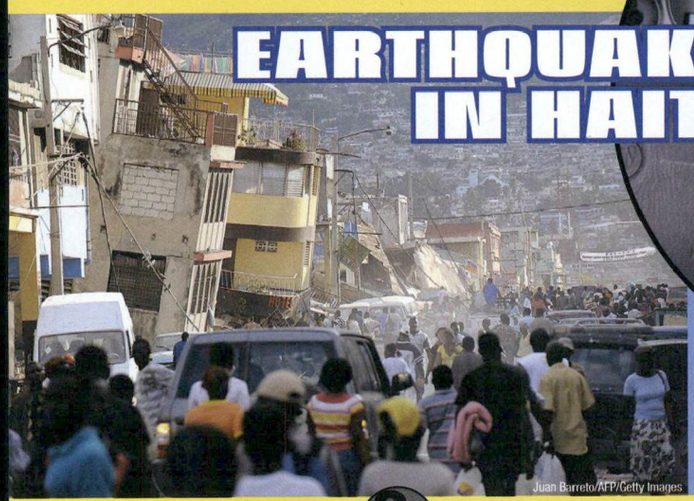
Mario Tama/Getty Images News



Getty Images News

Haiti's earthquake – with a magnitude of 7.0 – is declared by the United Nations as the worst disaster it has ever confronted. Aid pours in from Canada and around the world.

EARTHQUAKE IN HAITI


Juan Barreto/AFP/Getty Images


Tony Avelar/Christian Science Monitor/Getty Images

Studies find that texting while driving may be up to six times more dangerous than talking on a phone while driving. By the end of the year, 7 provinces are expected to pass cellular bans in Canada.

THEN & NOW:

Price per litre of gas in 2000: 71.5 ¢
in 2009: 94.6 ¢

http://www.thefreelibrary.com/Canada+:+Gasoline+prices+jump+during+Christmas+holidays.-a0215889659

Movie ticket price in 2000: $9
in 2009: $10

www.cbc.ca/news/story/2000/05/02/movies000502.html

VIEWS

ROYAL VISIT

REBUILDING WORLD TRADE CENTER

RISING UNEMPLOYMENT

H1N1 FLU VIRUS

SENATOR TED KENNEDY DIES

HUBBLE TELESCOPE IMAGES

NOBEL PEACE PRIZE

In December, Michelle Lang, a journalist with the Calgary Herald and four Canadian soldiers were killed when their armoured vehicle rolled over an improvised explosive device in Afghanistan.



CP Press/Les Bazso



CP Press/Colin Perkel

Parliament votes that Canada's military mission in Afghanistan will end in 2011. There are currently 2800 Canadian soldiers serving in the Southern provinces of the war-ravaged country.



CP Press/Darryl Dyck

The H1N1 virus appears to affect teens more than typical flu viruses. Hand sanitizer is a commonplace sight in classrooms and other public spaces.

H1N1



Joe Raedle/Getty Images

America honours the lives of 13 innocent victims of a tragic shooting spree at Fort Hood, Texas, in November.



Justin Sullivan/Getty Images

Justin Sullivan/Getty Images

In efforts to make General Motors more economically viable, the company discontinues the Saturn brand and announces plans to phase out its Pontiac division.

Unemployment rate in 2000: 6.8%
in 2009: 8.6%

http://dsp-psd.communication.gc.ca/Collection/F12-5-2000-12E.pdf
http://www.investmentexecutive.com/client/en/News/DetailNews.asp?Id=51316&cat=148&IdSection=148&PageMem=&nbNews=

Canadian population
in 2000: 31 million
in 2009: 34 million

www.statcan.gc.ca

Facebook users in Canada 2000: 0
in 2009: 14,228,460+

http://www.nickburcher.com/2009/12/facebook-usage-statistics-by-country.html

CHANGING WORLD



FOOD SHELVES

According to Food Banks Canada, approximately 800,000 Canadians turned to food banks in March; an increase of almost 120,000 people from the same month last year.

CP Press/Ryan Remiorz

Six-time Olympic medalist Clara Hughes once stated that 'sports saved her life' and has donated her 2010 Bronze medalist bonus to the *Take a Hike Foundation*, a program that provides adventure-based learning for at-risk kids in Vancouver.



AP Photo/Chris Carlson

Roots Canada is one of the first brands to use sustainable cotton alternatives, such as bamboo and hemp in their clothing.

Roots ©Roots Canada



During October, Breast Cancer Awareness Month, pink products are everywhere: from printers to power tools, snowboards to golf balls, blow dryers to water bottles.





Thousands of college and university students across Ontario protest rising tuition fees which have risen as much as 8% annually since 2006.



According to a study commissioned by Mackenzie Investments, 93% of Canadian teens volunteer approximately 100 million hours a year to support causes they believe in.

CORDLESS ELECTRICITY



TOP WAYS TO SAVE ENERGY

1. Turn off the lights when no one's in the room.
2. Carry a reusable tote bag when you go shopping.
3. Bike or walk instead of driving.
4. Get a reusable metal water bottle.
5. Unplug and shut down electronic devices when not in use.
6. Buy music online instead of purchasing CDs.
7. Use rechargeable batteries instead of disposables.
8. Replace standard light bulbs with compact fluorescent bulbs.
9. In winter, turn down the heat and wear more layers.
10. In summer, set your air conditioner thermostat to 22° or higher.

SPORTS


CP Press/Tara Walton

Olympic Gold for the 5000m five-man-team in short track relay. Charles Hamelin and Francois-Louis Tremblay also brought home Gold and Bronze respectively in the 500m.


Bruce Bennett/Getty Images Sport

Nova Scotia-born, Sidney Crosby becomes the youngest captain to hoist the Stanley Cup as he leads the Pittsburgh Penguins to their third championship and first since 1992.

Hockey great Wayne Gretzky lights the outdoor Olympic Cauldron at the conclusion of the opening ceremonies in Vancouver.


Jason Payne/Canwest News Service

Team Canada claims their 3rd straight Gold Medal in Women's Olympic Hockey by defeating Team USA 2-0 on February 25th, 2010.


CP Press/Jonathan Hayward


Doug Benc/Getty Images

The New Orleans Saints beat the Indianapolis Colts 31-17 to win Super Bowl XLIV, their first championship title.

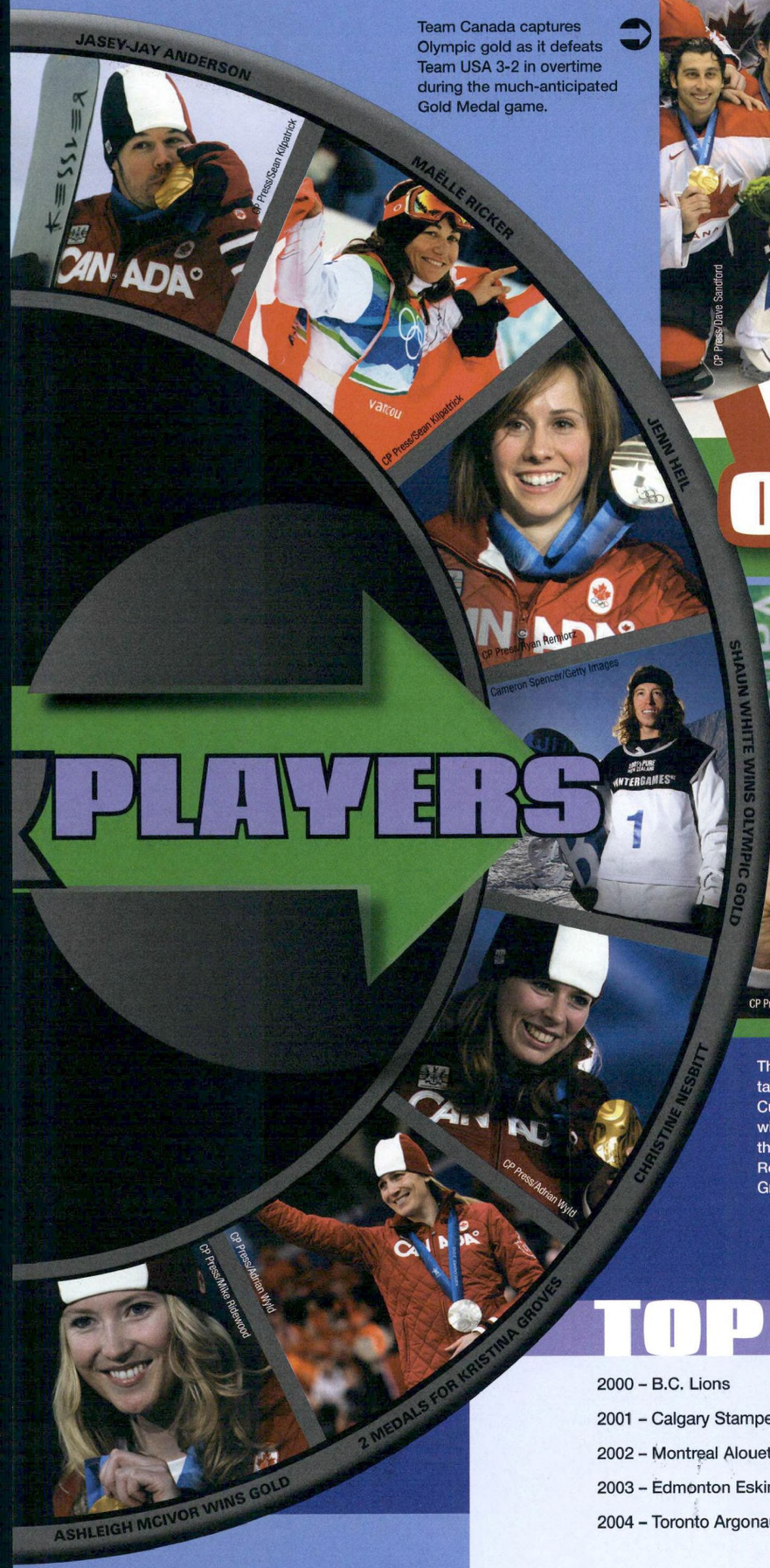


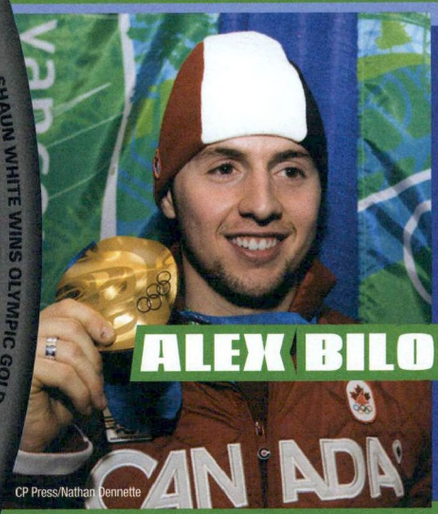


Team Canada captures Olympic gold as it defeats Team USA 3-2 in overtime during the much-anticipated Gold Medal game.

OLYMPICS

PLAYERS





Alexandre Bilodeau wins Canada's first gold medal in the men's moguls at Cypress Mountain on February 15, 2010.

ALEX BILODEAU

The Montreal Alouettes take home the Grey Cup after a nail-biting win of 28-27 against the Saskatchewan Roughriders at the 97th Grey Cup in Calgary.



TOP GREY CUP WINNERS OF THE DECADE

2000 – B.C. Lions
2001 – Calgary Stampeders
2002 – Montreal Alouettes
2003 – Edmonton Eskimos
2004 – Toronto Argonauts
2005 – Edmonton Eskimos
2006 – B.C. Lions
2007 – Saskatchewan Roughriders
2008 – Calgary Stampeders
2009 – Montreal Alouettes

MUSIC


Jun Sto/WireImage


CP press/Christian Lapid

After the release of their fifth studio album, the Black Eyed Peas launch The E.N.D. World Tour, with stops in Australia, Japan, Malaysia, New Zealand and Thailand.

Billboard names Canadian rockers Nickelback the "Band of the Decade". The post-grunge foursome from Hanna, Alberta formed the band in 1995.

Paramore takes home the title of Favorite Rock Band at the MTV's People's Choice Awards. Lead singer Hayley Williams kept in touch by Tweeting with fans throughout the awards program.


Dave Willis/Retna UK/Landov

Taylor Swift has an amazing year with four CMA Awards and the Grammy for Best Album of the Year.


Lee/Everett Collection

Glee "gleeks" go wild! Volume 1 of the *Glee* soundtrack features 17 songs from the hit Fox show about a struggling high school glee club.

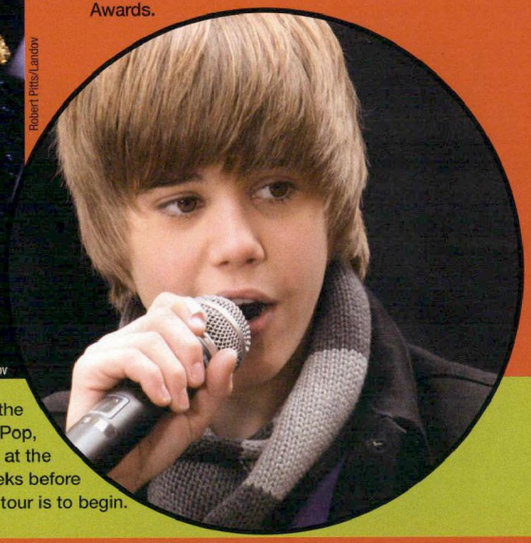
GROOVE



CBS/Landov

Michael Jackson, the legendary King of Pop, dies unexpectedly at the age of 50, just weeks before his *This Is It* world tour is to begin.

Justin Bieber, Canadian teen sensation from Stratford, ON, parlays YouTube fame into a record deal and a coveted spot as Presenter at the 2010 Grammy Awards.



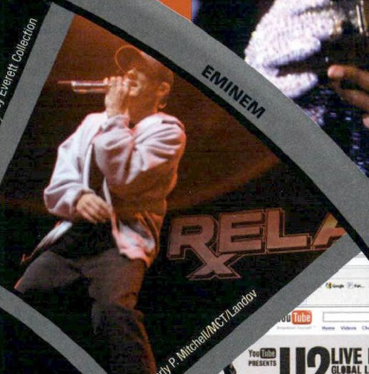
Robert Pitts/Landov

KINGS OF LEON



Photo by Neil Zlozower/Courtesy Everett Collection

EMINEM



Kimberly P. Mitchell/MCT/Landov



FREE U2 CONCERT ON YOUTUBE

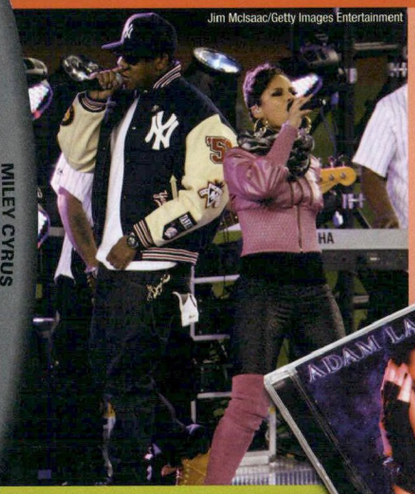


Stephanie Wiegand

Suzan/PA Photos/Landov

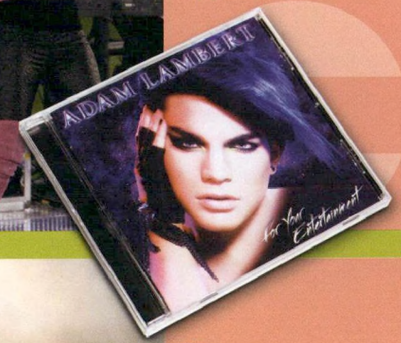
MILEY CYRUS





Jim McIsaac/Getty Images Entertainment

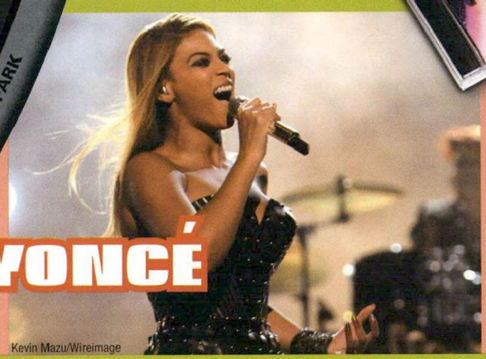
Alicia Keys guest stars on JayZ's album, *The Blueprint 3*. Their joint effort, "Empire State of Mind," is one of the most successful songs of the year.



LINKIN PARK



PA Photos/Landov



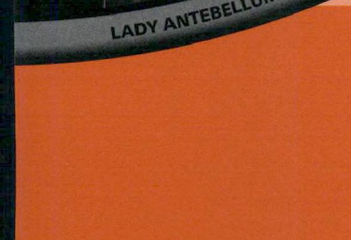
Kevin Mazu/Wireimage

Beyoncé broke the record for a female artist at the Grammys with six awards, including Song of the Year and Best Female Pop Vocal Performance.

BEYONCÉ



Fortuine/Dalle Landov



Tannen Chapman/Reuters/Landov

GREEN DAY

LADY ANTEBELLUM

TOP 10 TOP-SELLING ALBUMS OF 2009

Billboard.com

1. *Fearless*, Taylor Swift
2. *I Dreamed a Dream*, Susan Boyle
3. *Number Ones*, Michael Jackson
4. *The Fame*, Lady GaGa
5. *My Christmas*, Andrea Bocelli
6. *Hannah Montana: The Movie Soundtrack*, Hannah Montana
7. *The E.N.D.*, Black Eyed Peas
8. *Relapse*, Eminem
9. *The Blueprint 3*, Jay-Z
10. *Only By the Night*, Kings of Leon

ENTERTAINMENT





CBS via Getty Images

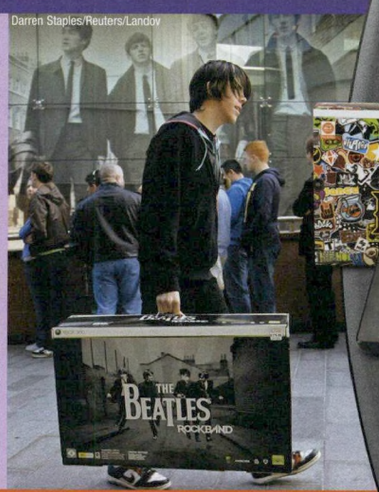


CBS via Getty Images

- Tina Fey's acclaimed NBC comedy *30 Rock* receives a record 22 primetime Emmy Award nominations and wins five, including Best Comedy Series and Best Actor in a Comedy Series (Alec Baldwin).
- Reality TV shows like CBS's *Survivor* and *The Amazing Race* continue to draw in viewers of all ages.

- A new generation of rock fans discover the Fab Four. The Beatles: Rock Band is a smash hit among teens, parents and even grandparents!
- New Fox hit TV show *Glee* takes home the Golden Globe for Best Musical or Comedy Television Series over such veteran shows as *The Office*, *30 Rock* and *Entourage*.

Darren Staples/Reuters/Landov

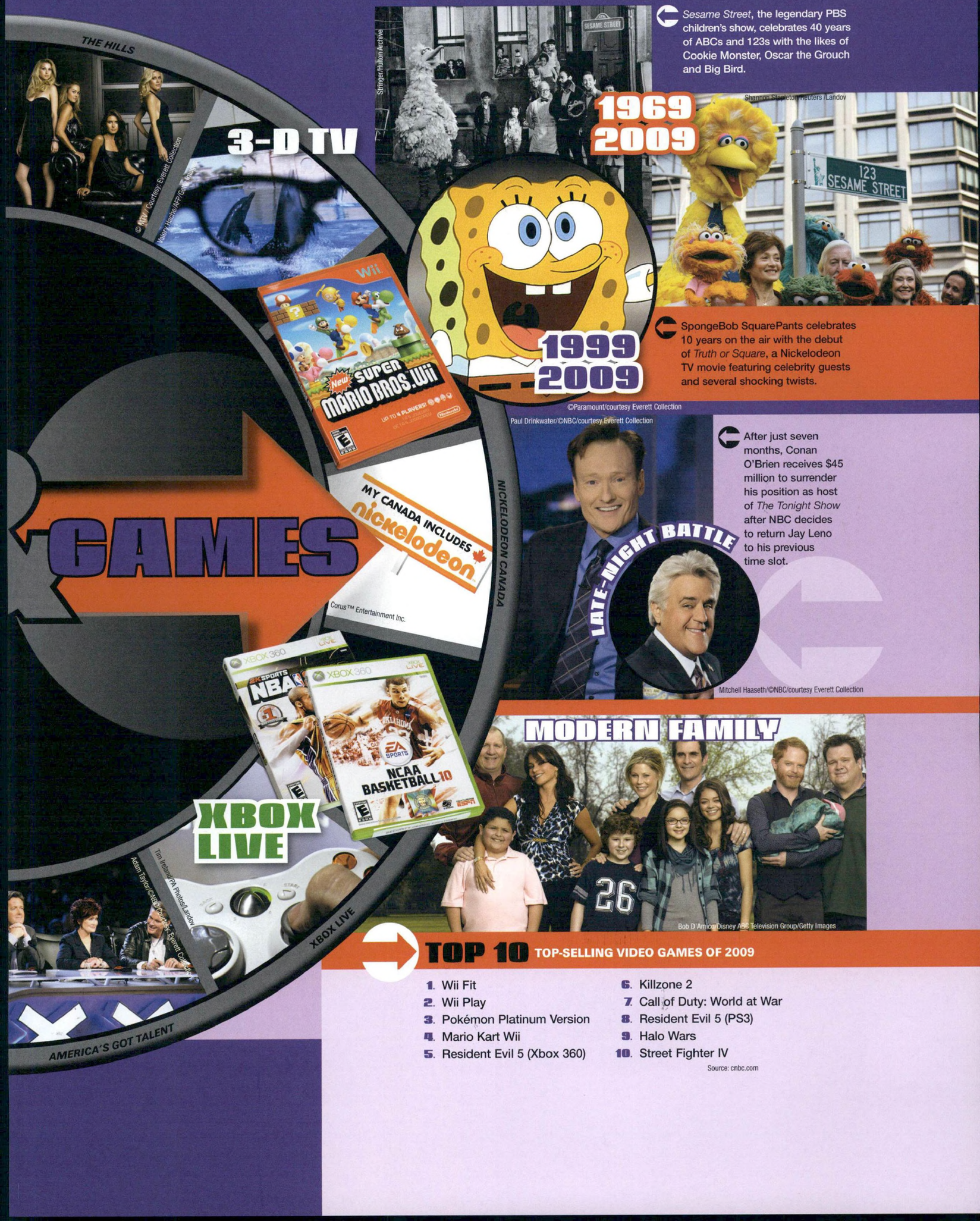




Joe Viles/©20th Century Fox Film Corp./Courtesy: Everett Collection



NAMES



Sesame Street, the legendary PBS children's show, celebrates 40 years of ABCs and 123s with the likes of Cookie Monster, Oscar the Grouch and Big Bird.

SpongeBob SquarePants celebrates 10 years on the air with the debut of *Truth or Square*, a Nickelodeon TV movie featuring celebrity guests and several shocking twists.

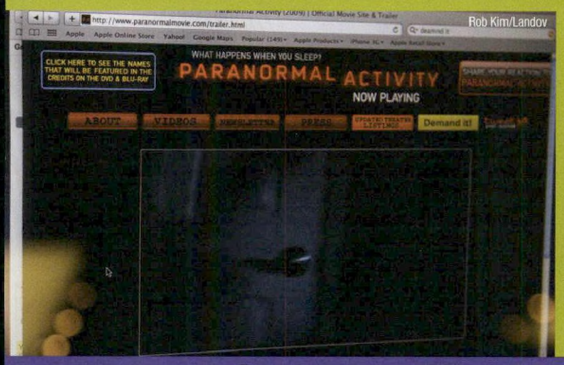
After just seven months, Conan O'Brien receives $45 million to surrender his position as host of *The Tonight Show* after NBC decides to return Jay Leno to his previous time slot.

TOP 10 TOP-SELLING VIDEO GAMES OF 2009

1. Wii Fit
2. Wii Play
3. Pokémon Platinum Version
4. Mario Kart Wii
5. Resident Evil 5 (Xbox 360)
6. Killzone 2
7. Call of Duty: World at War
8. Resident Evil 5 (PS3)
9. Halo Wars
10. Street Fighter IV

Source: cnbc.com

MOVIES





After two weeks of limited sold-out shows, 1 million moviegoers submit online requests that cause the nationwide release of *Paranormal Activity*.

Harry Potter and the Half-Blood Prince raked in the biggest midnight earnings of all time, grossing $22.2 million at the box office.





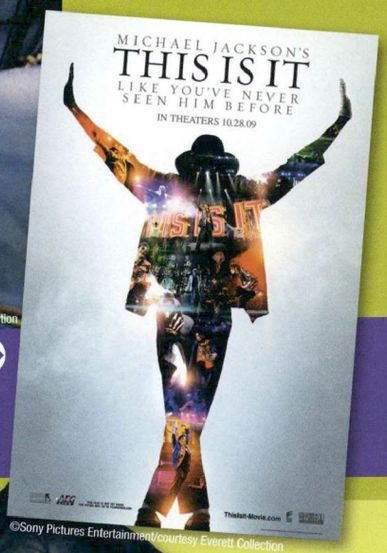
LAUGH

Sandra Bullock wins the Golden Globe for Best Actress in a Motion Picture–Drama for her performance in *The Blind Side*, based on the true story of Baltimore Ravens football player Michael Oher.



©Twentieth Century-Fox Film Corporation/courtesy Everett Collection

In just 41 days, James Cameron's *Avatar* overtakes *Titanic* to become the highest-grossing movie ever worldwide at $1.859 billion.



©Sony Pictures Entertainment/courtesy Everett Collection

This Is It, a film about the late Michael Jackson's tour rehearsals, becomes the world's highest-grossing concert movie and documentary.

TEAM JACOB

TEAM EDWARD

Are you "Team Jacob" or "Team Edward"? "Twihards" around the world swoon over the supernatural love triangle in *The Twilight Saga: New Moon*.

THEN & NOW

TOP 10 BOX OFFICE HIT MOVIES

2000	2009
1. *How the Grinch Stole Christmas*	1. *Avatar*
2. *Cast Away*	2. *Transformers: Revenge of the Fallen*
3. *Mission: Impossible II*	3. *Harry Potter and the Half-Blood Prince*
4. *Gladiator*	4. *The Twilight Saga: New Moon*
5. *What Women Want*	5. *Up*
6. *The Perfect Storm*	6. *The Hangover*
7. *Meet the Parents*	7. *Star Trek*
8. *X-Men*	8. *The Blind Side*
9. *Scary Movie*	9. *Alvin and the Chipmunks: The Squeakquel*
10. *What Lies Beneath*	10. *Monsters Vs. Aliens*

Boxofficemojo.com

TRENDS


LAYERS
LAYERS
LAYERS
The Blanket That Has Sleeves
Snuggie
Keeps You Warm And Your Hands Free!
Keeps Hands Free
Super-Soft Fleece
One Size Fits All – Adults
Machine Washable
Special Bonus!
Blue
Super Soft Fleece
Snuggie, the blanket with sleeves, is a runaway hit. The company introduces versions for kids and pets and features designer styles in a fashion show.
NORTH FACE JACKETS
MUK LUKS
RAIN BOOTS
OVERSIZED RINGS
GIRLS
CARDIGANS
UGG BOOTS
FUZE
HEALTHY INFUZIONS
slenderize
Strawberry Melon
10 CALORIES
10 CALORIES • 1g SUGAR PER SERVING
FUZE
refresh
Strawberry Guava
Fortified with These Essential Vitamins and Calcium
METALLIC NAIL POLISH
SCARVES


BOAT SHOES
CARGO SHORTS
EARFLAP HATS
AVIATOR SUNGLASSES
ENERGY DRINKS
PEA COATS
GUYS
Graphic tees, worn alone or paired with zip-front hoodies, are a comfortable way to make a style statement, promote your favorite band and express your individuality.
BASKETBALL SHOES
GIRLS & BOYS PLAID SHIRTS
BASKETBALL SHORTS
WORK BOOTS
TOP 10
FASHION TRENDS
1. Skinny jeans
2. Big '80s shoulders
3. Over-the-knee boots
4. Graphic tees
5. Hoodies
6. Animal prints
7. Rachel Roy bags
8. Ripped jeans
9. '90s grunge
10. Flared jeans
teenvogue.com, teenfashion.about.com

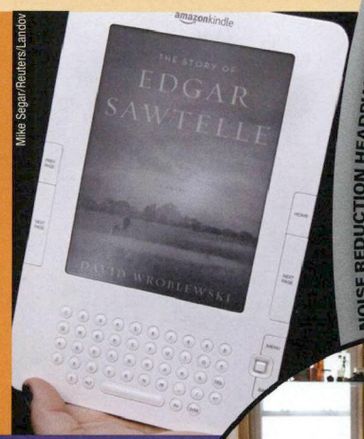
LIFESTYLE


Rex Feature Ltd/Norm Betts



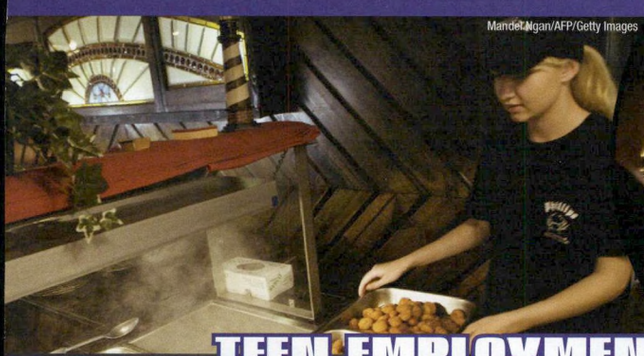
SOCIAL NETWORKS

- Spas and salons across the country are gaining popularity and catering to a growing demographic - tweens and teens.
- More than half (58%) of Canadians ages 13-17 use social networking websites.



Mike Segar/Reuters/Landov

- Now Canadian consumers can carry a whole library in a device the size of a pocketbook with Amazon's Kindle and the Sony Reader.
- Youth unemployment rose from 10.7% in January 2008 to 16.3% during the summer of 2009.


Mandel Ngan/AFP/Getty Images

TEEN EMPLOYMENT


Erik Dreyer/Taxi


William Deshazer/MCT/Landov

- Pass the potatoes, please. Busy families are cutting back on expensive take-out meals and making time to sit down together for healthier, home-cooked family dinners.

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EXTREME